

Kane Area School District Athletic Health and Safety Plan

This Plan, and the guidelines stated herein, apply to sports activities commencing on August 24, 2020, or thereafter. A mandatory training session shall be held for each sport and for all coaches that are responsible for implementing this Plan, and its guidelines. The School Nurse shall be present during the training session to advise coaches on items such as COVID-19 symptoms, screening process, and the protocol to be adhered to when student athlete or staff member exhibits symptoms of, or has tested positive for, COVID-19.

Notification to Parents/Guardians

Student participation in sports activities is voluntary. This Plan is intended to mitigate the risk of COVID-19 exposure. However, the District cannot ensure that your child will not be exposed to COVID-19 while participating. As a parent, you must consider your child's, and your family's, unique circumstances (medical and otherwise) and make a determination as to whether or not you will permit your child to participate and assume any associated risks of participation.

Parents/Guardians are also advised that, in order to protect the health and safety of all athletes and staff members, each athlete plays an important role by complying with this Plan. Further, parents/guardians play an important role in screening their children for COVID-19 symptoms each day; not sending their child to a sports activity if the child is ill; educating their children about the importance of adherence to this Plan, practicing good hygiene habits, and practicing habits to prevent the spread of viruses and diseases; and informing the Superintendent and school nurse if their child is at high risk for severe illness from COVID-19 so that appropriate steps can be taken based on the advice of the student's physician or other medical provider.

Parents/guardians are required to perform a personal health assessment on their children each day by using the KASD Symptom Screening Tool that is attached as an Appendix to this Plan. If a child exhibits 1 more symptoms identified in Group A of the KASD Symptom Screening Tool, 2 or more symptoms identified in Group B of the KASD Symptom Screening Tool, or is taking a fever reducing medication, the parent/guardian is directed to keep the child home, and the child shall not be permitted to resume participation until the child's physician or other medical provider clears the child to return.

Notification to 18-Year-Old Students and Emancipated Minors

Your participation in sports activities is voluntary. This Plan is intended to mitigate the risk of COVID-19 exposure. However, the District cannot ensure that you will not be exposed to COVID-19 while participating. You must take into account your own, and your family's, unique circumstances (medical and otherwise) and make a determination as to whether or not you would like to voluntarily participate and assume any risks associated with your participation.

You are required to perform a personal health assessment on yourself each day by using the KASD Symptom Screening Tool that is attached as an Appendix to this Plan. If you exhibit 1 more symptoms identified in Group A of the KASD Symptom Screening Tool, 2 or more symptoms identified in Group B of the KASD Symptom Screening Tool, or is taking a fever reducing medication, you are directed to stay home, and you shall not be permitted to resume participation until your physician or other medical provider clears you to return.

Notification to Staff Members Other Than District Employees

Your participation in sports activities is voluntary. This Plan is intended to mitigate the risk of COVID-19 exposure. However, the District cannot ensure that you will not be exposed to COVID-19 while participating. You must take into account your own, and your family's, unique circumstances (medical and otherwise) and make a determination as to whether or not you would like to voluntarily participate and assume any risks associated with your participation.

Definitions

For purposes of this Plan, **the term "sports activity" or "sports activities" includes any tryouts, practices, scrimmages, games/competitions, conditioning or weightlifting sessions, or other sports related event that is organized by, and sponsored by, the Kane Area School District.** This Plan does not apply to sports activities that are not organized and sponsored by the Kane Area School District, and the District has no responsibility of any kind for such sporting events.

For purposes of this Plan, the term "staff member" includes coaches, volunteers, officials, trainers and anyone else at a sports activity that is not a student-athlete or spectator.

Primary Point of Contact for Questions

All questions about in-person sports activities and related to COVID-19 should be directed to the Superintendent, Mr. Brock Benson, who is the designated primary point of contact for any such questions. Mr. Benson's can be reached at 837-9570 or bbenson@kasd.net

Start Date

No scrimmages or regular season games are permitted prior to Monday, September 14, 2020.

Postponement, Re-Scheduling, and Cancellation of Sporting Events

In the event that a Kane Area School District school building is closed to in-person instruction as a result of COVID-19, no sports activities for that school shall be permitted until such time as the school is reopened to in-person instruction. The Athletic Director, in consultation with the Superintendent, shall also have the discretion to postpone, reschedule, or cancel any sporting event if deemed appropriate due to COVID-19 positive tests, exposure, etc. The Athletic Director shall also coordinate as necessary with the applicable league, District IX, and the PIAA regarding any sporting events that are postponed, re-scheduled or canceled.

Guidelines

- Coaches must review and consider the CDC guidance to modify sports activities to mitigate the spread of COVID-19. This includes focusing on individual skill building and conditioning versus competition and limiting contact in close contact sports. Only student athletes and staff members are permitted to be at sports activities.

- Staff members are required to perform a personal health assessment on themselves each day by using the KASD Symptom Screening Tool that is attached as an Appendix to this Plan. If a staff member exhibits 1 more symptoms identified in Group A of the KASD Symptom Screening Tool, 2 or more symptoms identified in Group B of the KASD Symptom Screening Tool, or is taking a fever reducing medication, the staff member is directed to stay home, and the staff member shall not be permitted to resume participation until his/her physician or other medical provider clears him/her to return.
- Staff Members must screen and monitor student athletes and themselves for COVID-19 symptoms prior to, and during, sports activities based on guidance provided by the School Nurse (which is currently the use of the KASD Symptom Screening Tool that is attached as an Appendix to this Plan). If an individual participating in a sports activity exhibits 1 more symptoms identified in Group A of the KASD Symptom Screening Tool, 2 or more symptoms identified in Group B of the KASD Symptom Screening Tool, or is taking a fever reducing medication, arrangements must be made to safely send any such person home immediately, and the person shall not be permitted to resume participation until his/her physician or other medical provider clears the person to return.
- In the event an athlete or staff member tests positive for COVID-19, the District will assist in notifying all potential contacts of the individual. All facilities used by that individual will be sanitized and disinfected thoroughly prior to re-opening of those facilities, and all District-owned equipment used by that individual will be sanitized and disinfected. The person that tested positive may not return to any sports activity until the Pennsylvania Department of Health mandated isolation period is completed and the person has been cleared to return by his/her physician or other medical provider. A negative test obtained prior to the end of isolation does not clear an individual for return. The entire isolation period must be completed. Contact tracing shall also occur in conjunction with the Pennsylvania Department of Health and in a manner similar to the contact tracing specified in the District's School Reopening Health and Safety Plan. Any person quarantined by the Department of Health as a result of contract tracing may not return until the Department of Health mandated quarantine period is completed, and the person has been cleared to return by his/her medical provider.
- Staff members at risk of severe illness from COVID-19 due to age, underlying medical conditions, or otherwise must inform the Superintendent and School Nurse prior to the commencement of participation in any sports activity so that appropriate steps can be taken with respect to the staff member, based on the advice of the staff member's physician or other medical provider. If a student athlete is at high risk of severe illness from COVID-19 due to an underlying medical condition or otherwise, the parent/guardian must inform the Superintendent and School Nurse prior to participation in any sports activity so that appropriate steps can be taken with respect to the student athlete, based on the advice of the student athlete's physician or other medical provider.
- Signs shall be posted conspicuously in common areas that promote protective measures and how to stop the spread of germs.
- Information will be provided to all student athletes, staff members and families about the symptoms of COVID-19 and when to stay home. Student athletes also will be educated on

proper hand washing and sanitizing. Each athlete will be required to wash their hands properly before the start of practice and again at the conclusion. If soap and water are unavailable, hand sanitizer can be used. Staff members are to adhere to similar practices. Hand soap and sanitizer will be provided by the District, and individuals are also permitted to utilize their own sanitation products.

- Designated representatives of the host school and visiting school should communicate before each scrimmage or game/competition to discuss topics such as COVID-19 related procedures and protocols, locker room usage, and action plans if symptoms begin to appear during the scrimmage or game/competition.
- The District's Athletic Director is to provide members of the media that are anticipated to attend sporting events with a copy of the "Considerations for Media," as published by the PIAA as a part of its "Return to Competition: General Considerations for All Sports.
- The District's Athletic Director is to provide officials with a copy of the "Return to Competition: General Considerations for Officials" as well as the pertinent provisions of the General Considerations for Each Sport that relate to officials, as published by the PIAA.
- The District's Athletic Director is to provide the head coach of each sport with a copy of The General Considerations for his/her respective sport, as published by the PIAA. The considerations should be discussed by representatives of the host school and visiting school in advance of the scrimmage or game/competition and implemented as deemed appropriate and feasible by the schools. Scrimmage or game/competition official(s) should be given prior notice of any considerations that will be implemented and that will impact the official(s) during the course of the scrimmage or game/competition. For example, the official(s) for a football game should be notified prior to the game if the team boxes will be extended to the 10-yard lines.
- Staff Members and student athletes are to maintain 6 feet of social distancing when feasible, including in the field of play, locker rooms, sidelines, dugouts, benches, and workout areas. During down time, student athletes and staff members should not congregate.
- All student athletes and staff members must bring their own water and drinks to sports activities and are encouraged to label them with their names. Team water coolers for sharing through disposable cups are not allowed. Fixed water fountains should not be used. Additionally, whenever possible, equipment and other personal items (towels, clothing, shoes, hats food, utensils, etc.) should be separated and not shared. Following a sports activity, all student athlete clothing, equipment, or materials used during the sports activity must be taken home and washed or disinfected before being used again. Shared equipment should be disinfected between users, when feasible, consistent with CDC guidance for disinfecting.
- Sports activities that increase the risk of exposure to saliva are not allowed, including chewing gum, spitting, licking fingers, and eating sunflower seeds.
- Student athletes and staff members are to avoid shaking hands, fist bumps, hugging, or high fives before, during or after sports activities and limit unnecessary physical contact with teammates, other athletes, and staff members, and spectators.

- When feasible, student athletes and staff members should come to sports activities already dressed and prepared for the sports activity. At the completion of a sports activity, all shared equipment (including balls) and other frequently touch objects should be disinfected and cleaned before the next scheduled sports activity.
- The District shall adhere to any restrictions governing the number or persons that may attend an indoor or outdoor sports activity.
- If multiple sports activities are to be held at the same facility, adequate time shall be scheduled between contests to allow for facilities to be cleaned and disinfected, and to minimize interaction between student athletes. Sports complexes with multiple fields may operate simultaneous sports activities on fields within a complex only if social distancing can be maintained. Each individual sports activity at a complex must adhere to the gathering occupancy limits contained in the Governor's Order for Mitigation Enforcement and Immunity Protections updated on March 1, 2021, and the facility may not exceed any applicable occupancy limitations.
- Concession stands shall not be used. Any food that is provided by the District or staff members is to be provided in pre-packaged boxes or bags.

Spectators

- All individuals present at the venue including, but not limited to athletes, coaching and athletic staff, spectators, media, cheerleaders, and musicians, count towards gathering limitations and must comply with Face Covering Orders and social distancing guidelines.

Using the approved occupancy limits for KASD, attendance will be limited as follows:

KAHS Gymnasium:	900 occupancy limit x .15=135
Paul Miller Stadium:	1435 occupancy limit x .20= 287
KAMS Gymnasium:	225 occupancy limit x .15= 34

Home and visiting fans are permitted to attend track and field, baseball, and softball contests. Spectators are subject to the face covering requirements for spectators stated below. Additionally, whether indoors or outdoors, spectators in seating areas such as bleachers, must maintain 6 feet of social distancing from anyone that is not a member of the same household. The Superintendent, or his designee, is authorized to develop rules with respect to which spectators may attend a sporting event, if doing so is necessary to comply with the applicable statewide gathering limitations.

- Face Coverings

Athletes, coaches, staff, officials, adult personnel, and spectators shall comply with the Updated Order Requiring Universal Face Coverings issued on November 18, 2020, and the associated FAQ's/guidance.

For purposes of this Plan, the term "face covering" means a covering of the nose and mouth with material that is secured to the head with ties, straps, or loops over the ears or is wrapped around the lower face. A "face covering" can be made of a variety of synthetic or natural fabrics, including cotton, silk, or linen. A "face covering" may be factory-made, sewn by hand, or be

improvised from household items, including, but not limited to, scarfs, bandanas, t-shirts, sweatshirts, or towels.

For purposes of this Plan, the term an “alternative to a face covering” may include a plastic face shield that covers the nose and mouth, extends below the chin and to the ears, and leaves no exposed gap between the forehead and the shield’s headpiece.

A. Face Coverings for Athletes

Athletes are required to wear a face covering (such as a mask) at all times unless (i) the athlete is consuming water or food during a rest period with 6 feet of social distancing from others that are not a member of his/her household, when feasible; (ii) a 10 minute face covering break is provided with 6 feet of social distancing from others that are not a member of his/her household; (iii) the athlete is outside and is consistently able to maintain 6 feet of social distancing from others that are not a member of his/her household; (iv) an exception identified in Section E below is present or (v) the athlete is competing or participating in conditioning and wearing a face covering would either cause a medical condition, or exacerbate an existing one, including respiratory issues that impede breathing, a mental health condition or a disability. All alternatives to wearing a face covering, including the use of a face shield, should be exhausted before exempting a student. In making this determination, the sport, equipment, and exertion level shall be considered. The District will consult with appropriate medical professionals as necessary to determine whether an exemption is warranted for all, or some, participants in a particular sport. The Department of Health has advised that face coverings are not required swimming.

There are no color restrictions on face coverings; however, face coverings must adhere to the Restriction on Advertisements or Sponsors Names on Uniforms policy, as adopted by the PIAA Board of Directors.

B. Face Coverings for Staff Members

Staff Members are required to wear a face covering (such as a mask) at all times unless (i) the person is consuming water or food with 6 feet of social distancing from others that are not a member of his/her household, when feasible; (ii) the person is outside and is consistently able to maintain 6 feet of social distancing from others that are not a member of his/her household; or (iii) the person qualifies for one of the exceptions specified below in Section E. Anyone claiming an exception specified below in Section E must ask the Superintendent for a waiver of the face covering requirement, and the District, to the extent permitted by law, may require medical evidence to substantiate why the person cannot wear a face covering when it would otherwise be required. To the extent permitted by law, the District also reserves the right to exclude any person that cannot wear a face covering from sporting events.

C. Face Coverings for Spectators

Any spectator permitted to attend an indoor or outdoor sporting event is required to wear a face covering at all times unless the person qualifies for one of the exceptions specified below in

Section E or the person is consuming water or food with 6 feet of social distancing from others that are not a member of his/her household

D. Face Coverings During Transit

When multiple members of the team that do not reside in the same household are being transported together, a face covering must be worn unless an exception specified below in Section E is present. This applies to athletes and staff members. Anyone not wearing a face covering should be distanced 6 feet from all others in the vehicle (except members of the same household) to the extent feasible.

E. Face Covering Exceptions:

1. Individuals who cannot wear a face covering due to a medical condition, including those with respiratory issues that impede breathing, mental health condition, or disability.
2. Individuals for whom wearing a face covering while working would create an unsafe condition in which to operate equipment or execute a task as determined by local, state, or federal regulators or workplace safety guidelines.
3. Individuals who would be unable to remove a face covering without assistance.
4. Individuals who are under two years of age.
5. Individuals who are communicating or seeking to communicate with someone who is hearing-impaired or has another disability, where the ability to see the mouth is essential for communication.
6. When obtaining a service that requires the temporary removal of the face covering, such as medical services.

** In order for a student athlete to qualify for one of the above exceptions while not engaging in competition or conditioning, the student athlete must have a medical or mental health condition or disability, documented in accordance with Section 504 of the Rehabilitation Act or IDEA, that precludes the wearing of a face covering when it would otherwise be required. The District's Mask/Face Covering Waiver Request for students must be submitted for any requested waiver.

** Any staff member claiming one of the above exceptions must ask the Superintendent for a waiver of the face covering requirement, and the District, to the extent permitted by law, may require medical evidence to substantiate why a face covering cannot be worn when it would otherwise be required. To the extent permitted by law, the District also reserves the right to exclude any person that cannot wear a face covering from sporting events.



Athletic Health and Safety Plan Governing Body Affirmation Statement

Since the Board last approved an Athletic Health & Safety Plan on December 3, 2020, additional legal mandates have occurred, and pertinent guidance has been updated. As directed by Governor Wolf, PDE, and the DOH, the District has already implemented necessary or desired changes based on the additional legal mandates and updated guidance.

The Board of Directors/Trustees for **Kane Area School District** authorized this this Athletic Health and Safety Plan on March 11, 2021

The plan was approved by a vote of:

Yes

No

Affirmed on: March 11, 2021

By:

Claire Ann Buckley

(Signature of Board President)

Claire Ann Buckley

(Print Name of Board President)

ATTEST:

Chelsea M. Rudolph

(Signature of Board Secretary)

Chelsea Rudolph

(Printed Name of Board Secretary)

KASD Symptom Screening Tool

Complete Daily Prior to School/Work*

Employee or Student Name:

Temperature:

Are you/is the student taking any medication to treat or reduce a fever such as Ibuprofen (i.e. Advil, Motrin) or Acetaminophen (Tylenol)?

Are you/is the student experiencing any of the following?

Group A 1 or more symptoms	Group B 2 or more symptoms
<input type="checkbox"/> New loss of smell (olfactory disorder)	<input type="checkbox"/> Fever
<input type="checkbox"/> New loss taste disorder	<input type="checkbox"/> Chills
<input type="checkbox"/> *Cough (new uncontrolled cough that causes difficulty breathing, for students with chronic allergic/asthmatic cough, a change in their cough from baseline)	<input type="checkbox"/> Sudden feeling of cold with shivering and a rise in temperature often with sweating (Rigors)
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Muscle pain (Myalgia)
<input type="checkbox"/> Difficulty Breathing	<input type="checkbox"/> Headache
	<input type="checkbox"/> Sore throat
	<input type="checkbox"/> Nausea or vomiting
	<input type="checkbox"/> Diarrhea
	<input type="checkbox"/> Fatigue
	<input type="checkbox"/> Runny nose/congestion

Stay home if, you or the student:

- Have **one** or more symptoms in Group A **OR**
- Have **two** or more symptoms in Group B **OR**
- Are taking fever reducing medication.

