

Informal Summary of Adaptive Behavior Skills

Student's Name: _____ Date: _____

Completed by: (may be parent, teacher, student's para, or other person who works regularly with the student) _____ Role: _____

Adaptive behavior includes the conceptual, social, and practical skills that are learned and performed in everyday life.

Please describe some of the student's current strengths and challenges in the following seven areas of adaptive functioning, i.e. what they can do, what they struggle with and how much assistance they need. When thinking about skill levels, a task or skill that is considered mastered should be consistent over time, inner-directed, and independently performed.

**After each area, please circle how much support is required based on the following descriptions of level of impact:

No impact: infrequent or no support required

Mild impact: intermittent or periodic support and supervision required

Moderate impact: limited, but consistent support and supervision required

Severe Impact: frequent or close support and supervision required

Extreme Impact: highly intense and continuous levels of support and supervision required

1. Daily Living/Independent Living Skills (such as food preparation, hygiene skills, taking care of one's own health needs, making choices independently, self-advocacy, household tasks, etc.):

Strengths:

Challenges:

Circle level of support required in this area:

no impact mild impact moderate impact severe impact extreme impact

2. Social and Interpersonal Skills (such as cooperating with others, self-esteem, manners, peer interactions, responding to social cues, social judgment, conversation skills, understanding perspectives of others, etc.):

Strengths:

Challenges:

Circle level of support required in this area:

no impact mild impact moderate impact severe impact extreme impact

3. Communication Skills (such as gestures, cues, facial expression, use of assistive technology, expressing wants and needs, spoken and written language skills, etc.):

Strengths:

Challenges:

Circle level of support required in this area:

no impact mild impact moderate impact severe impact extreme impact

4. Academic Skills (such as handling money, basic math, reading or writing skills, understanding and managing time, life skills vocabulary, calendar use, etc.):

Strengths:

Challenges:

Circle level of support required in this area:

no impact mild impact moderate impact severe impact extreme impact

5. Recreation and Leisure Skills (such as choosing and initiating activities, following safety guidelines, awareness of interests and skills, mastery of steps/directions for participation in recreation and leisure, ability to independently access leisure activities in the home and community, etc.):

Strengths:

Challenges:

Circle level of support required in this area:

no impact mild impact moderate impact severe impact extreme impact

6. Community Participation (such as knowledge of and ability to access community resources, programs, transportation, shopping, etc.):

Strengths:

Challenges:

Circle level of support required in this area:

no impact mild impact moderate impact severe impact extreme impact

7. Work and Work-Related Skills (such as showing independent work habits, response to job training, task completion, accepting direction, knowledge of support needs, working with others, understanding schedules, etc.):

Strengths:

Challenges:

Circle level of support required in this area:

no impact mild impact moderate impact severe impact extreme impact

Other general comments:

Thank you for completing this form! It is valuable information for the student's evaluation.