

Lewiston-Altura Schools

Cardinal Newsletter

VOL. XXXV Issue 12

December 1, 2023

Visit our Website at www.lewalt.k12.mn.us

Mr. Riebel's Report

10 Days of Giving Food Drive

The 35th Annual "10 Days of Giving" Food Drive will again be conducted during the first 10 days of December.

The Elementary School will collect nonperishables on Fri., Dec. 1 and Mon.-Fri., Dec. 4-8.

Merchants Bank would like to emphasize that monetary donations can generate greater buying power due to the connections that the food bank has with vendors. Students and parents can send or drop off monetary donations at the school office. Please make checks out to 10 Days of Giving. Your family's participation will be greatly appreciated! Thank you for helping.

Lewiston-Altura Community Sharing Tree

The Lewiston and Altura communities come together each Holiday season to offer assistance to families who could use a little extra help for the holidays. An effort is being made to centralize and to connect families in need with families able to help.

The Lewiston-Altura Sharing Tree is open to families living in the Lewiston and Altura communities, or families with children attending L- A public and parochial schools. The Sharing Tree will be for students only.

If you have a need:

If you would like your family to receive food or gifts before the Christmas holiday, sign up by visiting the Sharing Tree site, clicking the link during the activation window of time and providing the requested information.

The link will be activated from Monday, Nov. 13 through Friday, Dec. 1.

<https://sites.google.com/view/lasharingtree/home>

If you would like to donate:

If you, your family or business are interested in helping those in need by donating during this holiday season, please visit the Sharing Tree site, scroll down to the Donations section, click the link and complete the information. Someone will be able to connect you to those in need. THANK YOU for your generosity!

<https://sites.google.com/view/lasharingtree/home>

Happy Holidays!

Mr. Riebel

Principal: Mr. Dave Riebel

Phone (507) 523-2191

Fax (507) 523-2609

Spirit Days

Spirit days are often associated with sporting events. However, it is always fun to show school spirit. Elementary students are encouraged to celebrate our school by wearing red or Cardinal clothing on Fridays.

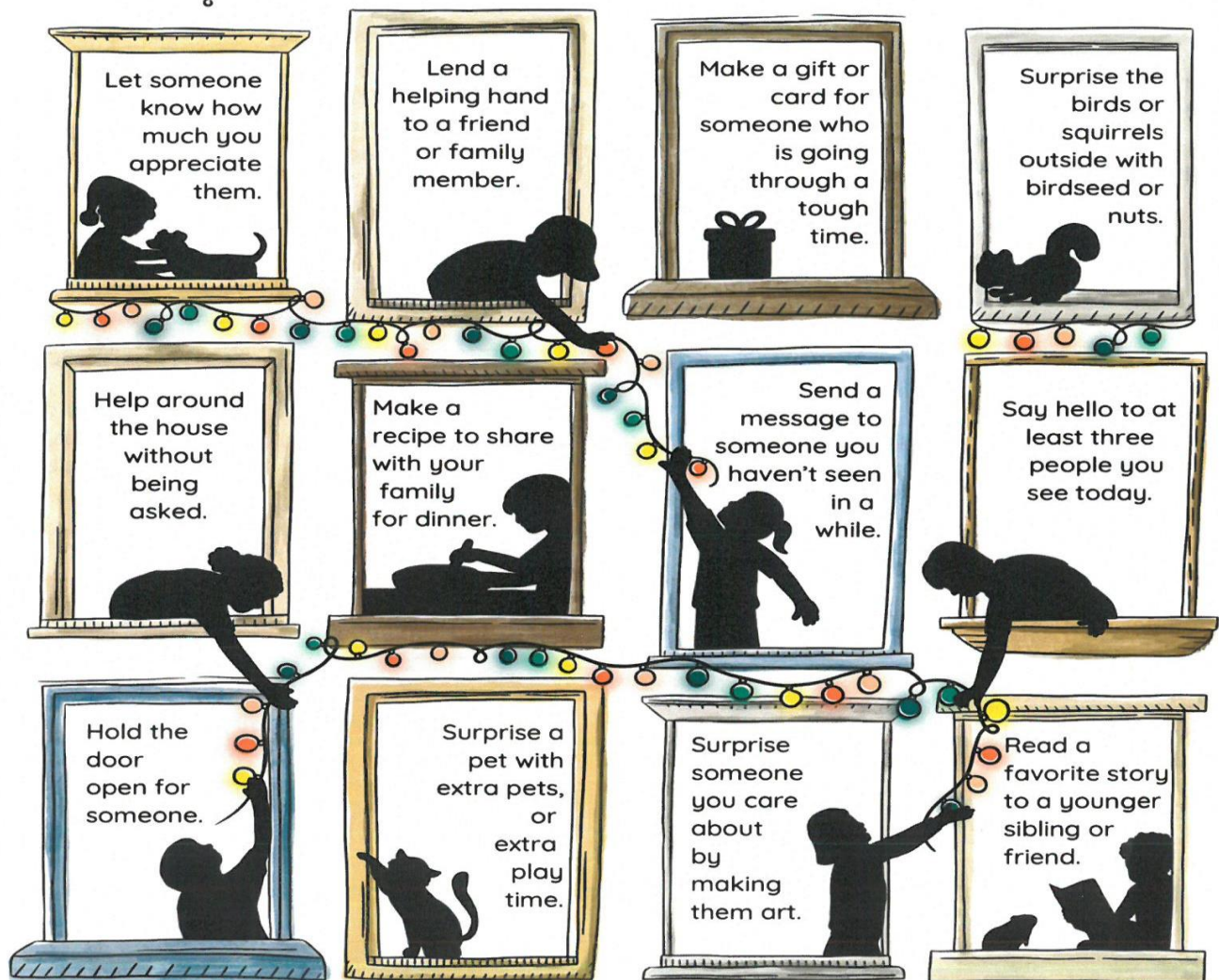


Upcoming Events

Dec. 1 – **Sharing Tree Closes**
Dec. 1-10 – 10 Days of Giving
Dec. 5 – Toys for Tots Registration Due
Dec. 13 – No School for Students, Workshop
Dec. 25 - Jan. 1 – No School
Jan. 22 – P.L.A.Y Meeting, 6:30, Elem.

12 DAYS OF KINDNESS

Color in each box as you complete each act of kindness.



L-A Boys and Girls Basketball Presents...



Future Cards Basketball!

BOYS AND GIRLS

Kindergarten-2nd Grade



at L-A Elementary School

**Register
by 12/1
and get a
T-Shirt!**

**9:00am-
10:15am**

**Opportunity to play at
halftime of a varsity game!**

\$50

Register at: <https://forms.gle/MvCm8scKVrxP3G6N6>

Saturday, December 2nd

Saturday, December 9th

Saturday, December 16th

Saturday, December 30th

Saturday, January 6th

Saturday, January 13th

Saturday, January 20th (4:00-5:15)

Saturday, January 27th

Sessions will consist of skill development, learning the game, team play, games, and having fun! It will be led by Lewiston-Altura boys and/or girls program coaches and players.

Questions? Email Coach Barnes (sbarnes@lewalt.k12.mn.us)
or Coach VanderPlas (mvandern@lewalt.k12.mn.us)



The U.S. Marine Corps in conjunction with Lewiston-Altura Fellowship of Christian Athletes (FCA) is once again bringing toys and hope to families in need at Christmas. Please note the change in day, time and location from previous years. The distribution of the toys will be:

Saturday, December 9, 2023 from 3:00-6:00 pm

**St. Rose Church
180 Fremont Street
Lewiston, MN**

If you are in need of toys for your children, please complete the form below and return it to school by December 7th. If you have registered on-line please indicate so on the form so that duplicates can be avoided.

.....

Registration Form

Return to School by December 5, 2023.

Father _____ Address _____ Phone _____

Mother _____ Address _____ Phone _____

Guardian _____ Address _____ Phone _____

Child 1 Age _____ Sex _____ Name _____

Child 2 Age _____ Sex _____ Name _____

Child 3 Age _____ Sex _____ Name _____

Child 4 Age _____ Sex _____ Name _____

Child 5 Age _____ Sex _____ Name _____

Child 6 Age _____ Sex _____ Name _____

(Additional Children on back)

Please bring your own bag(s) to take the toys home in.

Lewiston-Altura Early Childhood
Presents

An Evening with Santa
Dec 5th 6-7:30 pm



Please don't hurry, no need to dash!
Follow the route on the lighted path.
With walking feet and hands to hold,
You must dress warm, it will be cold.
When you look North, you will see
Santa, that's where he will be.

No registration necessary.

This is a walk through event, please follow signs for parking.

115 S Fremont St

Lewiston, MN 55952





RESILIENT
WINONA COUNTY

WINTER GATHERING

DEC. 11, 2023

4:30-6:30 PM

Learn about community care with
The Joy Labs!

@ Saint Charles City Hall
830 Whitewater Ave.

Free - All are welcome - FREE dinner + prizes

Mental health community care is a preventive model of care that equips and empowers all individuals with the ability to provide informal, community-based mental health support.

Contact: resilientwinonacounty@gmail.com
Or find us on Facebook

**COUNTRY CLIMBERS
AND
LEWISTON/WINONA SNOW SPORTS**

SNOWMOBILE SAFETY FIELD DAY WILL BE HELD AT THE SOBECK FARM

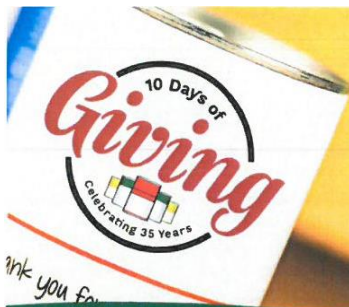
24710 GILMORE VALLEY ROAD WINONA MN 55987 ON SATURDAY

DECEMBER 16TH AT 9:00 AM YOU MUST COMPLETE THE ONLINE

COURSE BEFORE ATTENDING FIELD DAY. PLEASE CONTACT:

GARY SOBECK 507-429-4478 OR STEVE SCHAMS 507-208-3577.

TO REGISTER FOR THE FIELD DAY.



10 Days of Giving

December 1-10

Join us for these activities!

For event details, scan me!



Join us for these 10 Days of Giving events. Non-perishable food items and monetary donations are encouraged to make sure no one in our area goes hungry this winter. Full event details at: merchantsbank.com/10daysofgiving. Thanks for your generosity!



2 Brothers Sports Bar & Grill 10% Day

11:00 a.m. - 9:00 p.m.

129 West 3rd Street | Winona

10% of all sales will be donated to the 10 Days of Giving on Friday, December 1.



Steak Shop Catering Red Trailer Luncheon

11:00 a.m. - 2:00 p.m.

Merchants Bank - Downtown Parking Lot

102 East 3rd Street | Winona

Cost: \$8

Taco salad or pulled pork sandwich. Cash or card accepted.



Peter's Biergarten Presents 10 Days of Giving 35th Anniversary Extravaganza

3:00 - 6:00 p.m. | Peter's Biergarten

54 E 3rd Street | Winona

Admission is the gift of non-perishable food items or a monetary donation.



Winona Eagles Club 10% Day and Fish Fry Dinner

10% Day: All day | Fish Fry: 4:30 - 7:00 p.m.

Winona Eagles Club | 210 East 4th Street | Winona

Cost: \$13

10% of all bar sales will be donated to the 10 Days of Giving on Friday, December 8. Fish Fry will be dine in or carry out. Advanced tickets at Merchants Bank-Downtown Winona. Tickets can also be purchased at the door the night of the event in support of the 10 Days of Giving.



Sammy's Pizza 10% Day

126 West 2nd Street | Winona

10% of all sales will be donated to the 10 Days of Giving on Sunday, December 3.



Canadian Pacific Holiday Train with Santa

3:30 p.m. | Winona Amtrak Station

65 East Mark St | Winona

Enjoy the sights and entertainment of the Canadian Pacific Railway Lighted Holiday Train. Please bring gifts of non-perishable food items or a monetary donation.



Beno's Deli 10% Day

78 East 4th Street | Winona

10% of all sales will be donated to the 10 Days of Giving on Tuesday, December 5.



Apps & Taps: A Vikings game with Celebrity Bartenders and Backwater BBQ

12:00 - 6:00 p.m.

Port 507 | 128 West 2nd Street | Winona

Admission is the gift of non-perishable food items or a monetary donation.



(507) 457-1100 | merchantsbank.com/10daysofgiving

10 Days of Giving food drive is coordinated by Merchants Bank on behalf of the Winona Volunteer Services food shelf. Member FDIC

COMMUNITY YOUTH PROJECT DAY



HOSTED BY WINONA COUNTY 4-H

JOIN US FOR A FUN DAY OF CRAFTING, COOKING, LEARNING & EXPERIMENTING! YOUTH WILL COMPLETE HANDS ON ACTIVITIES LEARNING ABOUT ANIMAL SCIENCE, FOODS, FINE ARTS, STEM EXPERIMENTS & SO MUCH MORE!

When:

**Thursday,
December
28th**

9 am - 3 pm

Where:

**Faith Lutheran
Church**

**1717 W Service Dr,
Winona, MN 55987**

Who:

**Winona County
youth in grades
K - 5th**

Registration for this event in 4honline.com

- Registration: <https://z.umn.edu/YouthProjectDay4H>
- Create a 4honline.com account if you do not already have one to register for the event
- Select "Community Youth Project Day" in the events tab & follow the steps
- Cost: \$15 per youth for the entire day
- Reach out to Mika at mill7335@umn.edu with any questions



UNIVERSITY OF MINNESOTA EXTENSION



Breakfast Menu

Dec 2023

Lewiston-Altura - Lewiston-Altura - K-8th Grade

Monday

27

28

Tuesday

Wednesday

Thursday

Friday

4	Offering #1 Cereal Bowl Yogurt*	Offering #2 Muffin Sausage Link*	Offering #1 Cereal Bowl String cheese Juice Assorted Oranges 1% Flavored 1% White Skim White	Offering #2 Pancake on a Stick Juice Assorted Oranges 1% Flavored 1% White Skim White	Offering #1 Cereal Bowl Yogurt*	Offering #2 Breakfast Pizza Applesauce Juice Assorted 1% Flavored 1% White Skim White	Offering #1 Cereal Bowl String cheese Juice Assorted Peaches 1% Flavored 1% White Skim White	Offering #2 Croissant Egg Patty*	Offering #1 Cereal Bowl Yogurt*	Offering #2 English Muffin Sausage Gravy*	Offering #1 Cereal Bowl Yogurt*	Offering #2 Chef's Choice Juice Assorted Pineapple 1% Flavored 1% White Skim White
11	Offering #1 Cereal Bowl Yogurt*	Offering #2 Breakfast Burrito Apples Juice Assorted 1% Flavored 1% White Skim White	Offering #1 Cereal Bowl String cheese Fruit Cocktail Juice Assorted 1% Flavored 1% White Skim White	Offering #2 Sausage Link* Waffle Fruit Cocktail Juice Assorted 1% Flavored 1% White	No School	No School	Offering #1 Cereal Bowl String cheese Juice Assorted Strawberries 1% Flavored 1% White Skim White	Offering #2 Breakfast Walking Taco Juice Assorted Strawberries 1% Flavored 1% White Skim White	Offering #1 Cereal Bowl Yogurt*	Offering #2 Egg Scrambled* Sausage Patty*	Offering #1 Cereal Bowl Yogurt*	Offering #2 Chef's Choice Juice Assorted Pineapple 1% Flavored 1% White Skim White
18	Offering #1 Cereal Bowl Yogurt*	Offering #2 Mini Crm. Donuts Juice Assorted Mandarin Oranges 1% Flavored 1% White Skim White	Offering #1 Cereal Bowl String cheese Applesauce Juice Assorted 1% Flavored 1% White Skim White	Offering #2 French Toast Applesauce Juice Assorted 1% Flavored 1% White Skim White	Offering #1 Cereal Bowl Yogurt*	Offering #2 Breakfast Pizza Peaches 1% Flavored 1% White Skim White	Offering #1 Cereal Bowl String cheese Juice Assorted Pears 1% Flavored 1% White Skim White	Offering #2 Pancakes Juice Assorted Pears 1% Flavored 1% White Skim White	Offering #1 Cereal Bowl Yogurt*	Offering #2 Chef's Choice Juice Assorted Pineapple 1% Flavored 1% White Skim White	Offering #1 Cereal Bowl Yogurt*	Offering #2 Chef's Choice Juice Assorted Pineapple 1% Flavored 1% White Skim White
25	No School	No School	No School	No School	No School	No School	No School	No School	No School	No School	No School	No School
1	1	2	3	4	5	6	7	8	9	10	11	12

- 2023 -

DECEMBER

K-12 Lew-Alt Lunch Menu

Please understand due to distribution

and snow days:

Menus are subject to change without

Notice.

Productions records will show.

the changes.

Milk offered:

1%

1% Chocolate

Skim

Lactose free upon written request

Students have a choice of one milk.

Students will be charged extra for

more than one or if they bring a cold

lunch. One milk is free only with a full

meal.

All grain products are whole grain.

Such as: breads, pastas, buns, chips,

Waffles, French toast, pizza crust and

Breading's.

Serving sizes and items will vary by

age group. Productions records will

show this change.

Calorie limit for K-8 = 600-700

Calorie limit for 9-12 = 750-850

FRIDAY

1

Spaghetti w/Meat
sauce

Garlic Toast

Salad Bar

Fruit Bar

Milk

THURSDAY

8

French Toast

Sausage links

Salad Bar

Fruit Bar

Milk

WEDNESDAY

6

Ravioli in Red Sauce

Salad Bar

Fruit Bar

Milk

TUESDAY

5

Pasta Bar

Garlic Brown rice

Dinner roll

Salad Bar

Fruit Bar

Milk

MONDAY

4

Hamburger w/bun

Potato fries

Salad Bar

Fruit Bar

Milk

11

Chicken Patty w/bun

Mashed potatoes

Salad Bar

Fruit Bar

Milk

12

Walking Beef Taco

Shredded Cheese

Chips

Salad Bar

Fruit Bar

Milk

13

No

School

14

Crunchy Chicken

Tender Wrap

Tortilla shell

Salad Bar

Fruit Bar

Milk

15

Beef Hot Dog w/bun

Chips

Salad Bar

Fruit Bar

Milk

18

Chicken Nuggets

Mashed Potatoes

Dinner roll

Salad Bar

Fruit Bar

Milk

19

Sloppy Joe's w/bun

Chips

Salad Bar

Fruit Bar

Milk

20

Meatball Sub

Marinara Sauce

Salad Bar

Fruit Bar

Milk

21

Sweet & Sour Chicken

Garlic Brown Rice

Salad Bar

Fruit Bar

Milk

22

Spaghetti w/Meat

sauce

Garlic Toast

Salad Bar

Fruit Bar

Milk

25

No

School

26

No

School

27

No

School

28

No

School

29

No

School

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.