

YOUTH MENTAL HEALTH NAVIGATORS

Navigating timely access to mental health services by developing and maintaining relationships with school staff, families, and mental health professionals.

YOUTH MENTAL HEALTH NAVIGATORS (YMHN):

- Support students and families in navigating community resources to quickly access effective mental health support.
- Work directly with parents, providing education, advocacy, active listening, and any ongoing support needed for access to services.
- Develop relationships with community agencies/service providers.
- Provide continued support and communication.

SCHOOL STAFF:

- Refer students showing any signs of need for external mental health support to the YMHN.
- Work directly with students, providing teaching, services, and behavioral and crisis intervention.
- Utilize YMHNs as a resource for staff, parents, and students.
- Provide information/access needed for YMHNs to connect with families.

Contact Information

2023-2024 Assignments

MANKATO AREA PUBLIC SCHOOLS:

Patrick Clark

Kristin Kimmes

✉ pclark1@isd77.org

✉ kkimme1@isd77.org

☎ (507) 740-1360

CLEVELAND, LAKE CRYSTAL, LE SUEUR-HENDERSON, NICOLLET, ST. CLAIR, AND ST. PETER PUBLIC SCHOOL DISTRICTS:

Beth Winterfeldt, South Central Service Cooperative

✉ bwinterfeldt@mnsccsc.org

☎ (507) 388-3675

JANESVILLE-WALDORF-PEMBERTON, N.R.H.E.G, TRI-CITY UNITED, WASECA, AND WATERVILLE-ELYSIAN-MORRISTOWN PUBLIC SCHOOL DISTRICTS:

Christine Meeks, South Central Service Cooperative

✉ cmeeks@mnsccsc.org

☎ (507) 388-2965

Program Support by:



Greater Mankato Area
United Way

