

## **Activities of Daily Living:**

### ***Toileting-Bowel/bladder elimination and care:***

	transfers (to and from toilet, table, urinal)		Cleansing and wiping
	mobility (helping student to restroom – ex. Walking or pushing wheelchair)		Using toileting equipment and supplies (lifting seat, flushing)
	positioning (student at toilet, table or urinal)		Inspection of the skin
	adjusting clothing		Diaper changing
	Feminine hygiene		Assistance with changing soiled clothing

### ***Eating – the process of getting food into the body including:***

	transfers (moving to special seats/locations to eat, help students get to lunchroom, help in lunch line)		Assist with hand washing in preparation to eat
	Food preparation (make ready to eat, microwave/ blending, assistance with spreading, peeling, pouring)		Assist with cleaning after eating (handwashing, wipe face)
	Feeding and assistance with feeding		Application of required orthotics for feeding

### ***Grooming – the process of personal hygiene:***

	Hair care		Care of eye glasses
	Nail care		Care of hearing aids (check batteries, aid positioning)
	Shaving		Oral care
	Applying deodorant		Check clothing (fasten, button, snap, pulled up, etc)
	Applying cosmetics		

### ***Dressing – the process of being clothed appropriately:***

	Choosing/applying/changing clothing for the student		Applying TED hose, orthotics and prosthetics
	Laundrying soiled clothes		Application of special appliances, wraps, clothing
	Other		

### ***Bathing – the process of starting and completing a bath or shower***

	transfers		Rinsing
	Positioning		Drying
	Using soap		Skin inspection/care
	Applying lotion		Personal hygiene

### ***Positioning – the process of moving the student for necessary care & comfort:***

	Positioning with wedges or bolsters or pillows		Repositioning in wheelchair, chair, or sofa
	Assist with positioning or turning for necessary care or comfort (propping up, turning to a different side, adjusting a body part, etc.)		

### ***Transfers – the process of moving from one seating/reclining area to another:***

	Standing by to assist if needed		Pivoting the person
	Two people assisting or using a Hoyer lift		Transfer from one seat/position to another (mat, toilet, swing, stander, etc.)

### ***Mobility – process of ambulation:***

	Using a wheelchair		Assisting a person with ambulation
	Assist with movement of wheelchair		Assist with walking activities
	Bike/trike		

**Activities of daily living continued**

**Communication** – process for student to communicate:

	Communication device		FM system
	Tablet/ipad		Other

**Sensory** – process for calming student:

	Weighted or pressure vest/blanket		Chew toys
	Sensory breaks		Assistance with noise canceling headphones
	Brushing arms with soft brush		Other

**Behavior**

*Observation, Redirection or Intervention of a behavior episode- must be current and be either daily or episodic & ongoing  
Causing injury to the recipient's **own** body:*

	Hitting/Biting		Head-banging
	Burning		Poking/stabbing
	Pulling out hair		Suicide threats
	Ingesting foreign objects		other

*Causes or has potential to cause physical injury to **other** people:*

	Hitting		Pinching
	Biting		Scratching
	Kicking		Other

*Destroys or potential to destroy **property**:*

	Breaking furniture		Tearing clothes
	Setting fires		Using objects to damage property
	Other		

*Other **redirection** of behavior:*

	Vulnerability due to cognitive deficits		Socially inappropriate behavior
	Resisting care		Verbally aggressive behavior