

MAINE PRINCIPALS' ASSOCIATION  
2023-2024 **WRESTLING** SEEDING FORM

SEND TO: REGIONAL MEET DIRECTOR  
LISTED BELOW

**MUST BE RECEIVED BY:**  
**FEBRUARY 1, 2024 at Noon**

**All results posted on Trackwrestling at this time.**

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SCHOOL:	CLASS:	REGION:
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Class A North – Oxford Hills Comprehensive High School – Meet Director TBD  
 Class B North – University of Maine at Fort Kent – Bob Stedt – 498-0197 - rstedt@myfairpoint.net  
 Class A South – Sanford High School – Meet Director TBD  
 Class B South – Morse High School – Meet Director TBD

List below the members of your team to be seeded in each weight class.

Weight	Wrestler
106 LBS.	
113 LBS.	
120 LBS.	
126 LBS.	
132 LBS.	
138 LBS.	
144 LBS.	
150 LBS.	
157 LBS.	
165 LBS.	
175 LBS.	
190 LBS.	
215 LBS.	
285 LBS.	

\*NAME OF WORKER FOR REGIONAL MEET (Please Print):

COACH'S SIGNATURE:

DATE:

COACH'S NAME (Please Print)

- Each school is required to supply one worker to the meet.

MAINE PRINCIPALS' ASSOCIATION  
2023-2024 **GIRLS' WRESTLING SEEDING FORM**

SEND TO: MEET DIRECTOR  
Bob Stedt

**MUST BE RECEIVED BY:**  
**FEBRUARY 21, 2024**

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SCHOOL:	CLASS:	REGION:
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Winslow High School – Jim Bourgoin 872-1990; Bob Stedt, 498-0197; rstedt@myfairpoint.net

List below the members of your team to be seeded in each weight class.

(There is no limit to the number of entries.)

Weight	Wrestler
100 LBS.	
107 LBS.	
114 LBS.	
120 LBS.	
126 LBS.	
132 LBS.	
138 LBS.	
145 LBS.	
152 LBS.	
165 LBS.	
185 LBS.	
235 LBS.	

\*NAME OF WORKER FOR REGIONAL MEET (Please Print):

COACH'S SIGNATURE:	DATE:
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COACH'S NAME (Please Print)

- Each school is required to supply one worker to the meet.

