



# Kasson Elementary

February  
2024

## Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>29</b>  	<b>30</b>  	<b>31</b>  	<b>1</b> Corn Dog Harvest Cheddar Sunchip  Baked Beans Red/Orange Bell Pepper  Applesauce Fresh Grapes Milk Choice Fat Free Chocolate Milk	<b>2</b> Chicken Alfredo w/Pasta Garlic Toast  Roasted Broccoli Red/Orange Bell Pepper  Diced Pears Fresh Grapes Milk Choice Fat Free Chocolate Milk
<b>5</b> Beef Hot Dog on a Bun Golden Crinkle Cut French Fries  Golden French Fries Baby Carrots  Peaches, Diced Milk Choice Fat Free Chocolate Milk	<b>6</b> Pasta with Meat Sauce Whole Grain Dinner Roll  Roasted Broccoli Baby Carrots  Mixed Canned Fruit Banana Milk Choice Fat Free Chocolate Milk	<b>7</b> Chicken Bites w/ Sweet & Sour Sauce Brown Rice  Steamed Peas Baby Carrots  Pineapple Tidbits Banana Milk Choice Fat Free Chocolate Milk	<b>8</b> Beef & Cheese Quesadilla Salsa  Black Beans Baby Carrots  Applesauce Milk Choice Fat Free Chocolate Milk	<b>9</b> French Bread Italian Dunkers Marinara Sauce  California Blend Vegetable Baby Carrots  Diced Pears Milk Choice Fat Free Chocolate Milk
<b>12</b> Beef Chili Whole Grain Dinner Roll  Potato Wedges Cherry Tomato  Peaches, Diced Milk Choice Fat Free Chocolate Milk	<b>13</b> Macaroni & Cheese Whole Grain Dinner Roll  Roasted Broccoli Cherry Tomato  Mixed Canned Fruit Milk Choice Fat Free Chocolate Milk	<b>14</b> Crispy Chicken Nuggets Whole Grain Dinner Roll Buttered Noodles  California Blend Vegetable Cherry Tomato HOM - Kale Salad  Pineapple Tidbits Milk Choice Fat Free Chocolate Milk	<b>15</b> Chicken Alfredo w/Pasta Whole Grain Dinner Roll  Steamed Green Beans Cherry Tomato  Applesauce Milk Choice Fat Free Chocolate Milk	<b>16</b> Walking Taco Mexican Brown Rice Salsa Lettuce, Tomato and Cheese  Black Beans Cherry Tomato Peaches, Diced Milk Choice Fat Free Chocolate Milk
<b>19</b> <b>No School</b>	<b>20</b> Beef Hot Dog on a Bun Golden French Fries  Roasted Corn Cherry Tomato  Mixed Canned Fruit Milk Choice Fat Free Chocolate Milk	<b>21</b> Chicken and Cheese Quesadilla Salsa  Refried Beans Cherry Tomato  Pineapple Tidbits Milk Choice Fat Free Chocolate Milk	<b>22</b> <b>HOM - Oregano</b> Pasta with Meat Sauce Whole Grain Dinner Roll  Roasted Broccoli Cherry Tomato  Applesauce Fresh Grapes Milk Choice Fat Free Chocolate Milk	<b>23</b> French Toast Sticks Sausage Patty  Glazed Carrots Cherry Tomato  Diced Pears Milk Choice Fat Free Chocolate Milk
<b>26</b> Grilled Ham & Cheese Sandwich Harvest Cheddar Sunchip Green Beans Baby Carrots  Peaches, Diced Milk Choice Fat Free Chocolate Milk	<b>27</b> Crispy Chicken Sandwich  Black Beans Baby Carrots  Mixed Canned Fruit Banana Milk Choice Fat Free Chocolate Milk	<b>28</b> Meatballs and Gravy Whole Grain Dinner Roll  Mashed Potatoes Baby Carrots  Pineapple Tidbits Banana Milk Choice Fat Free Chocolate Milk	<b>29</b> Sweet & Sour Chicken Brown Rice  Kung Fu Carrots Baby Carrots  Applesauce Milk Choice Fat Free Chocolate Milk	

PRICES

Free For Students  
Adult Meal  
Extra Milk

\$4.95  
\$0.50

EXTRA INFO

Milk choice of 1% or chocolate, is included with your Lunch.  
For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

HARVEST OF



THE MONTH

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