

Lions Roar



4/14/2023

Announcements

Order your 2022-2023 YEARBOOK for \$35
<https://www.strawbridge.net/>
Online Code: YB26166



Lyle Public School is seeking a
Summer Strength and Conditioning Coach.

The Lyle-Pacelli Strength and Conditioning Coach will work with students in preparation for the upcoming school year's athletic programs. The coach will train students with exercises, drills, and core lifts to improve agility, quickness, balance, strength, and coordination to improve pure speed and strength. The coach will also teach proper form/technique in strength training, as well as group plyometric workouts to gain the hip and leg explosion necessary to enhance speed, agility, and quickness.

Trainings will take place at Lyle High School during the 2023 Summer.

All interested applicants can send their credentials to Superintendent Jamie Goebel at jgoebel@lyle.k12.mn.us

Sports Corner

Monday, April 17th

4:00pm Junior High Baseball

vs Mabel Canton @ Todd Park

4:30pm Varsity Baseball

vs St. Clair @ Marcussen Park

4:30pm Varsity Softball

vs Bethlehem Academy @ Todd Park

4:30pm Girls Junior High Track & Field

@ Blooming Prairie

4:30pm Boys Junior High Track & Field

@ Blooming Prairie

6:30pm JV Baseball

vs St. Clair @ Marcussen Park

Tuesday, April 18th

4:30pm Varsity Baseball

vs Rushford Peterson @ Marcussen Park

4:30pm Varsity Softball

vs Schaeffer Academy @ Todd Park

4:30pm Girls Varsity Track & Field

vs multiple schools @ Medford High School

4:30pm Boys Varsity Track & Field

vs multiple schools @ Medford High School

6:30pm JV Baseball

vs Rushford-Peterson @ Marcussen Park

Thursday, April 20th

4:00pm Varsity Baseball

vs Goodhue @ Goodhue High School

5:30pm JV Baseball

vs Goodhue @ Goodhue High School

Friday, April 21st

4:00pm Girls Varsity Track & Field

vs multiple schools m@ PEM 4-6 Building

4:00 Boys Varsity Track & Field

vs multiple schools m@ PEM 4-6 Building

4:30pm Junior High Baseball

vs Glenville-Emmons/Alder-Conger @ Todd Park

4:30pm Varsity Baseball

vs Glenville-Emmons/Alder-Conger

@ Alden-Conger HS ACHS-Neil Pierce Field

4:30pm Varsity Softball

vs Glenville-Emmons/Alder-Conger

@ Alden-Conger HS ACHS-North Park

Lions Roar



4/8/23



Community Seed Library

coming soon to

Lyle Public School

Opening March 23rd



- Do you believe cost of food is getting ridiculous?
- Do you want to eat healthier?
- Are you finding it harder and harder to have the time to go get fresh produce?
- Ever thought about starting your own garden?
- Would you like to spruce up your landscaping?

If you said YES to any or all these questions, let us help you get started. The Seed Library will have a variety of produce and flower seeds that will be available on a first come basis with limited supplies available. These will be "checked out" but no returns needed. Please "check out" only what you can use this year. Cost is FREE

AND

If you're not sure where to start with a produce garden or a flower garden, check out the upcoming Community Ed classes with a Master Gardener who is willing to share his wisdom and help you get started. There are also some resource materials to help you along the way.





Lyle Public Schools Breakfast Menu

**April
202
3**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Cheesy Ham Melt Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	4 Blueberry Loaf Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	5 Coffee Cake Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	6 Blueberry Breakfast Bark Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	7 Spring Break
10 Spring Break	11 Mini Donut Yogurt Cup Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	12 Strawberry Cream Cheese Filled Bagel Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	13 Scrambled Egg Mini Breakfast Loaf Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	14 Breakfast Burrito Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
17 Chocolate Chip Muffin Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	18 Sausage Breakfast Biscuit Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	19 Sausage Breakfast Pizza Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	20 Cinnamon Roll Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	21 Breakfast Banana Split Yogurt Parfait Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
24 Brekkie Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	25 Chocolate Chip Muffin Cheese Stick Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	26 Plain Long John Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	27 Breakfast Bowl Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	28 Pancakes Syrup Choice of Cereal Graham Crackers Vegetable Selection Fruit or Juice Selection 1% Milk
			This is for Food 4 Thought	

PRICES

Breakfast	\$2.50
Extra Milk	\$0.50
Adult Breakfast	\$2.65

EXTRA INFO

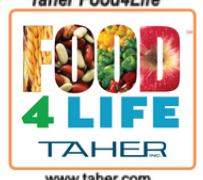
Milk choice of 1% White, Skim or Chocolate
 Skim or Water is included with Lunch. For
 questions or comments please contact Melissa
 Armstrong at (507) 325-2201 ext 3006 or
 marmstrong@lyle.k12.mn.us

HARVEST OF



THE MONTH

Your **MENUS** plus more
 information on our app
Taher Food4Life®



www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.



Lyle Elementary Lunch Menu

**April
202
3**

Fresh Fruit and Veggie Bar Served with all Lunches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Crispy Chicken Tenders Whole Grain Dinner Roll Deli Sub Sandwich Roasted Broccoli Baby Carrots Diced Peaches Banana	4 Meatballs and Gravy Whole Grain Dinner Roll Deli Sub Sandwich Mashed Potatoes & Gravy Baby Carrots Mixed Canned Fruit Banana	5 Mini Corn Dogs Deli Sub Sandwich Baked Beans Baby Carrots Pineapple Tidbits Banana Mini Rice Krispie Treat	6 Ham & Cheese on a Bagel Deli Sub Sandwich Tater Tots Baby Carrots Applesauce Banana	7 Spring Break
10 Spring Break	11 Meatball Marinara Sub Honey Mustard Ham Wrap Steamed Green Beans Cucumber Slices Mixed Canned Fruit Fresh Pear	12 Ham Egg & Cheese Bagel Honey Mustard Ham Wrap Roasted Broccoli Cucumber Slices Pineapple Tidbits Fresh Pear Chocolate Chip Cookie	13 Beef Chili Cornbread Honey Mustard Ham Wrap Potato Wedges Cucumber Slices Applesauce Fresh Pear	14 Pizza Parlor Honey Mustard Ham Wrap Steamed Carrots Cucumber Slices Diced Peaches Fresh Pear
17 Mini Corn Dogs Deli Sub Sandwich Coleslaw Cherry Tomato Diced Peaches Fresh Grapes	18 Beef Hot Dog on a Bun Baked Beans Deli Sub Sandwich Roasted Corn Cherry Tomato Mixed Canned Fruit Fresh Grapes Cookie	19 Orange Chicken Brown Rice Deli Sub Sandwich Steamed Carrots Cherry Tomato Pineapple Tidbits Fresh Grapes	20 Pancakes Easy Egg Bake Deli Sub Sandwich Potato Wedges Cherry Tomato Applesauce Fresh Grapes	21 Tater Tot Casserole Garlic Toast Deli Sub Sandwich Roasted Broccoli Cherry Tomato Diced Peaches Fresh Grapes
24 Turkey BLT Flatbread Crispy Chicken Wrap Parsley Potato Baby Carrots Diced Peaches Banana	25 Italian Pasta Bake Garlic Breadstick Crispy Chicken Wrap Roasted Broccoli Baby Carrots Mixed Canned Fruit Banana Homemade Brownie	26 BBQ Pulled Pork Sandwich Crispy Chicken Wrap Steamed Carrots Coleslaw Pineapple Tidbits Banana	27 Chicken Fajitas Spanish Rice Crispy Chicken Wrap Spiced Pinto Beans Baby Carrots Pineapple Tidbits Banana	28 Pizza Parlor Crispy Chicken Wrap Buttered Peas Red/Orange Bell Pepper Diced Peaches Banana

PRICES

Elementary Lunch	\$
Extra Entree	\$1.50
Extra Milk	\$.50
Adult Lunch	\$4.95

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
 Skim or Water is included with Lunch. For
 questions or comments please contact Melissa
 Armstrong at (507) 325-2201 ext 3006 or
 marmstrong@lyle.k12.mn.us

HARVEST OF



THE MONTH

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Lyle Secondary School Lunch Menu

Fresh Fruit and Veggie Bar Served with all Lunches

April
1
2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Crispy Chicken Tenders Whole Grain Dinner Roll Cheeseburger on a Bun Deli Sub Sandwich Roasted Broccoli Baby Carrots Diced Peaches Banana	4 Meatballs and Gravy Whole Grain Dinner Roll Crispy Chicken Nuggets Whole Grain Dinner Roll Deli Sub Sandwich Mashed Potatoes & Gravy Baby Carrots Mixed Canned Fruit Banana	5 Corn Dog Chicken Tacos Lettuce, Tomato and Cheese Deli Sub Sandwich Baked Beans Baby Carrots Pineapple Tidbits Banana Mini Rice Krispie Treat	6 Ham & Cheese on a Bagel Crispy Chicken Sandwich Deli Sub Sandwich Tater Tots Baby Carrots Applesauce Banana	7 Spring Break
10 Spring Break	11 Meatball Marinara Sub Crispy Chicken Nuggets Whole Grain Dinner Roll Honey Mustard Ham Wrap Steamed Green Beans Cucumber Slices Mixed Canned Fruit Fresh Pear	12 Ham Egg & Cheese Bagel Beefy Nachos Honey Mustard Ham Wrap Roasted Broccoli Cucumber Slices Pineapple Tidbits Fresh Pear Chocolate Chip Cookie	13 Beef Chili Cornbread Crispy Chicken Sandwich Honey Mustard Ham Wrap Potato Wedges Cucumber Slices Applesauce Fresh Pear	14 Pizza Parlor Teriyaki Chicken Strips Fried Rice Honey Mustard Ham Wrap Steamed Carrots Cucumber Slices Diced Pears Fresh Pear
17 Mini Corn Dogs Cheeseburger on a Bun Deli Sub Sandwich Coleslaw Cherry Tomato Diced Peaches Fresh Grapes	18 Beef Hot Dog on a Bun Baked Beans Crispy Chicken Nuggets Whole Grain Dinner Roll Deli Sub Sandwich Roasted Corn Cherry Tomato Mixed Canned Fruit Fresh Grapes	19 Orange Chicken Brown Rice Carnita Nachos Deli Sub Sandwich Steamed Carrots Cherry Tomato Pineapple Tidbits Fresh Grapes	20 Pancakes Easy Egg Bake Crispy Chicken Sandwich Deli Sub Sandwich Potato Wedges Cherry Tomato Applesauce Fresh Grapes	21 Tater Tot Casserole Garlic Toast Pizza Parlor Deli Sub Sandwich Roasted Broccoli Cherry Tomato Diced Pears Fresh Grapes
24 Turkey BLT Flatbread Cheeseburger on a Bun Crispy Chicken Wrap Parsley Potato Baby Carrots Diced Peaches Banana	25 Italian Pasta Bake Garlic Breadstick Crispy Chicken Nuggets Whole Grain Dinner Roll Crispy Chicken Wrap Roasted Broccoli Baby Carrots Mixed Canned Fruit Banana	26 BBQ Pulled Pork Sandwich Soft Beef Tacos Lettuce, Tomato and Cheese Crispy Chicken Wrap Steamed Carrots Coleslaw Pineapple Tidbits Banana	27 Chicken Fajitas Spanish Rice Crispy Chicken Sandwich Crispy Chicken Wrap Spiced Pinto Beans Baby Carrots Pineapple Tidbits Banana	28 Pizza Parlor Toasted Cheese Sandwich Homemade Tomato Soup Kettle Potato Chips Crispy Chicken Wrap Buttered Peas Red/Orange Bell Pepper Diced Pears Banana
			This is for Food 4 Thought	

PRICES

Secondary Lunch	\$3.35
Extra Entree	\$1.50
Extra Milk	\$.50
Staff Lunch	\$4.95

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim or Water is included with Lunch. For
questions or comments please contact Melissa
Armstrong at (507) 325-2201 ext 3006 or
marmstrong@lyle.k12.mn.us

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Menus and nutrition
our app
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4/8/23

SPRING CLEANING GARAGE SALE

APRIL

22

HAVE STUFF TO GET RID
OF?

DONATE TO THE SENIOR CLASS SALE!

Where and when
can I donate
my items?

- In the big box at the front of LPS,
April 17th-April 20th
8 am- 7pm

Where do the
proceeds
go?

-All proceeds go to any
events seniors partake in
such as prom, graduation
fun, or events that needs a
donation.

Where will the
sale be held?

- Depending on weather:
The LPS parking lot or
the LPS multi purpose room



Lions Roar



4/8/23

KEEGAN COOK VOLLEYBALL CAMP

Minnesota Training Camp
Camp 1: July 7-9th
Camp 2: July 14-16th

Positional and Boys Camp
July 10-11th

Volley School
July 10-11th

Beginner Skills Camp
July 12

Prospect Camp
July 12-13th

For additional information:



open to any and all
keegancookvolleyball.com

TRAIN LIKE
A GOPHER



Lions Roar



4/8/23



Ready to
BLOOM?

For Girl Scouts, every new adventure is an opportunity to grow. From planting pollinator gardens to exploring the night sky, Girl Scouts sow the seeds of curiosity and friendship as they bloom into the confident, passionate leaders they were born to be.

For a limited time, join Girl Scouts for \$35 and keep blooming through September of 2024!

All girls entering grades K-12 are invited to join.
Financial assistance is available.

Join by June 1 to receive a free welcome kit and access to summer camps and events, including Girl Scouts Night at the ~~Movie~~ **Aurora FC**.

**Space is limited and available while supplies last.*



Explore troop options
and register today at
girlscoutsrv.org/join

We offer troop options that support and center the unique experiences of Black, Indigenous, and People of Color (BIPOC) youth and families. Learn more by visiting us online at GirlScoutsRV.org/CommunityEngagement.

girl scouts
river valleys

JAMI DONALDSON

Jami Donaldson grew up in Rochester and Austin, Minnesota. She went to school at Winona State University and has been a teacher for 22 years. Mrs. Donaldson and her husband have 4 children and have also raised her niece and have a foster child.

They have one granddaughter as well as a dog. Mrs. Donaldson's favorite childhood memory is her blind Grandma making up silly songs and singing to her. She became a teacher to make a difference in students' lives. One of her favorite memories as a teacher is the time a student, who refused to do most schoolwork, begged her to continue a poetry unit they were doing. Someday, she wants to become a professor at a college for teachers



Reading Teacher at Lyle
for 11 years

THE LION'S STAFF SPOTLIGHT



BARB GOSLEE

Nurse Barb grew up on a farm between Lyle and Rose Creek. Prior to starting at Lyle, she was a registered nurse for over 17 years at Mayo Clinic in Rochester. Nurse Barb has been married to Justin for 18 years and together they have 4 kids - Cayden, Connor, Trista, & Tenley. Her favorite childhood memory is working on the farm with her family and traveling to Norway as a foreign exchange student her junior year of high school. Barb chose to work at Lyle because of the flexibility of the school calendar which allows her to attend her children's extra-curricular activities. Barb loves seeing all the students & staff at Lyle as well as seeing the students grow and watching their accomplishments in life. She dreams of traveling the world one day.



Registered Nurse
7 years

THE LION'S STAFF SPOTLIGHT

