

2022-2023 MPA ICE HOCKEY BULLETIN

(updated 11-8-22)

GIRLS' ICE HOCKEY SEASON

November 7	First Practice (A scrimmage or exhibition game may be played after 3 on-ice practices)
November 25	First Countable Game (After 3:00pm)
January 30	Declaration for Postseason
February 4	Girls' Last Countable Date
February 8	Quarterfinal Game (High Seed)
February 11	Semifinals Game (High Seed)
February 15	Regional Final Contests – Troubh Ice Arena (5:00 pm/7:00 pm)
February 18	State Championships - Troubh Ice Arena (3:00pm)

BOYS' ICE HOCKEY SEASON

November 21	First Practice (A scrimmage or exhibition game may be played after 3 on-ice practices)
December 9	First Countable Game (After 3:00pm)
February 17	Declaration for Postseason
February 22	Boys' Last Countable Date
February 25	Class B Preliminary Games (High Seed)
March 1	Class A Preliminary Games & B Quarterfinal Games (High Seed)
March 3/4	Class A Quarterfinals and B Regional Semifinals – (High Seed)
March 7	Class B South Regional Finals / Class A Semifinals – Cross Insurance Arena, (times -tbd)
March 8	Class B North Regional Finals – TBD
March 11	Class B & A State Championship - Cross Insurance Arena (times – tbd)

*Each coach must complete the NFHS “*Concussion in Sport – What You Need to Know*” video that is available at the NFHS website (www.nfhslearn.com). Each coach, even if they have viewed it previously, must view it again as the video has now been updated.

*Each coach must complete the NFHS “*A Guide to Heat Acclimatization and Heat Illness Prevention*” video that is available at the NFHS website (www.nfhslearn.com).

*Each coach must complete the NFHS “*Sudden Cardiac Arrest*” video that is available at the NFHS website (www.nfhslearn.com).

*Each coach must complete the “COVID-19 for Coaches and Administrators” video that is available at the NFHS website (www.nfhslearn.com).

MANDATORY RULES CLINICS – No clinics scheduled.

8-4-1: Change: Section title change to “Interference with the Game”

ART. 1...In the event that objects that interfere with the progress of the game are thrown onto the ice, a whistle is blown by a non-official, or other fan interference, the official shall blow the whistle and stop the play, and the puck shall be faced off at the nearest faceoff spot in the zone where play is stopped.

9-1-9: Change: Moved 9-1-10b to be new 9-1-9e.

The puck shall be faced off at the nearest faceoff spot in the zone where the puck was last fairly played, which is where the puck was last fairly in contact with a player or that player's stick, unless otherwise provided for in these rules when:

e. an attacking any player causes the puck to leave the rink, or that player or player's stick was last to touch the puck before it left the rink from this zone; or

9-8-4: Change: ART. 4

If at any time while play is in progress a puck other than the one officially in play shall appear on the playing surface and interferes with the progress of the game, play shall be stopped immediately, and the puck shall be faced off at the nearest faceoff spot in the zone where play is stopped.

Rationale: This change is clarifying where the faceoff shall take place if this situation should arise.

NATIONAL FEDERATION RULES/MPA TERMS AND CONDITIONS

The **2022-2023** National Federation Ice Hockey Rules are official for all games. In addition, the terms and conditions in this bulletin will govern all tournament and regular season games.

Any school requesting a waiver of the NFHS Uniform Rule must submit a written request to the MPA office.

A reminder that "Captains Practices" conducted prior to the opening date of the season are a violation of the MPA Sport Season Policy.

FIRST ICE HOCKEY SCRIMMAGE

Girls: MPA ice hockey schools may not scrimmage or play another school or team until an athlete has participated in three full on ice team practices.

Boys: MPA ice hockey schools may not scrimmage or play another school or team until an athlete has had a minimum of three full on ice team practices.

GIRLS ICE HOCKEY

The girls' season will start two weeks earlier and end two weeks earlier than the boys' season.

The following guidelines are in place for girls' ice hockey programs to use:

1. Girls' games will be played within 1.5 hours of ice time.
2. Each game will begin with an 8-minute warm-up period.
3. There will be a 5-minute introduction/National Anthem time allotted.
4. The game will consist of three 15-minute periods.
5. There will be a 3-minute break between periods 1 and 2.
6. Ice will be made between periods 2 and 3. Officials will enter the ice with 1:30 remaining on the game clock between periods. Teams will enter the ice with :30 remaining on the game clock.
7. If a regular season game is tied at the end of the third period, there will be a 3-minute break followed by one 8-minute sudden victory overtime period. If no one scores during the overtime period, the game shall be declared a tie.
8. Officials will be paid a full game fee for each varsity contest.

9. All penalties will be administered as outlined in the NFHS Ice Hockey Rulebook.
10. One 1-minute time-out will be allowed for each team.
11. Post-season overtime will be administered using the same overtime procedure as the boys.
12. Three officials will be assigned for the regional and state final games.

Girls may play a maximum of 18 contests each season.

SCHEDULING PROCESS (Boys)

The following scheduling guidelines have been established by the MPA Ice Hockey Committee for the 2022-2023 season.

In Class A & B each team must schedule at least **eight (8)** different teams in the class in which they are competing. All other games (maximum 18) can be from either Class A or Class B.

The State Scheduling Committee will consist of an athletic administrator representative selected by each of the regions - - A, BN, and BS. They will be the voting members of the committee. The Coaches' Association may select a representative to be present at each scheduling session which is held.

The State Scheduling Committee's goal is to schedule competitive contests regardless of class, east or west, based on competitiveness.

Scheduling Committee:

Region	Athletic Administrator	Coaches' Representative
Class A North	Jason Fuller/Todd Livingston	
Class B North	Mike Archer	Carl Flynn
Class B South	Jeff Thoreck	Barry Mothes

Scheduling Committee's Guidelines: (Boys)

- a. A maximum of 18 games may be played.
 - Indicate if you wish to play less than 18 games.
- b. The following information will be submitted by each school to their scheduling committee representative upon request.
 - Schools will not be in your region/class
 - Each league's member teams HONESTLY tiered. *
 - Schools will indicate the number of pool contests desired-4 to 6.
 - Committee will work to secure opponents that will not be a blowout.
 - Schools list up to eight specific schools you wish to play in priority order on the form provided.
 - Schools may not schedule countable contests on their own - - only games scheduled by the league and Master Committee (countable) will be allowed.
 - The schedule/decisions of the Master Scheduling Committee are final.
- c. You will have the pool ** games following a meeting of the Scheduling Committee.

* Tier is where your league has placed your team based on strength of the program.

- ** The pool is the number of contests you desire from the Master Scheduling Committee.

BONA FIDE TEAM RULE

A member of a school team is a student athlete who is regularly present for and actively participates in team practices and competitions. Bona fide members of a school team are prevented from missing high school practice or competition to compete or practice elsewhere.

- * Two waivers per student athlete per sport season may be granted by the principal on a case-by-case basis for extraordinary circumstances. (i.e. If a student/athlete were invited to participate in a prestigious weekend event then a waiver may be granted. If a student/athlete were invited to participate in a nationally recognized tournament over a school vacation, then **that** waiver may be granted for that activity. If a student requests to miss practice every Friday because he/she is receiving specialized coaching from an outside team/coach, then a waiver should not be granted **because it violates the spirit and intent of the rule.**)
- ** This policy is not intended to restrict dual sport participation in schools that allow dual participation.

*** Penalty for violation of this policy:

1 st Violation	Suspension from play for one game/contest
2 nd Violation	Removal from team for remainder of season

(Effective Date: 2011)

HEAL POINTS/ TOURNAMENT SELECTION

The seeding for the tournament will be determined by using the Heal Point System. Schedules and Heal Point standings will be maintained through the MPA website. Athletic Administrators must report all results as well as any rescheduled games through the MPA website.

In all classes, games through quarterfinal rounds will be played at the home of the higher seeded team. Successive rounds will be played at sites determined by the Ice Hockey Committee.

Ties

In case of a mathematical tie in the final Heal Point standings, the tie will be broken as follows:

1. Head to head game results--team with best record will be the higher seeded team.
2. If a tie remains, the higher seeded team will be the one that allowed the least number of goals in head to head competition.
3. If a tie still exists, the high seed will be determined by a flip of a coin unless it is for the last play-off bracket position. In case of a tie for the last position, after using the tie breaking procedure, a play-in game will be held with the home site determined by a flip of a coin. The coin toss will be conducted by MPA staff with the coin call made by the first team in alphabetical order (via the telephone with both teams on the line).

Mercy Rule (Both Boys and Girls) -- After two periods, if one team is ahead by six or more goals, then with agreement of the coaches, running time may be used. At any point in the third period, if one team is ahead by eight (8) or more goals, running time is automatic. Running time only comes into effect in the third period. Once time starts running under the eight-goal rule, it continues to run until the goal differential becomes 4.

COACH/OFFICIAL PROTOCOL PROCEDURE

1. Pre-game/Between period protocol
 - A. Pre-game: Officials are to arrive at least (30) minutes prior to the scheduled start time of the game.
 - B. Pre-game: Officials are to take the ice one minute before the teams at the start of the game.
 - C. Pre-game: Teams will not enter the ice surface for the start of the game until directed to do so by the officials. There will be a 10-minute warm-up period prior to the start of each game.
 - D. Players must wear their helmets until the playing of the National Anthem.
 - E. Pre-Game/between periods: Coaches and non-playing participants must proceed directly to their bench or to their locker room. Exception to this is the post-game handshake.
 - F. Between periods: There will be a (12) minute intermission between periods. The referees will instruct the timekeeper to start the intermission time running once all participants have left the ice surface.
 - G. Between periods: The officials will enter the ice surface with 1:30 remaining on the game clock.
 - H. Between periods: Teams may enter the ice surface with :30 remaining on the game clock. Team must be on the ice and ready for the start of the period at the completion of intermission. Under no circumstances are teams permitted to enter the ice surface if the officials are not on the ice.

Penalty for non-compliance in Section 1: Bench Minor
2. Communication: The purpose of the following recommendations is to clarify when, where and how officials and coaches communicate during the game. The purpose is not to limit communication, but rather to provide guidelines that ensure that any communication or explanation that is necessary happens in a sportsmanlike fashion and does not unnecessarily delay the game.
 - A. During the pre-game warm up, officials will meet with captains from both teams at the officials' crease; they will also meet with coaches at their respective player's benches. During this time, coaches and captains are encouraged to address any concerns with the officials. Officials will be asking coaches to certify that their teams are properly equipped (mouthpieces, equipment, etc.)
 - B. During play, officials are instructed to communicate through the playing captain or their designated alternates unless the official feels that the situation requires a direct explanation to the coach. Any such explanation should minimize delay to the game.
 - C. At the end of a period, teams must remain at their bench area until the referee signals the players to proceed directly to their locker rooms. Officials will speak to the playing captain on-ice as needed, but no discussions will be held with coaches at that time.
 - D. **Coaches and players should refrain from any off-ice contact with officials during the game.**

- E. Before the start of the second and third periods, coaches can address the officials for any needed clarification or explanation regarding situations that have occurred during the game.

Penalty for non-compliance in Section 2: Each Offence: Bench Minor

RECOMMENDATIONS

Ice hockey schools hosting a varsity contest must have the athletic director, an administrator, or designee at all home ice hockey games. The home administration is asked to identify themselves to the officials and the rink management prior to the start of the contest. Schools must notify arena managers and officials who the school's representative is the day of the contest. It is strongly recommended that a certified athletic trainer be on-site for all games. The following guidelines are in effect for all scrimmages, exhibitions, and countable games.

1. All uniforms must meet the stipulations set forth by the National Federation. You may wish to carry a spare jersey to address the NFHS Blood Pathogens Rule.
2. NFHS rule regarding the mercy rule is in effect. Optional at six goals and mandatory at ten.

STUDENT AND ADULT SPECTATOR EXPECTATIONS

- Bare-chested individuals are not allowed in any venue.
- Shakers, signs, or placards on sticks or other devices designed to support the shaker, sign, or placard are not allowed.
- Horn or noisemakers of any kind are not allowed.
- Only members of a recognized high school band representing one of the teams currently in competition may use musical instruments.
- Only members of a recognized high school cheering squad representing one of the teams currently in competition may use megaphones or other voice amplification devices.
- Any person throwing objects on the ice will be removed immediately from the arena.
- Security will be instructed to detain any student perceived to be under the influence of an illegal substance. They will then contact parents.
- Mascots or other individuals are not allowed on the ice.

OFFICIALS FEES-REGULAR SEASON (Both Boys and Girls)

Two-person varsity fee is **\$82.00/official** plus applicable travel and the j.v. fee is **\$61.50/official** plus applicable travel. If a school chooses to use a three-person officiating crew during the regular season the fee shall be 125% of the regular two-person fee. The breakdown would be **Referee #1- tbd** plus applicable travel, **Referee #2- \$tbd** plus applicable travel and **Linesman-\$tbd** plus applicable travel.

GAME DISQUALIFICATIONS (Athletes/Coaches)

MPA Ejection Rule - - In all team and individual sports (varsity or subvarsity), ejection or disqualification from a game, meet, or match for unsportsmanlike behavior of any form, by a coach or a player shall result in the suspension of that player or coach. The coach or player ejected from a contest must sit out all contests at all levels until the coach or athlete completes the ejection penalty by sitting out the next game(s) at the level from which he/she was ejected. This rule applies to a game, meet, or match suspended before completion as well as a completed contest. This penalty may not be served by sitting out an exhibition, subvarsity, or other competition. A suspended coach may not be present at the

game site. Not being physically present at the site means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands, or site area before, during, or after the game/meet. Any coach or player ejected from the last game, meet, or contest of a sports season shall serve a one game suspension in the opening countable game, meet, or contest in the next varsity sport in which he/she participates. The coach/athlete may participate fully in the preseason prior to serving the one game suspension. This policy will not prevent standing committees from imposing more restrictive disciplinary action.

Prior to their return to the sideline any coach ejected from a game must complete the NFHS *“Teaching and Modeling Behavior”* video that is available at the NFHS website (www.nfhslearn.com).

Prior to their return to play any player ejected from a game must complete the NFHS *“Sportsmanship”* video that is available at the NFHS website (www.nfhslearn.com).

(Effective Date: 1997; Revised: 1998; 2000; 2007; 2008; 2009)

1. Any player/coach who receives a **game misconduct or game disqualification** will sit out the remainder of that game and is ineligible to participate until they have sat out the next countable game at that level. This includes scrimmages and exhibitions prior to the next countable game. If a player/coach receives a game misconduct or disqualification in an exhibition game, they would be removed from the game until they have sat out the next countable game. A player/coach receiving multiple ejections during a single game must sit out the corresponding number of games prior to participating in a scheduled game. A player ejected for fighting must sit out the next **two** countable games. Any player removed from the game must be removed immediately and be accompanied to the locker room by a team/school representative.
Definition: A game is when officials are utilized in a contest to administer the rules.
2. The second misconduct/disqualification will result in the player sitting out the remainder of that game and will be ineligible to participate until they have sat out the next **two** countable games. A player receiving a second ejection for fighting must sit out the next **four** countable games. If a person receives a game misconduct or disqualification in an exhibition game, they will be removed from the game until he/she has sat out the next two countable games.
3. A player who receives three game misconducts/disqualifications for any reason will sit out the remainder of that game and become ineligible for the remainder of the ice hockey season.
4. The coach will sit out the remainder of the game from which he has received the game misconduct/disqualification and is ineligible to coach until he/she has sat out the next countable game as stipulated in the National Federation Rules. **A suspended coach may not be present at the game site. Not being physically present at the site means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands, or site area before, during, or after the game.**
5. A second game misconduct/disqualification for a coach will result in the suspension of the remainder of that game and the next two countable games and all exhibition games scheduled in between.
6. On the third misconduct/disqualification, a coach will be ineligible for the remainder of that game and will no longer be able to coach during that season in Maine interscholastic ice hockey.
7. The ice hockey assigner will contact each school's athletic director/principal when a player or coach has received a game misconduct or game disqualification.

Any coach or player ejected from the last game, meet, or contest of a sports season shall serve a one game suspension in the opening countable game, meet, or contest in the next varsity sport in which he/she participates.

Assault Provisions -- A coach who intentionally strikes, shoves, kicks, or makes other physical contact with an official before, during, or after an interscholastic contest, as determined by the school, shall be disqualified immediately and his/her coach's eligibility will be suspended for one full year. At the end of the suspension, the coach may request the reinstatement of his/her eligibility. At this time, the Interscholastic Executive Committee will place the request on their next meeting agenda, at which meeting the coach and principal must attend. The Interscholastic Executive Committee will make the determination whether to reinstate the coach's eligibility.

SCHEDULED GAMES

The maximum number of countable games is 18. Heal Point divisors will be based on the number of games played **Postponed games should be played at the next mutually available open date.**

PRELIMINARY, QUARTERFINAL, AND CLASS B SEMIFINAL GAMES

In Classes A and B, for all boys' and girls' games through the Class A quarterfinal, and the Class B semifinal round, the higher seeded team must secure home ice. In addition to regular officials, if possible, the home team should secure two goal judges from the official's assigner at a cost of \$30 per official (no travel).

TOURNAMENT POLICIES

1. In regional semifinal games and regional final games, the team traveling the greatest distance will play in the first game.
2. An administrator from each team must attend tournament games. **Each school must provide five school representatives who are also required to accompany the administrator and sit with the students. The administrator and five school representatives should report to the MPA committee member at Class A and B semi-final, regional finals, and state championship games. A \$75 fine will be assessed for each adult supervisor not present.**
3. The home team in state championship play will alternate--Even years North, Odd years South.
4. The home team shall wear white uniforms unless otherwise mutually agreed upon by the participating schools.
5. Boys Playoff Officials

Quarterfinals	3 on-ice officials, *2 goal judges
Semifinals	3 on-ice officials, *2 goal judges, *2 penalty box officials and *1 official scorer
Regional Finals	3 on-ice officials, *2 goal judges, *2 penalty box officials and *1 official scorer
State Finals	3 on-ice officials, 2 goal judges, 2 penalty box officials and 1 official scorer

Girls Playoff Officials

Quarterfinals	3 on-ice officials
Semifinals	3 on-ice officials
Regional Finals	3 on-ice officials, *2 goal judges
State Finals	3 on-ice officials, 2 goal judges

*If possible
6. Where available the use of video replay will be utilized.

Video Replay Criteria - The following criteria are subject to the use of video replay:

- A puck crossing the goal line.
- A puck entering the net before the goal frame is dislodged.
- A puck entering the net before or after expiration of time at the end of a period,
- To determine if an attacking player was illegally in the goal crease and physically or visually prevented the goalkeeper from defending the goal when the puck entered the goal cage.
- On Ice Officials may use the video replay to ensure that the clock is showing the correct time because of an overturned goal and clock malfunction
- During the game, when video replay is available, the officials may use replay to verify the call related to goal or no-goal situations as outlined in the video replay criteria. If the officials decide that video replay is going to be used to review a play (NO coaches' challenges) the officials will review the video and determine whether the call will be upheld or overturned."

Procedures

- A. Referee makes the call on the ice (if the goal is waived play will continue until the next stoppage of play).
- B. At the stoppage in play the officials will decide if a video replay is necessary. If the use of video replay is decided, please see the following scenarios for restarting play:
 - Good goal signaled by on ice officials
 - 1) Replay affirms on ice call – Faceoff at center ice (No Clock Adjustment)
 - 2) Replay overturns on ice call – Goal is taken off the board and faceoff is located inside the defending zone (No Clock Adjustment)
 - Waived goal by on ice officials
 - 1) Replay affirms on ice call – Faceoff is at last play (No Clock Adjustment)
 - 2) Replay overturns on ice call – Goal is awarded, Faceoff at center ice, clock is adjusted to the time of the goal and any penalties that have occurred are still enforced.
7. Each head coach will be provided a pass for the MPA tournaments.
8. The Ice Hockey Committee will be responsible for medical coverage at all boys' semi-final games, and boys' and girls' regional final, and championship tournament games.
9. Schools will be issued MPA staff ribbons for faculty members who volunteer to supervise student behavior.
10. Schools are responsible to see that all team members are covered by family accident health insurance as required by the MPA when they participate in the hockey tournament.
11. Band members, dressed in a like manner, from schools participating in the tournament will be admitted free of charge when accompanied by the school band director. Bands will not be allowed to play while the game is in progress.
12. Upon identification by their advisor, up to 20 cheerleaders in uniform from each team participating in the tournament will be admitted to the games in which their team is participating.
13. There shall be a ten-minute warm-up period prior to the start of all tournament games. (Example 6:50 p.m. for a 7:00 p.m. contest)
14. Postponed tournament games will be made up on a date determined by the MPA Hockey Committee.
15. Schools competing in the tournament must enter the area as a group as no passes will be issued to individual athletes. Teams are limited to 25 athletes, coaches, statisticians, etc. and 20 cheerleaders in uniforms with their advisor. Only authorized game personnel will be allowed in the player bench area and penalty box area. No

one under high school age is allowed on the bench or ice prior, during, or following a contest.

16. Each varsity coach and the officials' association may vote for eight officials to create the pool of tournament officials. Tournament officials will be selected by the MPA Ice Hockey Committee from a pool of officials who have met NIHOA criteria and are part of a recommended list. All schools eligible to participate in the tournament are asked to please recommend eight officials. The Ice Hockey assignor will assign tournament game officials from that list and will submit the suggested assignments to the Ice Hockey Committee Chair for final approval.
17. The following tie-breaker procedure is to be followed when a tournament game ends in a tie. There will be a three (3) minute time out followed by an eight (8) minute sudden victory overtime period. If the game remains tied, a new ice surface will be made, teams will change ends, and another eight (8) minute sudden victory period will be played. If still tied, teams will change ends and a following eight (8) minute sudden victory period will be played. After two sudden victory periods, a new ice surface will be made, this format will continue until a winner is determined.
18. The higher seeded team has the choice of having an individual sing or play the National Anthem prior to the game.
19. No protests are allowed. The decisions of the game officials are final.
20. A high school athlete who participates on a post-graduate team during the season must participate in 50% of a school's high school games to play in the ice hockey tournament. The athlete may not return to the PG program following the conclusion of the MPA season.
21. In all playoff games, prior to the teams taking the ice, a pregame conference with coaches and captains will be held.

STUDENT AND ADULT SPECTATOR EXPECTATIONS

- Bare-chested individuals are not allowed in any venue.
- Signs or banners may be attached to the facility walls with masking tape, provided they are not obscene, inappropriate, and do not contain profane language.
- Placards, signs, pennants, and shakers on sticks that restrict the view of other spectators or may be used as a missile or weapon are prohibited.
- The parading of banners or signs on or around the arena or in the stands is prohibited.
- Horn or noisemakers of any kind are not allowed.
- Only members of a recognized high school band representing one of the teams currently in competition may use musical instruments.
- Only members of a recognized high school cheering squad representing one of the teams currently in competition may use megaphones or other voice amplification devices.
- Any person throwing objects on the ice will be removed immediately from the venue. **Objects thrown on the ice will not be returned.**
- Security will be instructed to detain any student perceived to be under the influence of an illegal substance. They will then contact parents.
- Mascots or other individuals are not allowed on the playing surface.

SPORTSMANSHIP AWARD

The Ice Hockey Committee is committed to promoting and recognizing outstanding sportsmanship during the regular season and throughout the tournament. Good sportsmanship is conduct which imposes a type of self-control involving honest rivalry,

courteous relations among the players, coaches, and officials, and graceful acceptance of results. To make the sportsmanship banner selection process meaningful the committee asks that coaches and athletes from all levels of the program be involved in the voting process.

Areas to be considered:

- A. Neat attire by players, coaches, and managers.
- B. Players supporting one another on the field/court/ice and from the bench.
- C. No acts of unnecessary roughness/taunting.
- D. No inappropriate gestures, language, or expressions.
- E. Players using appropriate and positive communication to their coach.
- F. Players and coaches treating officials with respect—no inappropriate gestures, language, or expressions.
- G. Positive community involvement.

Sportsmanship banners will be presented in all classes in both the North and South division.

Sportsmanship voting will take place at the end of the season using the on-line sportsmanship voting link provided on the MPA website. Any school that receives an ejection, at any level in the program, shall be ineligible for the award. Schools that do not submit a sportsmanship ballot may not be considered for the award.

ICE HOCKEY CLASSIFICATION

CLASS A 860+	CLASS B 0-859
ONE DIVISION	NORTH
1. Windham/Westbrook/Bonny Eagle/Sacopee (911/697/1,110/294) 2. Thornton (1,352) 3. Lewiston (1,511) 4. Bangor (1,182) 5. Marshwood/Traip/Sanford/Noble (732/259/1,055/920) 6. Biddeford/Massabesic/Old Orchard (754/878/197) 7. Lake Region/Fryeburg/Oxford Hills (549/566/1,043) 8. South Portland/Freeport/Waynflete (901//584/256) 9. Edward Little (982) 10. Scarborough (984) 11. Mt. Ararat/Lisbon/Morse/Hyde (720/332/565/125) 12. Falmouth^ (676) 13. St. Dominic^ (151)	1. Hampden (801) 2. Messalonskee (737) 3. Cony/Monmouth/Erskine/Hall- Dale/Winthrop(630/194/557/267/227) 4. Gardiner/Waterville/Winslow (622/493/400) 5. Camden Hills (706) 6. Old Town/Orono (522/334) 7. Brewer/Lawrence (687/628) 8. Presque Isle (476) 9. John Bapst/Hermon/Bangor Christian/Deer Isle-Stonington (540/523/74/98) 10. Houlton/Hodgdon/Katahdin (352/136/90)
	SOUTH
	1. Poland/Leavitt/Gray-NG/Oak Hill (478/527/566/378) 2. Gorham (850) 3. Kennebunk/Wells (753/434) 4. Brunswick (732) 5. Cheverus/Yarmouth (360/526) 6. Greely (635) 7. York (524) 8. Cape Elizabeth (529)
GIRLS – NORTH	GIRLS – SOUTH
1. Lewiston (1,511) 2. Edward Little/Leavitt/Poland (982/527/478) 3. Mt. Ararat/Morse/Lisbon/Lincoln/Oceanside/Boothbay (720/565/332/541/477/176) 4. Brunswick (732) 5. Brewer/Bangor/Hampden/Hermon/John Bapst/Old Town/Orono (687/1182/801/523/540/522/334) 6. Winslow/Gardiner/Cony/Lawrence/ Messalonskee/Maranacook/Erskine/Mt. Blue (400/622/630/628/737/351/557/726) 7. Yarmouth/Freeport (526/584) 8. Greely/Gray-New Gloucester (635/566) 9. St. Dominic/Winthrop/Monmouth (151/227/194)	1. Biddeford/Thornton/Wells/Sanford (754/1,352/434/1,055) 2. Gorham/Bonny Eagle/Massabesic/Westbrook/Fryeburg/Lake Region (850/1,110/878/697/566/549) 3. Portland/Deering (873/833) 4. Falmouth/Scarborough (676/984) 5. Cape Elizabeth/Waynflete/South Portland (529/256/901) 6. York/Traip/Marshwood/Noble (524/259/732/920) 7. Cheverus/Old Orchard Beach/Kennebunk/Windham (360/197/753/911)