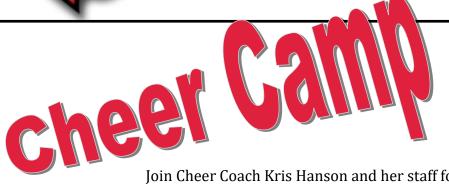


#### **LeRoy-Ostrander Community Education**

Summer 2023



Join Cheer Coach Kris Hanson and her staff for this 3-day Cheer Camp. Participants will learn the LeRoy-Ostrander Cardinal cheers!



Date/Time:

July 18th, 19th, & 20th 1:00-2:30pm

Cost:

\$15/person

Register by:

July 1, 2023

Location:

L-O School Gym



2nd - 5th grade (completed)



\*Be on the lookout for a Fall Cheer Camp as well.
Fall Cheer Camp will prepare students to perform at the
Homecoming Volleyball and Football games!

#### TO REGISTER FOR CLASS:

- Go to the school's webpage, click on Community Ed, and select Class Registration.
- OR Type https://leroy.cr3.rschooltoday.com/public/home/ into any browser.
- OR Complete the form and turn it into the LeRoy-Ostrander Public Schools office.

Select one session:	
Participant Name:	Grade 22/23:
Parents Names:	
Address:	
Phone: Cell:	Email:
Emergency Contact Name/Number:	
Person Picking Up (other than parent): My child has permission to walk home May we post pictures of you/your child	after class: Yes No N/A I on the Community Ed Facebook page? Yes No
For more information, conta	act Kate Rohrer at krohrer@leroy.k12.mn.us.



#### **LeRoy-Ostrander Community Education**

Summer 2023



Players will learn skills to practice and enhance.

Date/Time: Ages: June 5th-8th

11:00am-12:30pm

Cost:

\$15/person

Register by: May 31, 2023

Location:

L-O School Gym





Join Girls' Varsity Coach Lindsay Milks and staff for this 4-day volleyball camp. Players will learn skills to practice and enhance.

Date/Time:

**July 10-13th** 2:00pm-3:30pm

Cost:

\$15/person

Location:

L-O School Gym

Ages:

1st - 4th grade (completed)

Register by: July 1, 2023



Join Varsity Coach Trevor Carrier and his staff for this 4-day football camp. Players will learn skills to practice and enhance.

Date/Time:

Ages:

July 10th-13th 1st - 5th grade (completed)

4:00pm-5:30pm

Cost: \$15/person

Register by: July 1, 2023

**Location:** 

**Practice Football Field** 



Have you ever wanted to try dance? Join us for an introduction to dance camp this summer. You will learn the fundamental steps and positions to becoming a dancer all while having fun!

**Date/Time:** July 20th and 21st

4:00-5:30pm

Location: LeRoy Community Center

Ages: 4-12 years old Cost: \$25/person **Instructors**: Jane Taylor

Natalie Taylor Register by: July 15, 2023



#### Ages:

4-yo PreK-Kindergarten (completed)

#### **Dates/Times:**

Wednesdays June 7th-July 12th 6:00-7:00pm

Cost:

\$20/person Includes T-Shirt

**Head Coach:** 

John Stockdale



Grades 1st-3rd (completed)

#### **Dates/Times:**

June 7th-July 19th

**Practices:** Weds @ 7:00-8:30pm

> Thurs @ 5:30pm (except 6/29)

Cost:

Games:

\$30/person Includes T-Shirt

**Head Coach:** 



Ages:

Grades 4th and 5th (completed)

#### Date/Time:

June 7th-July 27th

Practices: Tues @ 7:00-8:30pm Games: Thurs @ 6:30pm

(Dbl Header 6/29 & 7/27)

Starting @ 5:30pm

#### Cost:

\$35/person Includes T-Shirt

**Head Coach:** John Stockdale





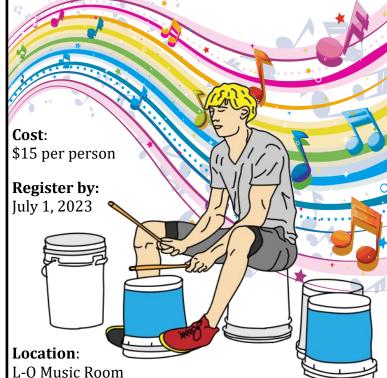


### Bucket Drumm

Join L-O's Music Teacher Nina Goodale for her annual Bucket Drumming lessons. Participants will get to sit on a float and play in the Summerfest parade.

**Date/Time:** July 10th - 14th from 10:00-11:00am

**Ages:** 3rd - 5th grade (completed)



### Tae Kwon Do

Want to learn self-discipline, build confidence, learn self-defense and exercise all at the same time? Join us in this Tae Kwon Do class. White uniforms can be purchased anywhere or check with the instructor about ordering.

Ages: 5 to adult

Cost: \$35 per person/mo

\$65-2 family members/mo

\$95-3+ family members/mo

SPECIAL: Buy 1mo/Get 1mo FREE

Date/Time: Tuesdays, 3-4:30pm

Location: LeRoy Community Center

Instructor: Mrs. Donna Bird

3rd degree Blackbelt, AITS

Contact Info: 641-832-8245 or aitstkd@yahoo.com

Register by: Ongoing Registration

### **Upcoming Activities**

#### Pickleball -

 More information/dates coming soon! Email CE Director if interested.

 Plan is to have a few introduction to Pickleball sessions and then some planned days/times to meet up and play.

#### **Community Ed Pep Band -**

 If interested, please email Nina Goodale at NGoodale@leroy.k12.mn.us.



#### **Cheer Camp -**

More information/dates coming soon!

#### TO REGISTER FOR CLASSES:

- Go to the school's webpage, click on Community Ed, and select Class Registration.
- OR Type https://leroy.cr3.rschooltoday.com/public/home/ into any browser.
- OR Complete the form and turn it into the office.

Select Basketball Camp Volley	ball Camp
all that	eginning Baseball* Tae Kwon Do*
apply: Pee-Wee Baseball* The	ater Camp 🔲 Bucket Drumming*
Participant Name:	Grade 22/23:
Parents Names:	
Address:	
Phone: Cell: ]	Email:
Emergency Contact Name/Number:	
Person Picking Up (other than parent):	
My child has permission to walk home after May we post pictures of you/your child on	er class: Yes No N/A the Community Ed Facebook page? Yes No
*Summer Rec Shirts (T-Rall/Reg Rasehall/Pee	z-Wee Rasehall/Rucket Drumming/Tae Kwon Do)

\*Summer Rec Shirts (T-Ball/Beg. Baseball/Pee-Wee Baseball/Bucket Drumming/Tae Kwon Do):

Size (circle one): Youth S M L XL OR Adult S M L XL 2XL

For more information, contact Kate Rohrer at krohrer@leroy.k12.mn.us.

## Summer Swimming Lessons LEROY COMMUNITY POOL

Group Lesson Cost: \$50.00/person

#### **June Sessions**

June Session 1: June 5<sup>th</sup>-9<sup>th</sup> and June 12<sup>th</sup>-16<sup>th</sup> 30-minute sessions; 2 weeks long

- 10:30-11:00 am
- 11:15-11:45 am

June Session 2: June 5th-9th

1-hour sessions; 1 week long only

- 9:30-10:30am
- 6:00-7:00 pm

June Session 3: June 12th-16th

1-hour sessions; 1 week long only

- 9:30-10:30am
- 6:00-7:00 pm

June Session 4: June 19<sup>th</sup>-23<sup>rd</sup> and June 26<sup>th</sup>-30<sup>th</sup> 30-minute sessions; 2 weeks long

- 9:30-10:00 am
- 10:15-10:45 am
- 11-11:30 am
- 6:00-6:30 pm

#### **July Sessions**

<u>July Session 1:</u> July 10<sup>th</sup>-14<sup>th</sup> and July 17<sup>th</sup>-21<sup>st</sup> 30-minute sessions; 2 weeks long

- 9:30-10:00 am
- 10:15-10:45 am

July Session 2: July 17th-21st

1-hour sessions; 1 week long only

- 11-12:00pm
- 6:30-7:30pm

July Session 3: July 24th - 28th

1-hour sessions; 1 week long only

- 9:30-10:30 am
- 10:45-11:45 am
- 6:30-7:30 pm

#### **Private Lessons**

Available upon request.

Please contact the pool for more information. 507-324-5742 or 507-324-5786 EXT 2255

leroypool324@gmail.com



### **LeRoy-Ostrander Community Education Summer 2023**

### Pickleball 101: Intro to Pickleball

Pickleball is fun, social, and friendly! The rules are simple and the game is easy for beginners to learn, but can develop into a fast-paced, competitive game. In this Intro to Pickleball course, you'll learn the basics.

- A fun sport that combines many elements of tennis, badminton and ping-pong.
- Played both indoors or outdoors on a badminton-sized court and a slightly modified tennis net.
- Played with a paddle and a plastic ball with holes.
- Played as doubles or singles.

**Age:** 18+ (if successful, we'll add youth sessions at a later date)

When: We will offer 3 sessions on Wednesday, June 7th as court space is limited.

Min 3/max 6 per session.

*Note*: If sessions fill up, we will add more dates/times. After the introductory sessions, we will survey players to see what nights work best and establish some meet up times to play likely Mondays, Wednesdays, and Thursdays.

Where: LeRoy North Park Tennis/Pickleball Court

Cost: \$5/person

**RAIN DATE INFORMATION:** If it's raining on Wednesday, June 7th or has recently rained and the court is still wet, your session will be moved to Thursday, June 8th. We cannot play on a wet court due to risk of injury.

Community Ed has a set of paddles and balls

to be utilized if you do not have your own.

Be on the look-out for Pickleball 201: Strategy, later this summer.

#### TO REGISTER FOR CLASS:

- Go to the school's webpage, click on Community Ed, and select Class Registration.
- OR Type https://leroy.cr3.rschooltoday.com/public/home/ into any browser.
- OR Complete the form and turn it into the LeRoy-Ostrander Public Schools office.

Select one session: 3:00-4:30PM	4:30-6:00PM 6:00-7:30PM	
Participant Name:	Birthday:	
Parents Names:		
Address:		
Phone: Cell:	_ Email:	
Emergency Contact Name/Number:		
May we post pictures of you on the Community Ed Facebook page? Yes No		

For more information, contact Kate Rohrer at krohrer@leroy.k12.mn.us.



Do you play an instrument? Are you interested in joining the Community Pep Band? Practices with be just a few times this summer and the band will plan to play at the four home football games this Fall. Please contact Nina Goodale, LeRoy-Ostrander Public Schools music teacher if interested at ngoodale@leroy.k12.mn.us or (507) 324-5786 ext. 2247.

# Become a Certified Nursing Assistant

A Certified Nurse Assistant (CNA) is an individual who works primarily in long-term care facilities or nursing homes. The CNA assists residents with activities of daily living, such as bathing, dressing, or eating.

3-week course: June 12th-29th from 8:00am-2:00pm daily See registration page for further details on dates/times.

A nurse assistant/aide certification requires 75 training hours.

Upon successful completion of the Nursing Assistant course, you will be able to take the State of MN Competency Exam. In order to be listed on the Minnesota Nursing Assistant Registry, you will need to pass the Minnesota State Registry Test. Once on the registry, you will qualify to work in nursing homes, hospitals, rehabilitation centers and other medical services facilities. The course also serves as a stepping stone to further education in nursing. Cost of the certification test will be the students responsibility, all facilities in the state of MN will reimburse the test-out cost once they start working as a CNA.

Must be 16 years of age or older. More information can be found on the Dept. of Health website by searching Nursing Assistant.

Cost: \$600/person Includes book and workbook. Bring your own lunch.

Location:

671 E Main Street, LeRoy, MN (old Mayo Clinic building)

**Instructor:** 

Emily Brumm, RN LeRoy-Ostrander School District Nurse Email: ebrumm@leroy.k12.mn.us



Register: https://leroy.cr3.rschooltoday.com/public/home/