| | TOMAHAWK CONFERENCE GIRLS TEAM C | HAMPIONS | | | | | | | |
|------------|------------------------------------|---------------------------|------|---------------------------|------|-------------------|------|-------------------------------|---------------------------|
| ## Year | Cross Country | Volleyball | W-L | Basketball | W-L | Softball | W-L | Track | Golf |
| 1 1973-74 | | | | | | | | Sleepy Eye | |
| 2 1974-75 | | Morton | 8-0 | Morton | 9-0 | | | Wabasso | |
| 3 1975-76 | | Morton | 9-0 | Morton | 9-0 | | | Gaylord | |
| 4 1976-77 | | Franklin | 9-0 | Morton | 9-0 | | | Winthrop | |
| 5 1977-78 | | Franklin | 8-1 | Morton | 13-0 | | | Winthrop | |
| | | Gaylord | 8-1 | | | | | | |
| 6 1978-79 | | Gaylord | 9-0 | Winthrop | 13-0 | | | Winthrop | |
| 7 1979-80 | | Gaylord | 8-0 | Winthrop | 11-2 | | | Sleepy Eye | Springfield |
| | | | | Gaylord | 11-2 | | | | |
| | | | | Gibbon | 11-2 | | | | |
| 8 1980-81 | | Gaylord | 9-0 | Gaylord | 11-2 | | | Sleepy Eye | Sleepy Eye |
| 9 1981-82 | | Fairfax | 8-1 | Springfield | 12-1 | | | Sleepy Eye | Sleepy Eye |
| | | Wabasso | 8-1 | | | | | | |
| 10 1982-83 | | Wabasso | 9-0 | Wabasso | 11-1 | | | Winthrop | Sleepy Eye |
| 11 1983-84 | | Gaylord | 8-0 | Wabasso | 11-1 | | | Sleepy Eye | Sleepy Eye |
| 12 1984-85 | | Springfield | 10-0 | Sleepy Eye | 14-0 | | | Sleepy Eye | Sleepy Eye |
| 13 1985-86 | | Springfield | 9-0 | Gaylord | 10-1 | | | Sleepy Eye | Fairfax/Gibbon |
| 14 1986-87 | | Gaylord | 9-0 | Gaylord | 10-1 | | | Wabasso | Fairfax/Gibbon |
| 15 1987-88 | | Springfield | 9-1 | Gaylord | 14-0 | | | Sleepy Eye | Sleepy Eye |
| | | Gaylord | 9-1 | | | | | | |
| 16 1988-89 | | Wabasso | 8-2 | Sleepy Eye | 13-1 | New Ulm Cathedral | 8-0 | Wabasso/Sanborn-Lamberton | Springfield |
| | | Gaylord | 8-2 | | | | | | |
| | | Springfield | 8-2 | | | | | | |
| 17 1989-90 | | Cedar Mountain | 8-2 | Springfield | 13-1 | New Ulm Cathedral | 11-1 | Wabasso/Sanborn-Lamberton | Springfield |
| | | Wabasso | 8-2 | | | | | | |
| | | Springfield | 8-2 | | | | | | |
| 18 1990-91 | | Cedar Mountain | 7-1 | Cedar Mountain | 14-2 | New Ulm Cathedral | 12-0 | Wabasso/Sanborn-Lamberton | Sleepy Eye |
| 19 1991-92 | | Wabasso | 7-1 | Cedar Mountain | 15-1 | New Ulm Cathedral | 11-1 | Wabasso/Sanborn-Lamberton | Sanborn-Lamberton/Wabasso |
| | | Cedar Mountain | 7-1 | | | | | | |
| 20 1992-93 | | Gibbon-Fairfax-Winthrop | 7-1 | Springfield | 15-1 | New Ulm Cathedral | 12-0 | Wabasso/Sanborn-Lamberton | Sanborn-Lamberton/Wabasso |
| | | Springfield | 7-1 | | | | | | |
| 21 1993-94 | | New Ulm Cathedral | 7-1 | Minnesota Valley Lutheran | 15-1 | New Ulm Cathedral | 12-0 | Gibbon-Fairfax-Winthrop | Springfield |
| 22 1994-95 | | Buffalo Lake-Hector | 9-0 | New Ulm Cathedral | 18-0 | New Ulm Cathedral | 14-0 | Gibbon-Fairfax-Winthrop | Springfield |
| 23 1995-96 | | Springfield | 9-0 | Sleepy Eye St. Mary's | 17-1 | Wabasso | 12-2 | Gibbon-Fairfax-Winthrop | Sleepy Eye |
| | | | | Springfield | 17-1 | | | | |
| 24 1996-97 | | Springfield | 9-0 | Gibbon-Fairfax-Winthrop | 15-3 | New Ulm Cathedral | | Gibbon-Fairfax-Winthrop | Springfield |
| | | | | Springfield | 15-3 | | | | |
| 25 1997-98 | | Springfield | 9-0 | Springfield | 17-1 | New Ulm Cathedral | | Gibbon-Fairfax-Winthrop | Springfield |
| 26 1998-99 | | Gibbon-Fairfax-Winthrop | 9-0 | Sleepy Eye St. Mary's | 14-4 | Wabasso | 12-1 | Gibbon-Fairfax-Winthrop | Springfield |
| | | | | Wabasso | 14-4 | | | | |
| 27 1999-00 | | Gibbon-Fairfax-Winthrop | 9-0 | Minnesota Valley Lutheran | 15-3 | McLeod West | | Gibbon-Fairfax-Winthrop | Springfield |
| 28 2000-01 | | Buffalo Lake-Hector | 9-0 | Minnesota Valley Lutheran | 17-1 | New Ulm Cathedral | | Gibbon-Fairfax-Winthrop | Springfield |
| 29 2001-02 | Springfield/Cedar Mountain/Comfrey | Gibbon-Fairfax-Winthrop | 9-0 | Minnesota Valley Lutheran | 18-0 | New Ulm Cathedral | 14-2 | Cedar Mountain | Springfield |
| 30 2002-03 | | Buffalo Lake-Hector | 9-0 | Minnesota Valley Lutheran | 18-0 | New Ulm Cathedral | | Cedar Mountain | Gibbon-Fairfax-Winthrop |
| | | | | | | Wabasso | | | |
| 31 2003-04 | | Buffalo Lake-Hector | 9-0 | Wabasso | 18-0 | New Ulm Cathedral | 1 | Cedar Mountain | Sleepy Eye St. Mary's |
| 32 2004-05 | | Buffalo Lake-Hector | 9-0 | Minnesota Valley Lutheran | 17-1 | New Ulm Cathedral | 1 | Cedar Mountain | Sleepy Eye United |
| 33 2005-06 | | Gibbon-Fairfax-Winthrop | 9-0 | Minnesota Valley Lutheran | 18-0 | New Ulm Cathedral | 16-0 | Cedar Mt./Comfrey/Springfield | Sleepy Eye United |
| 34 2006-07 | | Gibbon-Fairfax-Winthrop | 9-0 | Cedar Mountain/Comfrey | 16-2 | New Ulm Cathedral | 16-0 | Cedar Mt./Comfrey/Springfield | New Ulm Cathedral |
| 100000 | | | | Minnesota Valley Lutheran | 16-2 | | 1 | | |
| 35 2007-08 | | Minnesota Valley Lutheran | 9-0 | Minnesota Valley Lutheran | 17-1 | Wabasso | 15-1 | Minnesota Valley Lutheran | Cedar Mountain |
| 36 2008-09 | | Sleepy Eye St. Mary's | 9-0 | Cedar Mountain/Comfrey | 18-0 | Wabasso | 15-1 | Sleepy Eye United | Wabasso |
| | | | | | | New Ulm Cathedral | 15-1 | | |
| 37 2009-10 | | Gibbon-Fairfax-Winthrop | 8-0 | Cedar Mountain/Comfrey | 16-0 | New Ulm Cathedral | 15-1 | Sleepy Eye United | Sleepy Eye St. Mary's |

| | | TOMAHAWK CONFERENCE GIRLS TEAM (| CHAMPIONS | | | | | | | |
|----|---------|---|-----------------------------|-----|---------------------------|------|-------------------------|------|-------------------------------|-------------------------|
| ## | Year | Cross Country | Volleyball | W-L | Basketball | W-L | Softball | W-L | Track | Golf |
| 38 | 2010-11 | Springfield/Cedar Mountain | Gibbon-Fairfax-Winthrop | 8-0 | Minnesota Valley Lutheran | 15-1 | New Ulm Cathedral | 16-0 | Sleepy Eye United | Springfield |
| 39 | 2011-12 | St. Mary's/Sleepy Eye/New Ulm Cathedral | Gibbon-Fairfax-Winthrop | 8-0 | Wabasso | 15-1 | New Ulm Cathedral | 14-2 | Sleepy Eye United | Sleepy Eye |
| | | | | | | | Sleepy Eye St. Mary's | 14-2 | | |
| 40 | 2012-13 | Minnesota Valley Lutheran | Springfield | 8-0 | Wabasso | 15-1 | Gibbon-Fairfax-Winthrop | 7-1 | Sleepy Eye United | Sleepy Eye |
| 41 | 2013-14 | St. Mary's/Sleepy Eye/New Ulm Cathedral | Buffalo Lake-Hector-Stewart | 7-1 | Wabasso | 14-2 | New Ulm Cathedral | 16-0 | Cedar Mt./Comfrey/Springfield | New Ulm Cathedral |
| | | | Gibbon-Fairfax-Winthrop | 7-1 | | | | | | |
| | | | Wabasso | 7-1 | | | | | | |
| 42 | 2014-15 | St. Mary's/Sleepy Eye/New Ulm Cathedral | Buffalo Lake-Hector-Stewart | 7-1 | Springfield | 14-2 | New Ulm Cathedral | 15-1 | Cedar Mt./Comfrey/Springfield | Springfield |
| | | | Gibbon-Fairfax-Winthrop | 7-1 | Cedar Mountain/Comfrey | 14-2 | | | | |
| | | | Wabasso | 7-1 | | | | | | |
| 43 | 2015-16 | St. Mary's/Sleepy Eye/New Ulm Cathedral | Gibbon-Fairfax-Winthrop | 7-1 | Sleepy Eye | 16-0 | New Ulm Cathedral | 16-0 | Cedar Mt./Comfrey/Springfield | Springfield |
| | | | Wabasso | 7-1 | | | | | | |
| 44 | 2016-17 | St. Mary's/Sleepy Eye/New Ulm Cathedral | Springfield | 7-1 | Sleepy Eye | 14-2 | New Ulm Cathedral | 11-1 | MVL/NU Cathedral | Springfield |
| | | | Cedar Mountain/Comfrey | 7-1 | | | | | | |
| | | | Wabasso | 7-1 | | | | | | |
| 45 | 2017-18 | Wabasso | Wabasso | 8-0 | Wabasso | 14-2 | New Ulm Cathedral | 6-0 | MVL/NU Cathedral | Springfield |
| | | | | | Sleepy Eye | 14-2 | | | | |
| 46 | 2018-19 | Springfield/Cedar Mountain | Wabasso | 8-0 | Wabasso | 16-0 | New Ulm Cathedral | 13-1 | MVL/NU Cathedral | Gibbon-Fairfax-Winthrop |
| | | | | | | | Sleepy Eye St. Mary's | 13-1 | | |
| 47 | 2019-20 | | | | | | | | | |