

KASD High School Lunch Menu



The Garden		Monday	Tuesday	Wednesday	Thursday	Friday
Week #1: Crispy Chicken Week #2: Turkey Chef Week #3: Grilled Chicken Week #4: Crispy Buffalo Chicken Week #5: Ham Chef			January 2nd #1 Sloppy Joe Sandwich #2 Chicken Nuggets w/ Roll • Green Beans • Banana	January 3rd #1 Chipotle Chicken Flatbread #2 Pulled Pork Sandwich • Carrot Coins • Pineapple Tidbits	January 4th #1 Macaroni & Cheese w/ Roll #2 Crispy Chicken Sandwich • Peas • Red Delicious Apple	January 5th #1 Buffalo Chicken Dipper w/ Garlic Toast #2 Corn Dog • Roasted Chickpeas • Peaches
*All salads served with Whole Grain Dinner Roll			January 8th #1 French Toast Sticks & Sausage #2 Bacon Cheeseburger • Potato Wedges • Applesauce	January 9th #1 Walking Taco w/ Roll #2 Chicken Nuggets w/ Roll • 100% Vegetable Juice • Mandarin Oranges	January 10th #1 BBQ Pork Potato Wedges w/ Nacho Cheese Sauce & Roll #2 Hotdog on a Bun • Baked Beans • Pears	January 11th #1 Hamburg Gravy over Mashed Potatoes #2 Spicy Crispy Chicken Sandwich • Corn • Craisins
Options		January 15th 	January 16th #1 Salisbury Steak w/ Buttered Noodles #2 Chicken Nuggets w/ Buttered Noodles • Corn • Fresh Apple Slices	January 17th #1 Turkey BLT #2 Pulled Pork Sandwich • Potato Wedges • 100% Fruit Juice	January 18th #1 Nacho Bites #2 Crispy Chicken Sandwich • Black Bean Salad • Craisins	January 19th #1 Buffalo Chicken Alfredo w/ Garlic Toast #2 Corn Dog • Broccoli • Applesauce
Everyday: Peanut Butter & Jelly Week #1: Turkey & Cheese Sandwich Week #2: Crispy Chicken Wrap Week #3: Italian Hoagie Week #4: Ham & Cheese Sandwich Week #5: Grilled Chicken Wrap		January 22nd #1 Chicken & Vegetable Dumplings #2 Cheeseburger • Mixed Veggies • Mandarin Oranges	January 23rd #1 Spaghetti & Meatballs w/ Roll #2 Chicken Nuggets w/ Roll • 100% Vegetable Juice • Banana	January 24th #1 Popcorn Chicken Bowl w/ Roll #2 Hotdog on a Bun • Mashed Potatoes • Fruit Crisp	January 25th National Soup Month #1 Grilled Cheese w/ Tomato Soup #2 Spicy Crispy Chicken Sandwich • Roasted Chickpeas • Applesauce	January 26th #1 Hot Turkey Sandwich w/ Gravy #2 Corn Dog • Potato Wedges • Pineapple Tidbits
The Pizzeria		Monday: Pepperoni Tuesday: White Wednesday: Buffalo Chicken or BBQ Chicken Thursday: Cheese Friday: Pepperoni	January 29th #1 Sweet & Sour Chicken Bowl #2 Bacon Cheeseburger • Broccoli • 100% Fruit Juice	January 30th #1 Ham & Cheese Melt #2 Chicken Nuggets w/ Roll • Baked Beans • Fresh Apple Slices	January 31st #1 Meatball Hoagie #2 Pulled Pork Sandwich • Potato Wedges • Diced Peaches	
Pricing: ALL Students Eat for FREE! A la Carte Items and Extras are sold at an additional cost.						

***Choose At Least One
1/2 cup of Fruit or Vegetable**

Fresh Vegetables Daily May Include: Baby Carrots Celery Sticks Fresh Veggie Cup Broccoli Florets Cauliflower Florets Cucumber Slices Side Salad Fresh Red/Green Peppers Vegetable Juice	Daily Fruit Choices May Include: Apple/Apple Slices Banana Orange Fresh Pear Raisins/Craisins Grapes Mandarin Oranges Diced Peaches or Pears Pineapple Tidbits Fruit Juice Tropical Fruit Salad Mixed Fruit Applesauce
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**Milk Choices
Offered Daily:**
**1% White or Fat Free
Chocolate or Strawberry**

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food service program**

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MENU SUBJECT TO CHANGE