

Lewiston-Altura High School

College and Career Readiness Presentation

In this presentation...

- High school graduation requirements
- Different types of college diplomas
- Steps you should take at each grade level to prepare for college and careers
- Earning college credits in high school
- Common university admission requirements
- Information on
 - ACT Exams
 - College Application Process
 - Financing College

Lewiston-Altura High School Requirements

- Students must take 8 credits of classes each year for 4 years for a total of 32 credits. Some of these are required and some are electives. Diploma requirements are 30 credits.
- Required Classes (19 credits):
 - English – 4 credits
 - Social Studies – 4 credits
 - Science – 3 credits
 - Mathematics – 3 credits
 - Fine Arts – 1 credit
 - Physical Education/Health Education – 2 credits
 - Business – $\frac{1}{2}$ credit – must be Economics unless embedded in Social Studies
 - Career Education – $\frac{1}{2}$ credit
 - Technology Elective – $\frac{1}{2}$ credit
 - Agriculture Education – $\frac{1}{2}$ credit
- Elective Credits (11 credits)

College Diplomas

- **Degree:** A diploma or title awarded to students by a college or university after successful completion of a program of study
- **Associates Degree:** An undergraduate degree. Requires two years of full-time study
- **Bachelor's Degree:** An undergraduate degree. Requires at least four years (or the equivalent) of full-time study.
- **Master's Degree:** A graduate degree. An advanced program of study. Requires one or two years of full-time study beyond the bachelor's degree.
- **Doctorate (Ph. D):**The highest academic degree. Requires at least three years of graduate study beyond the master's degree.

Recommended High School Classes for a Four-Year College

- English – 4 years
- Social Studies – 3.5-4 years
- Mathematics – 3 to 4 years
- Science – 3 years
- Art – 1 year
- Foreign Language – 2 years
- Computer Classes (highly recommended)

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10th Grade College Prep

- **Select challenging courses**
- **Pay attention to G.P.A./Class Rank**
- **Stay on track**
- **Begin exploring careers**
- **Start prepping for the ACT (MCIS)**
- **Check out possible colleges**
- **Start putting a job resume together**
- **Volunteer/Community Service**

11th Grade College Prep

- Take the PSAT in the fall
- Plan to take the ACT in spring/summer
- Start visiting college campuses/meet with Reps
- Take challenging courses
- Take leadership positions in school and activities
- Maintain successful grades in all courses
- Job resume
- Volunteer/Community Service

12th Grade College Prep

- Write down all deadlines
- Don't drop challenging courses
- Fill out applications early in the fall
- Apply for financial aid any time after October 1st
- Maintain successful grades in all courses
- Retake ACT if wanted/needed
- Job Resume
- Volunteer/Community Service

Earning College Credits in High School

- **Advanced Standing Agreements (with Technical Colleges)**
- **College level classes in high school (Advanced Placement – AP)**
- **Post-Secondary Education Options (PSEO)**
- **College Level Examination Prep (CLEP)**
- **Concurrent Enrollment Courses**

College Search: Getting Started

- Attend college fairs
- Have an idea of possible majors
- Gather information from
 - Your school counselor
 - School websites
- Speak to representatives that visit LAHS
- Visit Campuses
- Career & Life Skills

Common University Admissions Requirements

- **Rigorous Core Classes**
 - Advanced Math, English, Social Science, or Science
 - Avoid the "senior slump." Just because graduation requirements are met, don't stop working hard – colleges look at that!
- **ACT/SAT Scores**
- **GPA**
- **Class Rank**

ACT Exams

- Free to interested juniors (Free & Reduced) on _____
- \$59.00 for all others
- Desired Scores (at least 21-23)
- Send scores to colleges (4 for free)

- We also offer the ACCUPLACER or ASVAB

College Application Process

- Deadlines for Applications
 - Priority consideration deadlines are usually **December 1** for the following fall admissions
- Requirements for Applications
 - Complete application
 - Transcripts
 - May require an essay
- If you're applying online, check to see if there is a form for the counselor to fill out. Also, when applying, let the counselor know so transcripts can be sent. (Warning: Colleges **Don't** Contact us for Transcripts)
- Free College Application Week:

Basics of Financing College

- **Types of Financial Aid**
 - **Student Loans**
 - Money has to be repaid
 - Low interest loans for students
 - **Work Study**
 - Students work at college to help pay for tuition
 - **Grants**
 - Money does not have to be repaid
 - Mostly comes from state and federal government
 - **Scholarships**
 - Money does not have to be repaid
 - Students earn scholarships in many different ways

Counseling Resources

- Lori Anderson, counselor
- Email: landerso@lewalt.k12.mn.us
- Phone: 522-3233
- Office: A__C



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