St Louis County Schools ISD 2142

February 2019

Lunch Menu

4	5	6	7	1 California burger on bun Oven baked tots Baked beans pickle spear Mandarin Oranges Pizza slice Chef Salad Milk	of an Alternate entrée choice or salad daily for 6-12 grades Elementary Lunch \$2.35 Secondary lunch \$2.70 Reduced lunch \$.00 Adult Lunch \$3.85 Milk Only \$.65
Wh Grain Fr Toast Sticks Breakfast Sausage	Sloppy Joes French Fries	Nachos w/ beef and cheese sauce Salsa	Chicken Nuggets Seasoned Rice	Pasta w/Spag sauce Garlic Breadstick	Skim Skim Choc
Oven Baked potato patty	Carrots w/ ranch	Romaine salad w/ tomato	Green beans	Coleslaw	1%
Carrots w/ Ranch	Pears	Mexican Rice Refried Beans	Mandarin Oranges	Broccoli Normand Calif blend	Lactaid
Warm Cinnamon Apples	Side kicks Mozzi sticks	Peaches Sour cream Bacon Cheeseburger	Sliced Bread Mandarin orange chicken	Juice bar Beef Philly sub	Available on parent's request
Corn dogs Chef Salad Milk	Chef Salad Milk	Chef Salad Milk	w/rice	Chef Salad Milk	Menu subject to changes
			Chef Salad Milk		
11 Chili w/ crackers & Shredded cheese sour cream Broccoli, carrots, w/ ranch Pears Ice Cream cup Pizza bites Chef Salad Milk choice	12 Pizza Lettuce salad Broccoli & carrots w/ ranch Mixed Fruit Craisens Turkey/Ham sub Chef Salad Milk	13 Pork Gravy Mashed Potatoes Dinner roll Green beans Applesauce cups Egg roll Chef Salad Milk	14 Cheeseburger on Bun Baked beans Carrot sticks Oven baked tots Cherry Juice bar Trail mix Valentine cookie Mac & Cheese Chef Salad Milk	15 BBQ Pulled pork on wh gr bun Sweet potato fries Mixed veggies Bananas Sorbet cup Chicken tenders Chef Salad Milk	Free & Reduced applications available throughout the school year In Accordance with Federal Law & US Dept of Agriculture policy, St Louis County Food Service is prohibited from discrimination on the basis of race, color, national
No School	19 Hamburger Gravy w/ mashed potatoes Peas & Carrots Sliced bread Pears Lasagna roll up Chef Salad Milk	20 Taco Salad w/ Tortilla chips Beef Chicken Cheese Lettuce Tomato Salsa Mexican Rice Refried Beans Pineapple Sour cream Chicken Quesadilla Chef Salad Milk	21 Country fried pork om Bun Oven baked potato wedges Green beans Baked beans Peaches Eng, muffin sandwich Chef Salad Milk	22 Beef Nuggets Mashed potatoes Sliced bread Steamed corn Mandarin oranges Sweet & Sour chicken w/rice Chef Salad Milk	origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication 1400 Independence Ave, Sw Washington DC 20250-9410 Or call too free 866-632-9992 (voice) Individuals who are hearing impaired or have speech
25 Spag sauce w/pasta Garlic Breadstick Lettuce salad Mixed veggies Peaches Craisens Spicy chicken patty Chef Salad Milk	26 Salisbury steak Mashed Potatoes w/gravy Dinner Roll Applesauce cup Broccoli Normand Calif blend Meatball sub Chef Salad Milk	27 Pizza wheels Tator tots Mixed veggies Mixed fruit Brownies BBQ Pork patty on bun Chef Salad Milk	28 Grilled cheese Tomato soup w/ Crackers Fresh veggies w/ ranch Pineapple Chicken Fajita Philly sub Chef Salad Milk		disabilities may contact USDA through the Federal Relay Service at 800-877-8339 USDA is an equal opportunity provider and employer

There will be a limited amount