

Kasson High School

Lunch Menu



February
2024

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

MONDAY

1
THURSDAY

Classic Cafe' Corn Dog

Harvest Cheddar Sunchip, Baked Beans, Red/Orange Bell Pepper, Applesauce, Fresh Grapes

Pizza Parlor Pepperoni Pizza, Cheese Pizza

Diner Cheeseburger on a Bun, Spicy Chicken Patty on Bun, Cook's Choice

Grab & Go Ham Deli Sub Sandwich, Crispy Chicken Wrap, Garden Salad

TUESDAY

2
FRIDAY

Classic Cafe' Chicken Alfredo w/Pasta

Garlic Toast, Roasted Broccoli, Red/Orange Bell Pepper, Diced Pears, Fresh Grapes

Diner Corn Dog, Bun, Hamburger WG White Wheat, Cook's Choice

Grab & Go Ham Deli Sandwich, Crispy Chicken Wrap

Milk 1% Unflavored Milk, Fat Free Chocolate Milk

WEDNESDAY

EXTRA INFO

Harvest of the Month



Milk choice of 1% or chocolate, is included with your Lunch.

For any questions or comments contact Vicki Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

Menus are subject to change without notice. This institution is an equal opportunity provider.

www.taheer.com

Kasson High School

Lunch Menu



February
2024

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

5
MONDAY

- Classic Cafe'** Beef Hot Dog on a Bun
- Golden Crinkle Cut French Fries,
Baby Carrots, Peaches, Diced
- Diner** Cheeseburger on a Bun, BBQ Rib
Sandwich, Cook's Choice
- Grab & Go** Turkey Deli Sub Sandwich, Crispy
Chicken Wrap, Garden Vegetable
Salad
- Milk** 1% Unflavored Milk, Fat Free
Chocolate Milk

8
THURSDAY

- LTO** Ham & Pea Risotto
- Black Beans, Baby Carrots,
Applesauce
- Pizza Parlor** Sausage Pizza, Cheese Pizza
- Diner** Bun, Hamburger WG White Wheat,
Spicy Chicken Patty on Bun, Cook's
Choice
- Grab & Go** Turkey Deli Sub Sandwich, Crispy
Chicken Wrap, Garden Vegetable
Salad

6
TUESDAY

- Classic Cafe'** Pasta with Meat Sauce
- Whole Grain Dinner Roll, Roasted
Broccoli, Baby Carrots, Mixed
Canned Fruit, Banana
- Pizza Parlor** Cheese Pizza, Sausage Pizza
- Diner** Cheeseburger on a Bun, Crispy
Chicken Sandwich, Cook's Choice
- Grab & Go** Turkey Ham Deli Sandwich, Crispy
Chicken Wrap, Garden Vegetable
Salad

9
FRIDAY

- Classic Cafe'** French Bread Italian Dunkers
- Marinara Sauce, California Blend
Vegetable, Baby Carrots, Diced
Pears
- Diner** Cheeseburger on a Bun, Crispy
Chicken Sandwich, Cook's Choice
- Grab & Go** Turkey Deli Sub Sandwich, Crispy
Chicken Wrap, Garden Vegetable
Salad
- Milk** 1% Unflavored Milk, Fat Free
Chocolate Milk

7
WEDNESDAY

- Classic Cafe'** Chicken Bites w/ Sweet &
Sour Sauce
- Brown Rice, Steamed Peas, Baby
Carrots, Pineapple Tidbits, Banana
- Diner** Cheeseburger on a Bun, Corn Dog,
Cook's Choice
- Grab & Go** Turkey Deli Sub Sandwich, Crispy
Chicken Wrap, Garden Vegetable
Salad
- Milk** 1% Unflavored Milk, Fat Free
Chocolate Milk

EXTRA INFO



Milk choice of 1% or chocolate, is included with
your Lunch.

For any questions or comments contact Vicki
Kroll FSD at v.kroll@komets.k12.mn.us
or 507-634-4462

Menus are subject to change without
notice. This institution is an equal
opportunity provider.

www.taher.com

Kasson High School

Lunch Menu



February
2024

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

12

MONDAY

Classic Cafe' Beef Chili

Whole Grain Dinner Roll , Potato Wedges, Cherry Tomato, Peaches, Diced

Diner Cheeseburger on a Bun, BBQ Rib Sandwich, Cook's Choice

Grab & Go Turkey Ham Deli Sub Sandwich, Turkey Ranch Wrap, Chef Salad

Milk 1% Unflavored Milk, Fat Free Chocolate Milk

15

THURSDAY

Classic Cafe' Pasta with Meat Sauce

Bread Stick, Steamed Green Beans, Cherry Tomato, Applesauce

Pizza Parlor Pepperoni Pizza, Cheese Pizza

Diner Bun, Hamburger WG White Wheat, Crispy Chicken Sandwich, Cook' Choice

Grab & Go Turkey Ham Deli Sandwich, Turkey Ranch Wrap, Chef Salad

13

TUESDAY

Classic Cafe' Macaroni & Cheese

Whole Grain Dinner Roll, Roasted Broccoli, Cherry Tomato, Mixed Canned Fruit

Pizza Parlor Cheese Pizza, Sausage Pizza

Diner Bun, Hamburger WG White Wheat, Spicy Chicken Patty on Bun, Cook's Choice

Grab & Go Turkey Ham Deli Sandwich, Turkey Ranch Wrap, Chef Salad

16

FRIDAY

Classic Cafe' Walking Taco

Mexican Brown Rice, Salsa, Lettuce, Tomato and Cheese, Black Beans, Cherry Tomato, Peaches, Diced

Diner Cheeseburger on a Bun, Crispy Chicken Sandwich, Fish Sandwich with Cheese

Grab & Go Turkey Ham Deli Sandwich, Turkey Ranch Wrap, Chef Salad

Milk 1% Unflavored Milk, Fat Free Chocolate Milk

14

WEDNESDAY

Classic Cafe' Fish Sandwich with Cheese

Harvest Cheddar Sunchip, California Blend Vegetable, Cherry Tomato, Pineapple Tidbits

HOM KIWI

Diner Corn Dog, Cheeseburger on a Bun, Cook's Choice

Grab & Go Turkey Ham Deli Sandwich, Turkey Ranch Wrap, Chef Salad

EXTRA INFO

Harvest of the Month



Milk choice of 1% or chocolate, is included with your Lunch.

For any questions or comments contact Vicki Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

Menus are subject to change without notice. This institution is an equal opportunity provider.

www.taher.com

Kasson High School

Lunch Menu



February
2024

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

MONDAY

22

THURSDAY

LTO FILL IN SPECIAL

Whole Grain Dinner Roll, Roasted Broccoli, Cherry Tomato, Applesauce. Fresh Grapes

Pizza Parlor Pepperoni Pizza, Cheese Pizza

Diner Cheeseburger on a Bun, Crispy Chicken Sandwich, Cook's Choice

Grab & Go Ham Deli Sub Sandwich, Turkey BLT Wrap, Chef Salad

20

TUESDAY

Classic Cafe' Beef Hot Dog on a Bun

Golden French Fries, Roasted Corn, Cherry Tomato, Mixed Canned Fruit

Pizza Parlor Sausage & Pepperoni Pizza, Cheese Pizza, Cheeseburger on a Bun

Diner Spicy Chicken Patty on Bun, Cook's Choice

Grab & Go Ham Deli Sub Sandwich, Turkey BLT Wrap, Chef Salad

23

FRIDAY

Classic Cafe' French Bread Italian Dunkers

Marinara Sauce, Glazed Carrots, Cherry Tomato, Diced Pears

Diner Bun, Hamburger WG White Wheat, Spicy Chicken Patty on Bun, Cook's Choice

Grab & Go Ham Deli Sub Sandwich, Turkey BLT Wrap, Chef Salad

Milk 1% Unflavored Milk, Fat Free Chocolate Milk

21

WEDNESDAY

Classic Cafe' Chicken and Cheese Quesadilla

Salsa, Refried Beans, Cherry Tomato, Pineapple Tidbits

Diner Cheeseburger on a Bun, Corn Dog, Cook's Choice

Grab & Go Ham Deli Sub Sandwich, Turkey BLT Wrap, Chef Salad

Milk 1% Unflavored Milk, Fat Free Chocolate Milk

EXTRA INFO

Harvest of the Month



Milk choice of 1% or chocolate, is included with your Lunch.

For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

Menus are subject to change without notice. This institution is an equal opportunity provider.

www.taher.com

Kasson High School

Lunch Menu



February
2024

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

26

MONDAY

- Classic Cafe'** Grilled Ham & Cheese Sandwich
- Harvest Cheddar Sunchip, Green Beans, Baby Carrots, Peaches, Diced
- Diner** Cheeseburger on a Bun, Cook's Choice
- Milk** Crispy Chicken Patty, 1% Unflavored Milk, Fat Free Chocolate Milk
- Grab & Go** Turkey Ham Deli Sandwich, Chip ,Cheese,Salsa, Crispy Chicken Salad

29

THURSDAY

- Classic Cafe'** Sweet & Sour Chicken
- Brown Rice, California Blend Vegetable, Baby Carrots, Applesauce
- Pizza Parlor** Pepperoni Pizza, Cheese Pizza
- Diner** Cheeseburger on a Bun, Crispy Chicken Sandwich, Cook's Choice
- Grab & Go** Turkey Deli Sandwich, Crispy Chicken Salad

27

TUESDAY

- Classic Cafe'** Crispy Chicken Sandwich
- Black Beans, Baby Carrots, Mixed Canned Fruit, Banana
- Pizza Parlor** Cheese Pizza, Sausage Pizza
- Diner** Cheeseburger on a Bun, Spicy Chicken Patty on Bun, Cook's Choice
- Grab & Go** Turkey Ham Deli Sandwich, Buffalo Chicken Wrap, Crispy Chicken Salad

FRIDAY

28

WEDNESDAY

- Classic Cafe'** Meatballs and Gravy
- Whole Grain Dinner Roll , Mashed Potatoes, Baby Carrots, Pineapple Tidbits, Banana
- Diner** Corn Dog, Cheeseburger on a Bun, Cook's Choice
- Grab & Go** Turkey Ham Deli Sandwich, Buffalo Chicken Wrap, Crispy Chicken Salad
- Milk** 1% Unflavored Milk, Fat Free Chocolate Milk

EXTRA INFO



Milk choice of 1% or chocolate, is included with your Lunch.

For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

Menus are subject to change without notice. This institution is an equal opportunity provider.

www.taheer.com