



What are you putting into your body?



The Dietary Supplement Industry

In 2016, the global **dietary supplements** market was valued at USD 132.8 billion and was expected to reach USD 220.3 billion in 2022. **Dietary supplements** include vitamins, minerals, herbals, amino acid, and various other **products**. The FDA regulates dietary supplements under a different set of regulations than those covering “conventional” foods and drug products.



NSF CERTIFIED FOR SPORT®

To meet the growing demands of athletes, coaches and all those concerned about banned substances in sports supplements, NSF International created the program. The program certifies that what is on the label is in the bottle and that the product does not contain unsafe levels of contaminants, prohibited substances or masking agents. Certification also means that supplement manufacturers and their suppliers meet stringent certification guidelines developed through a consensus process involving regulatory, sports industry and consumer groups.

WHY CHOOSE CERTIFIED FOR SPORT® PRODUCTS?

About NSF International's Certified For Sport® Program



Trusted Source for Safer, Tested Supplements

NSF International is an independent and accredited non-governmental organization whose mission is to protect and improve global human health. We do this by leading the development of public health and safety standards and by testing and certifying products and systems to those standards.

Certified products and systems earn the NSF mark, which is respected by consumers, manufacturers, retailers and regulatory agencies. Deeply rooted in science, we are widely recognized as the "gold standard" for quality in areas such as water systems, food safety and health sciences including dietary supplements.

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CERTIFIED FOR SPORT® PROGRAM

There are numerous quality components of the Certified for Sport® certification program, which verifies that:

- > Products do not contain any of 270+ substances banned by major athletic organizations.
- > The contents of the supplement actually match what is printed on the label.
- > There are no unsafe levels of contaminants in the tested products.
- > The product is manufactured at a facility that is GMP registered and audited twice annually for quality and safety by NSF International.



WHY CHOOSE CERTIFIED FOR SPORT®

If you use a product that has been Certified for Sport® you can be confident that its contents are being regularly checked by one of the most respected certifiers in the world.

With so many choices on the market, it pays to be cautious. Do your research and look for the Certified for Sport® mark on products.

WHAT DOES OUR MARK MEAN?

Given the pace at which supplements enter the marketplace and reports that suggest that some products do not actually contain the ingredients shown on the label or may contain harmful substances, consumers have cause to be concerned. With such a confusing array of information out there, it can be difficult to determine which products are credible.

That's why NSF led the development of the nation's first truly independent testing standard and product certification program strictly for dietary supplements, NSF/ANSI 173.

The Certified for Sport® program builds on that standard and helps athletes make safer decisions when choosing supplements. Major League Baseball, the NHL and the CFL clubs are permitted to only provide and recommend products that are Certified for Sport®. Certified for Sport® is also recommended by the NFL, PGA, LPGA, CCES, CPSDA and many other sports organizations.

For additional information, visit www.nsf sport.com.



Certified for Sport®





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