

Lewiston-Altura Schools Cardinal Newsletter

VOL. XXXV Issue 8

November 3, 2023

Visit our Website at www.lewalt.k12.mn.us

Mr. Riebel's Report

Please mark your calendar and make a plan!

Our school district operating levy and bond referendum voting day is next week!

Exercise your right to vote on November 7!

Our school district has a special election on Tuesday, November 7. Eligible voters of our school district are asked for their input on 3 ballot questions:

1. A \$760 per student levy to be used for general operating costs for the school district.
2. A \$26.6 million bond for renovations and improvements at the Elementary School and High School.
3. If question 2 is approved, a \$12.5 million bond to convert our varsity gym into an auditorium and build a replacement gym.

* The State will pay 38% of the total cost of the building bond referendum, if approved.

For this special election, voters of our school district need to utilize **combined polling sites**.

- ❖ **Lewiston City Hall:** 75 Rice Street, Lewiston, MN 55952 for voters living in the City of Lewiston and the following townships: Hillsdale, St. Charles, Utica, Warren, Fremont and Hart.
- ❖ **Altura City Hall:** 25 Main Street, Altura, MN 55910 for voters living in the City of Altura and the following townships: Whitewater, Mount Vernon, Elba, Rollingstone and Norton.

If you would like more information about this important vote,
please visit the Cardinal Strong website at cardinalstrong.net.



Parent Teacher Conferences are coming soon!

The recent snowfall highlights the end of October and start of November! Our last day of the first quarter of school is Nov. 9. As we finish the first quarter, we look forward to our annual Fall Parent-Teacher Conferences. It is always great to be able to discuss how the school year has started, the learning levels of your child(ren) and what to expect as the school year progresses.

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Principal: Mr. Dave Riebel

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Fax (507) 523-2609

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*Our kindergarten – grade 5 fall conferences will be held at the Elementary School from **from 4:00 to 7:00pm on Tuesday, November 14 and Thursday, November 16**. These conferences are scheduled with your child's homeroom teachers. You are invited to speak with other teachers as well on a first come, first served basis.*

Sign up for Conferences:

We have successfully utilized an online conference scheduling system for the past and will again utilize the PTCFast website for this fall's conference scheduling. You can navigate using the link below to sign up for conferences. (All families will also be sent an email via JMC email blast reminder to sign up for conferences.)

*NOTE: The conference scheduler link will be **launched and become live at 6:00pm on Sunday, Nov. 5th through the dates of conferences**. Please use the following address:*

https://ptcfast.com/schools/Lewiston_Altura_Elem_Fall_Parent_Teacher_Conferences

NOTE: Parents, please review the complete list of available teachers and schedule with your child's homeroom teacher.

All specialist teachers; Music, Phy. Ed., STEAM, Band, Media, Guidance, Intervention and Special Education will be available for parents to stop by before or after their homeroom conferences.

Mr. Riebel

Upcoming Events

Nov. 5 – Time Change
Nov. 7 – Election Day
Nov. 9 – Last Day of 1st Quarter
Nov. 9 – Veterans Day Program, High School
Nov. 10 – No School for Students
Nov. 11 – Veterans Day
Nov. 11 – MMAM Seasonal Saturday, 10-5:00
Nov. 13 – Hearing & Vision Screening (K,1,2,4)

Early Childhood Family Education

Early Childhood Family Classes started on September 19th. This first session through Nov 14th is non-separating, parents are expected to stay in the room with their children. We will have three nine-week sessions throughout the school year and one special three-week session in December. You may still join, register and meet other families.

Spirit Days

Spirit days are often associated with sporting events. However, it is always fun to show school spirit. Elementary students are encouraged to celebrate our school by wearing red or Cardinal clothing on Fridays.



Veterans Day Program

The theme for Veterans Day 2023 is “Service.” Veterans are **proud** of their military service in **defending** our **Nation**. **Honor** reflects the military **value** and **tradition** of answering the call to duty. There is distinct honor in **serving** to protect our way of life and the **Constitution** of the United States of America.

This year 3rd-5th grade will be singing under the direction of Mr. Harper at the program on November 9th. Ms. Sula's Language Arts 5th grade class will be doing a poem contest and the top three will be read by the students at the program. The program will run from 10:30-11:30 at the Lewiston Altura High School Gymnasium. All Veterans and their families are encouraged to attend and stay for a free lunch after the conclusion of the program (only Veterans and their families receive the meal for free) Any questions can be directed toward Mr. Scheck at escheck@lewalt.k12.mn.us

School Pictures are Ready!

View and order at <https://shop.jostenspix.com/login>

- Lewiston Altura Elementary School
- Event Code: FE147423



It's that time of year again! Applications for assistance from the Winona Goodfellows, a program that has provided Winona-area children with warm winter clothing for more than 100 years, is open at winonagoodfellows.org.

Winona County families who meet the eligibility requirements can receive a \$50 voucher for each student enrolled in PreK-8th grade.

.Menu Change

Nov. 9 – Chicken Fajitas

P.L.A.Y. Group

P.L.A.Y. Group is looking for volunteers to bring in food for conference meals Nov. 14 & 16. This service is greatly appreciated by the staff as there is little time between the end of school and the start of conferences. This gives them a chance to eat and be ready to visit with you as parents. The sign up genius link is attached. I did put in the sign up to have meals to the school by 3 pm but if needed could drop off in the morning and let the office know.

<https://www.signupgenius.com/go/70A0C4DAEA82CA0FD0-conferences1#/>

"Giving kindness does as much good as receiving it...kind people are healthier and live longer."

PIERO FERRUCCI

Lego Club

Lego Club is a group that is partially funded by the Mark Morris Foundations.
COST: \$5

At Lego Club, students will be given the opportunity to build, explore, and have fun with Lego! Bring an after school snack and your imagination!

Grades 4-6: Four Wednesdays- October 25- Nov 15 from 3:00-4:15

Grades K-3: Three Wednesdays- November 22- Dec 6 3:00-4:15

Go to link to register

Lego Club

<https://forms.gle/d8GCB19XoyVqhsxT7>



3rd to 5th Grade Program:

Date: Nov. 9

Time: 3:00-4:30

Join Nora and Delaney from Happy Dancing Turtle to learn about the three winter survival strategies: Adaptation, Hibernation, and Migration. We'll explore each through a variety of fun games and activities. Search for hidden Minnesota animals to learn what they do in winter, complete our migration challenge, and find out what it's like to have a layer of blubber to keep you warm during the winter! **Please**

be prepared to spend time outside and be dressed appropriately for the weather! <https://forms.gle/sDUazrWsXmsyZJR96>



SUGARLOAF
THEATRE

Presents... Three Week Theatre

November 6, 13, & 20

4:00 - 5:00pm

@Bluff Country Co-op
(in the community room)

A fun acting class for ages 6-11,
only \$27

Register at: Linktr.ee/sugarloaftheatre



@SUGARLOAFTHEATRE



507-858-1916



SEAMUSSCHWABA@GMAIL.COM



Dear Parents!

Our **School** has a subscription to **TumbleBookLibrary**, and your family can access it from home! It's **unlimited**, and it's **FREE** for you to use from home!

TumbleBookLibrary is an online collection of **e-books** for children. They are a great way to encourage tech-savvy kids to enjoy reading!

There are **over 250** animated, talking picture books! The site also features Spanish and French books, read-along chapter books, non-fiction books, quizzes, and exciting games and puzzles!

We hope that you will get the chance to check out the collections with your child! Below is all the information you'll need to login to the collection:



www.TumbleBookLibrary.com

Username: la cardinals

Password: books

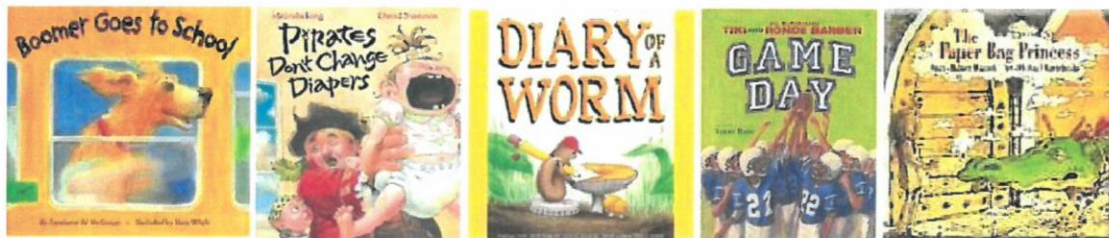
Or visit our website for instant access:

www.lewalt.k12.mn.us

Student resources → media centers → Elementary library

You can use your computer, tablet, or mobile phone! All you need is an internet connection. There are no downloads: books are streamed right to your device at the click of a button.

Happy Tumbling, everyone!



Join us at the
Minnesota Marine Art Museum

Seasonal Saturdays at MMAM

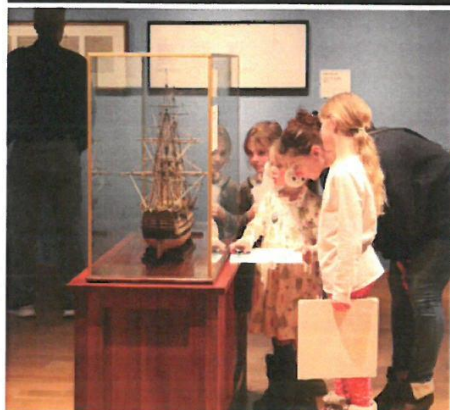
THE BIG CATCH



November 11 / 10am-5pm

\$1 Admission / Free Admission for all Veterans / Free for children Under 5
Tours / Art-Making / Artist Demo / Bingo for a Prize / Live Music

800 Riverview Drive, Winona, Minnesota / 507.474.6626 / mmam.org



Ride free to MMAM with Winona Transit Service's Dial-a-Ride. Call (507) 454-6666 to schedule your ride.

Interpreters Available: Hmong & Spanish Interpreters from Project FINE [10am-1pm].

Interpretes disponibles de: Hmong & Español de Project FINE [10am-1pm].

Muaj Neeg Txhais lus: Hmoob & Mev Tus Txhais Lus los ntawm Project FINE [10am-1pm].

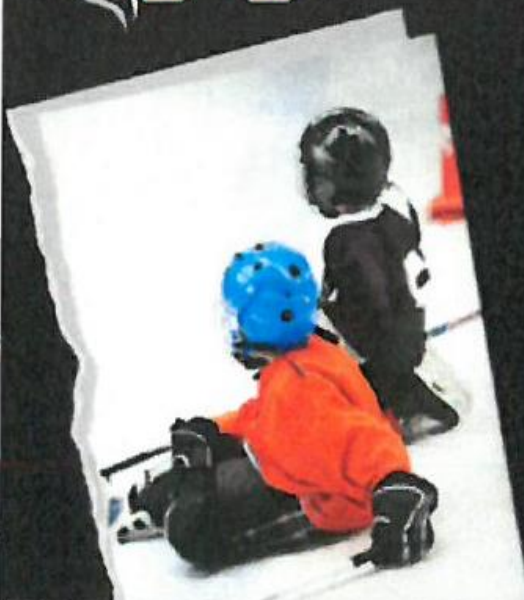


This activity is made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund.



UPCOMING EVENTS TO

TRY HOCKEY FOR FREE



OCTOBER 7

Bud King Ice Arena

9:00 AM - 10:00 AM

GIRLS TRY HOCKEY FOR FREE

- Girls Ages 4-9
- No Experience Necessary
- Equipment Provided
- Safe Environment with Trained Coaches
- Register @ https://www.tryhockeyforfree.com/event_detail/2114

NOVEMBER 11

Bud King Ice Arena

12:00 PM - 1:00 PM

TRY HOCKEY FOR FREE

- All Kids Ages 4-9
- No Experience Necessary
- Equipment Provided
- Safe Environment with Trained Coaches
- Register @ https://www.tryhockeyforfree.com/event_detail/2115

MORE INFORMATION

Nick Henderson
tournaments@winonahockey.com
(507) 313-2682





WINONA
PUBLIC LIBRARY
HONOR OUR PAST, EMBRACE OUR FUTURE

Flippin' For Books

FREE!

FREE!

NOVEMBER 18, 9-11 AM

Join Winona Public Library for a morning of early literacy fun! There will be storytimes every half hour, crafting tables, community resource info, and a free book for every child!

This is a drop-in event, so come and go as you please. We won't run out of books. This is geared toward children age 6 and under.

Located on Winona Public Library's
second floor—151 W. 5th Street
winona.lib.mn.us



Breakfast Menu

Nov 2023

Lewiston-Altura - Lewiston-Altura - K-8th Grade

Monday

Tuesday

Wednesday

Thursday

Friday

30

31

6	Offering #1 Cereal Bowl Yogurt*	Offering #2 Mini Cinns Juice Assorted Mandarin Oranges 1% Flavored 1% White Skim White
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7

Offering #1 Cereal Bowl String cheese Applesauce Juice Assorted Mandarin Oranges 1% Flavored 1% White Skim White	Offering #2 French Toast Applesauce Juice Assorted 1% Flavored 1% White Skim White
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13

14

Offering #1 Cereal Bowl Yogurt*	Offering #2 Muffin Sausage Link* Juice Assorted Pears 1% Flavored 1% White Skim White
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20

21

Offering #1 Cereal Bowl Yogurt*	Offering #2 Breakfast Burrito Apples Juice Assorted 1% Flavored 1% White Skim White
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27

28

Offering #1 Cereal Bowl Yogurt*	Offering #2 Mini Cinns Juice Assorted Mandarin Oranges 1% Flavored 1% White Skim White
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1	Offering #1 Cereal Bowl Yogurt*	Offering #2 Breakfast Pizza Juice Assorted Mandarin Oranges 1% Flavored 1% White Skim White
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8

Offering #1 Cereal Bowl Yogurt*	Offering #2 Breakfast Pizza Juice Assorted Peaches 1% Flavored 1% White Skim White
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16

Offering #1 Cereal Bowl Yogurt*	Offering #2 Breakfast Pizza Applesauce Juice Assorted 1% Flavored 1% White Skim White
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23

Offering #1 Cereal Bowl Yogurt*	Offering #2 Breakfast Pizza Juice Assorted Mandarin Oranges 1% Flavored 1% White Skim White
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30

Offering #1 Cereal Bowl Yogurt*	Offering #2 Breakfast Pizza Juice Assorted Peaches 1% Flavored 1% White Skim White
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3

Offering #1 Breakfast Walking Taco Juice Assorted Strawberries 1% Flavored 1% White Skim White	Offering #2 Cereal Bowl String cheese Juice Assorted Strawberries 1% Flavored 1% White Skim White
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10

Offering #1 Cereal Bowl String cheese Juice Assorted Pears 1% Flavored 1% White Skim White	Offering #2 Pancakes Juice Assorted Pears 1% Flavored 1% White Skim White
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17

Offering #1 Cereal Bowl String cheese Juice Assorted Peaches 1% Flavored 1% White Skim White	Offering #2 Crisps Egg Patty* Juice Assorted Peaches 1% Flavored 1% White Skim White
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24

No School

1

Offering #1 Cereal Bowl String cheese Juice Assorted Pears 1% Flavored 1% White Skim White	Offering #2 Pancakes Juice Assorted Pears 1% Flavored 1% White Skim White
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-2023-

NOVEMBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

K-12 Lunch Menu

Please understand due to distribution and snow days:

Menus are subject to change without Notice.

Productions records will show the changes.

Milk offered:

1%

1% Chocolate

Skim

Lactose free upon written request

Students have a choice of one milk. Students will be charged extra for more than one or if they bring a cold lunch. One milk is free only with a full meal.

All grain products are whole grain. Such as: breads, pastas, buns, chips, Waffles, French toast, pizza crust and Breading's.

Serving sizes and items will vary by age group. Productions records will show this change.

Calorie limit for K-8 = 600-700

Calorie limit for 9-12 = 750-850

6

Chicken Patty w/bun
Mashed potatoes
Salad Bar
Fruit Bar
Milk

7

Walking Beef Taco
Shredded Cheese
Chips
Salad Bar
Fruit Bar
Milk

13

Pizza
Salad Bar
Fruit Bar
Milk

14

BBQ Chicken w/bun
Salad Bar
Fruit Bar
Milk

20

Meatballs
Mashed Potatoes
Fresh Bread
Salad Bar
Fruit Bar
Milk

21

Beef Nacho's
Round Tortilla chips
Shredded Cheese
Salad Bar
Fruit Bar
Milk

27

Chicken Nuggets
Mashed Potatoes
Dinner roll
Salad Bar
Fruit Bar
Milk

28

Sloppy Joe's w/bun
Chips
Salad Bar
Fruit Bar
Milk

8

Popcorn Chicken
Dinner Roll
Salad Bar
Fruit Bar
Milk

9

Crunchy Chicken
Tender Wrap
Tortilla shell
Salad Bar
Fruit Bar
Milk

1

Ravioli in Red Sauce
Salad Bar
Fruit Bar
Milk

2

Mini Corn Dogs
Chips
Salad Bar
Fruit Bar
Milk

3

French Toast
Sausage links
Salad Bar
Fruit Bar
Milk

10

No
School

17

Chicken & Waffles
Salad Bar
Fruit Bar
Milk

24

No
School

30

Sweet & Sour Chicken
Garlic Brown Rice
Salad Bar
Fruit Bar
Milk

29

Meatball Sub
Marinara Sauce
Salad Bar
Fruit Bar
Milk

23

Pizza Burger w/bun
Marinara Sauce
Shredded Mozzarella
Salad Bar
Fruit Bar
Milk

22

Pizza Burger w/bun
Marinara Sauce
Shredded Mozzarella
Salad Bar
Fruit Bar
Milk