



SUBTITLE HERE

2023-24

Winter  
Coaches  
Interpretation  
Meeting

Wednesday, November 15, 2023



# WELCOME



**Mike Lunney**  
**Executive Director**



**Tom Marcello**  
**Assistant Executive**  
**Director**

## Rhode Island Interscholastic League



# First Day of Winter Sports

Monday, November 27, 2023





# Winter schedule of Sport Specific Meetings:

- **Basketball – Girls**
  - Wednesday, November 8<sup>th</sup> at 6:00pm
  - Johnston Senior Center
- **Basketball – Boys**
  - Tuesday, November 14<sup>th</sup> at 6:00pm
  - West Warwick High School Cafeteria
- **Competition Cheerleading**
  - Wednesday, November 8<sup>th</sup> at 6:00pm
  - North Providence High School
- **Gymnastics**
  - Sunday, November 19<sup>th</sup> at 6:00pm
  - New Generations Gym
- **Ice Hockey**
  - Wednesday, November 15<sup>th</sup> at 6:00pm
  - Cranston FOP
- **Indoor Track & Field**
  - Monday, November 20<sup>th</sup> at 6:00pm
  - PCTA, Providence
- **Swimming**
  - Thursday, November 16<sup>th</sup> at 6:00pm
  - Greenwich Club on Post Road
- **Wrestling**
  - November 15<sup>th</sup> at 6:00pm
  - Coventry High School





# ORTHO RHODE ISLAND

EXCLUSIVE ORTHOPEDIC & SPORTS MEDICINE PARTNER OF THE RIIL



# Ortho RI Express - *Injuries don't wait. Neither should you.*

- 🏥 Immediate injury care by orthopedic specialists you won't find in urgent care or walk-in clinics.
- 🏥 Offers same- and next-day appointments for treatment of acute injuries.
- 🏥 Specialized diagnosis, treatment, and aftercare.



300 Crossings Blvd,  
Warwick, RI

Monday – Friday: 9 a.m. – 8 p.m.

Saturday: 12 p.m. – 5 p.m.

Call 401-777-7000 – Option 1





## The Ortho Rhode Island ACL Injury Prevention Program

ACL injuries are common in high school athletics, particularly among female athletes, who are five times more likely to sprain, tear, or rupture their ACL than their male counterparts. But regardless of gender or sport, ACL injury prevention programs are valuable tools for reducing injury risk for high school athletes. Research shows these programs can help reduce injury by 53%.

The goal of the Ortho Rhode Island ACL Injury Prevention Program is to decrease incidence of ACL injury in high school athletes, with a fun, educational focus on three key elements:

**agility** | **strength** | **plyometric**

Athletes must be sufficient in each of these categories to decrease their risk of ACL injury. They will finish our program with an increased understanding of cross-training and how to correctly perform basic exercises. We provide an easy-to-follow and effective plan that high schools can incorporate into their athletes' warmups and pre-season training. This plan includes:

- A three-week pre-season exercise progression
- A warmup routine
- Videos of each warm up and exercise

For more information, call Tracy Gannon at 401.777.7000 ext. 2214 or email [tgannon@orthopedicsri.com](mailto:tgannon@orthopedicsri.com).



## The Ortho Rhode Island Running Injury Prevention Program

Track and field and cross country are among the most popular sports with high school athletes. While running develops physical and mental fitness, it also increases stress to our bones, tendons, and muscles. Running challenges our bodies with two to three times our bodyweight, demanding more of our hips, knees, and calves. As the volume and intensity of training grows, so does the risk of developing a lower extremity injury. Approximately 30% of high school athletes can sustain a running-related injury during their season.

The goal of the Ortho Rhode Island Running Injury Prevention Program is to decrease incidence of running-related injuries in male and female high school athletes with a free, fun, educational focus on three key elements:

**Mobility** | **Strength** | **Plyometrics**

Athletes will finish our free program with an understanding of navigating pain while running, identifying common injuries, and correctly performing basic exercises to reduce injury. We provide an easy-to-follow and effective plan that high schools can incorporate into their athletes' warmups and pre-season training. This plan includes:

- A three-week pre-season exercise progression
- A warmup routine
- Videos of each warmup and exercise

For more information, call Tracy Gannon at 401.777.7000 ext. 2214 or email [tgannon@orthopedicsri.com](mailto:tgannon@orthopedicsri.com).

***ADRENALINE***

***FUNDRAISING***



**Shaun O'Neil**  
**508-404-6238**

**soneil@afreps.com**

**[Adrenalinefundraising.com](http://Adrenalinefundraising.com)**





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**DICK'S**  
SPORTING GOODS.

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20% OFF YOUR ENTIRE PURCHASE



**NEED AN ITEM NOT AVAILABLE IN-STORE?**  
Ask a Store Associate about ordering an item(s) through our ScoreMORE kiosk, located inside the store.  
Receive a 20% discount, plus free shipping, valid on the date(s) listed below. Some exclusions apply.

**RIIL Winter Sports Appreciation Weekend!**  
**Offers valid 11/17/2023 - 11/19/2023**

RIIL Winter Sports Appreciation Weekend!  
Valid 11/17/2023 - 11/19/2023

**20% OFF** THROUGHOUT  
THE STORE



Limit one coupon per customer. Excludes: taxes, prior purchases, gift cards, extended warranties, such as the No Sweat Protection Plan, licenses, store credit, services or excluded items detailed in- store or at DICKS.com/Exclusions. Cannot be combined with other offers. No reproductions or rain checks accepted. Offer not accepted at DICK'S Warehouse Sale or Going, Going, Gone!



P000487600241CXHB

As part of our partnership with Dick's Sporting Goods, the RIIL shares this great news about our Winter Sports Weekend. With this coupon, RIIL athletes and their families save 20% at any Dick's Sporting Goods Store when gearing up for the new winter sports season!

**Valid November 17-19, 2023**



# OFFICIAL RIIL TOURNAMENT BALL AGREEMENTS

The RIIL is excited to announce new 5-year official ball agreements for football, soccer, volleyball, basketball, baseball, and softball!!! **Beginning with the Fall 2023 season**, the balls listed below will become the official balls used in all home/neutral site playoff games and championships in their respective sports through the 2027-28 school year.

## Official Basketball of the RIIL (beginning Winter '23) WILSON NCAA EVO NXT OFFICIAL GAME BASKETBALL

### **Contact:**

Brian Meehan

[brian.meehan@wilson.com](mailto:brian.meehan@wilson.com)

617-510-6575



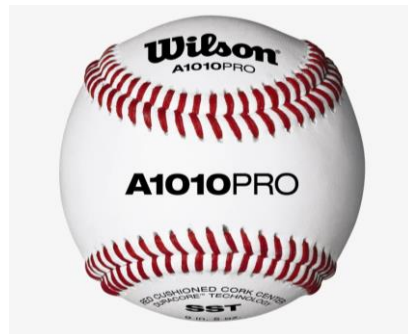
## Official Baseball of the RIIL (beginning Spring '24) WILSON A1010 PRO SERIES SST BASEBALLS

### **Contact:**

Bill McDermott

[bill.mcdermott@wilson.com](mailto:bill.mcdermott@wilson.com)

973-769-3400



## Official Softball of the RIIL (beginning Spring '24) WILSON A9011 NFHS LEATHER POLYCORE SOFTBALLS

### **Contact:**

Bill McDermott

[bill.mcdermott@wilson.com](mailto:bill.mcdermott@wilson.com)

973-769-3400





# OFFICIAL RIIL TOURNAMENT BALL AGREEMENTS

The RIIL is excited to announce new 5-year official ball agreements for football, soccer, volleyball, basketball, baseball, and softball!!! **Beginning with the Fall 2023 season**, the balls listed below will become the official balls used in all home/neutral site playoff games and championships in their respective sports through the 2027-28 school year.

## Official Football of the RIIL (beginning Fall '23)

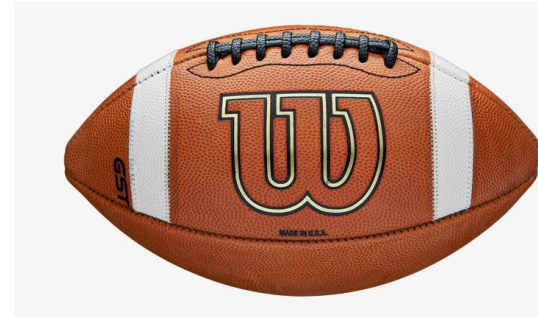
### WILSON GST GAME FOOTBALL

#### **Contact:**

Brian Meehan

[brian.meehan@wilson.com](mailto:brian.meehan@wilson.com)

617-510-6575



## Official Soccer Ball of the RIIL (beginning Fall '23)

### SELECT ROYALE

#### **Contact:**

Dave Cogliandro

[Cogliandro79@charter.net](mailto:Cogliandro79@charter.net)

508-864-9247



## Official Volleyball of the RIIL (beginning Fall '23)

### MIKASA VFC1000 PREMIUM LEATHER GAME BALL

#### **Contact:**

Dave Meciak

[bmsales@aol.com](mailto:bmsales@aol.com)

508-612-1600





# R.I. INTERSCHOLASTIC INJURY FUND

<http://www.injuryfund.org/>



# ELIGIBILITY

BEFORE ANY STUDENT IS ALLOWED TO PARTICIPATE IN A GAME, THEY MUST BE PROPERLY CLEARED FOR ELIGIBILITY BY ALL RIIL RULES & REGULATIONS AND ANY ADDITIONAL SCHOOL REQUIREMENTS

- Enrollment
- Assumption of risk forms
- Medical clearance
- Age
- 8-semester limit
- Academics
- Transfers
- CTE Pathways
- Alternative schools



***If a student-athlete arrives  
at the first day of practice  
without the proper  
clearance, they should not  
be allowed to participate!  
Send student to your  
school administration.***



# ELIGIBILITY LIST

- Winter Eligibility List (within 10 days of the official start date of the sports season):
  - **Winter Sports Deadline: Wednesday, December 6th**
- To further protect schools and administrators:
  - *All Head Coaches must use the Official Rosters posted on the RIIL website for any game-related purpose.*
    - ***ESPECIALLY IN ICE HOCKEY!!!***
  - We are asking Athletic Directors and Officials to help enforce.



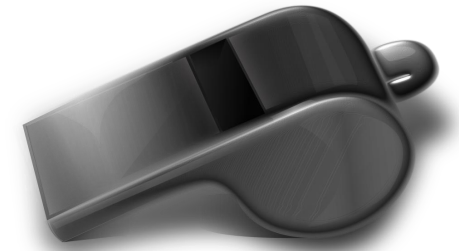


# OFFICIALS

## *HOW CAN YOU HELP?*



# Responsibilities to Officials



- Improved relationships with coaches and teams are necessary
- Creating a safe environment for officials – dressing room, parking, security (before, during and after game).
- **NFHS Winter Sports Officials Appreciation Week – January 7-13, 2024**

## Suggested ways to show appreciation:

- Officials' appreciation week banners and signage on the fence, wall, etc., surrounding the contest playing area.
- Gift cards/cookies/donuts/other items presented to the crew by both the home and visiting team.
- Photos of the officiating crew with both teams and coaches prior to the start of the game (or at the end, depending on timing).
- Read a PSA at the start of the game, thanking the crew for working the contest.
- Student escorts of the crew onto the field/court/pitch.
- "Thank you" cards, signed by the team and coaching staff.
- Special appreciation signage in the officials' locker room.
- Recorded "thank you" messages from student-athletes and coaches to officials, posted on social media.
- These are just some examples of what schools can do – the possibilities are endless!





# SPORTSMANSHIP

A coaches' actions, attitude, and words are the determining factor in how their student-athletes will interact with teammates, opponents, officials, and spectators during interscholastic events.

- What you permit, you promote
- What you allow, you encourage
- What you condone, you own.







# RIIL RULES & REGULATIONS

## ARTICLE 12 - SPORTSMANSHIP

### COACH

The coach plays a critical role in supporting and enhancing good sportsmanship. The coach must accept primary responsibility for the behavior and actions of his/her players and assistant coaches, **during and after all games**. The coach serves as a role model for his/her players, their parents and the spectators. The coach must always be in control, practice sound values and ethics and always pursue victory with honor.

1. Will model ethics and sportsmanship, always pursue victory with honor and maintain dignity and self-control.
2. Shall stay informed about sound coaching techniques and the physical, mental, and emotional development of the student-athlete.
3. Will teach players the rules of the game and to respect the game, officials, and opponents and will take action when athletes exhibit poor sportsmanship.
4. Will place the academic, emotional, physical and moral well being of student-athletes above desires and pressures to win.
5. Will be an ambassador for sport among athletes, schools, families and the community.
6. Will abide by the rules of the game and RIIL in letter and spirit.
7. Shall exemplify high moral character, behavior and leadership, lead by example and set a standard for players and spectators to follow.
8. Will respect the integrity and judgment of game officials.



## LEARNING CENTER

< [Back to Courses](#)



Recommended for: Parent

# The Parent Seat

NFHS Core Course



*This course has been designed to help parents understand the importance of participation in school programs, their expectations of behavior at events, how their behavior affects their child, and how they can use their child's high school experience as a way to grow a healthy relationship for years to come.*



WHEN HIGH SCHOOL COACHES LOSE THEIR COOL AT ATHLETIC EVENTS, IT GIVES FANS THE IMPRESSION THEY CAN TOO. COACHES ARE REMINDED TO ALWAYS SET A GOOD EXAMPLE FOR THEIR SCHOOL COMMUNITIES.





CLICK [HERE](#) FOR THE FREE TOOLKIT THAT FEATURES RESOURCES YOU CAN USE TO PROACTIVELY ADDRESS BAD BEHAVIOR AT YOUR SCHOOL'S ATHLETIC EVENTS. IT INCLUDES A PARENT-PLAYER CONTRACT, PRINTABLE FLYERS, PROGRAM ADS AND MORE!



# SPORTS MEDICINE ADVISORY COMMITTEE UPDATE

- Resources available on the RIIL Sports Medicine Page
  - <https://www.riil.org/page/3259>



# EMERGENCY ACTION PLANS

*As you plan for the start of fall sports and activities, coaches are encouraged to make sure that there is an **Emergency Action Plan** in place for their team and that the plan is reviewed and practiced with the players, coaches, staff and athletic trainers to ensure a quick response in the event of an emergency.*



## Resources for Schools

- Korey Stringer Institute Emergency Action Plan Guidance & Templates
- Anyone Can Save a Life Emergency Action Planning Program
- National Athletic Trainers Association (NATA) Position Statement – Emergency Planning in Athletics



# COACHING REQUIREMENTS



# **RIIL RULES & REGULATIONS**

## **ARTICLE 13 – COACHING REQUIREMENT**

### **Section 1. Coaches Certification**

**Member school Principals or their designee are responsible for ensuring that all coaches, paid or unpaid at all levels (Varsity, Sub-Varsity, and Volunteers) meet the RIIL Coaching Requirements.**

**All Head Coaches, Assistant Coaches, and Volunteer Coaches must be in compliance with the Initial Certification Requirements outlined in Article 13 by the **DEADLINE of Monday, December 11<sup>th</sup>.****



The screenshot shows the RIIL website's navigation bar with links: Home, About, Documents, Schools, Sports, Tournaments, Sports Medicine, Info-Links, Initiatives, Scholarships, Corporate Partners, Media, Officials, **School Resources**, Coaches Certification, Championship Tickets, NFHS Network, RIIL Hall of Fame, TitleIX at 50. A red arrow points to the "School Resources" link.

The "School Resources" page header reads: "Welcome 2022-23". Below the header are several promotional banners:

- A "CHEER UP" banner with a purple upward-pointing arrow.
- A "TRAFFIC SAFETY IS A TEAM SPORT!" banner featuring a circular logo with a person walking and the text "CLICK IT OR TICKET DAY & NIGHT".
- A banner for injury care appointments with the phone number 401.777.7000 | Option 1.
- A banner titled "MORE STUDENT, LESS STUDENT DEBT."

The main content area features a large blue banner with the RIIL logo and the text "SCHOOL RESOURCES". Below this is a table listing seasonal meeting information and coaches certification requirements.

<u>Item</u>	<u>Date Uploaded</u>
<b>Seasonal Meeting Information</b>	
Coaches Interpretation Meeting presentation - Fall 2023	TBD
Athletic Directors Preseason Meeting Presentation - Fall 2023	TBD
Coaches Interpretation Meeting presentation - Winter 2023-24	TBD
Athletic Directors Preseason Meeting Presentation - Winter 2023-24	TBD
Coaches Interpretation Meeting presentation - Spring 2024	TBD
Athletic Directors Preseason Meeting Presentation - Spring 2024	TBD
<b>Coaches Certification &amp; Registration Information</b>	
RIIL Coaches Registration Website	
RIIL Article 13 Coaches Certification Requirements	



# RIL Coaches Certification

Coaches Login





# SCHOOL HONOR ROLL PROGRAM COACHES LEVEL I CERTIFICATE



**1-2-3 Steps  
To Downloading  
Your Certificate**



# Step 1: Sign in to NFHSLearn.com

[NFHS.org](#) [NFHSLearn.com](#)

[COURSES](#)

[NFHSLearn.com](#)

[USER LOOKUP](#)

[HELP](#)

[Sign In](#)

[Register](#)

Protecting Students from Abuse

Fundamentals of Coaching

First Aid

Concussion Courses

[View All Courses](#)

NEW COURSE

Middle School Coaching

Middle school students across the nation participate in interscholastic athletics, and it is important, as a teacher/coach, to provid...

[View Course](#)

NEW COURSE

Student Leadership: Becoming a Leader

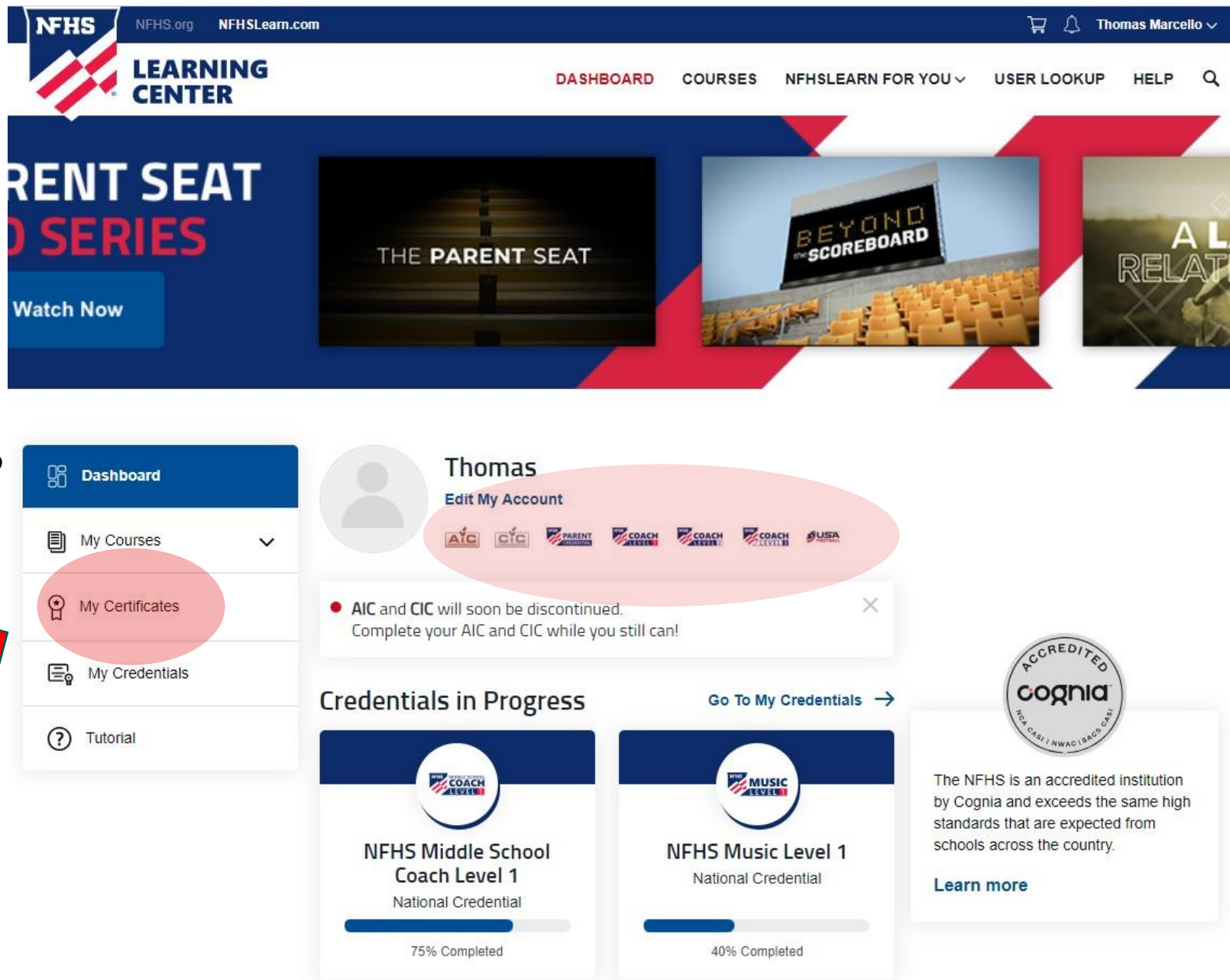
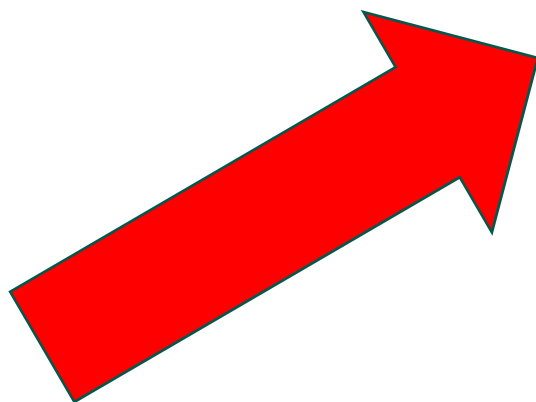
Learning to be an effective leader is one of the most important skills that students can learn in high school activities. To help stu...

[View Course](#)

A large, thick red arrow originates from the bottom left of the page and points diagonally upwards and to the right, ending directly over the 'Sign In' button in the top right navigation bar.



Step 2: Click on  
“My Certificates”



The screenshot shows the NFHS Learning Center dashboard. At the top, the navigation bar includes the NFHS logo, links to NFHS.org and NFHSLearn.com, and a user profile for Thomas Marcello. The main header features a 'DASHBOARD' link and other navigation options. Below the header, there are promotional banners for 'The Parent Seat' and 'Beyond the Scoreboard'. The left sidebar contains a 'Dashboard' menu with links to 'My Courses', 'My Certificates' (highlighted with a red oval), 'My Credentials', and 'Tutorial'. The main content area shows the user's profile 'Thomas' with a red oval around the 'Edit My Account' link and a row of certification logos (AIC, CIC, Parent, Coach Review, Coach Level 1, Coach Level 2, USA). A notification states that AIC and CIC will be discontinued. Below this, the 'Credentials in Progress' section displays two progress bars: 'NFHS Middle School Coach Level 1 National Credential' at 75% completion and 'NFHS Music Level 1 National Credential' at 40% completion. On the right, there is a Cognia accreditation badge and a text block stating that NFHS is an accredited institution.



Step 3: Select  
“My Credentials”  
&  
Download  
NFHS Coach  
Level 1 Certificate

The screenshot shows the NFHS Learning Center website. The top navigation bar includes the NFHS logo, links to NFHS.org and NFHSLearn.com, and a user profile for Thomas Marcello. The main navigation menu contains Dashboard, Courses, NFHSLearn for You, User Lookup, and Help. The 'SEAT' banner is visible at the top. The 'My Certificates' sidebar on the left lists Dashboard, My Courses, My Certificates (selected), My Credentials, and Tutorial. The main content area displays four certificate cards: National Parent Credential, NFHS Coach Level 3, NFHS Coach Level 2, and NFHS Coach Level 1. The 'All Credentials' dropdown menu is open, showing the selected option. The 'NFHS Coach Level 1' certificate card is highlighted with a red circle, and a red arrow points to it from the 'My Certificates' sidebar.

**NFHS LEARNING CENTER**

DASHBOARD COURSES NFHSLearn FOR YOU USER LOOKUP HELP

**SEAT**

THE PARENT SEAT

BEYOND the SCOREBOARD

REL

Dashboard

My Courses

**My Certificates**

My Credentials

Tutorial

**My Certificates**

**National Parent Credential**  
National Certification  
Most Recent Certificate: 04/20/2022  
Download ~1MB

**NFHS Coach Level 3**  
National Certification  
Most Recent Certificate: 04/19/2022  
Download ~1MB

**NFHS Coach Level 2**  
National Certification  
Most Recent Certificate: 04/19/2022  
Download ~1MB

**NFHS Coach Level 1**  
National Certification  
Most Recent Certificate: 04/19/2022  
Download ~1MB



# Rhode Island Interscholastic League - RIIL Office

Visit your Web site Calendar: [Click Here](#)

[Main Menu](#)

[Permissions](#)

[Policies](#)

[Committees](#)

[Other Schools](#)

[Help](#)

You are here: [Control Panel](#) > Content

Login as: - RIIL Office

[Edit](#)

**Buttons**

**Public View**

**Calendar**

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[Edit](#)

Conference

[Edit](#)

Set-Up

[Edit](#)

**Member Schools**

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**Generate Conference Schedules**

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**Committees**

[Edit](#)

**Policies**

[Edit](#)

**Rosters**

☒ Public View ☐ Private Only

[Preview](#)

[Edit](#)

**Scores and Standings**

☒ Public View ☐ Private Only

[Preview](#)

[Go](#)

**Training Grounds**

☒ Include Non-Conference Events

Thursday, Mar 02, 202

Time	Event
2:45pm	<a href="#">Esports - Super Smash Brothe</a>
4:00pm	<a href="#">Esports - Super Smash Brothe</a>
4:00pm	<a href="#">Esports - Super Smash Brothe</a>
4:00pm	<a href="#">Esports - Super Smash Brothe</a>
4:00pm	<a href="#">Esports - Super Smash Brothe</a>
4:00pm	<a href="#">Esports - Super Smash Brothe</a>
4:00pm	<a href="#">Esports - Super Smash Brothe</a>
4:00pm	<a href="#">Esports - Super Smash Brothe</a>
5:00pm	<a href="#">Basketball:Boys Varsity Rounc</a>
5:30pm	<a href="#">Basketball:Boys Varsity Rounc</a>
6:00pm	<a href="#">Basketball:Boys Varsity Rounc</a>
6:00pm	<a href="#">Basketball:Boys Varsity Rounc</a>
6:00pm	<a href="#">Basketball:Boys Varsity Rounc</a>



## Training Grounds for Riil

**Need Help?** Contact Support: 612-605-1623 | [support@schooltoday.com](mailto:support@schooltoday.com)



### Athletic & Activity Directors

Videos	Start-Up Guides (Printable PDF's)
<ul style="list-style-type: none"> <li>Coop Teams Start-Up</li> <li>How to Add New Students</li> <li>Use Copy Feature to Create Schedules</li> <li>Showing Conference and Non-Conference events within the NC Area</li> <li>Printing Programs</li> <li>How to Add/view contest notes</li> </ul>	<ul style="list-style-type: none"> <li>Coop Teams Start-Up Guide</li> <li>Add New Students Start-Up Guide</li> <li>Printing Programs Start-Up Guide</li> <li>Show Rosters Tab On the Public View Start-Up Guide</li> <li>Activity Scheduler Batch Upload Students / Batch Upload Students with specific Activities</li> <li>Registering your Coach to access the Coaches Certification Platform</li> <li>Transfer Management System Start-Up Guide</li> </ul>






### Coaches

Videos	Start-Up Guides (Printable PDF's)
<ul style="list-style-type: none"> <li>Set-Up Rosters for Coop Teams</li> <li>Turbo Team Sites - Building Rosters for Coaches</li> <li>Mobile Application - Coaches Building Rosters (iOS)</li> <li>Mobile Application - Coaches Building Rosters (Android)</li> <li>Mobile Application - Adding Scores and Sharing to Social Media</li> </ul>	<ul style="list-style-type: none"> <li>Turbo Team Sites - Building Rosters for Coaches - Start-Up Guide</li> <li>Mobile Application - Coaches Building Rosters (iOS)</li> <li>Mobile Application - Coaches Building Rosters (Android)</li> <li>Mobile Application - Adding Scores and Sharing to Social Media (Android)</li> <li>Mobile Application - Adding Scores and Sharing to Social Media (IOS)</li> </ul>



There is a Quick Start Guide to help coaches navigate the Registration site:  
<https://www.training.rschoolday.com/page/104097/custom/9773>




 218-389-4670  [training@rschoolday.com](mailto:training@rschoolday.com) [REQUEST A TRAINING](#)

[Home](#) [Schedule a Training](#) [Send Feedback](#) [Solutions](#) [Support](#)

QUICK LINKS


[Welcome](#)  
[Release Note Standards](#)  
[Start Up Guides Standards](#)  
[Help App Content Standards](#)  
[Documentation Staff Training](#)  
[Sequence](#)  
[Internal Releases](#)  
[Internal Start-Up Guides](#)



RIIL  
Start-Up Guide


Coaches Certification Start-Up Guide

June 2022




Coaches can now compile their completed certificates through the **Rhode Island Interscholastic League (RIIL) Coaches Certification Platform**. This Start-Up guide will help them navigate the program and learn how to add dates, upload files, and complete the Rules Compliance Form Online.

To get started, go to <https://riilcoachescertification.rschoolday.com> and log in with your email address and password (A temporary password is emailed to you when the Administrator adds you to the Activity Scheduler's Coaches Directory).



HOME [VIEW MY ACCOUNT](#)







# NFHS School Honor Roll Banner Ceremony October 6, 2023



# RULES SPOTLIGHT

## NON-SCHOOL COMPETITION AND LOYALTY TO SCHOOL TEAM

5. If a conflict arises between the high school team practice/competition and ***an out-of-school practice/competition*** on the same day, the high school team practice/competition must be honored by the student-athlete. Priority/loyalty must be given at all times to the high school team practices and contests ***unless a waiver has been granted by the Principal and Athletic Director on a case-by-case basis.***

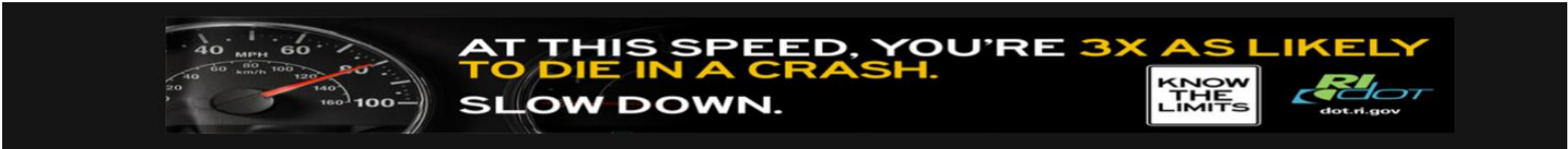
**Article 7, Section 6.**



# WEB BASED RESOURCES



RI Interscholastic League Website: [www.riil.org](http://www.riil.org)



**RIIL** RHODE ISLAND INTERSCHOLASTIC LEAGUE

[Twitter](#) [Facebook](#) [Instagram](#) [Email](#) [RSS](#) [Member Login](#)

- Home
- About
- Documents
- Schools
- Sports
- Tournaments
- Sports Med
- Info-Links
- Initiatives
- Scholarships
- Corporate Partners
- Media
- Officials
- Back-to-School Resources
- Championship Tickets
- NFHS Network
- RIIL Hall of Fame
- TitleIX at 50



Call 401.777.7000 x1129 to schedule.

**FREE**

**Pre-Participation Physical Exams**  
*for High School Sports*

Exams by *appointment only.*

by  Ortho Rhode Island  
Caring for your every move.

Official Orthopedic Partner



**Thursday, July 28th, 3-7pm**  
300 Crossings Blvd., Warwick 02886

**UPCOMING EVENTS**

Wednesday, Aug 10, 2022  
6:00pm - Fall Coaches Interpretation Meeting @ Virtual Meeting

Thursday, Aug 11, 2022  
1:00pm - Fall Waiver Hearings @ Virtual Meeting

Monday, Aug 15, 2022  
- Football - First Day of Practice

[More Events >](#)





# RIIL Rules & Regulations:

[Member Login](#)

[Home](#) [About](#) [Documents](#) [Schools](#) [Sports](#) [Tournaments](#) [Sports Med](#) [Info-Links](#) [Initiatives](#) [Scholarships](#) [Corporate Partners](#) [Media](#)

[Officials](#) [Back-to-School Resources](#) [Championship Tickets](#) [NFHS Network](#) [RIIL Hall of Fame](#) [TitleIX at 50](#)

## Quick Links

[Article 1 Organization](#)  
[Article 2 The Principal](#)  
[Article 3 Eligibility](#)  
[Article 4 Postponements](#)  
[Article 5 Protests](#)  
[Article 6 Penalties](#)  
[Article 7 Limitation of Seasons](#)  
[Article 8 Appeals](#)  
[Article 9 Officials](#)  
[Article 11 Radio & Video](#)  
[Article 12 Sportsmanship](#)  
[Article 13 Coaching Requirements](#)  
[Article 14 Baseball](#)  
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[Article 16 Cheer](#)  
[Article 17 Cross Country](#)  
[Article 18 Field Hockey](#)  
[Article 19 Football](#)  
[Article 20 Golf](#)  
[Article 21 Gymnastics](#)  
[Article 22 Hockey](#)  
[Article 23 Lacrosse](#)  
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[Article 26 Swim](#)  
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About > Rules and Regulations

## ARTICLE 1

### ORGANIZATION

#### Section 1. NAME

For the purpose of competition, the schools under the jurisdiction of the Principals' Committee on Athletics shall be known as the **RHODE ISLAND INTERSCHOLASTIC LEAGUE**; a voluntary association of Principals who pledge their schools and participants to follow the Rules and Regulations of the Rhode Island Interscholastic League as enacted by the Principals' Committee on Athletics.

#### Section 2. PURPOSE AND FUNDAMENTAL PHILOSOPHY

The **RHODE ISLAND INTERSCHOLASTIC LEAGUE** d/b/a the Principals' Committee on Athletics will within its jurisdiction supervise and control the athletic programs, contests, and schedules and matters relating thereto, in participating secondary schools (grades 9-12) of the State of Rhode Island, whose principals are members of the Rhode Island Association of School Principals, to maintain, improve and raise the athletic standards in the participating schools of the State of Rhode Island, and in general carry on any other lawful activity which is calculated, directly or indirectly to promote and enhance the goals of the Rhode Island Interscholastic League.

- A. The **RHODE ISLAND INTERSCHOLASTIC LEAGUE** is a voluntary, incorporated, non-profit association of Principals organized to coordinate the efforts of its members toward the ultimate objectives of interscholastic activities. The purposes of this Association are to:
1. emphasize varied seasonal activities with broad participation under the direction and supervision of the school;
  2. maintain interscholastic activities in proper perspective and not to overemphasize them to the detriment of the academic program of the schools;
  3. formulate minimum uniform and equitable standards of eligibility that must be met by students to attain the privilege of representing their schools in interscholastic activities;
  4. provide a fundamentally fair and equitable framework in which interscholastic athletic competition in an educational setting can take place;
  5. promote an interscholastic athletics program providing educational experiences not otherwise provided in the curriculum, which will develop areas of knowledge, skills and emotional patterns and will contribute to the development of well-rounded individuals and better citizens;
  6. create and maintain a harmonious relationship between all schools within the RIIL, public, private and parochial;
  7. foster a cooperative spirit, good sportsmanship, and school spirit on the part of school representatives, school patrons, and students;
  8. prevent professionalism and undue pressure on students from parents, coaches and peers;
  9. promote even competition and maximum participation in RIIL activities by minimizing the impact of individual wealth upon equal athletic opportunity; and
  10. be sure that non-school activities do not interfere with the academic and interscholastic programs, are sponsored primarily for the benefit of the participants and do not result in exploitation of high school youth.

#### Section 3. DEFINITION OF TERMS



# RIIL Sport Pages:



- Home
- About
- Documents
- Schools
- Sports
- Tournaments
- Sports Med
- Info-Links
- Initiatives
- Scholarships
- Corporate Partners
- Media
- Officials
- Back-to-School Resources
- Championship Tickets
- NFHS Network
- RIIL Hall of Fame
- TitleIX at 50

- Quick Links
- Girls Tennis Homepage
  - Universal Tennis Coaches Packet
  - RIIL Tennis on Universal Tennis
  - Varsity Schedules
  - Varsity Schedule by School
  - JV Schedule by School
  - Roster by School
  - Article 27 Tennis
  - Concussion Management

Sports > Fall > Girls Tennis

SPORT		Tennis Girls		Find Your School's Team		Powered by rSchoolToday	
	Toll Gate High School		North Providence High School		Rogers High School		
	2022, Sep 07 4:30pm		2022, Sep 08 3:30pm		2022, Sep 08 3:30pm		
	Coventry High School		Lincoln School - Providence		Narragansett		



**Standings**

**Statistics**

**Tournament Info**

**Varsity Schedules**



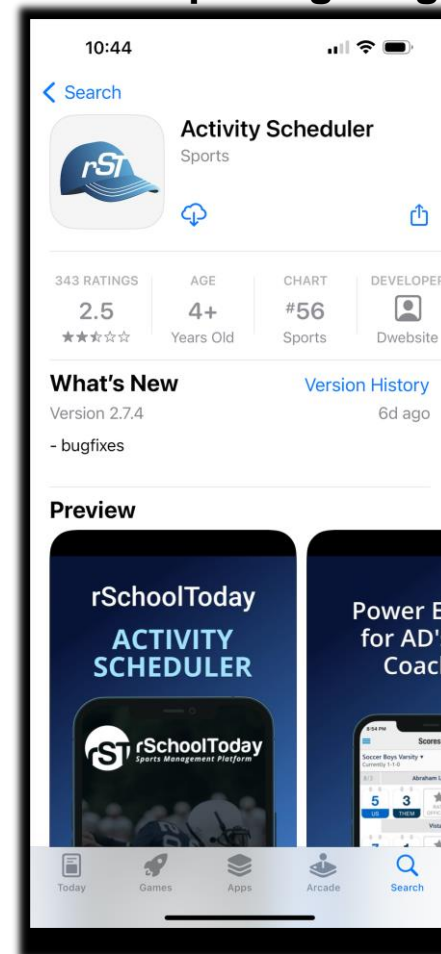
# Head Coaches' Responsibility to Report Scores

## **Article 6, Section 14. MANDATORY GAME SCORE REPORTS AND COACHES REGISTRATION**

**1. Game Score Reports: All RIIL league contest scores are to be reported on-line on the RIIL Website. Coaches obtain access to the system through their Athletic Director.**

**1. The home team (coach/athletic director) is responsible for reporting league contest scores within forty-eight (48) hours of the end of the contest**

- Cross Country - MileSplit
- Girls & Boys Tennis - Universal Tennis
- Wrestling - Track Wrestling
- Indoor Track & Field - MileSplit
- Ice Hockey PM - MaxPreps
- Baseball PC - MaxPreps
- Softball PC - MaxPreps
- Golf – iwannamaker
- Outdoor Track & Field – MileSplit
- Soccer Cards - MaxPreps





**<https://www.maxpreps.com/state/rhode-island.htm>**

***COACH SUPPORT LINE: 800-329-7324 x1***

***COACH SUPPORT EMAIL: support@maxpreps.com***

***RIIL STATE REP: Gerry Valerio - gvalerio@maxpreps.com***

# MAXPREPS

## FAQ

**1. What RIIL initiatives will MaxPreps data power?** MaxPreps is the Official Partner for Sports Statistics to the RIIL. All information entered into MaxPreps can be sent to the RIIL to manage regular-season results, RIIL stat leaderboards and much more. In order to manage these initiatives, all RIIL member schools are strongly recommended to enter their team statistics after each game.

**2. Where do I enter my schedule, score and roster?** Each member school will continue to enter their schedule and roster into the RIIL administrative platform, and that data will be sent to MaxPreps to be displayed on your team pages. Each member school will then be responsible for updating their stats on MaxPreps after each game throughout the season.

**3. What do Athletic Directors need to do?** Since RIIL member schools need to keep accurate stats on MaxPreps, the AD needs to ensure each team coaching staff has access to enter stats. ADs or any coaches currently not using MaxPreps should contact MaxPreps at 800-329-7324 x1 or [support@maxpreps.com](mailto:support@maxpreps.com) to sign up or get access.

**4. Which sports are included in the partnership?** MaxPreps provides a complete stats platform for nearly all the sports the RIIL offers.

**5. How do I sign up to get access to my administrative account on MaxPreps for the first time?** Athletic Directors/Coaches can follow [this link on MaxPreps](#) to become a free MaxPreps member and follow the prompts to gain access to your team. Make sure to select "Head Coach or Athletic Director" as your role for the team.

**6. Can Athletic Directors control their MaxPreps team pages?** Yes! Athletic Directors can control every single team from their free School Administration page on MaxPreps.

**7. Can coaches allow a team statistician or assistant coach to help manage their team information?** Yes! Once the coach has access to their team admin page, they can give other individuals access to their page to help keep their team information accurate.

**8. Is MaxPreps compatible with other stat programs?** In addition to MaxPreps own mobile, tablet, and desktop tools, MaxPreps is compatible with over 80 different stat companies across multiple sports. [Click here to view MaxPreps stat partners.](#)

**9. Does MaxPreps have an app to manage team information?** Yes! Our MaxPreps app is available to download for both iPhone and Android devices at [maxpreps.com/apps](https://maxpreps.com/apps). ADs and Coaches can update complete schedules, rosters, scores and stats, and also sync their game schedule to their phone's calendar, and more.

**10. Who can I contact with additional questions?** ADs and coaches may contact RIIL MaxPreps representative Gerry Valerio at [gvalerio@maxpreps.com](mailto:gvalerio@maxpreps.com).



# RIIL INITIATIVES FOR 2023-2024



**#JustDrive**



**Traffic Safety is a Team Sport**





# Kick the Habit

## Don't text & Drive



# Hands-Free is the Law!

Traffic Safety is a Team Sport







**Pledge to Help Keep  
Our Roads Safe!  
#JustDrive**



**Traffic Safety is a Team Sport**



**TAKE THE PLEDGE  
Scan the QR code below  
or go to:**

<https://www.riil.org/page/6507>







The RIIIL is proud to announce a new partnership with KyleCares, Inc. that will support the emotional well-being of students across our membership.

KyleCares and the RIIIL will take a unified proactive approach in advocating for mental health awareness across the RIIIL community.

This will include promoting educational and training opportunities to high school principals and athletic directors and introducing the “KyleCares-WeCare” awareness campaign which hinges on the belief that “Mental Health Matters” as much as physical health.



Through this collaborative effort, [KyleCares](#) and the Riil aim to support students by stressing the importance of focusing on their emotional well-being through self-care and by encouraging students who are struggling with their mental health to seek help.

Plans are already underway for a **Teen Mental Health Summit**, to be held **Friday, January 12, 2024 at Rhode Island College**. In collaboration with KyleCares, this free conference will focus on the importance of wellness and self-care.

FRIDAY, JANUARY 12, 2024





# *HIGH SCHOOL* **TEAM OF THE WEEK** PRESENTED BY SHOWCASE CINEMAS



**SHOWCASE**  
CINEMAS

x  
x  
x



**OPERATION** CLEAN COMPETITION



**FREE In-person and Virtual Programs!**

**LIVEINFORMED**

Learn more at: [operationcleancomp.com](http://operationcleancomp.com)



Operation Clean Competition made possible by a grant from the:



**RHODE ISLAND  
FOUNDATION**

OCC Programs delivered in partnership with:



**TAYLOR HOOTON  
FOUNDATION**

For the 11th year,  
the RIIL is  
partnering with  
the Taylor Hooton  
Foundation to  
provide FREE OCC  
programming to  
schools, thanks to  
a grant from the  
Rhode Island  
Foundation!



# OCC TOOLKIT



LEARN. EDUCATE. EMPOWER.  
DANGERS OF APPEARANCE &  
PERFORMANCE ENHANCING SUBSTANCES

## LIVEINFORMED

Operation Clean Competition made possible by a grant from the:



Find information  
and resources at:  
[riil.org/page/6951](http://riil.org/page/6951)



# TRADES SCHOLARSHIP

As part of its partnership with the RIIL, UA Local 51 will provide a trade scholarship to a graduating senior interested in pursuing a career in the trades industry. Learn more at: [www.riil.org/page/6711](http://www.riil.org/page/6711)



**2023 SCHOLARSHIP RECIPIENT**  
KYLE JOYAL, COVENTRY HIGH SCHOOL







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2023-24



Best of Luck to everyone  
this Season!