## APRIL 2024

## K-12 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School –	2 Whole Grain	3 Frosted	4 Homemade	5 French Toast
Easter Break	Donut	Cinnamon Roll	Banana Bread	Sticks
Luster Dreak	Fruit choice	Fruit choice	Fruit choice	Syrup Cup
	Juice Choice	Juice Choice	Juice Choice	Fruit choice
	Milk	Milk	Milk	Juice Choice Milk
3	9	10	11	12
Strawberry	Assorted Muffins	Frosted	Egg and Cheese	Whole Grain
Yogurt Parfait	String Cheese	Cinnamon Roll	Breakfast Wrap	Donut
Fruit choice	Fruit choice	Fruit choice	Fruit choice	Fruit choice
Juice Choice	Juice Choice	Juice Choice	Juice Choice	Juice Choice
Milk	Milk	Milk	Milk	Milk
15	16	17	18	19
Egg and Cheese	Scrambled Eggs	Frosted	Whole Grain	Whole Grain
Breakfast	and Ham	Cinnamon Roll	Donut	Pancakes
	Toast Slice	Fruit choice	Fruit choice	Syrup Cup
Sandwich	Fruit choice	Juice Choice	Juice Choice	Fruit choice
Fruit choice	Juice Choice	Milk	Milk	Juice Choice
Juice Choice Milk	Milk	Willik	IVIIIK	Milk
22	23	24	25	26
Strawberry Yogurt	Cinnamon	Assorted Muffins	Whole Grain	Pancake on a
Parfait	Breakfast Round	String Cheese	Donut	Stick
Fruit choice	Fruit choice	Fruit choice	Fruit choice	Fruit choice
Juice Choice	Juice Choice	Juice Choice	Juice Choice	Juice Choice
Milk	Milk	Milk	Milk	Milk
29	30	-W-		
Sausage and	Whole Grain			Pruits
Cheese Breakfast	Donut		· · · · · · · · · · · · · · · · · · ·	Grains
Sandwich	Fruit choice		33	Vegetables
Fruit choice	Juice Choice			
Juice Choice	Milk		I SCHOOL BREAKFAST	Choose MyPlate.gov
Milk	IVIIIK			
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## NUTRITION BAR

Choose from a variety of fresh or canned fruits.
½ cup fruit/veg included with your meal and offered daily.

For questions and comments, please email the Food Service Director at mdavis@isd500.k12.mn.us

## **DAILY ALTERNATE**

Assorted cereal served with graham cracker

ELIOR NORTH AMERICA

This institution is an equal opportunity provider