# **OPERATION** CLEAN COMPETITION

## LIVE INFORMED



DANGERS OF APPEARANCE & PERFORMANCE ENHANCING SUBSTANCES



**DATE:** 

TIME:

#### THE CHALLENGES OF APES:

APES: Appearance and Performance Enhancing Substances.

APES includes a wide spectrum of drugs and supplements.

In addition to directly causing a variety of health risks, the initial use of APES may reduce barriers to future non-therapeutic use of anabolic steroids and recreational drugs, as well as other risk-taking behaviors.



**OPERATION: LIVE INFORMED** 



**ONLY 19%** of adults recognize that youth related hGH & steroid use is an issue



**12.3 million** youth use unregulated, untested dietary supplements

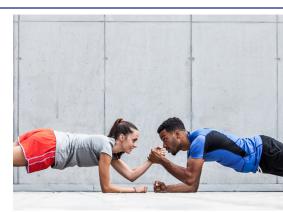


**5.9%** of boys & **4.6%** of girls in middle/high school admited to using anabolic steroids



### **Operation Clean Competition**

is an outreach effort, educating Rhode Islanders on the dangers of Appearance and Performance Enhancing Substances and Nutrition & Dietary Supplement Safety. Funding for these programs is thanks to a grant provided by the Rhode Island Foundation.



#### LEARN MORE AT OPERATIONCLEANCOMPETITION.COM