

Milaca Tracks & Tales

500 Hwy 23 West, Milaca MN 56353

Reminders

Tuesday, September 17

Tie Dye Tuesday Wear Tie Dye to promote bullying awareness

Friday, September 20

Absentee Ballot Voting Begins for the November Election

Thursday, October 3

Milaca Elementary Family Fun Night 5:00 - 6:30 p.m.

<u>October 7 - 11</u>

National Hot Lunch Week

Monday, October 14 Picture Retake Day

Thursday, October 17

No School for Students and Staff

Friday, October 18 No School for Students and Staff

WELCOME **B**ACK!

A Message from Mr. Voshell, Elementary Principal

"C mall town proud" is a real thing. In fact, it doesn't take Olong to find a t-shirt on Amazon or Etsy with a related message. There are articles and websites devoted to defining what it means and why small towns have "it." I think it has something to do with knowing the people you serve and the people who serve you. We spend time in local stores, restaurants, parks, etc. and invariably run into someone we know. We are here for each other!

Small town proud includes the school. I've had the opportunity to work in five Minnesota school districts. We have so much to be proud of in Milaca. We are fortunate to work with a talented, caring staff. Our students work very hard to grow each year. Our families support our school and we couldn't ask for better community support.

Pride is difficult to measure. Perhaps there is a rating system or survey that can quantify pride. To me, it is simply something that you know when you see it and hear it. It is felt rather than obtained.

This school year we are focusing on school pride. It is, after all, part of our school vision...Instilling pride and achieving excellence. We will continue to work to be our best for all who are part of our school community. Milaca pride is not new. It was planted years ago. Our job is to continue to cultivate it.

I am so proud to be a member of the Milaca Wolves! I hope you are too! Go Wolves!

A Message from Mr. Patnode, High School Principal

Together we are One! - We started the 2019-2020 school year with an early Homecoming, and this year's theme is "Together we are One!"

What a great week and mantra to kick off the school year! We have lots of things to be proud of at Milaca High School. From student achievement, fine arts, and athletics, we have seen tremendous success and growth in the past few years. All of this has been possible because of our students, staff, parents, and the community. As a district we have some challenges, but the past few years we have built a foundation to address these challenges. It is going to continue to take every single community member to help. "Together we are One" is not just a theme or mantra for this year, but it is the perfect way to start this year. School and community pride have always been an important part of Milaca. I'm proud to be from Milaca and a part of the Milaca community. We are going to keep working hard to provide the best possible education and community partner that we can! Go Wolves!

National Hot Lunch Week

October 7 - 11

Please arrive early to pay for your lunch

Adults: \$3.75 • Children: \$2.70

Monday, October 7

Kindergarten 11:15 -11:40 a.m.

Menu: Lasagna Roll Up Breadstick Green Beans Salad Peaches Juice Bar

Tuesday, October 8

Grade 1 11:40 a.m. -12:00 p.m.

Menu: Super Nachos Mexican Rice Corn Oranges Jonny Pop

Wednesday, October 9

Grade 2 10:50 -11:10 a.m.

Hamburger Sweet Potato Fries Texas Caviar Banana

Menu:

Menu:

Thursday, October 10

Grade 3 12:00 -12:20 p.m.

Deluxe Sub Baked Chips Peas, Carrots, & Grade 4 Tomatoes 12:20 -Apple Wedges 12:40 p.m.

Friday, October 11

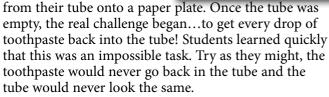
Grade 5 12:40 -1:00 p.m.

Pepperoni Pizza **BLT Salad** Green Beans Grapes

Toothpaste Challenge Cassie Wredberg, Fifth Grade Teacher

 $\mathbf{F}^{ ext{ifth graders kicked off}}_{ ext{the school year with a}}$ lesson on kindness called the Toothpaste Challenge. This lesson is a great visual demonstration for students on the importance of using kind words.

Students were split into groups and tasked with the job of squeezing every last drop of toothpaste



After the challenge, classes discussed how using words is similar. Just like the toothpaste, once words leave our mouths, we cannot put them back in. We cannot stop who has heard them or the hurt they might have caused. While we can always ask for and receive forgiveness, things can never go back to the way they

This activity kicks off a year of social and emotional learning for the fifth grade class. They will discover ways to be kind to themselves and others, as well as how to regulate emotions, make good decisions, and maintain a growth mindset despite life challenges.

Fall ECFE Classes

 ${f F}$ all is here and so are new Milaca ECFE classes! Early Childhood Family Education (ECFE) is a program for all families with children between the ages of birth to kindergarten entrance. The program is offered through the Milaca Public School. ECFE is based on the idea that the family provides a child's first and most significant learning environment and parents/families are a child's first and most important teachers. ECFE works to strengthen families. It is where families go to discover new things about each other by spending valuable time together. At ECFE you will find: support for your challenging role as a parent/guardian, friendship for you and your child, resources, books, DVD's, and toys. Registration is now open! For details about classes or to register go online http://milacacommunityed.registryinsight.com or call Community Ed office: 320-982-7307.

<u>Monday</u> <u>Classes</u>	<u>Tuesday</u> <u>Classes</u>	Wednesday Classes	<u>Thursday</u> <u>Classes</u>
Young Explorers Birth-5 yrs. 8:30-10:00	Young Explorers Birth-5 yrs. 10:00-11:00 Cooking w/ Kids 2-5 yrs 1:30-2:30 Family Matters - Mixed Ages Birth - 5 yrs. 6:00-7:30	You & Me Baby Birth-12 mo. 8:30-9:30	Coffee, Caring &, Sharing Birth-5 yrs. 8:30-9:30 Library Story Time Birth-5 yrs. 10:30-11:30 Junior Scientist 2-5 yrs. 1:30-2:30
Toddler Time 12-24 mo. 10:30-11:30 Preschool Together Day 1 of 2 3-5 yrs. 12:30-2:30		Little Readers Club 1-5 yrs 10:00-11:30 Preschool Together Day 2 3-5 yrs. 12:30-2:30	

Milaca Public Schools - Instilling Pride and Achieving Excellence