Mexican Brown Rice

LCR Lettuce Cherry Tomato

Mixed Canned Fruit 10/ Unfloyored Milk

Free For Students Adult Meal

Premium Adult Meal

XTR/

Broccoli Florets

Mixed Canned Fruit Banana

1% Unflavored Milk

**Baby Carrots** 

Milk choice of 1% or chocolate, is included with your Lunch.

For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462



Download our app Taher Food4Life®

