

APRIL 2024

K-12 LUNCH MENU

½ CUP FRESH FRUIT/VEG INCLUDED WITH YOUR MEAL AND OFFERED DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>No School – Easter Break</p>	<p>2</p> <p>Grilled Cheese Tomato Soup Sweet and Sour Meatballs over Rice Turkey/Ham Hoagie Sliced Red Peppers</p>	<p>3</p> <p>Creamy Chicken Alfredo Breadstick Chicken Patty on a Bun Turkey/Ham Hoagie Green Peas Fresh Broccoli</p>	<p>4</p> <p>Ham and Cheese Loaded Baked Potato Whole Grain Dinner Roll Hamburger on a Bun Turkey/Ham Hoagie Baby Carrots Golden Corn</p>	<p>5</p> <p>Italian Dunkers Crispy Fish Sandwich Turkey/Ham Hoagie Steamed Carrots Fresh Cherry Tomatoes</p>
<p>8</p> <p>*NEW Sloppy Joe on a Bun Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey/Ham Hoagie Baked Beans Sliced Cucumbers</p>	<p>9</p> <p>Hot Dog on a Bun Buffalo Chicken Nachos Turkey/Ham Hoagie Green Peas Fresh Broccoli</p>	<p>10</p> <p>Homemade Mac & Cheese Chicken Patty on a Bun Turkey/Ham Hoagie Golden Corn Fresh Broccoli</p>	<p>11</p> <p>Glazed Chicken Drumstick Whole Grain Dinner Roll Cheeseburger on a Bun Turkey/Ham Hoagie Baby Carrots FRESH PICKS Crispy Asparagus Fries</p>	<p>12</p> <p>Cheese or Pepperoni Pizza Slice Grilled Cheese Sandwich Turkey/Ham Hoagie Steamed Broccoli Fresh Cherry Tomatoes</p>
<p>15</p> <p>Pancakes and Scrambled Eggs BBQ Chicken and Cheese on a Bun Turkey/Ham Hoagie Potato Wedges Sliced Cucumbers</p>	<p>16</p> <p>Teriyaki Chicken Spaghetti Noodles Chicken Tenders Whole Grain Dinner Roll Turkey/Ham Hoagie Golden Corn Red Pepper Slices</p>	<p>17</p> <p>Spaghetti & Meat Sauce Breadstick Chicken Patty on a Bun Turkey/Ham Hoagie Steamed Peas Fresh Broccoli</p>	<p>18</p> <p>Beef and Cheese Tater Tot Nachos Hamburger on a Bun Turkey/Ham Hoagie Seasoned Black Beans Baby Carrots</p>	<p>19</p> <p>Italian Dunkers Hot Ham and Cheese Sandwich Turkey/Ham Hoagie Steamed Carrots Fresh Cherry Tomatoes</p>
<p>22</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll Hot Turkey and Cheese Turkey/Ham Hoagie Mashed Potatoes Sliced Cucumbers</p>	<p>23</p> <p>Beef Walking Taco Hotdog on a Bun Turkey/Ham Hoagie Cilantro Lime Rice Seasoned Black Beans Shredded Lettuce Salsa</p>	<p>24</p> <p>Spicy Stuffed Chicken Biscuit Chicken Patty on a Bun Turkey/Ham Hoagie Steamed Peas Fresh Broccoli</p>	<p>25</p> <p>Taco Soup with Tortilla Chips Cheeseburger on a Bun Turkey/Ham Hoagie Green Beans Baby Carrots</p>	<p>26</p> <p>Cheese or Pepperoni Pizza Slice Hot Turkey and Cheese on a Bun Turkey/Ham Hoagie Steamed Broccoli Fresh Cherry Tomatoes</p>
<p>29</p> <p>BBQ Chicken and Cheese on a Bun Chicken Tenders Turkey/Ham Hoagie Crispy French Fries Sliced Cucumbers</p>	<p>30</p> <p>Grilled Cheese Tomato Soup Corn Dog Turkey/Ham Hoagie Mixed Vegetable Sliced Red Peppers</p>	<p>ASPARAGUS Good Source of fiber and vitamins C and K. Low in Calorie, only 27 calories per cup. Comes in a variety of colors – green, white and purple</p>		 <p>Choose MyPlate.gov</p>

7th-12th Grade Additional Offering:

- Mon: Vegetarian Chef Salad
- Tues: Southwest Chicken Salad
- Wed: Chicken Ranch Pasta Salad
- Thurs: Chicken Caesar Salad
- Fri: Chicken Cobb Salad

ELIOR NORTH AMERICA

This institution is an equal opportunity provider

For questions and comments, please email the Food Service Director at mdavis@isd500.k12.mn.us