

5/12/2023

Announcments

Order your 2022-2023 YEARBOOK \$35

https://www.strawbridge.net/ Online Code: YB26166

Deadline to Order: May 31st



SPORTS PHYSICALS

Mayo Clinic Health System is offering free qualifying sports screenings for area school athletes ages 12–19 in the 2023–24 school year. To prepare for the sports screening, student-athletes are asked to:

- Wear gym shorts and a T-shirt
- Bring a completed MSHSL sports physical form found on our website under activities
- Have a parent or guardian present (recommended, but not required)

To schedule a sports screening appointment online through the patient portal, call one of the numbers below:

Albert Lea - July 26, 3–6 p.m. - 507-433-8758 Austin - July 27, 3–6 p.m. - 507-433-8758

Sports Corner

Monday, May 15, 2023 4:30pm Baseball: Varsity Game

(Rescheduled from 05-15-23)
vs. St. Clair @ Austin Marcussen Park

4:30pm Softball: Girls Varsity Game vs. St. Clair @ Saint Clair High School

4:30pm Track & Field: Girls Junior High Meet vs. Multiple Schools.. @ Austin Wescott Sports Complex

4:30pm Track & Field: Boys Junior High Meet vs. Multiple Schools... @ Austin Wescott Sports Complex

> 6:30pm Baseball: JV Game

(Rescheduled from 04-17-23) vs. St. Clair @ Austin Marcussen Park

Tuesday, May 16, 2023 4:30pm Baseball: Junior High 2-5 Inning Games vs. Glenville-Emmons/Alden-Conger @ Alden Conger HS ACHS - Neil Pierce Field One 7-inning game

> 4:30pm Baseball: Varsity Double Header vs. Glenville-Emmons/Alden-Conger @ Austin Marcussen Park

4:30pm Softball: Girls Varsity Double Header vs. Glenville-Emmons/Alden-Conger @ Austin, Todd Park

> Wednesday, May 17, 2023 6:00pm School Board Meeting Lyle Public School Media Center

Thursday, May 18, 2023 4:30pm Baseball: Junior High 2-5 Inning Games vs. GMLOK @ Austin, Todd Park

4:30pm Baseball: Varsity Game vs. GMLOK @ Spring Valley High School

4:30pm Softball: Girls Varsity Game vs. GMLOK @ Spring Valley - South Park

6:00pm
Baseball: JV Game
vs. GMLOK @ Spring Valley High School High School Baseball Field

Friday, May 19, 2023 TBD Baseball: Junior High 2-5 Inning Games vs. Hayfield @ Austin, Todd Park

4:30pm Baseball: Varsity Game vs. Hayfield @ Hayfield High School

4:30pm Softball: Girls Varsity Game

(Rescheduled from 04-17-23) vs. Bethlehem Academy @ Austin, Todd Park

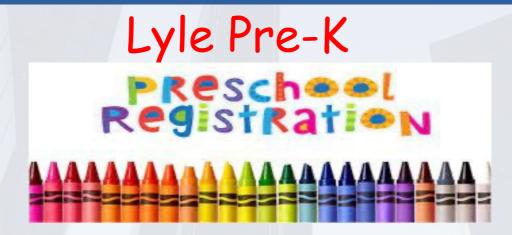
4:30pm

Track & Field: Girls Varsity Invitational
vs. Multiple Schools.. @ Triton High School - Triton High School

4:30pm Track & Field: Boys Varsity Invitational vs. Multiple Schools.. @ Triton High School - Triton High School

> 6:15pm Baseball: JV Game vs. Hayfield @ Hayfield High School





Registration for the 2023-2024 school year is open!

We offer the following classes:

Kindergarten Prep AM for ages 4 & 5

Kindergarten Prep PM for ages 4 & 5

Preschool class for age 3 & 4

Preschool Experience for age 3

Contact Lyle Public School @ (507)325-2201 for registration paperwork

\$25 registration fee and registration paperwork is required at time of registration





Free sports screenings



Mayo Clinic Health System is offering free qualifying sports screenings for area school athletes ages 12–19 in the 2023–24 school year.

To prepare for the sports screening, student-athletes are asked to:

- · Wear gym shorts and a T-shirt
- · Bring a completed IA/MN/WI high school league sports screening form
- · Have a parent or guardian present (recommended, but not required)

The sports screening is not meant to take the place of ongoing care with your regular medical provider.

If your child has not had a well-child exam in the last two years or is unable to attend one of the sports screening events, contact your primary care provider to schedule a well-child exam to be cleared for sports.

Immunizations will be offered during the sports screening.

Parent/Guardian consent is required to receive immunizations.



Scan the QR code for the consent form and bring the completed and signed form to the sports screening. Request immunizations when scheduling the sports screening appointment. Your insurance will be billed for immunizations.

Schedule a sports screening appointment online through the patient portal, the Mayo Clinic App or by calling your location's number.

Plainview

July 17, 1:30-5 p.m. 507-534-3169

Ellsworth

July 19, 1:30-5 p.m. 715-273-5061

Red Wing

July 24 and Aug. 3, 4-7 p.m. 651-267-5500

Lake City

July 25, 4-7 p.m. 651-345-1100

Zumbrota

July 25, 1:30-5 p.m. 507-732-7314

Albert Lea

July 26, 3-6 p.m. 507-433-8758

Austin

July 27, 3-6 p.m. 507-433-8758

Cannon Falls

July 27, 4-7 p.m. 507-263-6001



Pre-qualifying sports screenings

Frequently asked questions for parents/guardians and students

Where do we check in for sports screening appointments?

All sports screenings will be held in the Family Medicine department. For Austin, go to the Family Medicine department on the second floor. Please arrive 15 minutes before your scheduled appointment.

Does a parent need to be present at the sports screening appointment?

It is not required, but recommended for parents to be present for the appointment. If forms are incomplete and/or unsigned, the sports screening will not be conducted unless the parent is available.

Who is eligible for a sports screening?

School athletes ages 12–19 in the 2023–24 school year are eligible for a sports screening.

How often are sports screenings required to participate in sports?

- In lowa, student-athletes are required by state law to have a sports screening every year.
- In Minnesota, student-athletes are required by state law to have a sports screening every three years.
- In Wisconsin, student-athletes are required by state law to have a sports screening every two years.

Are immunizations offered during the sports screening?

Immunizations will be offered during the sports screening. Parent/Guardian consent is required to receive immunizations.



Scan the QR code for the consent form and bring the completed and signed form to the sports screening. Request immunizations when scheduling the sports screening appointment. Your insurance will be billed for immunizations.

Can other health questions be asked during the sports screening if they do not relate to sports participation?

We recommend you schedule an appointment with your primary care provider to ask other health questions. These screenings are not intended to replace an annual comprehensive physical exam, which is recommended for children 11 and older.

If there is an underlying medical condition, will the sports screening still provide clearance for the student-athlete to play?

The sports screening is not appropriate for athletes with an underlying medical condition (diabetes, asthma, anemia, infection, cardiovascular condition or seizure disorder). We recommend you schedule an appointment with your primary care provider to address your child's sports screening need.

What part of the form needs to be filled out before the sports screening?

Athletes and parents should complete the history portion of the Iowa, Minnesota or Wisconsin Sports Qualifying Physical Examination Form. If the form is incomplete or unsigned, you will be unable to participate in the sports screening.

How should I dress for the sports screening?

Wear loose-fitting clothing and gym shorts. Girls should wear a sports top or swimsuit top. Bring eyeglasses or contact lenses because a vision screening is part of the exam.

Are there any food or beverage restrictions before the sports screening?

Do not consume caffeine or sports drinks prior to your appointment.

What is the cost of the sports screening?

The sports screening is offered at no charge. However, your insurance will be billed for any immunizations received.

mayoclinichealthsystem.org

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Community Ed Classes

Dazzling Summer Porch Planter May 16,2023 6:00pm - 7:30 pm at Berg's Nursery

Cost \$35

Do you see beautiful planters and wish you could make them? Learn what it takes to create a stunning planter from nursery professionals! Create your own with guidance from Berg's Nursery staff. Please register online on the Lyle Public School Webpage>Community Education> Community Ed Class Registration. Or call the school at 507-325-2201. DEADLINE to register is 5/11/23.



Gorgeous Hanging Basket May 30, 2023 6:00pm - 7:30 pm at Berg's Nursery **Cost \$35**



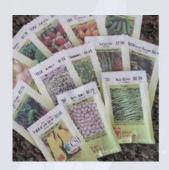
Do you see beautiful hanging baskets and wish you could make them? Learn what it takes to create a gorgeous basket from nursery professionals! Create your own with guidance from Berg's Nursery staff. Please register online on the Lyle Public School Webpage>Community Education> Community Ed Class Registration. Or call the school at 507-325-2201. DEADLINE to register is 5/23/23.

> Orchids: Learn and Take JUNE 13, 2023 6 PM - 7:30 PM at Berg's Nursery Cost \$35

Would you like to learn more about caring for exotic orchids? Join us for an evening at Berg's Nursery, where their experts will teach you all about orchids. Take home a beautiful orchid and pot. Please register online on the Lyle Public School Webpage>Community Education > Community Ed Class Registration. Or call the school at 507-325-2201. DEADLINE to register is 6/6/23







Community Seed Library Lyle Public School Now Open



How does the Seed Library work?

- Stop into the Library and look at the seeds we have available.
- Pick out the ones that you would like to grow.
- List your name on the form next to the seeds and what seeds you are taking.
- o Take the seeds home and plant them.
- o Done. Thats it. ENJOY!

What seeds do we have available?

Many varieties of fruits and vegetables, herbs, and flowers

What is the cost?

FREE

When can I come to the library to get the seeds?

- After school until 4:00 pm, by appointment, or during Community Library hours.
- Soon for best selection.

Lyle Breakfast Menu

(15)

Mini Pancakes

Choice of Cereal Fun with D&J Crackers

Orange Juice Fruit Selection

1% Milk Chocolate Skim Milk 16

Sausage Breakfast Biscuit

Choice of Cereal Fun with D&J Crackers

Grape Juice Fruit Selection

1% Milk

Chocolate Skim Milk

17

Sausage Breakfast Pizza

Choice of Cereal Fun with D&J Crackers

Apple Juice Fruit Selection

1% Milk

Chocolate Skim Milk

18

Cinnamon Roll

Choice of Cereal Fun with D&J Crackers

Orange Juice Fruit Selection

1% Milk

Chocolate Skim Milk

19

Fruit and Yogurt Parfait

Choice of Cereal Fun with D&J Crackers

Grape Juice Fruit Selection

1% Milk

Chocolate Skim Milk

Lyle Elementary



Crispy Chicken Tenders Whole Grain Dinner Roll

Ham Munchable

Roasted Broccoli Baby Carrots Diced Peaches Banana 16

Meatballs and Gravy Whole Grain Dinner Roll

Ham Munchable

Mashed Potatoes & Gravy Baby Carrots Mixed Canned Fruit Banana 17

Beefy Nachos

Ham Munchable

Refried Beans Baby Carrots Pineapple Tidbits Banana 18

Hot Ham & Cheese Bagel

Ham Munchable

Tater Tots Baby Carrots Applesauce Banana 19

Pizza Parlor

Ham Munchable

California Blend Vegetable Baby Carrots Diced Pears Banana

Lyle Secondary Lunch Menu



Crispy Chicken Tenders Whole Grain Dinner Roll

Cheeseburger on a Bun Ham and Cheese Charcuterie

Roasted Broccoli Baby Carrots Diced Peaches Banana 16

Meatballs and Gravy Whole Grain Dinner Roll

Crispy Chicken Nuggets Ham and Cheese Charcuterie

Mashed Potatoes & Gravy Baby Carrots Mixed Canned Fruit Banana 17

Beefy Nachos

Corn Dog Ham and Cheese Charcuterie

Baked Beans Baby Carrots Pineapple Tidbits Banana Mini Rice Krispie Treat 18

Hot Ham & Cheese Bagel

Crispy Chicken Sandwich Ham and Cheese Charcuterie

Tater Tots Baby Carrots Applesauce Banana 19)

Choice of Pizza

Lasagna Rollup with Sauce Garlic Toast Ham and Cheese Charcuterie

California Blend Vegetable Baby Carrots Diced Pears Banana BRITTANY FOLK

Brittany grew up in Austin, Minnesota and went to college at Minnesota State University -Moorhead. She has two dogs: Toby and Theo. She spends a lot of time with her parents, brother, and sister-in-law. They get together often and still go on vacation together. Her favorite childhood memory is all the different places her family traveled to; her favorite place has been Hawaii. Ms. Folk became a teacher because her grandma was a teacher and Ms. Folk always looked up to her. She also loves being able to work with children. Her favorite memories while teaching are the light bulbs that go off (the joy in their faces) when a student understands something they were struggling with. Ms. Folk would like to travel overseas and travel to lots of new places.





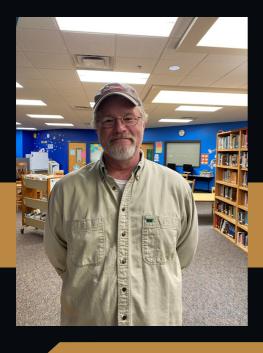
3rd Grade Teacher 6 years

THE LION'S STAFF SPOTLIGHT

Scott Meyer

Scott grew up in rural Mona, Iowa and has been a pastor for around 25 years. Scott and his wife, Tracy, live in Lyle and have 6 children who live in Minneapolis, Duluth, Sioux Falls, and Cedar Rapids. They currently have one grandson with another one on the way. His favorite childhood memory is visiting his grandparents in Lyle and the 4th of July celebration at the park. Scott chose this position as a van driver because he wanted to "help out the school as they're always in need of drivers." His favorite part of his position is getting to know the kids! One thing on his bucket list is taking a cross-country motorcycle trip.





Van Driver 5 years

THE LION'S STAFF SPOTLIGHT

Lyle Independence Day Celebration June 23-25, 2023

★Friday, June 23rd★

6:00 pm-? - Beanbag Tournament & Food Truck @ Lyle Liquor

6:30pm - Miss Lyle and Little Miss/Mr. Lyle Crowning @ Legion

7:00 pm - Firemen's Water Fights @ Legion

7:00-11:00pm - Music by "Together Again with Dee Randall" outside @ Lyle Liquor

★Saturday, June 24th★

10:00 am-4:00pm - Classic Car Show

10:00 am - Truck, Tractor, Semi Pull (South end)

11:00am-1:00pm - Community Carnival @ Park (back up location inside school)

12:00-4:00pm - "DJ Jesse Bless" @ Park

1:00 pm - Kids' Toy Car Show @ Gazebo

1:30pm - Kickball Tourney @ Football Field

5:00-9:00pm - Mitchell County Cattlemen's Grilling @ Legion

6:30-8:30pm - Opening Band "507 Country" @ Legion

9:00pm-midnight - Street Dance featuring "IV Play" @ Legion (back up location fire station)

★Sunday, June 25th★

(In case of weather, performances will take place in back up locations)

10:00am - Church Service (ecumenical) @ Park

11:00am-7:00pm - Smokin Brothers BBQ @ Legion

Noon - Grand Parade

*Following Parade - Flag Presentation & Speakers @ Park Gazebo - Kiddie Games @ Football Field

1:30pm - Stump Jumpers: Mud Bog Races (South end)

1:30pm - Bingo @ Big Shelter in Park

1:30pm - Pony Rides & Kiddie Train Rides @ Park

1:30pm - Music by "Bourbon Stiletto" @ Park Gazebo

2:00 pm - Horseshoe Tourney @ Legion

3:00pm - Pedal Pull @ Park (Pine Street)

4:00pm - Talent Show @ Park Gazebo

9:00pm - "Sheltered Reality" performance @ Football Field

Dusk - Fireworks (bring blankets/chairs to view from Football Field)

- ★ Food Trucks in park all weekend
- ★ Parking NOT permitted on streets surrounding the park & NO Parking by tennis court
- ★ No motorized vehicles in park
- * Schedule subject to change

For Details and Updates: follow the "Lyle Independence Day Celebration" Facebook page



CALLING ALL VOLUNTEERS!

Help make the Lyle Community Carnival a success by volunteering just 2 hours of your time!

Date: Saturday, June 24th

Time: 11:00Am-1:00Pm

(Please plan to arrive at 10:45am)

Location: Lyle Park

(In case of inclement weather, back up location is Lyle School)

Please call/text Kristen Prescott @ (507) 438-4008

~ Volunteers make a difference! ~ You are needed and greatly appreciated!