February 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Frudel, Apple or Cherry Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk	Plain Long John Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk
5 ini-Cinnis noice of Cereal Fun with D&J Crackers luice Selection Fruit Selection  % Unflavored Milk Fat Free Chocolate Milk	6 Breakfast Pizza Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection 1% Unflavored Milk Fat Free Chocolate Milk	7 Banana Chocolate Loaf Cheese Stick Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk	8 Breakfast Sandwich Choice of Cereal Graham Cracker Choice Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk	9 Plain Long John Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk
pple Frudel hoice of Cereal -un with D&J Crackers Juice Selection -ruit Selection  1% Unflavored Milk -at Free Chocolate Milk	13  Breakfast Pizza Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk	French Toast Loaf Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk	Breakfast Sandwich Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk	Plain Long John Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk
19 No School	20 Breakfast Pizza Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk	21 Choice of Cereal Bar Cheese Stick Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk	22 Breakfast Sandwich Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk	Plain Long John Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk
trawberry Banana Yogurt ippable Graham Snack hoice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection 1% Unflavored Milk Fat Free Chocolate Milk	27 Breakfast Pizza Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection 1% Unflavored Milk Fat Free Chocolate Milk	28 French Toast Loaf Cheese Stick Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk	29 Breakfast Sandwich Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection  1% Unflavored Milk Fat Free Chocolate Milk	

Free For Students Adult Meal Premium Adult Meal

Milk choice of 1% or chocolate, is included with

your Lunch.
For any questions or comments contact Vicky
Kroll FSD at v.kroll@komets.k12.mn.us
or 507-634-4462



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