



# JANUARY 2024

## K-12 BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>No School- Winter Break</b>	2 <b>Cinnamon Breakfast Round</b> Fruit choice Juice Choice Milk	3 <b>Assorted Muffins</b> String Cheese Fruit choice Juice Choice Milk	4 <b>Whole Grain Donut</b> Fruit choice Juice Choice Milk	5 <b>Pancake on a Stick</b> Fruit choice Juice Choice Milk
8 <b>*NEW Sausage and Cheese Breakfast Sandwich</b> Fruit choice Juice Choice Milk	9 <b>Warm Bagel with Strawberry Cream Cheese</b> Fruit choice Juice Choice Milk	10 <b>Frosted Cinnamon Roll</b> Fruit choice Juice Choice Milk	11 <b>Cheesy Scrambled Eggs and Toast</b> Fruit choice Juice Choice Milk	12 <b>French Toast Sticks</b> Syrup Cup Fruit choice Juice Choice Milk
15 <b>No School- Teacher Work Day</b>	16 <b>Assorted Muffins</b> String Cheese Fruit choice Juice Choice Milk	17 <b>Frosted Cinnamon Roll</b> Fruit choice Juice Choice Milk	18 <b>Egg and Cheese Breakfast Wrap</b> Fruit choice Juice Choice Milk	19 <b>Whole Grain Donut</b> Fruit choice Juice Choice Milk
22 <b>*NEW Biscuits and Sausage Gravy</b> Fruit choice Juice Choice Milk	23 <b>Scrambled Eggs and Ham</b> Toast Slice Fruit choice Juice Choice Milk	24 <b>Frosted Cinnamon Roll</b> Fruit choice Juice Choice Milk	25 <b>Apple or Cherry Frudel</b> Fruit choice Juice Choice Milk	26 <b>Whole Grain Pancakes</b> Syrup Cup Fruit choice Juice Choice Milk
29 <b>Strawberry Yogurt Parfait</b> Fruit choice Juice Choice Milk	30 <b>Cinnamon Breakfast Round</b> Fruit choice Juice Choice Milk	31 <b>Assorted Muffins</b> String Cheese Fruit choice Juice Choice Milk		

### NUTRITION BAR

Choose from a variety of fresh or canned fruits.  
½ cup fruit/veg included with your meal and offered daily.

For questions and comments, please email the Food Service  
Director at [mdavis@isd500.k12.mn.us](mailto:mdavis@isd500.k12.mn.us)

### DAILY ALTERNATE

Assorted cereal served with graham cracker  
Sausage Breakfast Pizza

ELIOR NORTH AMERICA

This institution is an equal opportunity provider