

## **MEDICAL AND NON-MEDICAL EMERGENCIES**

### **Medical emergencies**

Breathing cessation, severe bleeding, concussion with or without loss of consciousness, suspected neck or spinal injury, fracture, dislocation, eye or face injury, heat related illness, any other injury or illness resulting in poor vital signs such as decreased blood pressure, weak pulse or signs of shock.

If no athletic trainer is available the head coach shall:

- Follow first aid principles and provide appropriate care
- Notify 911 and emergency contact person
- Monitor vital signs
- Calm and reassure athlete
- Complete a SCS incident report and medical referral form (BOLLINGER CLAIMS FORM)
- Notify certified athletic trainer as soon as possible regarding follow up care

*In emergency situations athletes should be transported by ambulance.*

### **Non-medical emergencies**

Sprains, strains, illness, abrasions, minor cuts, contusions, etc...

If no athletic trainer is available the head coach shall:

- Provide appropriate first aid care
- Send athlete to appropriate medical care facility (if unable to contact athletic trainer and/or unsure of the severity of the injury).
- Complete a SCS incident report and medical referral form as necessary (BOLLINGER CLAIMS FORM).
- Notify certified athletic trainer regarding follow-up care as necessary.

*Coaches should not allow athletes who were referred to return to play until clearance is given by the examining physician. This written medical clearance should be kept on file at the school.*