

St Louis County Schools ISD 2142 February 2019 Breakfast Menu

Grab & Go Line Choose One Cereal Choice PB&J Gramwich Pop Tart Yogurt Oatmeal Cereal bar				1 Wh Grain Cinnamon Roll Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice
4 Wh Grain Breakfast Pizza Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	5 Breakfast Bread Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	6 Uncrustable Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	7 Wh Gr French toast sticks Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	8 Wh Grain Cinnamon Roll Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice
11 Wh Grain Breakfast Pizza Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	12 Wh Grain Biscuits w/Gravy Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	13 Uncrustable Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	14 Wh Gr French toast sticks Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	15 Wh Grain Cinnamon Roll Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice
18 No School	19 Hash brown Riser Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	20 Uncrustable Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	21 Wh Gr French toast sticks Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	22 Wh Grain Cinnamon Roll Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice
25 Wh Grain Breakfast Pizza Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	26 Wh Grain Pancake on Stick Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	27 Uncrustable Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	28 Wh Gr French toast sticks Grab & Go Line Whole Grain Toast 4 oz Juice Choice 4 oz Fruit Milk Choice	

Breakfast

Students \$1.75
Adults \$2.50
Milk \$.65

Milk Choices Served Daily

Skim

Skim Choc

1%

Lactaid

Available on parent's request

Menu subject to change

Free & Reduced applications available throughout the school year

In Accordance with Federal Law & US Dept of Agriculture policy, St Louis County Food Service is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication 1400 Independence Ave, Sw Washington DC 20250-9410 Or call too free 866-632-9992 (voice) Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339 USDA is an equal opportunity provider and employer

