Leroy-Ostrander School and Community,

September is Suicide Prevention Month. It is a time when our Leroy-Ostrander School community and local organizations join efforts to broadcast the message that everyone can play a role in suicide prevention. It is also a time to remember loved ones lost to suicide.

Our students, teachers, staff, and mental health professionals will continue to be engaged in meaningful suicide awareness and prevention activities throughout this year. Our school district encourages everyone to demonstrate a commitment to preventing suicide as well as supporting those affected by suicide.

If you or someone you know needs help, please know that you are not alone. Whether you are in crisis of you are concerned about someone else, intervention programs, counselors, social workers, and crisis lines are available. The phone numbers listed below provide a layer of much-needed targeted support with a focus on prevention, intervention, and postvention related to physical health, mental health, and substance use/abuse education:

- **National Suicide Prevention Lifeline:** 1-800-273-TALK (8255)
- **Crisis Text Line**: Text HOME to 741-741
- **The Trevor Project** (for LGBTQ young people): 1-866-488-7386
- **Friendship Line** (for older adults): 1-800-971-0016
- **Teen Line**: Call 1-800-852-8336 (from 6:00pm-10:00pm)

At our district school, we have staff that to continue to build and strengthen our school's social-emotional learning program for all students. Our School Social Worker, Becky Morrow, and Fernbrook Family Center personnel, serve our students at every grade level. Our hope and goal is that our school will establish solid systems and intentional support structures that can be sustained over time.
Thank you for entrusting the LeRoy-Ostrander School District with your child(ren). We will always work to do our best to support them in all areas of life.

Jennifer Backer-Johnson
Superintendent of Schools
ISD 499, LeRoy-Ostrander
Together We Are Cardinal Strong