

# MARCH 2024

## K-12 BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1  
**Pancake Sausage Bites**  
Fruit choice  
Juice Choice  
Milk

4  
**\*NEW Blueberry Banana Yogurt Parfait**  
Fruit/Juice Choice  
Milk

5  
**Whole Grain Donut**  
Fruit/Juice Choice  
Milk

6  
**Frosted Cinnamon Roll**  
Fruit/Juice Choice  
Milk

7  
**\*NEW Homemade Banana Bread**  
Fruit/Juice Choice  
Milk

8  
**French Toast Sticks**  
Syrup Cup  
Fruit/Juice Choice  
Milk

**"Surfs Up with School Breakfast" - National School Breakfast Week**

11  
**Strawberry Yogurt Parfait**  
Fruit choice  
Juice Choice  
Milk

12  
**Assorted Muffins**  
String Cheese  
Fruit choice  
Juice Choice  
Milk

13  
**Frosted Cinnamon Roll**  
Fruit choice  
Juice Choice  
Milk

14  
**Egg and Cheese Breakfast Wrap**  
Fruit choice  
Juice Choice  
Milk

15  
**Whole Grain Donut**  
Fruit choice  
Juice Choice  
Milk

18  
**No School – Staff Development Day**

19  
**Scrambled Eggs and Ham**  
Toast Slice  
Fruit choice  
Juice Choice  
Milk

20  
**Frosted Cinnamon Roll**  
Fruit choice  
Juice Choice  
Milk

21  
**Whole Grain Donut**  
Fruit choice  
Juice Choice  
Milk

22  
**Whole Grain Pancakes**  
Syrup Cup  
Fruit choice  
Juice Choice  
Milk

25  
**Strawberry Yogurt Parfait**  
Fruit choice  
Juice Choice  
Milk

26  
**Cinnamon Breakfast Round**  
Fruit choice  
Juice Choice  
Milk

27  
**Assorted Muffins**  
String Cheese  
Fruit choice  
Juice Choice  
Milk

28  
**Whole Grain Donut**  
Fruit choice  
Juice Choice  
Milk

29  
**No School – Easter Break**

### NUTRITION BAR

Choose from a variety of fresh or canned fruits.  
½ cup fruit/veg included with your meal and offered daily.

For questions and comments, please email the Food Service Director at [mdavis@isd500.k12.mn.us](mailto:mdavis@isd500.k12.mn.us)

### DAILY ALTERNATE

Assorted cereal served with graham cracker

ELIOR NORTH AMERICA

This institution is an equal opportunity provider