**SCREENING**

* All coaches and athletes must be screened prior to workouts
* Screening includes:
  + No contact, head scan thermometer
  + Questionnaire regarding symptoms
    - Fever, cough, chills and/or muscle aches
    - Sore throat, runny nose and/or loss of taste or smell
    - Nausea, vomiting and/or diarrhea
    - Shortness of breath and/or headache
    - Close contact or cared for someone with COVID-19
* Screening should begin at home with self-evaluation for symptoms
* Coaches/staff administer and document temperature check and symptom questionnaire
  + Daily log of workout participants with temperature and symptoms questionnaire responses required
* Temperature ≥ 100.4° F or presence of any symptom
  + Cannot participate in workout
  + Begin self-isolation at home
    - Minimum isolation required if symptomatic is 72 hours. May return earlier with documented negative COVID-19 Test results
  + Coach should contact athletic director/athletic trainer
  + Student/Parents should contact primary care provider
  + If symptoms mild, ER visit or immediate COVID-19 testing NOT required

**POSITIVE SCREENING TEST - INDIVIDUAL**

* In-home isolation
  + Attempt to isolate to one room and one bathroom if possible
  + Individual should wear a mask when others are present
  + Other members of household should minimize time in the same room with the affected individual
* Discontinuation of In-home isolation (2 options)
  1. Test-Based Strategy
     + No fever is present without the use of fever-reducing medications
     + Resolution of symptoms
     + Two consecutive negative COVID-19 tests collected ≥24 hours apart
       - COVID-19 tests available at <http://dph.illinois.gov/testing>
  2. Non-Test-Based Strategy
     + At least 72 hours (3 days) have passed since resolution of symptoms without the use of fever-reducing medications
     + If positive screening test due to close contact with COVID positive individual, must wait 14 days from last contact if not tested
* Return to Play Post-COVID-19
  + - * + Low-intensity indoor training can begin when symptoms resolve
    - In-home isolation required for 72 hours after resolution of symptoms
      * + Gradual return to training as tolerated

**POSITIVE SCREENING TEST – CLOSE CONTACTS (**Individual who has had close contact (< 6 feet)\*\* for ≥15 minutes\*\*\* - <https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html>)

* Athlete/coach develops symptoms consistent with COVID-19
  + All teammates, coaches, and other staff with close contact (within 6 feet) in the preceding 14 days should begin in-home isolation
  + In-home isolation can discontinue 14 days after last contact with individual or after negative COVID-19 test
* Athlete/coach tests positive for COVID-19
  + All teammates, coaches, and other staff with close contact (within 6 feet) in the preceding 14 days should begin in-home isolation
  + In-home isolation can discontinue 14 days after last contact with individual if no symptoms present