



# Hiawatha Valley Education District

## Occupational Therapy / Physical Therapy Best Practices in MN Education

- Collaboration for goals and progress reports (No separate OT/PT goals)
- OT/PT are a related service (anything done has to be related to an educational goal)
- OT/PT should be invited to all IEP/Evaluation meetings in which OT/PT services are being provided or being considered.
- OT/PT service providers are NOT considered required members.
- Progress monitoring will be a collaborative effort between teachers and related service members
- When OT/PT is no longer necessary for the child to meet their individual goals, services may be discontinued.
- Indirect and Direct services are equally important and may involve face-to-face interaction

Indirect	Direct
<ul style="list-style-type: none"> <li>▶ Face-to face interaction with the student and supporting staff to monitor, observe, teach and re-assess.</li> <li>▶ Collaboration/cooperative planning <ul style="list-style-type: none"> <li>▶ Teachers, paraprofessionals, student, parent, doctors, vendors, social services, outpatient PT/OT</li> </ul> </li> <li>▶ Consultation and demonstration</li> <li>▶ Modification/adaptation/ordering of equipment and the environment</li> <li>▶ Can add and support the adaptation and modification portion on an IEP</li> </ul>	<ul style="list-style-type: none"> <li>▶ When the therapist is the only qualified person to provide the intervention</li> <li>▶ Can occur in bursts/episodic</li> <li>▶ Inappropriate to only receive direct services for OT or PT</li> <li>▶ Rarely a long term or permanent need</li> <li>▶ Depends on abilities and demands related to changes in learning environment or in medical/physical status</li> </ul>

Occupational Therapy	Physical Therapy
<ul style="list-style-type: none"> <li>▶ Fine motor skills</li> <li>▶ Visual perceptual skills</li> <li>▶ Visual motor skills</li> <li>▶ Self-care/Feeding skills</li> <li>▶ Sensory processing</li> </ul>	<ul style="list-style-type: none"> <li>▶ Gross motor</li> <li>▶ Mobility Skills</li> <li>▶ Postural Control</li> </ul>
Both OT and PT	
<ul style="list-style-type: none"> <li>▶ Strength and endurance</li> <li>▶ Body awareness</li> <li>▶ Classroom positioning and adaptations</li> <li>▶ Sensory motor skills necessary for participation in an educational program</li> </ul>	

The above information has been summarized from the [OT/PT Manual for Minnesota Practitioners](#) provided by MDE for best practice.