

RUN2REPAIR



What:

Run2Repair is a 4K warrior dash style run that is being held at the Ironwood Springs Christian Ranch in Stewartville, MN, consisting of ten obstacles. The event is being hosted by Southland senior, Morgan Brown, for her senior project.

Why:

Run2Repair will be an event held in Morgan's uncle's name that has served in the Navy since 2000, and has since then formed post-traumatic stress disorder (PTSD). We look to aware people on the disorder and help local Veteran's programs stay funded, and bring awareness to the troubling disorder.

When:

May 19, 2018

Public Education

- **Presentation at Southland High School**
- **Information at the run**
- **Handouts and public speaking at fundraiser events at HyVee Round-up and the Pizza Ranch fundraiser.**
- **The goal is to generate as much awareness as possible between now and the event itself.**
- **We are looking for local groups to help with the awareness piece as well as fundraising efforts.**

How can you help?

- **Help Raise Awareness**
- **Be a sponsor. We are still in need of sponsors to help us reach our goal.**
- **Help supply manpower at future events: HyVee round-up, Pizza Ranch Fundraiser, and the event itself!**
- **Host a fundraiser**
- **Help sell shirts**
- **Help get other cities involved**

CHARITIES:

Ironwood Springs Christian Ranch

- <http://ironwoodsprings.com/>
- **Located in Stewartville**
- **Serves many veterans with different events**
 - **Operation Welcome Home**
 - **Annual Veteran's Turkey Hunt**
 - **Family Events**
 - **With many more events**

Mower County Veteran's Service

- **Transports veterans to the nearest VA**
- **Helps out local families**
- **Serves the entire Mower County area**