Welcome to Waukesha South Home of the "BLACKSHIRTS"

Please sit as a family

NEW to WS CODE MEETING AUG. 1, 2019

Jenny Robarge, Athletic/Activities Director Secretary
Phone: (262) 970-3719
Email: jrobarge@waukesha.k12.wi.us

Todd Sobrilsky, CMAA, Athletic Director/Associate Principal
Phone: (262) 970-3712
Email: tsobrilsky@waukesha.k12.wi.us

Lynnette Kalmadge, Athletics Webmaster
Email: lkalmadge@waukesha.k12.wi.us
Please direct website related questions to Lynnette.

INTRODUCTIONS

Student Athletic Leadership Team Members

Anne Johnson - SR

Brycen Kirsch - SR

Natalie Schneider - SR

Helen Boudry - SR

Preston Bauer - JR

Nina Bollmus - SOPH

LEADING BY EXAMPLE . . .

INTRODUCTIONS

HS EDUCATION BASED ATHLETICS VS. CLUB ATHLETICS

PHILOSOPHY

WISCONSIN HIGH SCHOOL ATHLETICS ARE *EDUCATIONAL BASED* . . .

WERE *TEACHING 'LIFE SKILLS'* THROUGH SPORT TO STUDENT ATHLETES IS THE NUMBER ONE GOAL.

VS.

CLUB ATHLETICS . . .

WERE MANY TIMES *WINNING* AND "FINDING" A *COLLEGE SCHOLARSHIP* ARE THE MAIN GOALS.

PARTICIPATION

- WE KNOW IT IS A KEY INDICATOR FOR SUCCESS IN HIGH SCHOOL
- BE WILLING TO GIVE IT A TRY . . . WE HAVE 20+ DIFFERENT SPORT OPPORTUNITIES AVAILABLE TO JOIN, AS WELL AS OVER 50+ CLUB/ ACTIVITIES YOU COULD BE INVOLVED IN.
- COMPETITIVE ATHLETICS . . . NOT INTRAMURALS . . . WITH DIFFERENT LEVELS (VARSITY, JV, JV2) BASED ON YOUR SKILL LEVEL AS DETERMINED BY THE COACHING STAFF(S).
- INTERSCHOLASTIC COMPETITIVE SPORTS . . .

TRUST & UNITY

- 27 TEAMS, 1 PROGRAM
- MULTI-SPORT ATHLETES
- PROGRAMS SUPPORT EACH OTHER
- UNIFIED SSA PROGRAM
- CREATING HEALTHY, DEPENDABLE RELATIONSHIPS

SELFLESSNESS SERVICE

WORKING FOR THE BETTERMENT OF WSHS AND THE COMMUNITY WITHOUT EXPECTING ANYTHING IN RETURN

HOPEFULNESS & OPTIMISM

- ALWAYS POSITIVE
- ALWAYS MOVING FORWARD
- BELIEVE IN SELF & TEAM
- IGNORE THE NOISE

SHIRTS MISSION

THE MISSION OF THE WAUKESHA SOUTH ATHLETIC DEPARTMENT IS TO USE THE GAMES WE PLAY TO DEVELOP YOUNG WOMEN & MEN FOR SUCCESS IN THE GAME OF LIFE.

RESPECT

- WSHA, COMMUNITY, FAMILY,TEAM, & OPPONENTS
- BE ON TIME
- WIAA, C8, WSHS RULES

INTEGRITY DRIVEN COMPETITIVENESS

- HONEST, MORAL, & ETHICAL BEHAVIORS WHEN NO ONE IS WATCHING
- ALWAYS IMPROVING
- PUSHING EACH OTHER
- GOYA

WAUKESHA SOUTH BLACKSHIRTS ATHLETIC DEPT. CORE VALUES & MISSION STATEMENT

WSHS & WISCONSIN HIGH SCHOOL INTERSCHOLASTIC ATHLETICS

Classic 8 Conference

- What is the Classic 8 Conference?
  - Creates 75-80% of our game schedules
  - Arrowhead, Catholic Memorial, Kettle Moraine, Mukwonago, Muskego, Oconomowoc, Waukesha North, Waukesha, South, Waukesha West (9 not 8?)

- Website - http://classic8conference.org/public/genie/98/school/7/

WISCONSIN INTERSCHOLASTIC ATHLETIC ASSOCIATION

- Who is the WIAA?
- WIAA WEBSITE - https://www.wiaawi.org/
- What do they do?
  - Enforce Sport Rules and State Athletic Regulations
  - State Tournaments
  - Conference Realignment
  - Certification of HS Officials
- **Promote Sportsmanship**

Sportsmanship - Why it matters . . .

For Athletes, Parents, and Fans

- Definition: Qualities that are characterized by generosity and concern for others.
- **It is part of the *Educational Process***
- Respect the judgement of officials.
- Treating opponents with respect.
- Positive cheering for your team - not against the opponent.
- Follow the rules of the game
- WSD Spectator Code (online form)

Waukesha South
Co-Curricular Programming

Participating in co-curriculars is a **privilege**, *not a right*. It is a **privilege** we are happy to offer the students of South High School.

With that **privilege** comes responsibility . . . we talk about those responsibilities in “The Code of Conduct”.

Failure to follow the designated responsibilities can/will result in the lose of the **privilege** to participate in co-curriculars.

WSD Policy #2431 - Interscholastic Athletics

"THE CODE OF CONDUCT"

This is the document that lays out and discusses these **Privileges** and Responsibilities for the students involved in activities and athletics in our school.

BLACKSHIRT PAPERWORK
RESPONSIBILITIES - NOW ONLINE!!

TO BE ELIGIBLE TO PARTICIPATE YOU WILL NEED TO COMPLETE THE 9 STEPS AS LISTED BELOW:

- Physical
- 2.0 grade point average or above with no more than one F/I.
- Athletic participation fee ($150) has been paid & have no financial obligations to the district.
- WIAA Athletic Eligibility Form
- State Mandated Concussion Form
- Health Information Updated through IC
- Spectator Code Form
- Attendance at tonight's meeting with completed Co-Curricular Contract Student /Parent Agreement form. Must be completed for every student.

Code of Conduct

The responsibilities of the Code of Conduct are in effect and enforced:

- 24 hours a day

- 7 days a week
- 365 days a year - During and outside of sports/activities seasons

- 360 degrees - Worldwide
- All four (4) years of your high school career

Attendance Responsibilities

- Student must attend the last half of their school day so that they can be eligible for practices or games. Must be in by 11:00am

- Contact Mr. Sobrilsky if there is a doctor or dentist appointment or family emergency that takes your child out of the building in the last half of the school day.

- Unexcused Absences - Out of the next scheduled event

Academic Responsibilities

- Minimum 2.0 GPA, no more than one “F”
- Quarter grades are checked for eligibility. Semester grades will be looked at if they can help the eligibility issue.
- Grade checks are completed by athlete at the halfway point of the quarter to earn eligibility back.

Behavioral Responsibilities

LEVEL 1 - CONDUCT UNBECOMING

1. Out of School Suspension (OSS)
2. Being a “Knucklehead” (EXAMPLES OF BUT NOT LIMITED TO . . .)
    a. Tardiness
    b. Academic Dishonesty
    c. Improper use of multimedia and electronic devices
    d. ISS - In School Suspension
    e. Vandalism
    f. Harassment & Bullying
    g. Defiance, willful disobedience, non-compliance & insubordination
    h. Criminal activity that could/does result in misdemeanor charges

Behavioral Responsibilities

LEVEL 2 - AODA, CRIMINAL, OSS ISSUES

(EXAMPLES OF BUT NOT LIMITED TO)

1. Possession or consumption of alcohol
2. Possession or use of tobacco, and/or tobacco look alikes - **including Vaping**
3. Possession or use of illegal drugs, and or look alikes.
4. Failure to leave a party in a *reasonable amount of time* in which alcohol or drugs are present. *Define RAT - 3-4 step rule.*
5. Criminal activity that results in DOC ticket, or Felony Charges

American Athletic Institute

(WORLD LEADER CONCERNING ATHLETIC TRAINING RESEARCH)

- For one night of drinking, you will lose 14 days of training.
- 8 days to get alcohol out of your system.
- 49 to 63 days to get marijuana out of your system.
- More athletic injuries on Mondays than any other day of the week - due to weekend partying.

Consequences for Bad Choices . . .

1st violation - Upto 20% of the season (Level 1 vs. Level 2)

2nd violation - 50% of season

3rd violation - One calendar year from notification date

4th violation - Permanent nonparticipation status for athletics/activities for the remainder of high school.

- *Any athlete, who attempts to serve their suspension through involvement during another sport season, must participate for the duration of that sport/activity or their suspension will start over.*
- *In all cases, the student will be suspended immediately from participation.*
- *If a student is not participating in sports at the time of the violation, the suspension will be enforced at the next sport season that they are involved in.*

Appeal Process

- You will have seven days to appeal your suspension with Mr. Kistlaar (WSHS Principal) upon receiving the notification letter.
- The penalty for the violation will begin immediately upon the conclusion of the investigation.

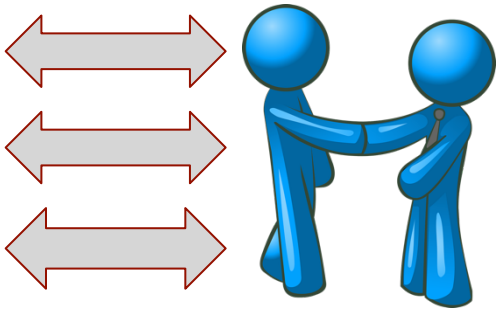
Communication

Open, honest, 2-way communication between;

★Players and Coach(s)

★Players and Parents

★Parents and Coach



Is a major key to a season of success!!

If there are issues/concerns what to do?

(See the Communication Expectations handout as a reference).

5 More Opportunities
Getting Better & Finding Success as a Blackshirt

- **Study Table/Homework Club** - M/W 3:15-4:30 PM (Academic Focus)

  Coach Rajsich - mrajsich@waukesha.k12.wi.us

- **SALT** (Student Athlete Leadership Development - face to face)

  Coach Rajsich & Coach Darling - pdarling@waukesha.k12.wi.us

- **LEAD** - (Leadership Education Athlete Development - web based app)

  Student athletes will have access, with Coaches directing team activities

More Opportunities
Getting Better & Finding Success as a Blackshirt

- **Strength, Speed, Agility, and Conditioning (SSAC)** - Daily supervised and staffed weight room, fitness room programming during the school year (3:30-5:30 PM).

  Coach Wolter and Coach Bayer - southblackshirtssac@gmail.com

- **Mental Skills Training** - we offer mental skills, mindfulness work for all in season athletes/programs.

  Coach Clark - mike@clarkperformanceconsulting.com

Thank you for coming

- Please make sure you have either signed in or signed out with Mrs. Robarge before you leave tonight to get credit for being here.
- Please feel free contact the athletic office if you have any questions. 262-970-3712
- Have a great 2019-20 school year . . .

G.O.Y.A. BLACKSHIRTS!!!

Give Only Your All