

### GENERAL INFORMATION

#### SUPPORTING COMMUNITY EDUCATION THROUGH A DONATION

If you are looking to support community education, consider a donation to St. Louis County Schools Community Education. Your donation will help to sponsor a learning/activity opportunity for a child or family by paying for their class fee and/or materials. Receipts can be given for donations, so think about donating to your local community education department or the whole district prior to January 1, 2024. Donations can be mailed to Denise Parson, Director of Community Education, 1701 N 9th Ave, Virginia, MN 55792. If you would like your donation to go to a specific school, please write the school name on the memo line. Make checks payable to: ISD 2142 Community Education. For questions, call Denise at 666-5221 ext. 5110.

#### SUBSTITUTE TEACHER/PARAPROFESSIONAL OPPORTUNITIES

Make a difference. One day at a time. Looking for work that matters in your area? Become a substitute! Teachers On Call offers free training, steady work or a flexible schedule, and the opportunity to do work you can feel good about. Learn more! https://www. teachersoncall.com/talent/apply-now

Add "classroom hero" to your resume. You don't need a cape to be a role model. If you like working with kids substitute teaching may be your next work debut. Part-time and full-time positions are available. Apply now! https://www. teachersoncall.com/talent/apply-now

#### Inspiring work. Whenever you want.

As a substitute teacher, you have the chance to inspire students every day. You don't need teaching experience, just a desire to help students become the best versions of themselves. Learn morel https://www.teachersoncall. com/talent/apply-now



We're hiring substitute teachers and paraeducators in St. Louis County Schools!

Ready for day one.
Being prepared for your first day of school is important,
Our pre-hire training and ongoing professional develop
have the skills you need to succeed in the classroom.

Jake Kittleson / Recruiting Strategist 800.713.4439 / jake.kittleson@teachersoncall.com ⑥ ② ⑤ teachersoncall.com
\*\*Climed and administrated by a blad party smaller. These plans are not approximately \$Colly Dealers of Coll in a \$Colly in Black (Coll Colly College).



- You'll enjoy:

  The freedom to set your own schedule
  Your choice of schools and grade levele
  Your choice of schools and grade levele
  Weekly pay
  Free training and professional
  development
  Work-free nights, weekends, holidays,
  summers
  Kallus-rappend ACA health care.

#### Set kids up for success. Set your own schedule.

South Ridge ...... 25-32

Meaningful work, free training, and steady work or a flexible schedule are all benefits of substitute teaching. Teachers On Call is hiring for the 2023-2024 school year. Apply now! https://www. teachersoncall.com/talent/apply-now

#### Your next adventure? The classroom.

With substitute teaching, you'll never be bored. We promise. If you like working with kids, you just might make a great substitute teacher. Daily and long-term positions are available throughout the 2023-2024 school year. Learn more! https://www.teachersoncall.com/talent/apply-now

#### ISD #2142 COMMUNITY EDUCATION CLASS OFFERINGS

| General Information2         | Tower33-37                     |
|------------------------------|--------------------------------|
| Registration Information 3-4 | Release Form38                 |
| Cherry 6-11                  | Contacts39                     |
| Northeast Range12-18         |                                |
| North Woods 19-24            | Go to the ISD 2142 website for |

the quickest way to register

### **REGISTRATION INFORMATION**

#### REGISTRATION INFORMATION

REGISTER EARLY TO ENSURE A CLASS IS HELD:

MANY CLASSES HAVE A MINIMUM ATTENDANCE NUMBER TO BE HELD!

#### **Registering for Classes**

You can register for classes on the St. Louis County Schools website (Google ISD 2142) or https:// www.isd2142.net, then choose the "Community Education" tab and then choose the "Saint Louis County Schools Community Education Web Store" or go to this link directly: https://slc2142. revtrak.net. You can also check your school's website for community education information and the registration link. Check out your school's Facebook page and/or the St. Louis County Schools Community Education Facebook page.

#### **Register and pay for classes on-line:**

- 1. Go to ISD 2142 website (www.isd2142.net)
- 2. Click on Community Education at the top of the home page
- 3. Click on St. Louis County Schools Community Education Web Store
- 4. Create a new account or log-on to an existing account
- 5. Click the school's Community Education tile where class is offered
- 6. Click on choice of classes and follow prompts
- If you forgot your login information, click "Forgot Password"

#### **TO REGISTER AND** PAY FOR A CLASS -**SCAN THE CODE BELOW**



### **Independent School District 2142**

Online Registration Guide



Visit the St. Louis County Schools Web Store to REGISTER ONLINE!

https://slc2142.RevTrak.net

#### Select the Button



- Click on the Button located on the Home Page.
- Select the class for which you wish to register.
- Select "Click Here to Register" to proceed with the registration process.
- If you have not already logged into or created a Web Store account, you will be prompted to do so now using your **Email** Address and Password.
- Select the exact participant you wish to register for the selected class. You may also select "A New Person" if they are not currently listed in your account.
- \*NOTE: The selected participant MUST be the name of the person attending the class.

Review & Submit BILLING PAYMENT METHOD NANCIAL PLANNING - LAMB MATTHEW Class #: Private Piano Lessons--Beginning to Intermediate--

Date: 9/1/2020 - 1/28/2021

Days: Mo, Tu, Th, Sa

Location: 2892 Timber Lane, Zim, MN 55738 or FaceTime

Instructor: Carol Andrews

Price: \$61.00

CLICK HERE to Register for this Class

- Answer ALL required questions before clicking the Add to Shopping Cart or Continue Shopping buttons at the bottom of the page.
- ♦ Within the **Checkout** screen, you can verify your billing address and Select a Payment Option, prior to hitting "Place Order."
- ♦ When you click "Place Order," your payment will be processed and a Receipt will appear. Your receipt will also be emailed to the address on file.

**SPRING 2024** 3

### **REGISTRATION INFORMATION**

#### **Online Registration**

Please create an account or login to your existing one and register with the school that is offering the class(es) you would like to take. Registration information is at the beginning of each school section of this catalog or on the ISD 2142 website under the "Community Education" tab and then "St. Louis County Community Education Webstore".

#### **Paper Registration**

If paper registration is your only means of registering, please call or email your school's coordinator for one or find it on the ISD 2142 website under the "Community Education" tab.

#### **Payment of Fees**

PAYMENT TAKES PLACE ONLINE IN OUR WEBSTORE WHEN YOU REGISTER. If you are registering by paper, include the payment and make all Community Education registration checks payable to: ISD 2142 Community Education. No registration is complete until the fee is paid. Pre-registration to the coordinator of the school where the class will be held is required; please allow time for mail to be received by the coordinator.

#### Regulations

The Community Education Program reserves the right to cancel any course in which registration is insufficient. We make every attempt to send a confirmation, but if you haven't received one, check with your coordinator. You will be notified by email or voicemail if the course is canceled. The class fee will be refunded in case of a cancellation by the instructor or St. Louis County Community Education. Every attempt to reschedule the class will be made.

#### WHEN SCHOOL IS NOT IN SESSION, THERE WILL BE NO COMMUNITY EDUCATION CLASSES.

#### **WEATHER CANCELLATIONS**

If a class is canceled due to inclement weather, or other reasons, the class(es) will be made up, if possible. If the weather causes the school to be closed, classes will automatically be canceled.

#### **REFUNDS**

Refunds are at the discretion of the coordinator and instructor. They are not guaranteed. If you need to cancel, notify your coordinator as soon as you can, and they will refund your fee in most situations. No refunds are given after the registration deadline or after the class start date. Individual classes may have a more specific registration, cancellation and refund policy. If you paid online, you will receive your refund via an automatic deposit.

#### **ISD 2142 COMMUNITY EDUCATION**

The Community Education concept allows for active participation in community growth. The school becomes the center in assisting the community in meeting educational, recreational, social, cultural, and other needs or community interests. Problems are solved through the combined efforts of the school and community.

#### THE PHILOSOPHY OF COMMUNITY EDUCATION

- A. Develop an active advisory council to determine community needs, interests and resources
- B. Develop a balanced program for all citizens of the community, preschool through senior citizens
- C. Increase the use of school and community personnel, facilities, and equipment
- D. Coordinate programs with community agencies and groups
- E. Provide an effective communication system within the community
- F. Maintain an ongoing evaluation of programs and service

### You first must create an account to sign up for classes.

Please keep your login information for the future. If you already have an account, please use your original login information or click "forgot password"

Eligible UCare members may get up to a \$15 discount on many community education classes in Minnesota. Members must have UCare insurance at the time of registration and throughout the duration of the class. Members need to provide their UCare member ID number when registering for class. Limits and restrictions may apply.



### **Volunteer Opportunity!**

Do you care about your community and want to help kids succeed in school? Volunteers in Education (VinE) is looking for tutors to help K-8 students with reading, math, and other content



areas. VinE currently serves North Woods School (Cook), NE Range School (Babbitt), Tower/Soudan School (Tower), Mt. Iron/Buhl School (Mt. Iron), and Cherry School (Iron).

Please call or email VinE if you are interested:

218-404-5742 teresad@vine-mn.org







# Adult Basic Education

GED study and prepare

Accuplacer study & prepare

English Language Learners

Basic Computer skills

@ Mesabi Range College Virginia Campus

\*Online & in-person classes are available

\*More info on QR Code

Call Melissa @ 218-750-2606

To make an appointment



Melissa @ 218-750-2606

Adult Basic Education

Melissa @ 218-750-2606

Adult Basic Education Melissa @ 218-750-260 Adult Basic Education Melissa @ 218-750-2606



SPRING 2024

5

### **CHERRY SCHOOL COMMUNITY EDUCATION**

Jamie Herzmann, Cherry Community Education Coordinator jherzmann@isd2142.k12.mn.us 218-749-4614 ext. 2275 or 218-404-6027 Cherry School 3943 Tamminen Rd. Iron, MN 55751 "Like" our Facebook page! Cherry Community Education Cherry School Website - www.cherryschool.net

#### **Class Location:**

All classes take place at the Cherry School unless otherwise specified. Please use the main doors. Additional location information will be available just inside the main doors.

#### Be a community education instructor!!

It's a great way to support your community, meet likeminded people, make new friends, and even earn a few bucks! You don't need to be an expert, just share your knowledge and passion with others! Cherry Community Ed is always looking for new classes to offer. Contact Jamie Herzmann or go to the ISD 2142

website, "Community Education" tab for more information. All instructor paperwork must be submitted before classes are advertised!

# This is YOUR community! What classes and activities would you like to participate in?

Every community has different needs and interests. What does the Cherry community want to see offered in our community education program? Most likely if you are interested in something others in the community are too. Email Jamie Herzmann at jherzmann@isd2142. k12.mn.us and share your opinion. I will do my best to make it happen!

# 2023-2024 UPCOMING CLASSES AND ACTIVITIES

# Future Class & Activities TBD - WATCH OUR FACEBOOK PAGE!!

Please email Jamie Herzmann at jherzmann@ isd2142.k12.mn.us if you are interested in teaching or participating in these or any other activities! These classes have been requested; I am looking for instructors!

Art and Craft Open Studio
Needle and Wet Felting
Driving Courses
Mental Health & Awareness
Sign Language
Special Olympics
Archery for Students and Adults
R/C Balsa Wood Planes
Intro to Ojibwe Language and Culture
Babysitting Certification
Sewing Open Studio and Classes
Pottery Studio





# Hear the crack of the bat at Target Field in Minneapolis!

Join us on this day trip to see the Minnesota Twins play the Boston Red Sox on Saturday, May 4, 2024 at 1:10 P.M. The cost of this day trip includes transportation on a motorcoach bus and game tickets for the Middle Diamond Box, Sections 103 & Dy. 104. We will drop you off at the door and pick you up-no need to worry about parking! Tickets are limited; there are no refunds for cancellations unless seat can be sold to another party. All patrons will be refunded if the trip is cancelled due to lack of registrations. Register online at https://slc2142. revtrak.net/ or contact your local Community Education Coordinator for other registration options or information. Students age 17 and under must be accompanied by a responsible adult. This is a community-education-sponsored trip - no alcohol is allowed on the bus. All seats must be reserved and paid in full by Monday, April 1, 2024 at 5:00 P.M.

This escorted trip is Saturday, May 4, 2024. Bus leaves Hibbing at 8:00 A.M., Cherry School at 8:15 A.M., Virginia Village Inn at 8:45 A.M., and

South Ridge School at 9:30 A.M. Return to South Ridge School at 7:00 P.M., Virginia Village Inn at 7:45 P.M., Cherry School at 8:15 P.M., and Hibbing at 8:30 P.M. Additional pick-up/drop-off locations available upon request. We will stop at Hinckley on the way down and the way back for 15 minutes each time.

Cost is \$99 per person.

# 2023-2024 BEFORE AND AFTER SCHOOL CARE



#### Little Tigers Before and After School Child Care Program:

Jamie Herzmann, Supervisor

\*\*NOTE\*\* Little Tigers is not currently being offered, due to lack of coverage. We are actively seeking staff!

Childcare at school Monday through Friday! Morning hours are 7:00 to 8:10. \$3.00 per day. Afternoon hours are after school until 6:00 PM. \$6.00 for first child/per day. 2nd and consecutive children are \$5.00 each per day. Please inquire at the open house, school office, or email Jamie Herzmann. New LT students must be preregistered for the current school year prior to attending Little Tigers and all balances must be paid for the previous year. Enrollment will be paused for any unpaid balances and a \$5 fee will be added to the account. Notify your child's teacher, secretary, and Little Tiger's staff of when your child will attend as the program is not staffed when there are no students.

#### 3 Ways to Enroll

- Go to the ISD 2142 website and click on the "Community Education" tab, then click "Saint Louis County Schools Community Education Webstore", then click "Smartcare Childcare" then click "Smartcare Cherry Enrollment".
- Ask your community education coordinator or the director to send you an enrollment invitation link to your email address.
- 3. Click on this link: https://enrollments.smartcare.com/LittleTigers

REGISTER HERE



# 2023-2024 EARLY CHILDHOOD FAMILY EDUCATION CLASSES



**ECFE** - Early Childhood Family Education meets at the Cherry School in Iron, MN. Please check with the office for dates and times!

#### Help us build our Early Childhood Mailing List!

Do you have a child under the age of 5? If so, we would like to add you to our early childhood mailing list. Please call and leave a message for DaNeil at 218-749-8130 ex 1116 or email her atdsirjord@isd2142.k12.mn.us

We need: Parent and child's name (legal names), child's birthday, mailing address, phone number and if you have an email we would like that too!

#### **Preschool 2023-2024**

If you have not yet registered, contact DaNeil today as enrollment is filling up quickly! Please call or email DaNeil the following information: Child's legal name, birthday, parent name, mailing address, phone number and email. Children must be 4 years old on or before September 1, 2023 to register for preschool. DaNeil 218-749-8130 ex 1116 or dsirjord@isd2142.k12.mn.us

#### Parents-- we are here for you!

Check out the Parenting Resources section on our website at https://www.isd2142.net/page/3003. On the website you will find four different newsletters that are changed monthly along with a family engagement library full of short brochures on a variety of topics for parents.



or cancellations

# 2023-2024 FIRST SEMESTER ONGOING CLASSES AND ACTIVITIES



#### Private Piano Lessons - Beginning to Intermediate

Carol Andrews

Develop a source of life-long enjoyment, increase your music appreciation, and improve your brain at any age. Piano lessons will be taught in half-hour increments. Four lessons for \$60. Books will be available for purchase directly from Carol. Register online and Carol will contact you for lesson dates and times. Lessons provided at instructor's residence in Zim or at the Cherry School.



#### **Adult Basketball**

Tim Luukkonen

A chance to use the gym for some casual basketball. This is just some time to play for the fun of the game. Anyone age 18 or older and not a high school student is welcome. Please bring a change of athletic shoes with clean bottoms to preserve the gym floor. You are not required to be there every Wednesday night.

Date: Wednesday Evenings From 9/13/23 to 5/29/24

-- -

Time: 7:00-9:00 PM

Location: Cherry School, Small Gym Register by: September 10, 2023

Fee: \$6



#### **School Hallway Walking**

Independent, No Instructor

Lace up your tennis shoes and walk the halls of Cherry School to escape the elements. You must pre-register online at least one day prior to beginning. PLEASE MAKE SURE YOU REGISTERWE NEED TO KNOW WHO IS IN THE BUILDING AT ALL TIMES!

Date: Starting September 11, 2023 through

May 31, 2023

Time: Mornings from 6:30-7:45 AM, Afternoons

from 3:30-6:00 PM Location: Cherry School

Register by: At least one day prior to first visit

Fee: \$6.00

# 2023-2024 JANUARY CLASSES AND ACTIVITIES



#### Twining (rug weaving) Open Studio:

Deb Grangruth, Cherry School

A Twining is a historical art form very similar to weaving with a braided texture. This technique is done on a 28x48 portable pegged loom with cotton material (recycled bedsheets are perfect). The process is incredibly helpful for relaxing, stress relief, and is therapeutic for the hands. This is a beginner class; the final product will be a 28x48 sized rug, but options for smaller projects are available. Students may take looms home over the class period with a \$20 deposit paid to Deb, refundable upon return of the loom at the last class. Some materials (fabric) will be available for purchase or students can coordinate colors by providing their own fabric (4-6 bedsheets or 20 yards of fabric). Additional supplies needed include scissors, needle and thread (any color), safety pins and straight pins (just a few of each), seamstress tape measure, gallon size zip lock bags (just a few), sharpie marker (any color) and the desire to be creative! Date: Wednesday Evenings from January 24 to

Date: Weunesday Evenings Ironi January 24 t

March 13

Time: 6:00-8:00 PM

Location: Cherry School, Room 175A

Register by: January 22nd

Fee: \$46.00 + optional \$20 deposit to take looms home (refunded upon return of loom)
Class minimum 3 students, Maximum 8

students, Age 18+

REGISTER HERE





#### **Coffee & Community for Women**

Jamie Herzmann

As women we often put everyone else's needs before our own. We tend to put ourselves low on our list of priorities and then we are frustrated with ourselves when we can't get everything done. It's time to put our oxygen masks on first! This group is centered around women supporting women one cup of coffee or tea at a time. This group can be whatever we need; a book club, a support group, a friend group, a movie group- we decide! It's about taking time for us, taking a breath, and supporting other women who are suffering with depression, anxiety, PTSD, C-PTSD and other things that take their toll on our daily lives.

Date: Thursdays January 11th - May 30th

Time: 5:30-7:00 PM

Location: Cherry School, 175A

Register by: Registration is open- Join ANY

time! Fee: \$6

Class minimum 3 students, Ages 18+

# 2023-2024 FEBRUARY CLASSES AND ACTIVITIES



# My Heart Belongs To..... Valentines Day Candy Workshop

Jamie Herzmann

Whether your heart belongs to someone else, or you just want to do something for yourself- this workshop is for you! We will be doing two quick projects. One is a melt and pour soap project and the other will be a sweet treat! Wrapping materials will be available if you want to give yours to your sweetheart, parent, or teacher (hint hint!), but feel free to savor these goodies yourself!

Date: Monday February 12, 2024

Time: 3:30-5:30 PM

Location: Cherry School, 175A Register by: February 5, 2024

Fee: \$16

Class minimum 3 students, Maximum 10

students, Age 10+

#### SPRING 2024

# 2023-2024 MARCH CLASSES AND ACTIVITIES



### The Very Basics Sign Language Basics Class

Jamie Herzmann

This is a SUPER beginner class by a super beginner ASL teacher. Just the basics!! Students will learn the ASL alphabet, numbers, animals, and basic words like yes, no, finished, mom, dad, etc. This class will be three consecutive Mondays so we can practice what we learn.

Date: Mondays March 4th-18th, 2024

Time: 3:30-4:30 PM

Location: Cherry School, 175A Register by: February 26, 2024

Fee: \$6

Class minimum 3 students, Maximum 10

students, Age 10+

# 2023-2024 APRIL CLASSES AND ACTIVITIES



#### **Archery**

Paula Kangas

Students in grades 4-12 will be learning the techniques and basics of this life sport. No experience needed. Students with some physical disabilities are welcome. All standard equipment is provided.

Date: Mon, Tues, Wed, & Thurs April 8th-11th

2024

Time: 3:30-4:30 PM

Location: Cherry School, Room TBD

Register by: April 2nd, 2024

Fee: \$26



#### What IS Upcycling Anyway?

Jamie Herzmann

Upcycling is EASY & FUN! Upcycling is the creative act of repurposing one object into another object with a new function. The goal being to save money, exercise our creativity, and keep usable materials out of the landfill. In this class we will discuss many techniques to upcycle different materials and complete

an upcycling project (or 2!!). Materials will be provided. This class is for anyone ages  $10\ \text{to}$ 

adult.

Date: Monday April 22, 2023 (Earth Day)

Time: 3:30-5:30 PM

Location: Cherry School, 175A Register by: April 15, 2024

Fee: \$6

Class minimum 3 students, Maximum 10

students, Age 10+



#### **Safe Home Alone:**

Anna Amundson, American Red Cross

Know what it takes to be safe when home alone. An American Red Cross personal safety and basic first aid course for students who may stay home alone. Bring a water bottle and a healthy snack. Must be age 9 or older.

Date: Monday April 22, 2024 Time: 3:15 to 4:30 PM

**Location: Cherry School, Room 175B** 

Register by: April 15, 2024

Fee: \$18.00 Ages 9+



#### **Babysitter Training:**

Anna Amundson, American Red Cross

Get a job babysitting and begin building your work resume!! This class contains basic care and first aid information for responsible youth who will be caring for young children. Attendance on all three days is required to receive certification. Age 11 and up. Please bring a healthy snack and water bottle each day. Class fee includes book and certification costs.

Date: April 23rd and 24th 2024 THIS MAY HAVE

A CHANGE

Time: After School until 5:45 Tuesday and

Wednesday

**Location: Cherry School, Room 175B** 

Register by: April 15, 2024

Fee: \$62.00 Ages 11+



#### Yoga

Connie Larson

Yoga is for every BODY. This class is for beginners as well as experienced yogis. Modifications will be provided. No prior experience is necessary. Come learn how to move and breathe! Dress comfortably. Bring your own mat and yoga props if you have some.

Date: Tuesday Evenings From 4/23 to 5/28

Time: 5:30-6:30 PM

**Location: Cherry School, Music Room** 

Register by: April 15, 2024

Fee: \$68

Class minimum 5 students, Maximum 15

students, Age 15+

# 2023-2024 MAY CLASSES AND ACTIVITIES



### Mom, Thank You For..... Mother's Day Gift Workshop

Jamie Herzmann

We owe a lot to our moms! This Mother's Day why not give her a gift from your heart, made by your very own hands? I can't tell you what you'll be making because mom might see this and the surprise would be ruined- however, it will be something FUN for you to make and something SPECIAL for her to receive! All materials will be supplied.

Date: Friday May 10, 2024 Time: 3:30-5:30 PM

Location: Cherry School, 175A Register by: May 3, 2024

Fee: \$16

Class minimum 3 students, Maximum 10

students, Age 10+

# North Shore Bus Tour, Destination Grand Marias for Agate Picking!

Jamie Herzmann

As a non-native of Minnesota, I am surprised at how many people have never been up the North Shore! Paradise Beach is one of my favorite places to look for agates and other amazing rocks. Join me on a 25-passenger bus tour up the North Shore starting at Silver Bay and ending at Grand Marias Paradise Beach. We will make stops along the way at different points of interest and for lunch. Be sure to bring a bucket for rocks, water, sunglasses, a jacket, and rubber boots if you don't want to walk barefoot in the lake. The best rocks are wading distance into the water so you will need a ladle or large spoon to help reach them!

Date: Saturday May 18, 2024

Time: Depart 7:00 AM from Cherry School-

Return to Cherry School 10:00 PM Location: Cherry School, 175A Register by: April 12th, 2024

Fee: \$85 (Bring money for lunch, shopping,

treats)

Class minimum 19 people, Maximum 25, Age All Ages Welcome (children under 16 must be accompanied by an adult).

### **REGISTER EARLY**

Don't wait until the last minute to register!



# TO REGISTER AND PAY FOR A CLASS SCAN THE CODE BELOW





- GED study and prepare
- Accuplacer study & prepare
- English Language Learners
- Basic Computer skills

@ Mesabi Range College Virginia Campus

\*Online & in-person classes are available
\*More info on QR Code

Call Melissa @ 218-750-2606
To make an appointment





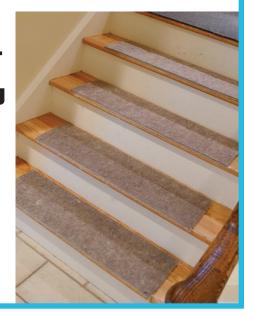
Free

GED!

Ask how Now!

# **DON'T MISS A STEP**

Waiting until the last minute to register could result in missing out on a great class. It could be full or cancelled due to lack of interest.



### NORTHEAST RANGE COMMUNITY EDUCATION

Joseph Kaufenberg, Coordinator • 218-827-3101 Ext. 4419
30 South Drive • Babbitt, Minnesota 55706
jpkaufenberg@isd2142.k12.mn.us
twitter: @NERCommunityEd

### PLEASE READ BEFORE MOVING ON, THANK YOU!!!!!!!!

See Page 3 and 4 for all registration and payment information.

#### **NER Community Education Donations**

NER Community Education is always looking for donations for future rummage sales. Any and all donations are welcome. Please Contact NER Community Ed to arrange dates and times to drop off items. Items welcome throughout the rest of the school year. Please use common sense when donating items; food that has expired is not needed, as well as ripped or dirty clothes. Thank you for your consideration

#### **REMIND:**

#### Stay up to Date with Community Education

Sign up for Instant Messages and Notifications from NER Community Education through REMIND. If you would like to receive **General Community Education Information**, pick a way to receive messages:

(Option A) Smartphone Push Notifications: On your iPhone or Android phone, open your web browser and go to the following link: rmd.at/nercomed – Follow the instructions to sign up for Remind. You will be prompted to download the mobile app.

(Option B) Text Notifications: Text the message @nercomed to the number 81010.

If you are having trouble with 81010, try texting @nercomed to (708) 315-2152.

To receive notifications for specific ongoing Community Education Courses or Events, follow the instructions above using the codes listed below. Sign up for more than one event and be sure to sign up for General Information to ensure you receive all other exciting ComEd News!

**Community Theatre:** Option A - rmd.at/cetheatre or Option B - @cetheatre

Adult Swimming: Option A - rmd.at/ceadltswim or Option B @ceadltswim

**Defensive Driving Class:** Option A - rmd.at/ceddclass or Option B @ceddclass

Swim Lessons and Classes: Option A - rmd.at/ceswim or Option B @ceswim

#### **UCare**

Eligible UCare members may get up to a \$15 discount on many community education classes in Minnesota. Members must have UCare insurance at the time of registration and throughout the duration of the class. Members need to provide their UCare member ID number when registering for class. Limits and restrictions may apply.

#### **Donations**

If you are looking to support community education, consider a donation to St. Louis County Schools Community Education. Your donation will help to sponsor a learning/activity opportunity for a child or family by paying for their class fee and/or materials. Receipts can be given for donations, so think about donating to your local community education department or the whole district. Donations can be mailed to Denise Parson, Director of Community Education 1701 N 9th Ave, Virginia, MN 55792. If you would like your donation to go to a specific school, please write the school name on the memo line. Make checks payable to:ISD 2142 Community Education. For guestions, call Denise at 666-5221.

#### \*\*\* Northeast Range School Help us build our Early Childhood Mailing List!

Do you have a child under the age of 5? If so, we would like to add you to our early childhood mailing list. Please call and leave a message for DaNeil at 218-749-8130 ex 1116 or email her at dsirjord@isd2142.k12.mn.us

We need: Parent and child's name (legal names), child's birthday, mailing address, phone number and if you have an email we would like that too!

#### **Preschool 2024-2025**

If you have not yet registered, contact DaNeil today as enrollment is filling

quickly! Please call or email DaNeil the following information: Child's legal name, birthday, parent

name, mailing address, phone number and email. Children must be 4 years old on or before September 1, 2024 to register for preschool. DaNeil 218-749-8130 ex 1116 or dsirjord@ isd2142.k12.mn.us

#### Parents-- we are here for you!

Check out the Parenting Resources section on our website at https://www.isd2142.net/ page/3003

On the website you will find four different newsletters that are changed monthly along with a family engagement library full of short brochures on a variety of topics for parents.

#### **ECFE** Cherry

Lori Udovich, Parent Educator ludovich@isd2142.k12.mn.us Alyssa Hughes, Child Educator ahughes@isd2142.k12.mn.us

#### **North Woods**

Lori Udovich, Parent Educator ludovich@isd2142.k12.mn.us

#### **Northeast Range**

Sarah Hansen, Parent Educator shansen@isd2142.k12.mn.us

#### South Ridge

Heather Krohn, Child Educator hkrohn@isd2142.k12.mn.us Sara Lorbiecki-Brown, Parent Educator slorbieckibrown@isd2142.k12.mn.us

#### Tower-Soudan

Sarah Hansen, Parent Educator shansen@isd2142.k12.mn.us

ECFE classes are offered weekly at each of our schools. Classes are for children infants to kindergarten entrance and their caregiver. Information will be sent to families on our ECFE mailing list.

**ECFE** - Early Childhood Family Education meets at the Northeast Range School in Babbitt most Fridays from 9:00-11:00. ECFE is for all families with children birth to five. ECFE has the mission to strengthen families through the education and support of all parents to provide for the healthy growth and development of their child. For further information about the Northeast Range ECFE program, contact: shansen@ isd2142.k12.mn.us

#### RENT SLUSHY MACHINE FOR YOUR EVENT:

NER Community Ed is happy to announce that for your next event whether it's a birthday party, special occasion, sporting event, anything fun and full of excitement you can rent our state of the art slushy machine. The slushy machine comes with everything vou need, even the flavors. Feel free to call Community ed for additional information or if interested. 827-3101 ext: 4419 or email jpkaufenberg@isd2142.k12.



mn.us. Register or sign up to use the Slushy Machine on the community education webstore after scheduling your date with Joe Kaufenberg.

**NER Community Ed** Jan-June 2024 Cost: \$60



#### Walking at the Northeast Range School

ALL Adult Community Members are welcome to come and enjoy the Northeast Range School. All visitors will be required to be registered, wear a walking pass before using the building. We encourage all adult community members to take advantage of this opportunity to relax your mind, exercise your body in a safe environment. Anyone who does not register or follow the guidelines put forth will not be allowed to use the building (This will be enforced). Please stop by the NER office and receive a Nighthawk Walking Pass. For the safety and security of our school and students, all walkers will be required to wear a walking pass. We would love to see you visit OUR School, Only registered and paid walkers will be allowed to use the facility. Please it is recommended that you use our online pay/ register program. Forms will be available at the office please use this method if you are capable.

NER Community Ed

**NER School** M-F Jan-May Cost \$6.00 full year 3:30-7:00 pm Cost \$12 for Family for year Cost \$20 for group for year



#### **Family Swimming and Pool Parties**

Have your next birthday party or family get together at the Northeast Range School Pool, cafeteria, and Gymnasium. For pricing, available dates and more information contact Joseph Kaufenberg Community Education Coordinator. Call for details. 827-3101 ext 4419 or email jpkaufenberg@isd2142.k12.mn.us

NER Community Ed

TBD **NER School** Jan-June Cost \$85.00 rental of pool Cost \$30 lifequard fee Cost \$30 lifequard fee



#### Morning Swim (Adult)

Men and Women are invited to come and enjoy the beautiful school pool every Monday thru Friday morning. M, W, F morning: aerobics, laps, walking and casually enjoy the pool (limited lanes available for lap swimming). T & Th morning: pool open to lap swimming. Maximum of 20 swimmers are allowed. If you are feeling sick please stay home. Have a runny nose stay home, thank you. Punch cards available for purchase see lifeguard. Highly recommended to register and pay online. Visit www.2142.net click community ed tab, click st louis county web store, find class, please if capable use this service. Note the change to prices. No class on days when school is closed or during poor winter weather. (Cold weather rule)

Northeast Range Community ED

**NER School Pool** Jan-May Cost 6 for \$20, 12 for \$35. 6:15-7:30 am 20 for \$45 and other pricing

#### Open swim after school (Jan 16th start date)

The Community is invited to come and enjoy the NER swimming pool Tuesdays and Thursdays starting January 16th. If you have the time we have the pool. Bring your family and friends to the NER school for some good fashioned good times splashing about. Flyers will be sent home to families with the necessary information.

Northeast Range Community ed

NER school pool

Tuesdays/Thursdays Jan 16th-May 16th

3:30-5:30 PM

Cost: swim passes are available to purchase online



#### **INDOOR PICKLEBALL:**

Here is an opportunity to check out the popular sport of Pickleball. The only equipment needed is a paddle and some comfy shoes. There will be 3 courts available every Tuesday and Thursday evening from 7 - 8:30 PM at the Babbitt Community Center Gym.

Pickleball is one of the fastest growing sports in the country. And here's why: The rules are simple, and while it's easy for beginners

to learn, it can quickly develop into a fastpaced, competitive game as players become more skilled. Combining elements of tennis, badminton, and ping-pong, pickleball is played with paddles and a plastic ball on a tennis-like court. And once you play a game or two, you're hooked!

Wondering how to play pickleball and not sure where to start? Come and join us on Tuesday and Thursdays evenings for a fun time playing pickleball. Whether you are a beginner or advanced player, come on out and play pickleball, test your skills, meet new people and get some exercise.

Lisa Poppenhagen **Babbitt Municipal Building** Tuesdays and Thursdays 7-8:30 pm Two month session-\$10 Four Month session-\$20 Full year session-\$50 Call 827-3101 ext 4419 for more information

#### **Evening Swim (Adult): Jan 17th**

Starting January 4th school year Men and Women are invited to come and enjoy the beautiful school Pool Wednesday starting January 4th. If you are feeling sick please stay home. 5 Committed swimmers, an adult supervisor are needed to run this program. Maximum of 20 swimmers are allowed. Call community education for more information. Evening schedules will be posted outside the pool doors, please check at your convenience.

NER Community Ed

NER School Pool Wednesdays Jan 17th-May 15th Cost 6 for \$20, 12 for \$35, 20 for \$45 6:30-8:00pm

#### **Open Gym (starting January 24th)**

Don't be cooped up this winter, get out of the house and bring your family and friends to the NER school for some Open Gym time. Get some physical exercise, shoot some hoops with friends but most of all have some fun. Please register/pay the small fee prior to entering the building. For more info contact NER Community ed @ jpkaufenberg@isd2142.k12.mn.us

Adam Hagen **NER Community Ed** Wednesdays Jan 24th-May 15th 6:30-8:00 PM **NER Gym** Fee: \$6 (one time)



#### Sunday family swim (Jan 20th)

Get out the house bring the family for a nice dip in the NER pool. NER community Ed will offer Sunday family swims for all community patrons. This fun filled day will be a nice change of pace during the long winter nights and days. Come on down jump in, have fun.

NER Community Ed NER school Pool

Sundays Jan 20th-May 18th

2-4 pm

Cost: Family swim passes available online for purchase



#### **NER CHESS CLUB (Mondays)**

Starting Mondays Feb 12th and running through the rest of the year come try your hand at Chess. This club is for novices and experienced Chess players alike. This club is for anyone ages 12 and up who are interested in the art of chess. Community Members are encouraged to join. Learn some new skills, enjoy the competition but most of all just have fun. Chess boards will be provided or bring your own if you want Please sign up with NER community Education by calling 827-3101 ext 4419: or email jpkaufenberg@isd2142.k12.mn.us.

NER Community Ed Mondays 3:30-5:00 pm **Rm A12** Fee \$6



#### Class title: Intro to the Power of Story

This 3 session class uses Norse and Celtic storytelling to dive into 3 basic principles: The Power of the stories we tell ourselves, and allow others to tell us about ourselves. "Feeding the story" as a life skill for interpersonal communication skills and deepening authentic connections. What we can learn about suffering from these old stories. Each 3 session course will use a different story told in 3 parts followed by a discussion on the 3 basic principles. We will learn how the stories we tell ourselves, and allow others to tell us about ourselves can carry a powerful influence over our lives, and how through intentionality, we can recraft our own personal stories. In feeding the story we will learn a powerful technique that has brought healing to many people, but also how this technique can be applied to our daily interactions with others, and in so doing greatly deepen our understanding of others and allow us to build more authentic understanding relationships. Through these stories we will also gain valuable insight into what they are trying to teach us about the nature and purpose of suffering in our lives. We will also learn a new perspective on suffering, that when applied to daily life has also brought great healing and transformation to many people.

February Class: "The Maiden on the Glass Mountain" Norse version

March Class: "Ash Lad who Stole the Troll's Silver Ducks, Coverlet, and Golden Harp" Norse version

April Class: "The Dread Red Ettin" Celtic version **May Class 5:** "The Dwarfy Stone" Norse version

Instructor biography/affiliations/qualifications: Throughout his life Arthur Crowell has navigated multiple lifetimes worth of the human experience, and is now able to share this experience through storytelling. With his wealth of experience he has developed curricula that empowers others to claim the career they have always wanted, navigate life transitions with courage and confidence, heal old and fractured relationships, and have the inspiration to forge new relationships. "I see the world through the eyes of the ancient craft of storytelling. Through this vision I see a world that is in desperate need of returning to the wisdom that is found in these old tales."

More info at https://www.bark.com/en/us/ company/sage-mountain-ministries/yb97R/ and Hiroadmap.com

All Classes will be 1.5 hrs long.

Two classes held on Mondays 6:00pm to 7:30pm and 8:00pm to 9:30pm

One class held on Tuesdays 6:00pm to 7:30pm One Class on Wednesdays 6:00pm to 7:30pm One Class on Thursdays 6:00pm to 7:30pm

Two Classes on Fridays 6pm to 7:30pm and 8:00pm to 9:30pm

February dates: M-F "The Maiden on the Glass Mountain"

March dates: M-F "Ash Lad who Stole the Troll's Silver Ducks, Coverlet, and Golden Harp"

April dates: M-F "The Dread Red Ettin" May dates: M-F "The Dwarfy Stone"

Arthur Cowell M-F February-May

Zoom Times Vary Cost: \$60 per Tale chosen

Email instructor for zoom link once registered and paid

Email: sagemountainstories@gmail.com

#### **Home Buyers/Owners Class: (March 9th)**

Thinking about buying, selling, downsizing? What next? Bring your questions along and learn about the steps to buy, sell or downsize your current living situation. Learn about programs available to help you with down payment assistance, the things to look for in a solid home, best time to buy a home and what the interest rates mean and how they truly affect your buying power.

Andrea Zupancich

NER media center Saturday March 9th Cost: \$6 com ed fee 10-12 pm

# Defensive driving (8 hour – initial course) (March 13th)

This eight-hour course is the initial course needed to receive a discount on your auto insurance.

This course will be taught with instructor Tim Johnson (MN State Farm agent). This course is for those at least 55 years of age. You will receive a certificate required by your insurance company for the auto insurance discount. There will be hand sanitizer available, the area will be cleaned prior to the start of class. Any questions or concerns feel free to call NER Community Education at 827-3101 ext 4419.

Tim Johnson Babbitt Municipal Center Wednesday, March 13th 2024 Cost \$12.00 fee for the class 1:00-9:00 pm

# Defensive driving (4 hour - refresher course) (March 20th)

This is a four-hour refresher course with instructor Tim Johnson (MN State Farm agent). You must be 55 and already have taken the eight-hour course and need a renewal to take this course. Tim Johnson is certified through the Minnesota Safety Council to teach this course. You will receive a certificate required by your insurance company for the auto insurance discount. There will be hand sanitizer available, the area will be cleaned prior to the start of class. Any questions or concerns feel free to call NER Community Education at 827-3101 ext 4419. It is Highly recommended if you have the means to pay/register online follow these steps.

Go to www.lsd2142.net
click Community ed tab
click St Louis County Web store
click the Northeast Range Block
find class, pay/register - pretty simple
Tim Johnson
Babbitt Municipal Center
Wednesday, March 20th
Cost \$10.00 fee
5:30-9:30 pm



# Northeast Range Community Theatre Auditions: (March 4th)

If you love acting, want to have fun, learn and just plain want to be silly come to the NER Community Theatre auditions for the show "TBD". All productions have various roles and there will be a part for everyone. Anyone interested in helping with show production is encouraged to see the Director. Remember these shows are open for community members as well, so feel free to join the fun, I would love to have you. Forms will be handed out to all who have signed up for the show prior to auditions. Safety Guidelines will be reviewed as you enter the Auditorium. Very important you sign up on the early sign up sheet by the office. NO ONE WILL BE ALLOWED TO START REHEARSALS UNTIL THEY PAY THE FEE.

Joseph Kaufenberg

NER Auditorium Monday March 4th Cost \$12 participation fee 3:10-5:00 pm



#### **Babysitter Training (March 11th, 12th)**

To provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants.

Red Cross certified course.

Anna Amundson Monday/Tuesday
NER Media Center March 11th/12th
Fee: \$56.00 3:05-5:45 Monday
3:05-5:45 Tuesday

#### **SAFE HOME ALONE (March 13th)**

Personal Safety; Basic First Aid Course

Who: Students 9 years and older

What: An American Red Cross course for students who may stay home alone

Whether it is 15 minutes or a few hours, this is a great way to make sure you are ready!

Anna Amundson

NER Media Center Wednesday Fee: \$12 March 13th 2:05-4:30



#### **SOCCER CLINIC:** (Saturday March 30th)

Soccer clinic. If you are curious about how soccer is played come join us on March 30th for a one day clinic on the fundamentals of soccer this could be a springboard to an eventual soccer league. All kids (home schooled as well) ages 7-18 are encouraged to sign up. Sign up sheets will be sent home as the weeks progress Some of the fundamental skills that will be worked on include dribbling, passing, shooting, and tackling.

NER Gym Saturday March 23rd Cost: \$6 9:00 am-12:00 PM

#### "Northwoods Themed Cookie Decorating Class". (April 18th)

Local baking professional Crystal Schlueter will be teaching a cooking decorating class on April 18th. Crystal would bring one dozen prebaked cookies per student, then she would demonstrate the royal icing in class and go over a variety of techniques that she uses in decorating. This would include: Flooding, weton-wet piping, wet-on-dry piping, stenciling, spray painting, and free-hand designs. Crystal would also supply the cookie recipe and the icing recipe so the students could take that home along with their dozen cookies. Come join US.

Crystal Schlueter

NER Foods Lab **Thursday** April 18th Cost: \$10 5-7pm

#### About the instructor:

My name is Crystal and I am a Babbitt native. I developed a passion for cooking while traveling with the U.S. Navy. After my time in the Navy I stumbled upon the world of recipe contests and have since won or placed in dozens of national cooking, baking, and grilling contests. I have a Bachelor's Degree in Communications and have been working in freelance recipe development for over a decade. My passion for recipe development led me to writing a food column, End of the Road Recipes, which can be found in the Babbitt Weekly and Ely Echo.

#### Hear the crack of the bat at Target Field in Minneapolis!

Join us on this day trip to see the Minnesota Twins play the Boston Red Sox on Saturday, May 4, 2024 at 1:10 P.M. The cost of this day trip includes transportation on a motorcoach bus and game tickets for the Middle Diamond Box, Sections 103 & Dy. 104. We will drop you



off at the door and pick you up-no need to worry about parking! Tickets are limited: there are no refunds for cancellations unless seat can be sold to another party. All patrons will be refunded if the trip is cancelled due to lack of registrations. Register online at https://slc2142. revtrak.net/ or contact your local Community Education Coordinator for other registration options or information. Students age 17 and under must be accompanied by a responsible adult. This is a community-education-sponsored trip - no alcohol is allowed on the bus. All seats must be reserved and paid in full by Monday, April 1, 2024 at 5:00 P.M.

This escorted trip is Saturday, May 4, 2024. Bus leaves Hibbing at 8:00 A.M., Cherry School at 8:15 A.M., Virginia Village Inn at 8:45 A.M., and South Ridge School at 9:30 A.M. Return to South Ridge School at 7:00 P.M., Virginia Village Inn at 7:45 P.M., Cherry School at 8:15 P.M., and Hibbing at 8:30 P.M. Additional pick-up/drop-off locations available upon request. We will stop at Hinckley on the way down and the way back for 15 minutes each time.

Cost is \$99 per person.



#### SWIM LESSON REGISTRATION FOR SPRING/ **SUMMER SESSIONS (April 8th)**

Registration for swimming lessons will be held on April 8th from 4-6 pm in the NER Media Center. There will be a maximum of 16 students allowed per class, so please be aware that these sessions fill quickly and in person registration is required. Anyone who cannot make the registration date can be placed on the list for summer sessions in June. If you cannot make it to the registration day you can have a trusted adult register and pay for your child on the 8th if needed. Questions and all information will be answered on April 8th.

Swim Lessons will be held at the Northeast Range School Pool. Make sure to bring a water bottle, two dry towels, and an extra change of clothing.

#### Spring Swimming Lessons for Levels 1-2 (April 15th-26th)

Spring Swimming Lessons for Levels 1 and 2 will be limited to a total of 48 students. Class times will be M-F from 4:00-6:40p and specific level times will be provided after registration.

Summer swimming Lessons for Levels 1-3

#### (June 10th-21st)

Summer Swimming Lessons will be for Levels 1. 2. and 3. Lessons for Infants/Toddlers and Levels 4-6 will be offered if there is enough interest. Class times will M-F with the specific level times being announced in May.

Tara Johnson **Registration April 8** NER Media Center/Library 4:00-6:00p Cost \$65.00 per person

#### **Home Buyers/Owners Class: (May 4th)**

Thinking about buying, selling, downsizing? What next? Bring your questions along and learn about the steps to buy, sell or downsize your current living situation. Learn about programs available to help you with down payment assistance, the things to look for in a solid home, best time to buy a home and what the interest rates mean and how they truly affect your buying power.

Andrea Zupancich

NER media center Saturday May 4th Cost: \$6 com ed fee 10-12 pm

#### Northeast Range Community **Theatre Presents: "Antiques"**

Intuitive Elaine has long felt strong connections to some of the items she sells in her small antique store. Some friends feel those connections, too, as does her nephew Carl, whose gift comes through in the thoughtful stories he writes about certain antique items from different bygone eras.

But those connections run deeper than the human world will ever know. Many items in the antique shop carry with them a sort of spirit. No, this isn't a ghost story, but these guests, who only come out after hours — a housekeeper, an English colonel, a gentleman, a Civil War soldier, a mother, and a child — seek closure. They want to move on, but they can't. That is, not until their personal item in the antique store is purchased... yet there's more to it than that. As they tell their stories and interact with each other, these guests help each other learn to accept the heartache, trauma, and loss they've each experienced so they can truly move on. Similarly, the employees of the shop share a parallel story as they help each other and their customers in far more ways than meet the eye. Rich with monologues and beautiful storytelling, this deep character study of hope and redemption examines the human condition and how we often, knowingly or unwittingly, touch others' lives — both in this world and beyond. NER Community Ed

**NER Auditorium** Friday, May 10th 6:00 pm Saturday, May 11th 1:00 pm Cost \$7 admission fee



#### **Lifequard training class:**

Northeast Range Community Education will be holding a Lifeguard Training Class for anyone 16 and older interested in becoming certified as a Lifeguard, NER currently has open lifeguard positions. This is a hybrid Red Cross course, with online classroom starting In May and water training and testing June 3rd-7th. Lap swimming and conditioning times will be announced on the first day of class. Course fee \$160 per individual. Limited scholarships available for Northeast Range Students. Contact Joe Kaufenberg for more information phone: 218-827-3101 ext 4419 email: jpkaufenberg@ isd2142.k12.mn.us

Red Cross Certified Instructor Sue Pasmik

Rm A12 and Pool Online May-June 2nd Pool testing May 3rd-7th Cost \$160.00





- · GED study and prepare
- · Accuplacer study & prepare
- English Language Learners
- Basic Computer skills



\*Online & in-person classes are available \*More info on QR Code Call Melissa @ 218-750-2606





Free

**GED!** 

Ask how

Now!



Nothing cancels a class quicker than waiting until the last minute to register!

### NORTH WOODS COMMUNITY EDUCATION

**Dee Ann Sandberg, North Woods Community Education Coordinator** 218-666-5221 • dsandberg@isd2142.k12.mn.us.

North Woods School • 10248 Olson Road E • Cook, MN 55723

#### **REGISTERING FOR CLASSES**

See p. 3 for registration information or scan this QR Code for direct access. Just choose "North Woods School".



If you need a paper registration form, please call Dee Ann at 666-5221.

#### **FACEBOOK AND WEBSITES:**

Be sure to check out the school and district website for up-to-date community education information

www.northwoodsschool.net or isd2142.net or our Facebook pages: North Woods Community Education or St. Louis County Schools-Community Education. You can also check us out on Instagram and TikTok!!

#### **CLASS LOCATION**

All classes take place at the North Woods School unless otherwise specified. The main doors to the school lock at 5 pm. Please use door # 2 which is located by the fitness center for entry after 5 pm. If a class description does not have a specific location specified. It will be posted on door #2

#### **BE A COMMUNITY EDUCATION INSTRUCTOR!!**

It's a great way to support your community, meet like minded people, make new friends, and even earn a few bucks! You don't need to be an expert, just share your knowledge and passion with others! North Woods Community Ed is alway looking for new classes to offer. Contact Dee Ann Sandberg or go to the ISD 2142 website, "Community Education" tab for more information. All instructor paperwork must be submitted before classes will be advertised!

**REGISTER EARLY! MANY CLASSES HAVE MINIMUM AND MAXIMUM ATTENDANCE NUMBERS. SOME REQUIRE PRE-REGISTRATION. THANK YOU!** 

"Like" our Facebook page: North Woods School Community Education for up to date class information and notices.



#### Little Grizzlies After School Child Care **Program: Dee Ann Sandberg, Supervisor**

Childcare right at your child's school. Hours are after school until 6:00 PM, Monday through Friday. \$6.00 for the first child/per day. 2nd and consecutive children are \$5.00 each per day. Notify the school office staff when your child will be attending. Please see the Little Grizzlies table at open house for more information including help registering and information about new payment policies. A debit card, credit card or pre-paid cash card must be on file for mandatory auto-pay.

#### 3 Ways to Enroll

- Go to the ISD 2142 website and click "Community Education" on the tab. then click "Saint Louis County Schools Community Education Webstore", then click "Smartcare Childcare" or
- Ask your community education coordinator or the director to send you an enrollment invitation link to your email address or
- 3. Click on this link: https://enrollments. smartcare.com/LittleGrizzlies

#### **ECFE Classes**

ECFE- Early Childhood Family Education classes will meet at the North Woods School on Friday's Group # 1 from 8:30 am to 10:00 am and Group # 2 10:30 am to 12:00 pm

Dates: Jan. 19, 26, Feb. 2, 9, 16, 23, March 1, 8, 15. 22 April 5.

Contact Lori Udovich, Parent Educator at North Woods to reserve your space for the Winter/ Spring Session.

#### **Preschool Story Hour at the Cook Library**

Join other area families for a morning story and craft hour hosted by the Cook Library and North Woods ECFE. This community outreach opportunity will be held on the 3rd Thursday of the month in the library with fun stories read by library volunteers and ECFE providing a craft. Watch for times to be listed on the Cook library website.

#### **North Woods Early Childhood Open Play Times** North Woods ECFE Room # 123

Wednesday, February 28th & Wednesday, March 20th from 9:00 am to 10:30 am

This is a Free and open playtime for families with children birth to preschool age.

Join us for a story, playdough, singing and use the classroom toys. We will have access to Story Bins from the Arrowhead Lib. System, books, puzzles and other learning materials.

#### Baby and Me – Infant Class North Woods ECFE Room # 123

This class is for new parents, or parents with infants up to 18 months old.

Wednesday, February 7th from 10:00 am to 11:00 am

Please email Parent Educator Lori U. at ludovich@isd2142.k12.mn.us. Let's enjoy a morning of sharing life with our little ones. Guest Speaker: Teacher Stacie Anderson, Early Childhood Interventionist will be available to answer any questions about Early Childhood Development.

Door Prizes and morning refreshments will be served.



#### **Indoor Walk for Fitness at North Woods School**

Get your exercise by walking indoors at the school anytime you wish from 6:30-7:30 A.M. and 6:00-9:00 P.M. Building is not open when school is not in session. Please bring clean dry shoes. Register online before walking.

Fee: \$6.00



#### **Fitness Center at North Woods School**

Workout with Treadmills, Ellipticals, Bikes, Free Weights, Kettlebells and Nautilus Machines.

Hours: 3:15-4:45 P.M. - Monday, Tuesday, and **Thursdays** 

Fee: \$10.00 for Adults-Students 7th-12th grade Free



#### Julie's Dance: Julie Schelde

Learn dance including tap, ballet and lyric to children ages 3 years old to 12th grade. Depending on how many students sign up this may be split into 2 different days. Classes to be held through May. Costumes and shoe supply fee will be paid directly to the instructor and will be due the first week in November, Information will be sent home with students prior to class. Shoes and recital costume is extra and payable to Julie. Questions about specific schedules and other costs behind the class fee can be directed to the instructor, Julie Schelde at 218-750-2593.

YOU MUST BE REGISTERED AND PAID TO PARTICPATE BY THE FIRST DAY OF CLASS. NO **EXCEPTIONS PER COMMUNITY EDUCATION!!** If you have questions about registration/ payments please contact Dee Ann Sandberg at 218-666-5221.

Call Julie for start date(usually in October)

Fee: \$210.00 per student for full year or first payment of \$110.00 for first-half of year. If more than one family membe, the rate is discounted by \$5.00 per month for additional family members.



#### **Martial Arts: Todd Olson**

Bu Rvu Do classes have been taught in the Cook area since July of 1988 and are available for beginners, intermediate, and advanced Students from other systems will students. find benefit in continuing their study of martial arts with us as well. Ages 5 and older. Family discounts available. Fee is due at time of registration. Classes are held on Tuesday and Thursday evenings. Everyone starts at 7:00 pm All students may bow out at 8:30. However, adults may bow out 30 to 60 minutes later if they choose to stay longer. Call Todd Olson with any questions (218-750-7907), but please register online prior to attending the first class. Minimum of 20 classes each session. IMPORTANT!! Please register YOUTH under YOUTH and ADULTS under ADULTS!!

Refunds in full up to two weeks after first class has started. Each session you must preregister and pay prior to attending.

Full time-\$57.00 per semester -single person or first family member

Family rate: First family member; \$57.00; 2nd

family members: \$31.00,

3rd and consecutive family members: \$21.00. Class fee for halftime-single person \$31.00

**Tuesdays and Thursdays**, Winter session: Dec 5th-Feb 29th

7:00-9:00 PM

Spring session: March 5th-May 9th

7:00-9:00 PM

**North Woods School Small Gymnasium** 



#### Adult Volleyball: Jennifer Brunner, Lead

Come join others in a spirited game of volleyball. Volleyball will be held every Wednesday. Must be 18 and graduated from high school. Join anytime. Please register before participating.

Wednesdays, Oct. 25th-April Time: 7:00 - 9:00 PM

Fee: \$6.00



#### Adult Basketball: Steve Kajala, Lead

Come play some basketball with other local adults. You will have fun and keep in shape. You must be registered and paid prior to participating. Please check the community education webstore on the ISD 2142 website or call Denise Parson or Dee Ann Sandberg at 218/-666-5221 during school hours to find out more information. REGISTRATION IS MANDATORY PRIOR TO PLAYING-NO EXCEPTIONS.

Wednesdays, starting Dec. 6th-April 7:00-9:00 PM

**North Woods School Gym** 

Fee: \$6.00



#### Adult Yoga: Kris Musto

Adult Yoga is for every BODY. This class is for beginners as well as experienced yogis. Modifications will be provided. No prior experience is necessary. Come learn how to move and breathe! Dress comfortably. Bring your own mat and yoga props if you have some.

January 9th, 16th, 23th, 30th 3:30-4:30 PM

March 5th, 12th, 19th

North Woods School Music Room

Fee: \$15/session



#### Surgery 401: Dr. Farley, retired Mayo surgeon.

Join us for a zoom class on medical issues. Anyone who has taken Dr. Farley's classes before anxiously waits for the next ones. If you have any interest in medical topics, this class is for you. Learn the basics of surgery, how to detect/diagnose/treat common surgical diseases. Learners will learn using real cases of surgical patients. Join for as many classes as you are able. If you have never used Zoom, we make it easy and help you out. Dates will be posted on the North Woods Community Education Facebook page, website and the ISD 2142 website.

**Mondays via Zoom** Jan. 15th-March 4th 6:30-8:00 PM

Fee: \$6.00



#### Popcorn and Cranberry Wreaths: Angie Koski

This wreath is a different twist on the old popcorn and cranberry strings placed in trees. Not only will participants have fun, they will also help provide nutrients for our birds during the winter when they hang the wreath outside!

Friday, January 12, 2024 3:15 pm - 5:00 pm **North Woods School** Grades 3-6

Class Fee: \$6.00



#### Cast Iron Pizza Class: Steve Kajala

Nothing tastes better than a pizza cooked in a cast iron pan. If you have not yet experienced the taste, come to this class and learn how to make a pizza. Bring an appetite.

Thursday, January 25th Time: 6:00 - 9:00 pm

Fee: \$30.00







Easy and Eco-Friendly Bird Feeders: Angie Koski

Participants will create various easy-to-make and affordable bird feeders that will have the birds flocking to their yards!

Friday, January 26, 2024 3:15 pm - 5:00 pm Grades K-2 **North Woods School** 

Fee: \$6.00

*lasseroles* 



#### Let's Casse-roll: Valhalla Ridge Farm

Create casseroles with ingredients you have on hand. Please bring 1 food item with you to class(fresh, frozen, meat or canned). We will make a casserole and the instructor will have a couple to share with you and recipes. If enough people are interested, she may offer weekly/ monthly classes. Come hungry as you will eat and share ideas!!

Saturday, January 27th, 2024 1:00-3:00 PM **North Woods School** 

Fee: \$16.00 + 1 food item



#### Game Time!: Angie Koski

Bring a snack for yourself and a favorite game to play with your friends! Board games will be available for participants to use as well.

Friday, Feb 9th and Friday Feb 23rd, 2024 3:15 pm - 5:00 pm Grades K-6 **North Woods School** 

Fee: \$6.00



#### **Defensive Driving-Tim Johnson, State Farm**

This class is for Drivers age 55+ who wish to receive a discount on their Auto Insurance Premiums. It is an interactive program that

explores ways to keep drivers, passengers and pedestrians safe on our streets and highways. Instructor is State Farm Agent Tim Johnson who is certified by the Minnesota Safety Council to facilitate the class. Call State Farm to let them know if you need a 4 or 8 hour class. 218-666-5504. Online registration is highly encouraged.

Thursday, March 7th, 2024 5:00-9:00 PM **North Woods School** Fee:\$6.00







#### **Rock Painting: Angie Koski**

Let's paint rocks! Explore how enjoyable it can be to get creative with rocks and acrylic paint. We will touch on the basics of getting started, supplies, techniques, and design inspiration. All ages and abilities are welcome. Materials are provided.

Friday, March 8, 2024 3:15 pm-5:00 pm North Woods School

Fee: \$6.00







### W+P Workshop with Rustic Willow Designs

These are just samples/ideas of designs!!!

Paint your own 3D woods sign. Designs will be chosen closer to class date. Choosing a project is the hardest part! Enjoy a relaxing evening crafting with friends. We provide all materials, instruction, and cleanup. Registration Deadline: March 25, 2024.

Wednesday, April 3rd, 2024 6:30-8:30 pm North Woods School

Fee: \$46.00

#### **After School Visit to the Cook Public Library**

Visit the public library after school! Kids will get a tour of the library, learn about books and pay with out STEAM kits.

Transportation between the North Woods School to the library and back will be provided. A snack will be provided! Meet Mrs. Parson or Mrs. Sandberg in the Commons at 3:10.

Prior registration is a must so we can provide you with further details. Once we return to school, your child can be picked up or attend Little Grizzlies until 6:00 pm for a fee. Little Grizzlies requires a yearly registration available at https://enrollments.smartcare.com/

#### LittleGrizzlies

Pick up at the library approximately 4:15-4:30 or the school at 4:30-4:40. Deadline: March

28th, 2024 Grades K-2 Thursday, April 4th Grades 3-6 Thursday, April 18th Cook Public Library

Fee: \$6.00





#### Chess Club: Angie Koski

Beginner to Master players in 5th-12th grades are invited to join us Friday afternoons in April. We will learn/review the basics of Chess. We will also improve our skills with videos, handouts, and time to practice with our club members. Bring a snack and beverage.

Fridays- April 5th, 12th, 19th, and 26th, 2024 3:15 pm - 5:00 pm Grades 5-12

**North Woods School** 

Fee: \$6.00



# Babysitter Certification Class: Anna Amundson

This class contains basic care and first aid information for responsible youth who will be caring for young children. Attendance on both days is required to receive certification. Please bring a healthy snack and a water bottle each day.

Students must be 11 years and older, but every child is different and some may or may not be ready for this responsibility at age 11. Parents and those hiring a babysitter, need to consider many factors as to whether someone is competent. The course is approximately 5 ½ hours. Books and a certificate are included in the cost. Online registration is highly encouraged.

Please Register by April 1st, 2024!!!

April 8th & 9th, 2024

Monday and Tuesday
3:00pm - 5:45pm

North Woods School

Class will be held in the school library.

Cost is \$56.00 per student
includes training, book and certificate.



#### Safe Home Alone Class: Anna Amundson

Know what it takes to be safe when home alone. An American Red Cross personal safety and basic first aid course for students who may stay home alone. Bring a water bottle and healthy snack. Must be age 9 or older. Register by April 3rd, 2024

Wednesday, April 10th, 2024 2:00-3:30 P.M. North Woods School Class Fee is \$12.00



#### Walk in the Woods with a Forester

Meet us at the Big Asen Trail Head and hike through the woods discussing plant ID and management treatments with a local Forester.

Thursday, April 18th, 2024 4:00 P.M.

**Big Aspen Trail Head** 

Fee: \$6.00

#### Prairie Fire -

Prairie Fire Children's Theater is no longer in business. We are working with some other vendors in hopes of bringing a children's theater performance back to our youth in 24-25.

# DON'T MISS A STEP

Waiting
until the
last minute
to register
could result in
missing out on
a great class.
It could be full or
cancelled due to
lack of interest.





#### **ATV Field Training Day: Tom Musech**

Must be between the ages of 10 and 15. Must complete the online safety course prior to attending hands on course training. You must bring a print out of your certificate of completion for the online course portion to the hands on class and you must register with North Woods Community Education.

The online training course is found at: ATVcourse.com This has its own fee which is payable online. In-person ATV hands-on course training class will be Saturday, May 4th at 9:00 a.m. at the Cook Timberwolves Snowmobile Club House, located at 126 N Hwy 53, Cook, MN. Please bring a helmet to class along, wear long pants and boots. You must be pre-registered. Parents, please check in with the instructor before leaving your child for the class.

Go to the right side of the Waschke Chevrolet building in Cook. Driveway is in the back.

Saturday, May 4th, 2024 9:00 AM-12:00 PM

Fee: \$6.00



Hear the crack of the bat at Target Field in Minneapolis! Join us on this day trip to see the Minnesota Twins play the Boston Red Sox on Saturday, May 4, 2024 at 1:10 P.M.

The cost of this day trip includes transportation on a motorcoach bus and game tickets for the Middle Diamond Box, Sections 103 & Damp; 104. We will drop you off at the door and pick you up—no need to worry about parking! Tickets are limited; there are no refunds for cancellations unless seat can be sold to another party. All patrons will be refunded if the trip is cancelled due to lack of registrations. Register online at https://slc2142.revtrak.net/ or contact your local Community Education Coordinator for other registration options or information. Students age 17 and under must be accompanied by a responsible adult. This is a community-education-sponsored trip - no alcohol is allowed on the bus. All seats must be reserved and paid in full by Monday, April 1, 2024 at 5:00 P.M.

This escorted trip is Saturday, May 4, 2024. Bus leaves Hibbing at 8:00 A.M., Cherry School at 8:15 A.M., Virginia Village Inn at 8:45 A.M., and South Ridge School at 9:30 A.M. Return to South Ridge School at 7:00 P.M., Virginia Village Inn at 7:45 P.M., Cherry School at 8:15 P.M., and Hibbing at 8:30 P.M. Additional pick-up/drop-off locations available upon request. We will stop at Hinckley on the way down and the way back for 15 minutes each time. Cost is \$99 per person.





### Volunteer Opportunity!

Do you care about your community and want to help kids succeed in school? Volunteers in Education (VinE) is looking for tutors to help K-8 students with reading, math, and other content areas. VinE currently serves North Woods School (Cook), NE Range School (Babbitt), Tower/Soudan School (Tower), Mt. Iron/Buhl School (Mt. Iron), and Cherry School (Iron).

> Please call or email VinE if you are interested: 218-404-5742 teresad@vine-mn.org

### **SOUTH RIDGE COMMUNITY EDUCATION**

**Lenny Johnson, Coordinator • Direct Phone: (218) 345-6720** 8162 Swan Lake Road, Culver, MN 55779 Email: srce@isd2142.k12.mn.us Classes also listed on the school web site: southridgeschool.net.

and then click on "Community Education"

**PLEASE REFER TO PAGE 3 OF THE CATALOG** ON HOW TO REGISTER AND PAY FOR A CLASS OR SCAN THE CODE BELOW.



#### **GENERAL INTEREST**



Hear the crack of the bat at Target Field in Minneapolis! Join us on this day trip to see the Minnesota Twins play the Boston Red Sox on Saturday, May 4, 2024 at 1:10 P.M.

The cost of this day trip includes transportation on a motorcoach bus and game tickets for the Middle Diamond Box. Sections 103 & 104. We will drop you off at the door and pick you upno need to worry about parking! Tickets are limited; there are no refunds for cancellations unless seat can be sold to another party. All patrons will be refunded if the trip is cancelled due to lack of registrations. Register online at https://slc2142.revtrak.net or contact your local Community Education Coordinator for other registration options or information. Students age 17 and under must be accompanied by a responsible adult. This is a communityeducation-sponsored trip - no alcohol is allowed on the bus. All seats must be reserved and paid in full by Monday, April 1, 2024 at 5:00

This escorted trip is Saturday, May 4, 2024.

The South Ridge Community Education Newsletter is emailed out every couple of months. If you are not receiving it and want to be added to the email list, please contact Lenny Johnson above.

### **CLASSES ARE OPEN TO EVERYONE, NOT JUST TO FAMILIES OF SOUTH RIDGE STUDENTS!**

Bus leaves Hibbing at 8:00 A.M., Cherry School at 8:15 A.M., Virginia Village Inn at 8:45 A.M., and South Ridge School at 9:30 A.M. Return to South Ridge School at 7:00 P.M., Virginia Village Inn at 7:45 P.M., Cherry School at 8:15 P.M., and Hibbing at 8:30 P.M. Additional pick-up/drop-off locations available upon request. We will stop at Hinckley on the way down and the way back for 15 minutes each time. Cost is \$99 per person.



Introduction to Furbearers

Presenter: Shawn Johnson, Educator/Coordinator

Minnesota Trappers Association

This presentation on furbearers will cover a broad range of trapping-related topics, with a strong focus on ethics, game laws, and personal responsibility in addition to transing personal responsibility in addition to trapping techniques and proper fur handling. The Minnesota Trappers Association administers and completely finances the Minnesota Trapper Education Program, and they initiated legislative action to require all first-time trappers to complete the Minnesota Trapper Education Program coursework to be eligible to purchase a Minnesota trapping license, which became law in 2008 and was implemented in 2009. The Minnesota Trapper Education Program is a no-

cost program and is available to all residents age 11 and up and those born after December 31, 1989. State law requires them to complete a Minnesota trapper certification before a trapping license will be sold to them. For youth. the licensing age is 13. If there is interest after this presentation, attendees will be directed toward coursework to obtain a trapping license and will be provided with the field-training aspect required for certification to those eligible for licensure.

Shawn Johnson has been trapping for 50 years in Minnesota. He is a former three-term president of the Minnesota Trappers Association and has been the Minnesota Trappers Association Education Coordinator for the past 14 years.

Thursday, Jan. 18, 6:30-7:30 P.M. Register by

Fee: Free but you must pre-register



#### **MN Firearms Safety & Hunter Education**

Instructor: Pheasants Forever of St. Louis/ Carlton County

Minnesota law states that all persons born after 12/31/1979 must provide proof of successful completion of a firearms safety or hunter education program in order to purchase a MN hunting license. This course, along with the accompanying field day, satisfies this requirement. The purpose of this MN DNR Hunter Education/Firearms Safety course is to: promote the safe and responsible use of firearms and hunting equipment and to emphasize the importance of wildlife management and regulations.

Cost is \$13.50 to register for this course PLUS you will need to pay \$7.50 to the MN DNR upon successful completion of the course in order to obtain your Hunter Education/Firearms Safety certificate. Parents are required to attend for the first 30 minutes of the first day of class to complete paperwork. Participants MUST have their driver's license or Social Security number and date of birth for this paperwork on the first day of class. Must be 11 or older as of first day of class. Attendance at all classroom dates and field day are MANDATORY in order to comply with MN law. Course limited to 15 students. Register by Feb. 3.

\*\*PLEASE: DO NOT BRING ANY FIREARMS/ AMMO ONTO SCHOOL PROPERTY OR TO CLASS\*\* Wednesdays, Feb. 7-Mar. 6, 5:00-7:00 P.M. + Field day (location & date to be determined; will be a Saturday or Sunday)

Room 221

Fee: \$13.50 for course (plus \$7.50 to MN DNR after course completion to get Hunter Safety Certificate from them)



#### **Defensive Driving Courses for Age 55+**

Instructor: Northern Lights Driver Education, LLC

These classes are for persons age 55 and older to qualify for a 10% discount on their auto insurance premiums for three years after completion of the course. First-time participants must complete an initial eight hours of training to get the 10% discount and then complete a four-hour refresher class every three years to maintain the 10% discount.

To register or get more information, visit northernlightsde.com or call/text 218-343-4119. DO NOT REGISTER WITH COMMUNITY EDUCATION.

#### 8-Hr. First-Time Participant Course:

Wed, Feb. 28 and Thurs., Feb. 29, 4:30-8:30 P.M. (must attend both days). Register by Feb. 24. OR Tues., May 7 and Wed., May 8, 4:30-8:30 P.M. (must attend both days). Register by May 3.

**Room 202** 

Fee: \$30

Register at northernlightsde.com or call/text 218-343-4119.

#### 4-Hr. Refresher Course:

Wed., Feb. 21: 4:30-8:30 P.M. Register by Feb. 17. OR Mon., May 6; 4:30-8:30 P.M. Register by May 3.

Library Fee: \$25

Register at northernlightsde.com or call/text 218-343-4119.



#### Intro to the Power of Story (Online Class)

Instructor: Arthur Crowell, Sage Mountain Stories

This 3-session class uses Norse and Celtic storytelling to dive into 3 basic principles: 1) The Power of the stories we tell ourselves and allow others to tell us about ourselves, 2) "Feeding the story" as a life skill for interpersonal communication skills and deepening authentic connections, and 3) What we can learn about suffering from these old stories. Each 3-session class will use a story told in 3 parts followed by a discussion on the 3 basic principles. We will learn how the stories we tell ourselves, and allow others to tell us about ourselves, can carry a powerful influence over our lives, and how through intentionality, we can recraft our own personal stories. In feeding the story. we will learn a powerful technique that has brought healing to many people and also how this technique can be applied to our daily interactions with others and, in so doing, can greatly deepen our understanding of others and allow us to build more authentic, understanding relationships.

Throughout his life, Arthur Crowell has navigated multiple lifetimes worth of the human experience and is now able to share this experience through storytelling. With his wealth of experience, he has developed curriculum that empowers others to claim the career they have always wanted, navigate life transitions with courage and confidence, heal old and fractured relationships, and have the inspiration to forge new relationships.

This is an online class. A link to the class will be sent to you once you register. Register 4 days prior to class start date.

February Story: "The Maiden of the Glass Mountain" (Norse version) - Thursdays; Feb. 15, 22, & 29

March Story: "Ash Lad Who Stole the Troll's Silver Ducks, Coverlet, and Golden Harp" (Norse version) – Tuesdays, Mar. 5, 12, & 19 April Story: "The Dread Red Ettin" (Celtic version); Wednesdays, Apr. 10, 17, & 24 May Story: "The Dwarfy Stone" (Norse version), Mondays, May 6, 13, & 20

Fee: \$66 per story (one story has 3 class dates per month)

All Classes from 6:00-7:30 P.M.



#### Permit-To-Carry Initial Class for MN/WI Residents

Instructor: Nic Jordan

Students will receive USCCA-certified training that gives all the necessary knowledge to apply for a permit-to-carry. Topics covered: Introduction to handguns, personal and home protection, firearm basics, gear and gadgets, shooting fundamentals, use of force, violent encounters and the aftermath, basic and advanced shooting skills, and MN/WI state statutes. Following the classroom portion, there will be a live fire range. Successful students will receive their certificate of completion and be able to apply for their permit-to-carry. No refunds allowed after registration, but credit for future class will be given.

Choose one: Apr. 6 OR May 11, OR June 22 OR Aug. 3

8:00 A.M.-1:00 P.M. (includes range time), Alborn Heritage Gym, 6378 Hwy. 7, Alborn Fee: \$116 for first-time applicants in MN/WI

#### Permit-To-Carry Recertification for MN/WI Residents

Instructor: Nic Jordan

Students will receive USCCA-certified training that gives all the necessary knowledge to submit their recertification for a permit-to-carry. Topics covered: Shooting fundamentals, use of force, violent encounters and the aftermath, basic and advanced shooting skills, and MN/WI state statutes. Following the classroom portion, there will be a live fire range. Successful students will receive their certificate of completion and be able to apply for their permit-to carry. No refunds allowed after registration, but credit for future class will be given.

Choose one: Apr. 6 OR May 11, OR June 22 OR Aug. 3

10:00 A.M.-1:00 P.M. (includes range time). Alborn Heritage Gym, 6378 Hwy. 7, Alborn Fee: \$101 for those who are recertifying in MN/

#### **Defensive Shooting Fundamentals**

Instructor: Nic Jordan

This course incorporates classroom and live fire to teach the fundamentals of handgun marksmanship. Topics covered: Basic Safety and Firearms Handling, MN Carry Laws, Why We Carry, How to Carry (holster selection), & Liabilities of Carrying. Range Drills focus on developing balance of speed and precision, introducing movement during training drills, and emergency reload and holster skills. No refunds allowed after registration, but credit for future class will be given.

Class held at shooting range at 7365 Seville Rd., Saginaw, MN

Choose one: April 7 OR May 26 OR August 11 9:00-11:30 A.M.

Fee: \$81

#### Florida Concealed-Carry Permit (Online Class)

Instructor: Nic Jordan

For individuals who currently possess a valid MN/WI permit to carry, this allows additional states of carry. This class is designed to inform students what a person can and cannot do with a Florida permit. It is perfect for snowbirds or those who travel regularly out-of-state, and, upon completion of this course, students can apply for their permit. No refunds allowed after registration, but credit for future class will be

Choose one: Jan. 21 OR Feb. 27 OR June 14 OR July 26

#### **HEALTH & WELLNESS**

**Lance Viche Fitness Center at South Ridge –** Work out with Treadmills, Ellipticals, Recumbent Elliptical, Bikes, Free Weights, Kettlebells, and Nautilus Machines.

Hours: 6:00-7:00 A.M. - Monday, Wednesday, and Friday

Rates: Enrolled students-free; Adults Age 18 and Older-\$20 per quarter; Married Couples-\$30 per quarter; Family (defined as members of an immediate family, i.e., married adults and any children under 18 or children who are full-time college students age 22 and under living in the same household)-\$40 per quarter. Pay as you go -\$5 per time! To register for Fitness Center membership, stop by the Fitness Center during open hours and get a registration form from the Fitness Center attendant.



#### **Karate North Tae Kwon Do**

Instructor: Ryan Niesen

Tae Kwon Do is a great way to gain physical and mental benefits such as increased flexibility, poise, endurance, focus, and strength. It is a great sport offered for ages 8 to adult. Parents of new students should be there for the first half of the first day. Check us out on Facebook: www.facebook.com/karatenorthtkd or direct questions karatenorthtkd@gmail.com. to: Testing for belts, pads, and uniform have an additional fee. We have a discount for families: first person pays \$66 per session, second pays \$56 per session, third pays \$46 per session, and fourth pays \$36 per session. No class on 1/2, 2/27, 3/12, 3/26, 3/28, or 7/4. All classes held at Alborn Heritage Gym, 6378 Hwy. 7, Alborn. Join at any time and pay a pro rata fee! Beginning Tae Kwon Do: 4:30-5:30 P.M.

Advanced Tae Kwon Do: 5:30-7:00 P.M.

Class Dates: Second Session: Tues. & Thurs.,

Dec. 5 - Mar. 7

Third Session: Tues. & Thurs.,

Mar. 14 - May 30

Summer Session: Tues. & Thurs.,

June 4 - Aug. 22

REGISTER HERE





#### Chair Yoga

Instructor: Holly Niehaus

This class will be based on movements to enhance balance, coordination, strength and flexibility. Participants can use the support of a chair to gain mobility and stability. A series of options will be given for positions to allow optimal balance. We will explore versions of twists and stretches while staying in your comfortable range of motions. All are welcome. No yoga experience is needed. This class will be taught by Holly, 500 RYT and Whole Being, Well-Being yoga-certified.

Wednesday mornings, 8:00-9:00 A.M. Join at anv time!

**Fitness Center** 

You can also do this class via Zoom from your own home - a link to the class will be sent to you once you register under the "Virtual" class option.

Fee: \$6 for the year



#### **Gentle Stretching**

Instructor: Holly Niehaus

This stretching class is designed to be a slowpaced and relaxing practice. We will focus on breath work, stretching, strengthening, and balance. This gentle approach will help unwind tension built up in the body and bring about calmness. While honoring your body, we will explore postures to bring comfort and ease. This will give you freedom to consider what fits your comfort level. It will also give you an opportunity to rest, restore, and recharge. Please bring a water bottle and a mat if you have one. This class will be taught by Holly, 500 RYT and Whole Being, Well-Being yoga-certified.

Thursdays, 6:30-7:30 P.M. Join at any time! Alborn Heritage Gym, 6378 Hwy. 7, Alborn.

You can also do this class via Zoom from your own home – a link to the class will be sent to you once you register under the "Virtual" class option.

Fee: \$6 for the year

View the

**Community Education Bulletin** online at www.isd2142.net under **Community Education** 



#### **Mixed-Doubles Pickleball for Adults**

Robert Dunsmore

This is a novice pickleball session for women and men, ages 18 and up. Pickleball is a paddle-ball sport that combines elements of badminton, table tennis, and tennis and uses a perforated ball, much like a wiffle ball. The first class will cover the rules, regulations, and coaching. The remaining classes will be roundrobin play with individuals rotating with other individuals to form new 2-person teams. We will provide all equipment except paddles. Paddles may be purchased at local stores or online. If you have guestions about paddles, contact the instructor at 218-269-5428 prior to the first date. Space is limited to the first 8 people plus 2 alternates and on a first-come, first-serve basis. You need not register as a mixed-double couple; individuals are welcome.

Mondays beginning January 8. Full schedule of Mondays will be determined by attendees. Warm-ups begin at 6:15 P.M.; Class is 6:30-8:00 P.M.

Location: Alborn Heritage Gym, 6378 Hwy. 7, Alborn

Fee: \$6

#### **Indoor Walk for Fitness at South Ridge** School

Get your exercise by walking indoors at the school anytime you wish from 6:30-7:30 A.M. and 6:00-9:00 P.M. Building is not open when school is not in session. Please bring clean dry shoes. Fee: \$6 for the year.

#### **Cross-Country Skiing on the South Ridge Ski Trails**

Thinking about skiing? Check out our Facebook page for "South Ridge School Trails" for the latest trail-grooming information.

#### **HOBBIES**



#### Learn to Machine Sew!

Instructor: Erin Cox

This class is for beginners who want to learn to sew on a sewing machine. We will be making a 4' x 5' simple block guilt over the course of 2 days. This class is offered on January 29 and 30 and again on March 18 and 19. All materials and machines are provided. You are encouraged to bring your own machine if you have one so that you can get used to sewing on it. (The instructor will contact you after you register to discuss whether you wish to bring your own machine.) These quilts make great gifts. Bring a friend! Ages 10 and up.

Pick one session: 1) Monday and Tuesday, Jan. 29 & 30; 6:00-9:00 P.M. Register by Jan. 22 OR 2) Monday and Tuesday, Mar. 18 & 19; 6:00-9:00 P.M. Register by Mar. 11

**Band Room** 

Fee: \$100 (includes all supplies)



#### **Landscape Painting on Canvas**

Instructor: Northern Exposure Art

Join Carly with Northern Exposure Art to paint your very own masterpiece! Follow along with step-by-step instruction in this fully-guided class. All materials needed to paint a 16' x 20' canvas will be provided. Bring a friend or make some new ones! Food and drink are available for purchase but are not included in the fee. (You pay out-of-pocket for whatever food and beverages you order.)

#### Ages 7 and up

Pike Lake Golf & Beach Club, 4895 Midway Rd., Duluth

Saturday, March 2, 1:00-3:00 P.M. Register by

Fee: \$46 per person (includes all supplies)



#### Woodturning

Instructor: Jerry Maly

Learn the art of turning wood on a lathe and make a wooden bowl, vase, platter, or wooden treasure of your choice. You will take your creation home that night! Fee includes all supplies. Class size is limited to 2 each night.

Choose one date: Tuesday, Apr. 16 OR Wednesday, Apr. 17; 5:00-8:00 P.M.

Industrial Arts Room

Fee: \$56 (includes all supplies)



#### Spring Paint Party at the Dawghouse Bar & Grill

Instructor: Nanas Paint Nook

Just bring your creativity and a willingness to learn, and you will paint a welcome sign or door hanger for your home or to give to someone special. Come alone or bring your friends to share in this custom wood-painting workshop at the Dawghouse Bar & Grill in Canyon. Join us as we gather to create, paint, and socialize! Fee includes all project supplies. Food and drink are not included in the fee. (You pay out-of-pocket for whatever food and beverages you order.) Ages 16 and older.

#### Saturday, April 20, 11:00 A.M.-1:30 P.M. Register by April 12 at 5:00 P.M.

Upstairs at the Dawghouse Bar & Grill, 7823 US-53, Canyon

Fee: \$40 for Dragonfly Door Hanger, \$36 for Welcome Wagon Sign, or \$38 for Beehive Door Hanger



#### **Cast Iron Pizza**

Instructor: Steve Kajala

Learn the power of cooking in a cast iron pan! We will make pizza and try a variety of different crust types along with an assortment of pizza toppings, all done in a cast iron pan. Come hungry to class!

FACS Room

Thursday, April 25; 6:00-8:00 P.M. Register by April 20

Fee: \$30 (includes all supplies)



#### **Make Your Own Sterling Silver Wrap Ring!**

Instructor: Kay Hoskins

We will use a torch to melt the ends of silver wire, learn to smooth and polish the wire, and wrap it into a ring. No skills required. Space is limited, so register early.

Art Room

Thursday, May 16; 6:30-7:30 P.M. Register by

May 8

Fee: \$16 (includes all supplies)



#### **Book Club**

Join our book club as we enjoy reading and discussing a book together once per month. The club will select the book for each month. Join at any time during the year!

First Tuesday of each month; 6:30-8:00 P.M.

**Conference Room** Fee: \$6 for the year

#### YOUTH CLASSES AND ACTIVITIES



#### **Little Panthers Before-and-After-School Program**

Childcare right at your child's school for grades pre-K to grade 6! Hours: Before school from 6:00-8:00 A.M. and after school until 6:00 P.M., Monday through Friday when school is in session. All students must be enrolled in Little Panthers before attendance. To enroll your child(ren), go to: https://enrollments.smartcare. com/LittlePanthers or scan this QR code:



Please contact Lenny Johnson with any questions at srce@isd2142.k12.mn.us or call (218) 345-6720.

**Room 200** 

Fees: Morning: \$3 per day per child; Afternoon: \$6 for day for first child in family, \$5 per day for each additional child in family



#### STRETCH with Little Panthers

Instructor: Holly Niehaus

Come on any Tuesday and join your child at Little Panthers to S-t-r-e-t-c-h! This class is designed to use movement, motions, positions, and poses to loosen up and relax after a full day of school. We will play games and learn breathing and relaxation techniques, while also working on balance and coordination with activities that help focus and calm the body and mind - a helpful transition from school to home.

Come join in the fun! Stretch, wiggle, move and breathe! Kids, parents, families . . . everyone is welcome! You must register all family members who might attend during the school year at: https://slc2142.revrak.net. Join at any time! **Room 202** 

Tuesdays: 3:45-4:15 P.M. Fee: \$10 per family per year



#### Safe Home Alone

Instructor: Anna Amundson

This is a personal safety and Basic First Aid Course for youth ages 9 years and older and is an American-Red-Cross-sponsored course for youth who may stay home alone. Whether it is 15 minutes or a few hours, this is a great way to make sure you are ready! Please bring a water bottle and a healthy snack.

Monday, Mar. 4, 3:15-4:30 P.M. Register by Feb. 29 at 5:00 P.M.

Library Fee: \$12







#### **Spring Paint for Kids!**

Instructor: Nanas Paint Nook

Welcome, kids in Grades 1 through 6 who want to paint a canvas spring sign to display in your home! Choose from three different designs: Boots, Bear, or Kitty. 8" x 10" canvas boards will be pre-sketched and ready to paint. All supplies are included in the fee. Please bring your own paint shirt to protect your clothes. Snack will be provided after school. Any children who are not picked up by 3:45 P.M. will be sent to Little Panthers and must be picked up from there by 6:00 P.M.

Wednesday, May 1; 2:30-3:45 P.M. Register by April 26 at 5:00 P.M.

**Elementary Art Room** Fee: \$17 per student

#### **REGISTER EARLY**

**Nothing cancels a class** quicker than waiting until the last minute to register!







#### **Babysitter Training** (Red Cross Certification Class)

Instructor: Anna Amundson

This class contains basic care and first-aid information for responsible youth who will be caring for young children. Students must be age 11 years and older, but every child is different and may or may not be ready for this responsibility at age 11. Books and a certificate are included in the cost. Please bring a bag lunch and water bottle.

Saturday, May 11, 9:00 A.M.-3:45 P.M. Register by April 26 at 5:00 P.M.

Library Fee: \$56



#### **ATV Hands-On Safety Class**

Instructors: Alborn Dirt Devils

This is the DNR-approved class for youth ages 12 to 15. Once the student has completed this class, they can operate an adult-size ATV on public land providing they are accompanied by another rider 18 or older with a driver's license. Students can take the course at 10 years of age, but the safety certificate is not valid until their 12th birthday.

Student must complete the ATV Safety Online Training Course at ATVcourse.com and print the certificate of completion prior to attending this Hands-On Class. Students can then register for the Hands-On Class at mndnr.gov/safety/ vehicle/atv. This Hands-On Class consists of 2 hours of classroom work, 15-question Safety Training Review, and an obstacle course on an ATV. Students are asked to provide their own ATV if possible and wear proper riding gear. There will be one or two ATV's available for use if student is unable to bring one. Parents are expected to attend if possible. Pre-registration is necessary with Community Ed in order to attend the Hands-On Class; space is limited, so register early. Bring your certificate of completion for the ATV Online Safety Training Course to class.

South Ridge Forum and Parking Lot

Saturday, June 1; 9:00 A.M.-1:00 P.M. Register w/Com. Ed. by May 25

Fee: \$10.00 for the course to be paid online by student after completion of Hands-On Class in order to get ATV safety certificate.

SPRING 2024



#### **Summer Session of Driver's Education**

Instructor: George Olson

Open to students 14 years of age and older as of the first day of class. This will be an in-person class. Class will be held from 8:00-11:00 A.M.

June 10-14 (Monday-Friday)

June 20-21 (Thursday-Friday)

June 24-26 (Monday-Wednesday)

June 27 (Makeup Day)

One make-up day of Thursday, June 27 is scheduled for any lesson you miss. Any further missed lessons will be made up at an additional charge of \$75 per lesson (no allowances will be made), or the course will need to be retaken, and no refund will be given. There will also be a 1 1/2-hour parent meeting with an officer of the State Patrol (date yet to be determined). Parents and students who attend are eligible for a 10-hour reduction in the number of logged hours needed before students may take their road tests. Register by June 1; class will be cancelled if the required minimum number of students is not met.

**Room 200** 

Fee: \$100 per student



**Code Championship Tournament Series/ Virtual Computer Coding Competition -**Build a computer bot to play head-to-head against other coders! Whether this is your first Code Championship event, or if you've been competing for years, this is the perfect way to

View the **Community Education Bulletin online at** www.isd2142.net under Community **Education** 

explore the competitive coding world of Code Championship. No previous coding experience necessary. The Code Championship Series is a series of four tournaments in four weeks (it's okay to miss one or two). These tournaments will be hosted online using Google Meet and the Code Championship website. If you have a modern browser like Chrome or Firefox, no additional download is required. Please come knowing how to navigate the internet (basic typing and mouse control). The link to the Google Meet event will be emailed two days before the tournament. One class of four consecutive Saturday mornings (it's okay to miss one or two); Grades: 3-9.

Saturdays, April 27, May 4, May 11, May 18; 9:00-11:00 A.M. (Virtual Class)

Fee is \$65 per person for all four dates









Accuplacer study & prepare

**English Language Learners** 

Basic Computer skills



\*More info on QR Code Call Melissa @ 218-750-2606 To make an appointment





Free

GED!

Ask how Now!

### **TOWER-SOUDAN COMMUNITY EDUCATION**

### **Charissa Dahl, Community Education Coordinator Tower-Soudan Elementary School**

P.O. Box 469, Tower, MN 55790 • 415 2nd St N, Tower, MN 55790 218•753•4040 (W) or 218•290•2985 (C) cdahl@isd2142.k12.mn.us

#### **HOW DO I REGISTER FOR CLASSES?**

You can find registration details on page 3 of this catalog, or contact me at the number listed above.

#### **PAYMENTS & REFUNDS:**

Online registration and payment is highly encouraged. This makes refunds, should they be needed, a very quick process. Make checks out to "Tower Community Education". All classes take place at Tower-Soudan School unless otherwise specified.

#### **UCARE:**

Eligible UCare members may get up to a \$15 discount on many community education classes in Minnesota. Members must have UCare insurance at the time of registration and throughout the duration of the class. Members need to provide their UCare member ID number when registering for class. Limits and restrictions may apply.

#### **VOLUNTEER OPPORTUNITIES:**

Volunteers in Education (VinE,) opportunities to volunteer within our schools. Please contact Director Cassandra Hainey, or your local VinE coordinator. Find more information at 218-404-5742 or email info@ vine-mn.org to learn more. Website: https:// vine-mn.org/

#### ISD 2142 - ECFE Staff

#### Cherry~

Lori Udovich, Parent Educator (ludovich@isd2142.k12.mn.us) Alyssa Hughes, Child Educator (ahughes@isd2142.k12.mn.us)

#### North Woods~

Lori Udovich, Parent Educator (ludovich@isd2142.k12.mn.us)

#### Northeast Range~

Sarah Hansen, Parent Educator (shansen@isd2142.k12.mn.us)

#### South Ridge~

Sara Lorbiecki-Brown, Parent Educator (slorbieckibrown@isd2142.k12.mn.us) Heather Krohn, Child Educator (hkrohn@isd2142.k12.mn.us)

#### **DONATIONS:**

If you are looking to support Community Education, consider a donation to St. Louis County Schools Community Education. Your donation will help to sponsor a learning/ activity opportunity for a child or family by paying for their class fee and/or materials. Receipts can be given for donations. Donations can be mailed to Denise Parson, Director of Community Education at 1701 N 9th Ave, Virginia, MN 55792. If you would like your donation to go to a specific school, please write the school name on the memo line. Make checks payable to "ISD 2142 Community Education". For questions, call Denise at 218-666-5221.

### HAVE KNOWLEDGE OR A TALENT TO SHARE? BE A COMMUNITY EDUCATION **INSTRUCTOR!**

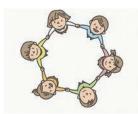
Tower-Soudan School is always looking for fresh, new classes to offer! YOU can help with this! We are looking for instructors for fitness, dance, mechanical skills, woodworking and just about any other hobby or skill you are willing to share. You can share your talents with others by teaching through Community Education. Contact the Tower-Soudan Community Education Coordinator to get your class scheduled! Have a class idea you would like to see in our future catalogs? Email your suggestions to cdahl@isd2142.k12.mn.us

#### Tower-Soudan~

Sarah Hansen, Parent Educator (shansen@isd2142.k12.mn.us)



**ECFE** - Early Childhood Family Education meets at the Tower-Soudan School on most Thursdays during the school year from 9:00-11:00. ECFE is for all families with children from birth to age five. For further information about the Tower-Soudan ECFE program, contact: shansen@ isd2142.k12.mn.us



### **Early Childhood Gym & Circle Time**

10:00-11:00 AM January 4th

This adult with child class is open to all early childhood families with children 0-5 yrs old. Children and adults will explore songs and gym time together. Please bring clean & dry shoes to change into for the class. Free.



#### Early Childhood Music, Movement & Story Class

Date: Tuesday January 30th

Time: 9:30-10:30 Ages 0-5 with Adult Instructor Sarah Hansen

Cost: FREE

This adult with child class is open to all early childhood families with children 0-5 yrs old. Children and adults will explore songs, finger plays, instruments and story together.

Please bring clean & dry shoes to change into

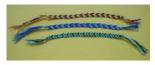
for the class. Free.



Come join Tower Soudan soccer! This will be the Golden Eagles' fourth season running and we can't wait to see everyone back on the soccer field! We will practice kicks, passing, drills, and scrimmages while focusing on teamwork and sportsmanship. New and previous participants welcomed.

Ages 7 through 12 THURSDAYS, 3:00 to 4:30 **TOWER SOUDAN SCHOOL** Outdoors (weather permitting) APRIL 18 through May 23, 2024 Register by April 11, 2024

Cost: \$8.00



#### **Friendship Bracelets**

(with Ms. S.)

Come make friendship bracelets with friends! We will learn how to knot embroidery floss to make fun bracelets.

The details of this class are TBD- please watch for information flyers to be sent home with students.



#### Youth Basketball

It might be chilly outside in January and February but it will be warm in the gym. Join Mr. Jirik after school to learn basketball skills and play in house scrimmages.

Mondays:

January 8th, 22nd, and 29th February 5th, 12th, and 26th

3:00-4:30

Tower-Soudan Gym

Cost: \$6

\*\*Please note, Grades 4th-6th basketball will be held during recess time-more information will be coming home.



#### Yoga & Watercolor Painting

Sarah Hansen

Join Ms. Sarah for a two day class- one in January and one in February and enjoy some time exploring yoga and then time to do some watercolor painting. What a nice way to end the school day!!! If you own a yoga mat, you are welcome to bring it to class. Students in grades 3 through 6 are invited to participate in this

Tuesday, January 30, 2024 Tuesday, February 13, 2024 3:00-4:00 PM Grades 3-6

Tower-Soudan Parent Education Room

Fee: \$10



Nothing cancels a class quicker than waiting until the last minute to register!





#### **Defensive Driving**

Tim Johnson, State Farm

This class is for drivers age 55+ who wish to receive a discount on their Auto Insurance Premiums. It is an interactive program that explores ways to keep drivers, passengers and pedestrians safe on our streets and highways. The instructor is State Farm Agent Tim Johnson. who is certified by the Minnesota Safety Council to facilitate the class. This is the 4-hour refresher course. Please contact instructor directly at 218-

750-4676 if you need the initial 8-hour course. Registration deadline is Jan. 24th (with a minimum of 5 participants to have the class). Wednesday: January 31, 2024

Register by Jan. 24th

5:30-9:30

Tower-Soudan School Library

Fee: \$6



#### **Heart Hugs Sewing Project**

Mrs. Horvat

Join Mrs. Horvat to work on another fun sewing project- each participant will make small felt hearts to give away for Valentine's Day or to keep for yourself. Grades 2-6th.

Tuesday, February 6, 2024 Register by January 30th 3:00-4:15

3rd Grade Classroom

Fee: \$6.00



#### **Cast Iron Cooking**

Steve Kajala

During this class, we will prepare a 5-6 course dinner with steak as the main entree using cast iron cookware. Participants do not need to bring anything to class as everything will be provided by the instructor.

Thursday, February 29, 2024 Please register by Feb. 22 6:00-9:00 PM

Tower Soudan Elementary Flex Room

Fee: \$40 per participant



#### **Guasha Stone Self Care**

Join Jo Holen for some relaxing self-care as she quides you through some basic strokes for your neck, face, head, hands, and arms. This class includes a Guasha stone, a smooth edged tool used to massage your skin, to use and take home.

Tuesday, March 5th

\*\*Please register by Feb. 20th to allow time for us to order supplies.\*\*

Ages 18 and up

Fee: \$10



#### Slime Fun!!

This class will help make a batch of gooey slime, with a sample to bring home for everyone! Join Mrs. Anderson after school in the Tower-Soudan Flex Room for this fun class!

Monday, March 18, 2024 \*Please register by 3/11/24 3:00-4:00 PM

Grades 3-6th

Fee: \$8



### **Lakeside Tarot Readings**

Jennifer Fredrickson

Are you seeking daily guidance? Come and try a 15 minute, single card tarot reading from the **Enchanted Forest.** 

Tuesday, March 19, 2024 \*Register by Tuesday March 12th

3:15-4:15- (4 time slots)

Tower-Soudan Elementary Library

Fee: \$10 per session



"TOWER-SUDAN COMMUNITY **EDUCATION**"



#### Safe Home Alone

Anna Amundson

Know what it takes to be safe when home alone. An American Red Cross personal safety and basic

first aid course for students who may stay home alone. Bring a water bottle and a healthy snack. \*Must be age 9 or older to attend. \*\*See above for how to register, however, online registration is strongly encouraged. (with a minimum of 5, maximum of 12

participants to hold class). Monday, April 15, 2024 3:00-4:30 PM

\*Registration deadline: April 8, 2024 Tower-Soudan School Flex Room

Fee: \$12



#### **DIY Bird Feeders**

Join Ms. Heather after school for another fun craft. Students will meet and make fun springtime bird feeders.

Wednesday, April 24, 2024

2:00-3:15 - Flex Room

For students in Grades 1st-6th

\*Registration deadline: April 17th



#### **Mother's Day Craft**

Heather Anderson

In this class, students will get to make fun egg carton flowers and a paint drip flower pot for a special lady in their lives. This is for students in Grades 1st-6th!

Thursday, May 9, 2024

\*Register by May 2, 2024

3:00-4:15 PM

Grades 1-6

**Tower Soudan Flex Room** 

Fee: \$10



Hear the crack of the bat at Target Field in Minneapolis! Join us on this day trip to see the Minnesota Twins play the Boston Red Sox on Saturday, May 4, 2024 at 1:10 P.M. The cost of this day trip includes transportation on a motorcoach bus and game tickets for the Middle Diamond Box, Sections 103 & Diamont Box, Diamo 104. We will drop you off at the door and pick you up-no need to worry about parking! Tickets are limited; there are no refunds for cancellations unless your seat can be sold to another party. All patrons will be refunded if the trip is canceled due to lack of registrations. Register online at https://slc2142.revtrak.net/ or contact your local Community Education Coordinator for other registration options or information. Students age 17 and under must be accompanied by a responsible adult. This is a community-education-sponsored trip - no alcohol is allowed on the bus. All seats must be reserved and paid in full by Monday, April 1, 2024 at 5:00 P.M.

This escorted trip is Saturday, May 4, 2024. Bus leaves Hibbing at 8:00 A.M., Cherry School at 8:15 A.M., Virginia Village Inn at 8:45 A.M., and South Ridge School at 9:30 A.M.

Return to South Ridge School at 7:00 P.M.,

Virginia Village Inn at 7:45 P.M., Cherry School at 8:15 P.M., and Hibbing at 8:30 P.M.

Additional pick-up/drop-off locations available upon request. We will stop at Hinckley on the way down and the way back for 15 minutes each time.

Cost is \$99 per person.



### **Tower-Soudan Community Education for up to date** class information and notices.



### **TO REGISTER AND PAY FOR A CLASS -SCAN THE CODE BELOW**



## **DONATIONS**

If you are looking to support community education, consider a donation to St. Louis County Schools **Community Education. Your donation** will help to sponsor a learning/activity opportunity for a child or family by paying for their class fee and/or materials. Receipts can be given for donations, so think about donating to your local community education department.

**Donations can be mailed to Denise Parson. Director of Community Education** 1701 N 9th Ave. Virginia, MN 55792. If you would like your donation to go to a specific school, please write the school name on the memo line.

For questions, call Denise at 666-5221.

# **ELP WANTED!**

We are looking for people to share their knowledge, skills and talents at all of our schools. Would you like to be a community education instructor? You set your class price. You can offer it at one school or multiple. It could be a one time class offering or ongoing. In-person or Virtual formats would be welcome!

Your local Community Education Coordinator will reach out to you. Please email or complete the form below and return to:

ISD 2142 Community Education **Denise Parson. Director** 10480 Olson Road East Cook, MN. 55723 dparson@isd2142.k12.mn.us



|                | / | 15.0 |
|----------------|---|------|
| Name           |   |      |
| Phone Number   |   |      |
| Class idea:    |   |      |
| School site(s) |   |      |

# **INSTRUCTOR/CLASS APPLICATION**

Share your knowledge, talents, hobbies, interests with others. Become a community education instructor.

Inquire with your local community education coordinator or Director, Denise Parson. You can find contact information on page 39. You can also complete the form below and mail it to one of the contacts. You will also find it on the ISD 2142 website under the "Community Education" tab. Class Proposal forms may be accepted or rejected depending on fit for our communities and mission. Let's hear your ideas and have you join our team of instructors!

#### **Community Ed. Program/Class Proposal Form**

| First  | M.I.  | Last   |  |
|--|---|--|--|
|  |   |  | 7in:   |
| Address:   |   |  |  |
| Phone: E   |   |  |  |
| Are you a current employee in our school system  | 1? Yes  | No   |  |
| Program/Class Information  |   |  |  |
| What school location are you intending to teach  | at? (Circle One)  |  |  |
| North Woods Cherry Northeast Range   | e South Ridge   | Tower-Soudar   | n Elementary   |
| Please Provide Class/Program Title:  |   |  |  |
| Please Provide a Brief Class/Program Descriptio  | n:  |  |  |
|  |   |  |  |
|  |   |  |  |
|  |   |  |  |
| I will instruct the class in person  | via Zoom in   | person and Zoom  | needs recordin   |
| Meeting day(s): M T W TH F   | _ Meeting Date(s):  |  |  |
| Meeting Time:to AM o   | or PM   |  |  |
| Meeting Location (If you wish to utilize the scho  | ool facility, please lis  | st school location):   |  |
|  |   |  |  |
| Minimum Age Requirement? Maximum Ag  |   |  |  |
| nstructor Reimbursement Type   | e Requirement?  | Registration Dea   | dline:   |
| nstructor Reimbursement Type<br>lease indicate if you are a:   |   | Registration Dea   | dline:   |
| nstructor Reimbursement Type lease indicate if you are a:  Requesting reimbursement from the District  |   | Registration Dea   | dline:   |
| nstructor Reimbursement Type  Please indicate if you are a:  Requesting reimbursement from the District  Volunteer or other  rogram/Class Materials Fees   |   |  |  |
| nstructor Reimbursement Type  lease indicate if you are a:  Requesting reimbursement from the District  Volunteer or other  rogram/Class Materials Fees Flat Fee Participant fee Hourly fee of added).   | \$(a \$6 ISI  | O 2142 Community   | Education fee pp will  |
| nstructor Reimbursement Type lease indicate if you are a:  Requesting reimbursement from the District  Volunteer or other  rogram/Class Materials Fees Flat Fee Participant fee Hourly fee of added).  neck one method of purchase and indicate cost here  | \$(a \$6 ISI  | O 2142 Community   | Education fee pp will  |
| nstructor Reimbursement Type lease indicate if you are a:  Requesting reimbursement from the District  Volunteer or other  rogram/Class Materials Fees     Flat FeeParticipant feeHourly fee of added).  neck one method of purchase and indicate cost hereParticipants provide their own supplies.  Instructor does the purchasing and provides r   | \$(a \$6 ISI  | D 2142 Community   | Education fee pp will<br>see.  |
| nstructor Reimbursement Type lease indicate if you are a:  Requesting reimbursement from the District  Volunteer or other  Flat Fee Participant fee Hourly fee of added).  heck one method of purchase and indicate cost here Participants provide their own supplies.  Instructor does the purchasing and provides reimbursement.   | \$(a \$6 ISI  | D 2142 Community   | Education fee pp will<br>see.  |
| nstructor Reimbursement Type lease indicate if you are a:  Requesting reimbursement from the District  Volunteer or other  rogram/Class Materials Fees     Flat Fee Participant fee Hourly fee of added).  heck one method of purchase and indicate cost here Participants provide their own supplies.  Instructor does the purchasing and provides reimbursement.  lassroom Equipment (check those needed)  | \$(a \$6 ISI<br>\$ per parti<br>receipts to Communit  | D 2142 Community<br>cipant for supply for<br>y Ed Coordinator f  | Education fee pp will<br>see.  |
| nstructor Reimbursement Type  lease indicate if you are a:  Requesting reimbursement from the District  Volunteer or other  rogram/Class Materials Fees     Flat Fee Participant fee Hourly fee of e added).  heck one method of purchase and indicate cost here Participants provide their own supplies.     Instructor does the purchasing and provides reimbursement.  lassroom Equipment (check those needed)  | \$(a \$6 ISI<br>\$ per parti<br>receipts to Communit  | D 2142 Community<br>cipant for supply for<br>y Ed Coordinator f  | Education fee pp will  |
| nstructor Reimbursement Type  lease indicate if you are a:  Requesting reimbursement from the District  Volunteer or other  rogram/Class Materials Fees     Flat Fee Participant fee Hourly fee of eadded).  heck one method of purchase and indicate cost here Participants provide their own supplies.     Instructor does the purchasing and provides reimbursement.  lassroom Equipment (check those needed)  Blackboard Tables DVD Player Other the completion of the instructor will be made after the iminal background check, and upon the completion of | \$ (a \$6 ISI \$ per parti eccipts to Communit her e successful completion te teaching activity spe   | O 2142 Community cipant for supply for y Ed Coordinator for supply to get the district's required to for the district's required.                                  | Education fee pp will ee. for  |
| nstructor Reimbursement Type  clease indicate if you are a:  Requesting reimbursement from the District  Volunteer or other  rogram/Class Materials Fees   | \$(a \$6 ISI  \$per particle cecipts to Communit  ther  successful completion to teaching activity speffice.  program based on the soft be obtained, this agn | O 2142 Community cipant for supply for y Ed Coordinator for some of the district's required above after the pecified information.                                  | r Education fee pp will ee. for dired employment forms, e coordinator has  |
| nstructor Reimbursement Type lease indicate if you are a:  Requesting reimbursement from the District  Volunteer or other  rogram/Class Materials Fees Flat Fee Participant fee Hourly fee of added). heck one method of purchase and indicate cost here Participants provide their own supplies Instructor does the purchasing and provides reimbursement.  lassroom Equipment (check those needed)  Blackboard Tables DVD Player Otlayment: Payment to the instructor will be made after the iminal background check, and upon the completion of the bmitted a payment voucher to the ISD #2142 District Orgreement: I agree to direct the above-mentioned course/pould the minimum enrollment for the course/program notion of (a) directing the activity on a reduced pay basis,   | \$(a \$6 ISI  \$per particle cecipts to Communit  ther  successful completion to teaching activity speffice.  program based on the soft be obtained, this agn | D 2142 Community cipant for supply for y Ed Coordinator for supply for the district's required above after the pecified information between the sull and votivity. | r Education fee pp will ee. for  irred employment forms, e coordinator has |

### **CONTACTS**

#### **ISD 2142 CONTACTS**

**Superintendent** Reggie Engebritson (218) 748-8130 ext. 1104 fax (218) 749-8133

Community Education Director Denise Parson dparson@isd2142.k12.mn.us

10248 Olson Road E, Cook, MN 55723 218-666-5221 X5110

218-969-6115-C 218-787-2476-H

**Board of Education School Building Principals Phone Numbers** Mr. Lynn Hilde Cherry Lisa West (218) 258-8991 ext. 3201 Chris Koivisto Northeast Range John Vukmanich (218) 827-3101 Pat Christensen North Woods Kelly Engman (218) 666-5221 ext. 3301 **Nathan Briggs North Woods** Andrew Bernard Chet Larson South Ridge (218) 345-6789 **Bob Larson** South Ridge fax (218) 345-6790 Ron Marinaro Tower-Soudan John Jirik (218) 753-4040

#### SCHOOL ADDRESSES

Cherry3943 Tamminen Road, Iron, MN 55751-8041Northeast Range30 South Drive, Babbitt, MN 55706-1108South Ridge8162 Swan Lake Road, Culver, MN 55779

Tower Soudan (Prek-6) 415 N. 2nd St., PO Box 469, Tower MN 55790-0469

North Woods 10248 Olson Road East, Cook, MN 55723

#### COMMUNITY EDUCATION COORDINATORS

CHERRY Jamie Herzmann jherzmann@isd2142.k12.mn.us

3943 Tamminen Road (218) 749-4614 Ext. 2275

Iron, MN 55751

**NORTH WOODS** Dee Ann Sandberg dsandberg@isd2142.k12.mn.us

10248 Olson Road E 218-666-5221 Ext. 5208

Cook, MN 55723 218-780-7558 - C

NORTHEAST RANGE Joseph Kaufenberg jpkaufenberg@isd2142.k12.mn.us

30 South Drive (218) 827-3101 Ext 4419

Babbitt, MN 55706 (218) 235-9611

**SOUTH RIDGE** Lenny Johnson srce@isd2142.k12.mn.us

8162 Swan Lake Rd (218) 345-6720 - H Culver, MN 55779 (218) 343-8323 - C

TOWER-SOUDAN Charissa Dahl cdahl@isd2142.k12.mn.us

415 N 2nd Street 218-753-4040 Tower, MN 55790 218-290-2985 - C

**DISTRICT OFFICE** St. Louis County Schools, ISD 2142

1701 North 9th Ave (218) 749-8130 Phone Virginia, MN 55792 (218) 749-8133 Fax www.isd2142.net

If you have an idea for a course to be presented through Community Education or you are willing to be an instructor for a Community Education class, please call a coordinator. We are always interested in new ideas and courses of interest to present to our communities.

SPRING 2024 39

Virginia, MN 55792 Permit No. 14

Postal Custome



**Idependent School District 2142** small Schools with Big Opportunities Vhere Everybody is Somebody:

# **DON'T MISS THE BUS!!**

Saturday, May 4, 2024

# MINNESOTA TWINS **The Boston Red Sox**

Join us on this day trip on **Saturday**, **May 4**, **2024** with Community Education. Deluxe motor-coach bus trip - no need to worry about traffic or paying for parking! Leave the driving to us!

> All seats must be reserved and paid in full by Monday, April 1, 2023 at 5:00 P.M. Students 17 and under must be accompanied by a responsible adult. **Cost is \$99 per person**

For more information or to register, contact your local Community **Education Coordinator - see Page 39 for contact information.**