

## How to Use the SDQ to Complete ‘Mental Health Screening’

### Strengths and Difficulties Questionnaire (SDQ)

- [www.sdqinfo.com](http://www.sdqinfo.com) - (youthinmind)
- A brief behavioral screening questionnaire
- 25 items are divided into 5 scales
  - Emotional Symptoms
  - Conduct Problems
  - Hyperactivity/Inattention
  - Peer Relationship Problems
  - Prosocial Behavior

### SDQ Forms

- [http://www.sdqinfo.com/py/sdqinfo/b3.py?language=Englishqz\(USA\)](http://www.sdqinfo.com/py/sdqinfo/b3.py?language=Englishqz(USA))
  - Click on Single-Sided Version without Impact Supplement
  - Click on Rater/Age to download form
    - Parents or Teachers (4-10, 11-17)
    - Self-Report (11-17) – Completed by the student
    - 18+ - Self-Report and Informant form
  - Get forms completed by Parent, Teacher(s), and Self/Student (if applicable)

### SDQ Scoring

- <https://sdqscore.org/Amber>
  - Username: Eval4Sped, Password: SpecialEd
  - Add Age and Gender from drop downs
  - Click the correct option for the form you are scoring (Enter data from...)
  - Click the correct version of the form under ‘Single-sided SDQ with just the 25 core questions’
  - Click to enter data and Date of Completion at the bottom
  - Click the correct option for the next form you are scoring and enter data from all forms
  - Click on ‘View or download SDQ Scores Report’
  - Download and save the PDF and/or Copy and paste the table into the evaluation report under ‘Mental Health Screening’

### Mental Health Screening

- Copy and paste the table from the SDQ into the ‘Mental Health Screening’ section of the evaluation report or Create a table to display the results
- Add a few sentences underneath the table to briefly describe the results