

Moose Lake Community School

Standard Illness Policy

With Exclusion Guidelines

Moose Lake Community School will exclude students from childcare and school for the following reasons:

- Fever of 100.4°F or higher
- Vomiting
- Diarrhea
- Rash with fever and/or change in behavior or activity level
- Signs or symptoms of possible severe illness including inability to participate in routine activities, unusual fatigue or tiredness, uncontrolled coughing, unexplained irritability, persistent crying, difficulty breathing, wheezing, other unusual signs for the child, or needs that are more than can be provided by the staff
- Communicable illnesses or infectious diseases as described in chart below

- Please keep your child home when they are sick or not feeling well. Unless otherwise stated, your child may return when their symptoms have improved and it has been at least 24 hours following resolution of fever, vomiting, or diarrhea without medication use. Your child may return to school with an improved but lingering cough, as long as the cough is controlled and is not a disturbance to themselves or others.
- Children who will be, or have been, absent due to acute or chronic illness, injury, surgery or communicable disease should be made known to the nurse.
- Parents or guardians will be contacted if their child needs to leave school due to illness. Only parents, guardians or emergency contacts are able to pick up the child from school. Parents of high school students who drive to school and who need to leave school due to illness must be called and provide verbal permission for students to drive home from school.

The chart below provides information on the most common childhood illnesses or conditions. This is not an all-inclusive list of illnesses, medical conditions or infectious diseases. Please contact the School Nurse to obtain exclusion guidance for illnesses not listed below.

<u>Illness, Condition or Disease</u>	<u>Exclusion Guidelines</u>
<input type="checkbox"/> Bronchitis	Keep your child home from childcare and school until 24 hours after fever is gone (without the use of a fever reducing medicine) and your child is healthy enough for routine activities. Click here to view Parent Handout
<input type="checkbox"/> Chickenpox (Varicella)	Keep your child home from childcare and school until all blisters have dried into scabs. This is usually by day 6 after the rash began. If your child has chickenpox they need to stay home, even if they previously had the chickenpox vaccine. Click here to view Parent Handout

<input type="checkbox"/> COVID-19, or symptoms consistent with COVID-19	Individuals who test positive for COVID-19 must isolate at home. See below for current information. See Moose Lake COVID-19 Policy for specific details. Click here to view Parent Handout
<input type="checkbox"/> Croup	Keep your child home from childcare and school until 24 hours after fever is gone (without the use of a fever reducing medicine) and your child is healthy enough for routine activities. Click here to view Parent Handout
<input type="checkbox"/> Diarrhea	Keep your child home for 24 hours after the last episode of diarrhea and your child is healthy enough for routine activities. Click here to view Parent Handout
<input type="checkbox"/> Fever	Keep your child home from childcare and school until 24 hours after fever is gone (without the use of a fever reducing medicine) and your child is healthy enough for routine activities.
<input type="checkbox"/> Fifth Disease	No exclusion from childcare or school if other rash-causing illnesses are ruled out by a health care provider. Persons with fifth disease are unlikely to be contagious once the rash appears. Click here to view Parent Handout
<input type="checkbox"/> Hand Foot and Mouth Disease	Keep your child home from childcare and school until fever is gone and child is healthy enough for routine activities. Sores or a rash may still be present. Click here to view Parent Handout
<input type="checkbox"/> Head Lice	No exclusion from childcare or school, but it is recommended that your child be treated for head lice. Your child should be encouraged to avoid head-to-head contact with other children. Click here to view Parent Handout
<input type="checkbox"/> Impetigo	Keep your child home from childcare and school if impetigo is confirmed by your health care provider. Your child will need to stay home until 24 hours after treatment is started and the sores are drying. Click here to view Parent Handout
<input type="checkbox"/> Influenza, or Influenza-like Illness	Keep your child home from childcare and school until 24 hours after fever is gone (without the use of a fever reducing medicine) and your child is healthy enough for routine activities. Click here to view Parent Handout
<input type="checkbox"/> Molluscum Contagiosum	No exclusion from childcare or school, but should cover bumps with clothing if skin-to-skin contact will occur. Avoid participating in swimming or contact sports if the bumps cannot be covered with clothing or a watertight bandage. Click here to view Parent Handout
<input type="checkbox"/> Norovirus	Keep your child home for 24 hours after the last episode of diarrhea, vomiting or fever (without the use of medication).

	Click here to view Parent Handout
<input type="checkbox"/> Pink Eye (Conjunctivitis)	No exclusion from childcare or school, unless the child has a fever or is not healthy enough to participate in routine activities. Antibiotics or a note from a health care provider are not required. Click here to view Parent Handout
<input type="checkbox"/> Pneumonia	Keep your child home from childcare and school until 24 hours after fever is gone (without the use of a fever reducing medicine) and your child is healthy enough for routine activities. Click here to view Parent Handout
<input type="checkbox"/> Rash with fever and/or change in behavior or activity level	Keep your child home from childcare and school until a medical exam indicates these symptoms are not those of a communicable disease that require exclusion, and until 24 hours after fever is gone (without the use of a fever reducing medicine) and your child is healthy enough for routine activities.
<input type="checkbox"/> Respiratory Infection	Keep your child home from childcare and school until 24 hours after fever is gone (without the use of a fever reducing medicine) and your child is healthy enough for routine activities. Click here to view Parent Handout
<input type="checkbox"/> Respiratory Syncytial Virus (RSV)	Keep your child home from childcare and school until 24 hours after fever is gone (without the use of a fever reducing medicine) and your child is healthy enough for routine activities. Click here to view Parent Handout
<input type="checkbox"/> Shingles (Zoster)	Keep your child home from childcare and school if blisters cannot be covered by clothing or bandage, and keep them home until the blisters have crusted. If blisters can be covered with clothing or a bandage, your child may go to childcare or school. Click here to view Parent Handout
<input type="checkbox"/> Strep Throat	Keep your child home from childcare and school until 12 hours after antibiotic treatment begins and the fever is gone. Click here to view Parent Handout
<input type="checkbox"/> Vomiting	Keep your child home for 24 hours after the last episode of vomiting and your child is healthy enough for routine activities.

Per recommendations from the Minnesota Department of Health, Moose Lake Community School follows the [Hennepin County Infectious Diseases in Childcare Settings and Schools](#) manual.

This manual is designed to provide specific disease prevention and control guidelines which are consistent with the national standards put forth by the American Public Health Association and the American Academy of Pediatrics.