

Interscholastic



Maine Student Participation Survey Results

In the spring, member schools completed a student participation survey. What follows are the results of that survey and a comparison to 2013-2014 data.

	2014-2015 (148 Schools Reporting)	2013-2014 (148 Schools Reporting)
Basketball (Girls)	2,848	2,915
Basketball (Boys)	3,558	3,627
Cheering	1,458	1,651
Cross Country (Girls)	1,076	1,091
Cross Country (Boys)	1,241	1,285
Baseball	3,309	3,366
Softball	2,694	2,791
Field Hockey	2,264	2,361
Football	3,498	3,779
Golf	1,088	1,234
Ice Hockey (Girls)	400	378
Ice Hockey (Boys)	1,121	1,164
Lacrosse (Girls)	1,513	1,482
Lacrosse (Boys)	1,836	1,841
Soccer (Girls)	3,785	3,769
Soccer (Boys)	4,279	4,061
Tennis (Girls)	1,499	1,504
Tennis (Boys)	1,201	1,285
Outdoor Track (Girls)	2,487	2,382
Outdoor Track (Boys)	2,766	2,877
Indoor Track (Girls)	1,327	1,332
Indoor Track (Boys)	1,471	1,542
Volleyball	886	844
Wrestling	<u>805</u>	<u>861</u>
	48,410	49,422

NFHS Uniform Waiver

Any school in need of a waiver of the NFHS Uniform Rule is asked to submit a written request to the MPA office. Written confirmation of the waiver will be provided to the school. Uniform waivers are granted for a one year period. Should a school need a waiver for an additional year, a separate request must be made.

Notes and Updates

MPA Policy on Anonymous Communications—Anonymous calls, e-mails, or letters sent to the MPA will be forwarded to the school administrator of the school in question. The MPA will take no further action unless a violation is reported by a member school. The MPA staff has no authority to act on anonymous communications.

Graduation Date Conflicts—Schools are reminded to check their graduation date for potential conflicts with MPA sponsored regional and state championships. The championship dates are set well enough in advance so that each of the more than 150 high schools in the state can make its own decision on how best to avoid potential conflicts.

Non-Athletic Bulletins and Forms—Bulletins and forms for Debate and Speech as well as Drama are available on the MPA website. Please share this information with the appropriate advisors.

New England Cross Country Championships—The 81st New England Cross Country Championships will be held at Thetford Academy in Thetford, VT on Saturday, November 14, 2015. Girls race at 11:30 a.m. and boys race at 12:30 p.m.

Indoor Track New England Championships—Due to a scheduling conflict at the Reggie Lewis Center in Boston, the

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MPA Hall of Excellence

Nominations are now being accepted for the 2016 class of inductees into the *MPA Hall of Excellence*. If you have had a student, an athlete, a coach, or an administrator that has had a significant impact on high school activities in Maine, please consider nominating that individual. Also, consider outstanding officials, adjudicators, media, or health care providers that may have had a similar type of impact.

Click [HERE](#) to access the *MPA Hall of Excellence* materials.

Notes and Updates . . . (Continued from Page 1)

date of the 2016 New England Indoor Track Championships will be held on Sunday, February 21, 2016.

New England Tournament Dates—In-door Track, Sunday, February 28, 2016 at the Reggie Lewis Center in Boston, MA; Wrestling, Friday, March 4 and Saturday, March 5, 2016 at Providence Career and Technical Center, Providence, RI; Spirit, Saturday, March 19, 2016 at Lawrence High School in Lawrence, MA; Outdoor Track, Saturday, June 11, 2016 at Willowbrook Park, New Britain, CT; and Golf, Monday, June 20, 2016 at Bretwood Golf Course in Keene, NH.

Open Gym / Open Skate—According to the MPA Sport Season Policy an open activities period includes activities approved by the principal and scheduled for a gym, pool, ice arena, or other facility for which all students or age groups are invited to participate. Supervising adults must be supervising and not coaching or giving instruction. A coach may supervise an open gym if his/her players are not in the majority, and he/she is providing no instruction. The activity may not consist only of members of a given team.

Sideline Personnel—Schools are reminded that only high school students and adults are allowed on the sidelines or playing field during all MPA tournament games.

Preseason Coaches' Meeting—As principals and athletic directors, it's time to plan your preseason mandatory coaches' meeting. It will pay dividends. We suggest you use the following agenda:

- 1) Your expectations for the program;
- 2) Sportsmanship expectations;
- 3) Coaches' eligibility standards;
- 4) MPA Coaches' Handbook;
- 5) Student eligibility—expectations/process;
- 6) Risk management;
- 7) Parent expectations;
- 8) Parents' meeting—general/break out with coaches;
- 9) Evaluation process; and
- 10) Media relations.

It is important that the principal and athletic director co-host the general session followed by the coaches' meeting

with the parents of the athletes. It is important for everyone to develop open and honest communication with parents.

A format for the parent meeting, developed by Gerry Durgin, past athletic administrator at Gorham High School, is available by contacting the MPA office at 622-0217, ext. 41.

Sunday Practices—Schools are reminded that Sunday practices are a local decision. Sunday competition, at any level, is prohibited.

Volunteer Coaches—Adults that work with a team more than two or three times throughout the season should be listed on a school's coaches' eligibility roster and meet all aspects of the coaches' eligibility policy.

Class B Indoor Track—The date of the Class B Indoor Track meet has been moved from Monday, February 15 to Saturday, February 13. The meet will be held at Bates College and will begin at 12:00 p.m. The date and time of the Class A meet has not been changed.

Baseball/Softball Pitcher/Catcher Week—The MPA Baseball and Softball Committees are proposing a change to the week of pitcher and catcher development that would allow schools to determine the number of pitchers and catchers that may participate in the week of conditioning while establishing very clear guidelines as to what may or may not take place during that week.

Sportsmanship Banners

The MPA Sportsmanship Committee is proud of the recognition of Sportsmanship Banners into all activities for the 2015-2016 season. This fall Sportsmanship Banners will be awarded in all classes North and South in all activities. They will be presented at the state championships in all classes.

- * Each school has one vote per school (either the athletic administrator or coach).
- * Please include your athletes in the process.
- * You **MUST** vote for schools that are on your schedule.
- * The deadline will be one week after the last countable date.
- * Schools may not vote for themselves.
- * Any coach or player disqualified from a contest will result in that school being ineligible (at any level).
- * Schools that don't vote will not receive the banner.
- * Athletic administrators and coaches who have access may vote on the MPA website, online forms section.
- * Schools receiving the honor will be notified by an MPA Committee member.

Sportsmanship banners will be presented during the winter and spring seasons in all activities.

Cooperative Individuals

In the sports of indoor track, skiing, swimming, and wrestling, the cooperative individual sending schools are responsible for listing their students on the school's eligibility list. The sending school should also list the receiving school's coach in the appropriate box. The receiving school is responsible for notifying schools on its schedule that it has cooperative individuals from another school competing with its team. Early in the regular season competition, the MPA will send an e-mail to all schools in each of those sports listing all the cooperative individuals and the schools to which they are attached.

The school must apply on a form that can be found at www.mpa.cc/pdf/coopindv.pdf and must be filed **prior to the first countable contest on December 4, 2015.**

Postponement or Rescheduling of Athletic Contests

It is inevitable that during a season one will have to cancel or postpone an event. **Communication** and **Advanced Planning** are the greatest assets for facilitating change. Each school/league should have a pre-developed checklist for administering reschedules.

Cancellations/Postponements could be caused by:

- Weather conditions (facilities or travel conditions),
- School functions requiring a change,
- Any safety concerns,
- Local, state, or national crisis,
- A death involving personnel associated with the team and or school,
- An epidemic, or
- Spread of communicable disease impacting individuals.

The Maine Principals' Association policy states "Schools will utilize the next mutually available date for the

purposes of making up the postponement."

School administrators should consider the following before rescheduling:

- Make decisions in a timely manner,
- Contact opponents to understand all possible conflicts/adjustments necessary before rescheduling,
- Communicate with facilities management and transportation departments,
- Check with assignor for official availability,
- Have a postponement/cancellation checklist that includes the following: timers, scorers, ticket takers, game management, security, boosters, etc., and
- Use technology (e-mail, website, electronic messages).

2016 Ski Championships

Tuesday, February 16

Class A Alpine—Mt. Abram
Class B Alpine—Black Mountain

Wednesday, February 17

Class A Alpine—Mt. Abram
Class B Alpine—Black Mountain

Thursday, February 18

Class A Nordic—Titcomb Mountain
Class B Nordic—Sugarloaf
Class C Nordic—Black Mountain

Friday, February 19

Class A Nordic—Titcomb Mountain
Class B Nordic—Sugarloaf
Class C Nordic—Black Mountain

Ice Hockey / Cheerleading Makeup Rules Clinics

The makeup rules clinic for ice hockey is scheduled for Wednesday, November 11 and cheerleading is scheduled for Tuesday, November 24. Both clinics are originating from Gorham Middle School with Tandberg Sites to be determined. Both clinics will begin at 6:00 p.m.



2015 National Athletic Directors' Conference



Marriott World Center Hotel and Conference Center in Orlando, Florida on December 12-15, 2015 will be the site of the 46th National Athletic Directors Conference.

The National Athletic Directors Conference, sponsored by the National Federation of State High School Associations (NFHS) and the National Interscholastic Athletic Administrators Association (NIAAA), is the single premier conference that provides an outstanding educational in-service program for athletic administrators. This first class conference features professional speakers and an exhibit show with more than 200 exhibitors, as well as authoritative athletic administrators who willingly share their experience and expertise on a variety of topics. Leadership training courses are also offered.

For more information visit:

<http://www.niaaa.org/about-the-niaaa/niaaa-conference/>

Cancer Awareness

Congratulations to those schools that have participated in a *Cancer* (or other worthy cause) *Awareness* game this fall! Any school planning or participating in such an event and in need of a uniform waiver should contact the MPA office.

Volleyball Sportsmanship Winners



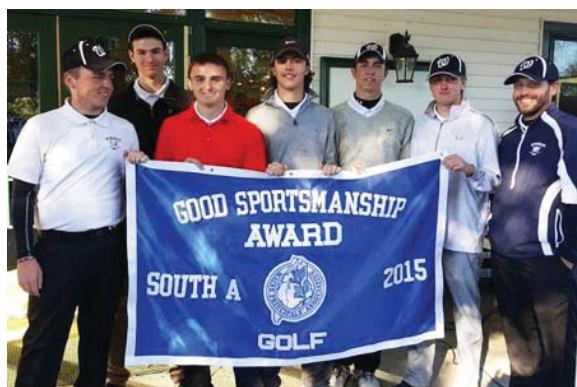
Class A: Windham High School



Class B: North Yarmouth Academy



Golf Sportsmanship Winners



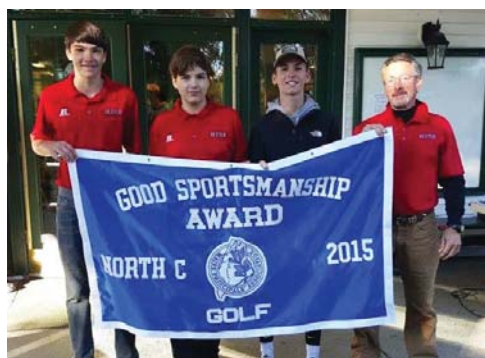
Class A South: Windham High School



Class A North: Nokomis Regional High School



Class B North: Mount Desert Island Regional High School



Class C North: Dexter Regional High School



Class B South: Spruce Mountain High School

Cross Country Sportsmanship Winners



Boys Class A South: Windham High School



Boys Class B North: Caribou High School



Girls Class B North: Caribou High School



Girls Class A South: Windham High School



Boys Class C South: Boothbay Region High School



Girls Class C North: Orono High School



Girls Class C South: Boothbay Region High School



Boys Class C North: Orono High School



Girls Class A North: Cony and Mt. Blue High Schools

Field Hockey Sportsmanship Winners



Class C South: Dirigo High School



Class A South: Windham High School



Class B North: Camden Hills Regional High School



Class B South: Lincoln Academy



Class A North: Lewiston High School

