

Karice is a 'solid' citizen who embraces the virtues of kindness, respect, positive attitude, responsibility, compassion and integrity! She is a member of the 1990 graduating class of Spring Valley High School. Since then she has been a lifelong learner.

She graduated from the Milwaukee School of Engineering, and then discovered she missed working directly with people. As a result she applied for and was accepted in medical school and completed her studies.

Practicing medicine in the emergency room, in the back of a helicopter, in a hay field, or on a busy highway is challenging, but very rewarding. She is also a volunteer physician at various community events. She respects all people and practices the leadership and communication skills she learned from a child on.

Occupations and Positions

- *Resident Assistant at Milwaukee School of Engineering, 1991-1994
- *Assistant Construction Manager for Austin High School Project, Internship at Hormel Engineering Dept., summer 1993
- *Mechanical Engineer at McGuire Engineering, Inc., Chicago, IL
- *Physical Therapy Technician at Affiliated Health of Milwaukee, WI; St. Mary's Hospital, Racine, WI; and Briar Place Nursing Home, Chicago, IL, 1994-1998.
- *Emergency Medicine Attending Physician, Rockford Memorial Hospital, Level I Trauma Center, 2005-present
- *Medical Flight Physician, University of Wisconsin-Madison, 2007-present
- *Emergency Medicine Staff Physician, St. Mary's Hospital, Madison, WI, July 2008 - present
- *Medical Director – Equilibrium, E3, Chicago, IL, present
- *Reiki Level II Practitioner in training to be Reiki Master

Career Achievements/Awards

- *Milwaukee School of Engineering Dean's Scholarship, 1990-1994
- *Honors in Emergency Medicine Clerkships, 2001
- * Society of Academic Emergency Medicine Award, 2002
- *Best emergency Medicine Research Award, American College of Emergency Physicians, Wisconsin chapter, 2005
- *Board Certified, American Board of Emergency Medicine, 2006
- *Fellow, American Academy of Emergency Medicine, 2007

*Clinical Assistant Professor of Medicine, University of Illinois, Chicago, 2006-present

*Clinical Assistant Professor of Medicine, University of Wisconsin-Madison, 2007-present

*Flight doctor for 115 Fighter Wing of Wisconsin Air National Guard for duty in Poland, summer 2013

*Promoted to Major -WI Air National Guard - flight doctor with 176th Fighter Squadron, 2013

Community Achievements/Awards

*Tae Kwon Do Junior Olympics - 4th Place

*Completed Windy City Sports Trail ½ Marathon, Chicago; Las Vegas ½ Marathon; and Fox Cities Marathon, Appleton, WI

Post- Secondary Education (College, Graduate School, etc.)

*1990-1994 – Milwaukee School of Engineering - Bachelor of Science in Architectural Engineering, Honor Graduate

*1998-2002 – Loyola University Chicago – Stritch School of Medicine, Doctor of Medicine

*2002 – 2005 – Medical College of Wisconsin Affiliated Hospitals' Emergency Medical Resident at Froedert Memorial Lutheran Hospital; Level 1 Trauma Center and Children's Hospital of Wisconsin; and Flight Physician for Flight For Life

Professional/Activities

*American College of Emergency Physicians

*ACEP Air Medical Transport Section

*American Academy of Emergency Medicine

*Air Medical Physician Association

*State Medical Society of Wisconsin

Major Church or Religious Activities

*Volunteer for Senior Outreach

*Collecting food and clothing for Goodwill