

2021-2022



**All coaching and
Team records can be
found on the Gopher
Conference website
under the
Team/Coaching
Records tab.**



2021 GOPHER CONFERENCE BOYS CROSS COUNTRY



FOR RELEASE.....

The Gopher Conference is proud to announce the 2021 Boys Cross Country award winners.

Team:

Boys: WEM/JWP won the Boys Championship by 49 points over the rest of the field. The Grizzlies had 5 runners in the top 11 showing their depth. Cole Stencil from Maple River was the individual champion for the 3rd year in a row.

Team results: WEM/JWP – 30, Blooming Prairie – 79, NRHEG – 83, Medford – 83, Maple River – 103, Hayfield – 132, USC - INC

All-Conference

Conference Champion	School	Time	Grade
Cole Stencil	Maple River	17:23	11

1st Team	School	Time	Grade
Landon Dimler	WEM/JWP	17:50	10
Michael Adams	WEM/JWP	18:30	12
Hosea Baker	BP	18:42	11
Caleb Quast	WEM/JWP	18:58	8
Jesse Cardenas	Blooming Prairie	19:10	11

2nd Team	School	Time	Grade
Austin Erickson	Medford	19:15	11
Devon Nelton	NRHEG	19:17	8
Jasper Morris	WEM/JWP	19:17	10
Cohen Stursa	Medford	19:27	11
Memphis James	WEM/JWP	19:28	10
Cohen O'Connor	Medford	19:35	11

Honorable Mention	School	Time	Grade
Jacob Karl	NRHEG	19:38	8
Gabe Schroeder	USC	19:40	12
Josh Bengtson	WEM/JWP	19:59	10
Tyler Forystek	Blooming Prairie	19:59	10
Noah Ziegler	Maple River	20:11	11
Connor Nelson	NRHEG	20:15	11

Sportsmanship Recipients

Stephen Fennel	Blooming Prairie
Kevin Hodge	Hayfield
Bryce Ertman	Maple River
Austin Erickson	Medford
Samuel Christensen	NRHEG
Zach Groh	WEM/JWP
Gabe Schroeder	USC

Sportsmanship winners were a member of the varsity roster during the season or at the end of the regular season, they don't have to be on postseason roster. They are someone who exemplified good sportsmanship qualities.

CONGRATULATIONS TO ALL AWARD WINNERS!!!!



2021 GOPHER CONFERENCE GIRLS CROSS COUNTRY



FOR RELEASE on

The Gopher Conference is proud to announce the 2021 Girls Cross Country award winners.

Team:

Girls WEM/JWP Grizzlies won the Girls Cross Country Conference Championship. The Grizzlies go Back to Back to Back to Back with Gopher Conference Championships. It was not easy as the Grizzlies and the NRHEG Panthers were tied after all runners crossed the finish line. To break the tie, you use the fastest 6th runner between the tied team. The Grizzle's Elizabeth White finished in front of NRHEG runner to secure the Championship. New comer Gloria Hernandez from Blooming Prairie won the 5,000 meter race by 16 seconds over Quinn VanMaldeghem of NRHEG. Gloria is just a seventh grader. Congrats to all.

Team results: WEM/JWP – 50, NRHEG – 50, Blooming Prairie – 56, Maple River – 80, , Medford – 90, Hayfield – INC

All-Conference

Conference Champion	School	Time	Grade
Gloria Hernandez	Blooming Prairie	21:37	7

1st Team	School	Time	Grade
Quinn VanMaldeghem	NRHEG	21:53	8
Torri Vaale	NRHEG	22:14	12
Ashlin Keyes	WEM/JWP	22:46	11
Madison Kunst	WEM/JWP	22:51	11
Kwynn Krause	WEM/JWP	23:08	8

2nd Team	School	Time	Grade
Martha Price	Maple River	23:39	10
Chloe McCarthy	Blooming Prairie	23:50	11
Lauren Mutschler	Maple River	24:17	8
Holly Bartness	NRHEG	24:34	8
Isabel Miller	Medford	24:37	10
Annabelle Petsinger	NRHEG	24:41	10

Honorable Mention

Emily Miller	Blooming Prairie	25:11	12
Avery Arndt	Medford	25:30	7
Avianna Alexander	Hayfield	25:40	8
Grace Walker	Hayfield	25:59	12
Faith Olson	WEM/JWP	26:17	11
Emily Anderson	Blooming Prairie	26:40	12
Kristin Biebighauser	Medford	26:53	7

Sportsmanship Recipients

Isabelle Sunde	Blooming Prairie
Aviana Alexander	Hayfield
Izzy Anderson	Maple River
Megan Tegmeier	Medford
Annabelle Petsinger	NRHEG
Elizabeth White	WEM/JWP
Merideth Klingbeil	USC

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Football

Section 1A Standings

Coaches Vote (FINAL)

Seed	Team	Section	Overall	For	Agst	QRF Value	QRF Rank	St
1	<u>Rushford-Peterson</u>	9-0	12-1	31.7	9.4	61.2	2	Lost
2	<u>Fillmore Central</u>	7-2	9-2	27.6	9.4	50.1	12	Lost
3	<u>Bethlehem Academy</u>	5-3	7-3	29.7	15.6	44.1	19	Lost
4	<u>Randolph</u>	4-4	6-4	31.8	21.3	38.2	26	Lost
5	<u>Kenyon-Wanamingo</u>	2-5	3-6	21.1	25.4	24.8	38	Lost
6	<u>Hayfield</u>	1-6	2-7	19.6	41.2	22.7	40	Lost
7	<u>Kingsland</u>	0-1	3-6	21.8	24.9	16.4	53	Lost
8	<u>Wabasha-Kellogg</u>	0-7	0-9	4.7	41.2	13.2	56	Lost

Section 2A Standings

QRF Seeded (FINAL)

Seed	Team	Section	Overall	For	Agst	QRF Value	QRF Rank	St
1	<u>Mayer Lutheran</u>	8-1	13-1	36.7	8.6	59.1	5	Won
2	<u>Gibbon-Fairfax-Winthrop</u>	5-1	8-3	32.2	20.7	49.2	14	Lost 1
3	<u>Lester Prairie</u>	5-2	6-4	24.0	14.1	36.0	27	Lost 1
4	<u>United South Central</u>	4-3	5-5	24.8	19.0	31.9	29	Lost 1
5	<u>New Ulm Cathedral</u>	0-1	4-5	25.9	24.3	25.2	37	Lost 1
6	<u>Cleveland</u>	2-5	3-6	11.8	22.8	20.0	44	Lost 2
7	<u>Janesville-Waldorf-Pemberton</u>	1-5	1-8	8.6	32.3	16.6	52	Lost 1
8	<u>Alden-Conger/G-E</u>	0-7	0-9	4.7	42.9	11.8	60	Lost 5

Section 1AA Standings

QRF Seeded (FINAL)

Seed	Team	Section	Overall	For	Agst	QRF Value	QRF Rank	Str
1	<u>Chatfield</u>	9-0	13-1	35.4	14.7	84.2	4	Won 1
2	<u>Goodhue</u>	6-3	7-4	31.9	29.3	55.8	18	Lost 1
3	<u>Caledonia</u>	3-4	4-5	21.4	19.9	47.1	23	Lost 1
4	<u>Triton</u>	4-4	6-4	23.9	27.6	54.4	19	Lost 1
5	<u>St. Charles</u>	3-4	4-5	23.6	26.7	44.7	24	Lost 1
6	<u>Lewiston-Altura</u>	2-6	4-6	27.3	25.9	36.0	30	Lost 1
7	<u>Dover-Eyota</u>	1-6	2-7	20.0	37.6	29.3	37	Lost 4
8	<u>Winona Cotter</u>	0-1	2-7	18.3	39.2	18.7	48	Lost 6

Section 2AA Standings

QRF Seeded (FINAL)

Seed	Team	Section	Overall	For	Agst	QRF Value	QRF Rank	S
1	<u>Blooming Prairie</u>	6-1	10-1	42.4	12.0	64.7	12	Lo:
2	<u>Maple River</u>	5-0	11-2	34.6	9.4	74.7	7	Lo:
3	<u>Blue Earth Area</u>	2-2	8-2	40.6	10.9	67.4	11	Lo:
4	<u>St. Clair/Loyola</u>	4-2	7-3	21.9	16.8	51.5	20	Lo:
5	<u>New Richland-H-E-G</u>	2-3	4-5	24.9	16.0	32.2	35	Lo:
6	<u>Waterville-Elysian-Morristown</u>	1-4	3-6	11.0	31.6	24.9	43	Lo:
7	<u>LeSueur-Henderson</u>	0-3	1-8	10.2	38.7	20.0	46	Lo:
8	<u>Medford</u>	0-5	0-9	5.1	37.0	17.0	52	Lo:



2021 GOPHER CONFERENCE VOLLEYBALL



FOR RELEASE

The Gopher Conference is proud to announce the 2021 Volleyball award winners.

Team:

Standings:

FBA	11-0
Kenton-Wanamingo	10-1
WEM	9-2
Medford	8-3
Hayfield	7-4
NRHEG	6-5
JWP	5-6
USC:	3-8
B.P	2-9
Maple River:	2-9
Triton	2-9
Randolph	1-10

Conference Champion:

The Bethlehem Academy Cardinals volleyball team captured their 22nd Gopher Conference championship. The Cardinals also made their 14th Class A state tournament appearance, taking 3rd place. The Cardinals finished with an overall record of 22-12 and conference record of 11-0. The Cardinals were ranked 9th in the final coaches association poll.

The Cardinals had 6 seniors on the team: Madelyn Bauer, Emily Casper, Ellie Cohen, Mia Potter, Jen Robert and Katie Seidel. Underclassmen on the team included Anna Cohen, Karlie DeGrood, Anna DeMars, Sydney Dienst, Lindsay Hanson, Jaden Lang, Reagan Kangas, Josie Rose, and Kate Trump. Senior Ellie Cohen was named to the Class A All-State Team and Senior Mia Potter was selected the Gopher Conference Player of the Year. Junior Kate Trump was named to the Class A State All-Tournament Team.

Head Coach of the Cardinals was Chris Bothun. Assistant Coaches were Jill Strodtman, Shelby Glenzinski and Elizabeth Klotter.

2021 Player of the Year:

Name	Grade	School
Mia Potter	12	Bethlehem Academy

Mia Potter, senior libero from Bethlehem Academy, is the 2021 Gopher Conference Volleyball Player of the Year. Potter reached the career milestone of 1000 digs during the Class A Third Place match at the State Tournament. Potter had over 800 digs during her senior season. During the 2021 season, Potter was successful on 92% of her serves, 95% of her sets and 80% on attacks. Potter also successfully received serve 96% of the time.

1st Team All-Conference

Name	Grade	School
Kate Trump	11	BA
Reese Bauman	11	Hayfield
Tessa Erlandson	11	KW
Isabel DeLeon	12	Medford
Hallie Schultz	10	NRHEG
Alex Heuss	12	WEM



2021 GOPHER CONFERENCE VOLLEYBALL



2nd Team All-Conference

Name	Grade	School
Ellie Cohen	12	BA
Leah Berg	12	KW
McKenna Chick	12	Hayfield
Clara Kniefel	12	Medford
Sophie Stork	12	NRHEG
Melany Ehlert	12	USC
Riley Sammon	12	WEM

3rd Team All-Conference

Name	Grade	School
Reagan Kangas	11	BA
Claire Adams	12	JWP
Josi Quam	11	KW
Morgan Schendel	12	MR
Julia Niles	12	Medford
Anna Olson	11	Randolph
Claire Bohlen	10	WEM

Honorable Mention

Name	Grade	School
Lindsay Hanson	11	BA
Abby Helling	11	BP
Haeven Skjervem	11	Hayfield
Sydney Gahlon	12	JWP
Stella Rechtzigel	12	KW
Annalivia Bair	12	MR
MacKenzie Kellen	12	Medford
Erin Jacobson	11	NRHEG
Paige Ford	11	Randolph
Cameron Vermilyea	11	Triton
Kyllah Curry	10	USC
Josie Volkmann	10	WEM

Sportsmanship Recipients

Name	Grade	School
Jennifer Robert	12	BA
Madi Lea	11	BP
Bella Lubbert	12	Hayfield
Alexa Cords	12	JWP
Arin Kylo	12	KW
Maya Doyen	12	MR
Hannah Schull	12	Medford
Rhys Martin	12	NRHEG
Mackenzie Farrington	11	Randolph
Keara Ross	12	Triton
Hannah Meyer	12	USC
Grace Petersen	12	WEM

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CONGRATULATIONS TO ALL AWARD WINNERS!!!!



2022 GOPHER CONFERENCE BOYS BASKETBALL

FOR RELEASE

The Gopher Conference is proud to announce the 2022 Boys Basketball award winners.

Team:

Standings:

STANDINGS	W-L
WEST	
Maple River	15-1
NRHEG	10-6
JWP*	8-8
USC	5-11
WEM	4-12
Medford	0-16

EAST	
Hayfield	16-0
K-W	13-3
Triton	10-6
Randolph	8-8
FBA	4-12

Blooming Prairie 3-13

Conference Championship Game:

Maple River 56, Hayfield 51

Class A State Champions – Hayfield

Back to Back

Conference Champion: Maple River

The Maple River Boys Basketball team just completed a 26 and 5 season. The Eagles fell in the Section 2AA Championship game to Glencoe-Silver Lake 62-51 at Minnesota-State Mankato. Maple River won their 22nd conference championship in 33 years as a school. For the Eagles, it was their 4th title in 9 years of competition in the Gopher Conference. Maple River finished the conference season with a 15-1 and by winning the West Division, they advanced to the Conference Championship game. In the Conference Championship game at Hayfield, the Eagles defeated the Vikings 56-51 in the first ever conference championship game. Maple River dominated conference competition outscoring their opponents 73.4 to 35.7, a whopping 37.7 scoring margin. Maple River was ranked in the top 10 of Class AA throughout the year, ending the year ranked #6 in the state.



2022 GOPHER CONFERENCE BOYS BASKETBALL

2022 Player of the Year: Isaac Matti

Name	Grade	School
Isaac Matti	11	Hayfield

Summary: Junior point guard Isaac Matti helped lead the Vikings to a perfect 16-0 regular season conference record. He was 3rd in the conference in scoring at 22.3 points per game. He also averaged 4.5 assists per game, good for 6th in the conference. Isaac was tied for 1st in three-pointers made with 52 and 5th in 3-point % at 37.7%. He scored his 1000th career point in December. Isaac is also one of the best defenders in the league, consistently holding opponents well under their scoring average.

1st Team All-Conference

Name	Grade	School
Drew Kittelson	12	Blooming Prairie
Landon Dimler	10	JWP
Zach Herrmann	12	Maple River
Laden Nerison	12	Kenyon Wanamingo
Mason Schirmer	11	Maple River
Ethan Pack	11	Hayfield

2nd Team All-Conference

Name	Grade	School
Clay Nielsen	12	Randolph
Porter Peterson	12	NRHEG
Easton Fritcher	12	Hayfield
Will Sellers	11	Maple River
Owen Petersohn	11	Triton

3rd Team All-Conference

Name	Grade	School
Paul Kortsch	12	Kenyon Wanamingo
Braxton Munnikhuisen	12	Triton
Tyrone Wilson	12	NRHEG
Colten Quade	12	USC
Kobe Foster	12	Hayfield
Hayden Niebuhr	11	Maple River



2022 GOPHER CONFERENCE BOYS BASKETBALL



Honorable Mention

Name	Grade	School
Justin Simones	12	Bethlehem Academy
Henry Grayson	12	Medford
Lucas Doering	12	Maple River
Gavin Sommer	12	Kenyon Wanamingo
Michael Taylor	12	WEM
Nick Bushlack	11	USC
Zander Jacobson	10	Hayfield
Daxter Lee	10	NRHEG
Memphis James	10	JWP

Sportsmanship Recipients

Name	Grade	School
Matthew Croke	12	Bethlehem Academy
Colin Jordison	12	Blooming Prairie
Nolan Klocke	12	Hayfield
Cody Quast	12	JWP
Nate Carroll	12	Kenyon Wanamingo
Ethan McGregor	12	Maple River
Jack Paulson	12	Medford
Jack Olson	12	NRHEG
Clay Nielsen	12	Randolph
Scott Nolan	12	Triton
AJ Bullerman	12	USC
Gabe Androli	11	WEM

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2022 GOPHER CONFERENCE GIRLS BASKETBALL

FOR RELEASE

The Gopher Conference is proud to announce the 2022 Girls Basketball award winners.

Team:

East Standings	Conference	Division
1. NRHEG	13-3	8-2
2. Maple River	12-4	8-2
3. WEM	11-5	6-4
4. Medford	8-8	6-4
5. JWP	2-14	2-8
6. USC	0-16	0-10
West Standings	Conference	Division
1. Hayfield	16-0	10-0
2. Blooming Prairie	10-6	6-4
3. Triton	8-8	6-4
4. KW	6-10	4-6
5. Bethlehem Academy	5-11	2-8
6. Randolph	5-11	2-8

Conference Championship Game:

Hayfield 70, NRHEG 59

Conference - Champion: HAYFIELD

The Hayfield Girl's Basketball team went 16-0 in conference play on the way to an undefeated regular season (27-0). Throughout conference play the Lady Vikes had an average margin of victory of 22.9 (65.8 - 42.9). Hayfield used an array of full court defenses to challenge the opposition, which had them lead the conference in steals. Hayfield was led by the superb sophomore duo of Kristen Watson (20 ppg) and Natalie Beaver (17 ppg). In the conference championship game Hayfield (east division) defeated NRHEG (west division) 70-59.



2022 GOPHER CONFERENCE GIRLS BASKETBALL

2022 Player of the Year:

Name	Grade	School
Kristen Watson	10	Hayfield

The Hayfield girls basketball team went 16-0 in conference play on the way to an undefeated regular season (27-0). Throughout conference play the Lady Vikes had an average margin of victory of 22.9 (65.8 - 42.9). Hayfield used an array of full court defenses to challenge the opposition, which had them lead the conference in steals. Hayfield was led by the superb sophomore duo of Kristen Watson (20 ppg) and Natalie Beaver (17 ppg). In the conference championship game Hayfield (east division) defeated NRHEG (west division) 70-59.

1st Team All-Conference

Name	Grade	School
Bobbie Bruns	12	Blooming Prairie
Sophie Stork	12	NRHEG
Brylee Iverson	11	Triton
Claire McGregor	10	Maple River
Natalie Beaver	10	Hayfield

2nd Team All-Conference

Name	Grade	School
Tessa Erlandson	11	Kenyon-Wanamingo
Sidney Schultz	11	NRHEG
Andrea Bock	11	Medford
Paige Ford	11	Randolph
Lexi Thomas	10	Maple River
Alayna Atherton	10	WEM

3rd Team All-Conference

Name	Grade	School
Mercedes Huerta	12	Bethlehem Academy
Aine Stasko	12	Hayfield
Clara Kniefel	12	Medford
Erin Jacobson	11	NRHEG
Anna Olsen	11	Randolph
Claire Bohlen	10	WEM



2022 GOPHER CONFERENCE GIRLS BASKETBALL



Honorable Mention

Name	Grade	School
Kate Trump	11	Bethlehem Academy
Haven Carlson	11	Blooming Prairie
Chelsea Christopherson	10	Hayfield
Katie Olson	8	JWP
Stella Rechtzigal	12	Kenyon-Wanamingo
Faith Nielsen	10	NRHEG
Gabby Molina	10	Triton
Maya Zebro	12	USC
Addy Taylor	11	WEM

Sportsmanship Recipients

Name	School
Madelyn Bauer	Bethlehem Academy
Emily Miller	Blooming Prairie
McKenna Chick	Hayfield
Raegan Berndt	JWP
Julia Dahl	Kenyon-Wanamingo
Ryann Klammer	Maple River
Anna Sobrak	Medford
Preslie Nielsen	NRHEG
Lindsay Sundby	Randolph
Isabella Selthun	Triton
Hannah Meyer	USC
Rylee Pelant	WEM

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CONGRATULATIONS TO ALL AWARD WINNERS!!!!



2022 GOPHER CONFERENCE WRESTLING

FOR RELEASE

The Gopher Conference is proud to announce the 2022 Boys Wrestling award winners.

Team Standings:

Maple River/USC	6-0
Medford	5-1
Kenyon-W	4-2
Westfield	3-3
NRHEG	2-4
WEM/JWP	1-5
Triton	0-6

Conference Champion: Maple River/United South Central

Maple River / USC finished the 2021 season with a conference record of 6-0. 2021-22 marked the first season as a coop between Maple River and United South Central. Overall Maple River/USC had a dual record of 23-4, won section 2A team championship, and sent 7 individuals to the class A state tournament. Terry Ochendorf and Dan Dylla were the Co-Head Coaches. The team featured All-Conference Honorable Mention Wrestlers Wyatt Walters, Ethan Elvebak, and Konnor Harpested and All-Conference Wrestlers Boden Simon, Ethan Evenson, Cooper Ochendorf, and Thayne Decker.

2022 Gopher Conference Wrestler of the Year: Ralph Roesler-NRHEG

Name	Grade	School	WT
Ralph Roesler	12	NRHEG	195

Ralph Roesler finished the season 45-3, with 25 falls and 2 major decisions. Ralph was undefeated in the conference this season with a 6-0 record. Since Ralph has been in high school he has amassed a 23-8 record in the Gopher Conference. Since his freshman year Ralph has wrestled at the 160, 170, 182, and 195 pound weight classes. Ralph ended his career as a 2-time Section 2A champion, and was a runner up at the MSHSL State Championships. In his 6 year varsity career, Ralph earned 118 wins, 60 of those wins by fall.

All-Conference

Name	Grade	School
Jaedin Johnson	11	KW
Will VanEpps	10	KW
Tommy Elwood	9	Medford
Tate Hermes	11	Medford
Garron Hoffman	11	Medford
Boden Simon	12	Maple River/USC
Ethan Evenson	12	Maple River/USC
Cooper Ochendorf	11	Maple River/USC
Thayne Decker	12	Maple River/USC
Nikolas Petsinger	12	NRHEG
Corbin Giesler	12	Triton
Owen Garness	12	Triton
Keegan Kuball	9	WEM/JWP
Tyler Archer	12	Westfield
Bo Zwiener	9	Westfield



2022 GOPHER CONFERENCE WRESTLING



Honorable Mention

Name	Grade	School
Reed Sommer	9	KW
Gavin Johnson	10	KW
Dillon Bartel	10	KW
Dylan Heiderscheidt	11	Medford
Wyatt Walters	9	Maple River/USC
Ethan Elvebak	12	Maple River/USC
Konner Harpestad	12	Maple River/USC
George Roesler	10	NRHEG

Sportsmanship Recipients

Name	Grade	School
Tate Miller	11	KW
Collin VanCleave	11	Maple River/USC
Kaden Harfmann	9	Medford
Harbor Cromwell	9	NRHEG
Hunter Garness	8	Triton
Gavin Krause	10	WEM/JWP
Cade Christianson	11	Westfield

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CONGRATULATIONS TO ALL AWARD WINNERS!!!!



2022 Gopher Conference One-Act Play Festival:

Blooming Prairie – “Circus” by Ron Dune.
Directed by Ross Reishus.

***All-Conference – Asha Lighthizer and Madison Thurneau
Honorable Mention – Abby Thoreson
Craftsmanship – Stephen Fennell***

Medford - “War Letters”
Directed by Randy Domstrand

***All-Conference - Jamie Gibbons & Megan Tagmeier
Honorable Mention - Abigail Cloutier
Craftsmanship - Morgan Jones***

New Richland-Hartland-Ellendale-Geneva - “The Blue and the Grey” by R.S. Paulette
Co-directed by Amanda Inouye and Deb Bently.

***All conference - Cora Harpel, Brittny Anderson
Honorable Mention - Anton Domeier
Craftsmanship - Shelby Johnston***

Waterville-Elysian-Morristown “The Best Method of Research of the Human Mind and Some Alterations
of Normal Behavior”: By Dr. Shepherd
Directed by Andrew Velishek

***All-Conference - Alex Heuss and Emma McGraw
Honorable Mention - Maddie Heuss
Craftsmanship - Claire Elness***





Randi Selbrade Grade 9

Family
Chalk Pastel on Paper



Grace Peterson Grade 12

Untitled
Mixed Media on Paper



Emma McGraw Grade 12

Nikki Nihachu
Graphite on Paper



Kealie Kemp Grade 12

Walk a Mile
Digital Photograph



Sam Lowe Grade 12

Indigo Dreams
Chalk Pastel on Paper



Alexandra Smith Grade 11

Velvet Hug
Ink on Paper



Katelyn Hare Grade 9

Purple Cliff
Digital Artwork



Alexandra Smith Grade 11

Untitled
Water Soluble Graphite



Ava Bilderbak Grade 9

An Unlikely Best Friend
Graphite on Paper



Lilly Lutteke Grade 9

Fishing Trip
Chalk



Robbie Hankton Grade 12

Summer Days
Colored Pencil



Grace Niebuhr Grade 11

His Choice Over Her
Acrylic Paint



Aislynn Schlosser Grade 11

Inside and Out
Colored Pencil



Brenna Subbert Grade 9

Scratch Art



James O'Malley Grade 12

Mixed Media



Emma Campbell Grade 9

Acrylic Paint



Montana Scott Grade 9

Acrylic Paint



Anna Bamlet Grade 12

Graphite



Amelia Pemrick Grade 11

Botanical Study
Cyanotype Print



Justin Delesha Grade 12

Downtown Faribault
Watercolor and ink on paper



Tyler Hogate Grade 11

NFL Logo
Offset Ink Relief Print



Isabella Dokestul Grade 10

Untitled
Cyanotype Print



Zachary Velishek Grade 11

Time Management
Collage on Paper



Camryn Belmont Grade 12

Billie
Graphite on Paper



Garret Farr Grade 12

Sunset #1
Photography



Madelyn Harvey Grade 8

My Sister & I
Acrylic



Samantha Hefling Grade 8

The Sleepover
Acrylic



Elissa Martinez Grade 9

Harmony
Acrylic



Chase Boehme Grade 8

Orange Man
Acrylic



Triton High School



Bethlehem Academy



United South Central
High School



Randolph High School



Blooming Prairie
High School



Hayfield High School



Waterville-Elysian-
Morristown High School



2022 GOPHER CONFERENCE SPEECH

FOR RELEASE on

The Gopher Conference is proud to announce the 2022 Speech award winners.

Gopher Conference Speech Awards 2022

Category	Name	School
Creative Expression	Madeline Balfe	WEM
Discussion	Maddie Heuss	WEM
Dramatic Interpretation	Sophia Culuris	Kenyon-W
Duo Interpretation	Bryce Ertman & Noah Lippert	Maple River
Extemporaneous Reading	Sydney Sundin	Kenyon-W
Extemporaneous Speaking	Zach Groh	JWP
Great Speeches	Alex Heuss	WEM
Humorous Interpretation	Nick Wooldridge	Maple River
Informative Speaking	Martha Price	Maple River
Original Oratory	Sophia Culuris	Kenyon W
Poetry Reading	Adalee Geisinger	Kenyon-W
Prose Reading	Kaylon Lynch	JWP
Storytelling	Faith Burgess	JWP

Team Placing

1st	Maple River
2nd	WEM
3rd	JWP

Craftsmanship winners:

Blooming Prairie - Madison Thurnau
Maple River – Leah Proehl
JWP - Kaylon Lynch
Kenyon – Wanamingo - Sophia Culuris
Medford – Emma Corbin
Randolph - Katie Radman
WEM - Madeline Balfe



2022 GOPHER CONFERENCE BASEBALL

FOR RELEASE on

The Gopher Conference is proud to announce the 2022 Baseball award winners.

Team:

Standings:

Hayfield:	9-1 Class A State Runner up
Randolph	9-1 Class A State Champs
Maple River:	8-2
NRHEG:	7-3
Kenyon Wanamingo	6-4
United South Central:	5-4
Medford:	4-5
Triton	3-7
JWP	2-8
WEM:	1-9
Blooming Prairie:	0-10

Co-Conference Champion: Hayfield Vikings

Summary: Hayfield went 9-1 during conference play in route to a 24-3 record and a Class A State Runner-Up finish. The only conference loss was an extra inning game to Randolph, and had close conference wins over Maple River, NRHEG, and USC. Hayfield rode a strong pitching staff that gave up only 44 runs over the 27 game season (1.6 avg per game). This is Hayfield's third consecutive conference baseball championship.

Co-Conference Champion: Randolph Rockets

Summary: The Randolph Rockets finished the 2022 season with a 25-1 victory and defeated Gopher Conference rival, Hayfield, 2-1 at Target Field in the Class A Championship game. The Rockets lone blemish was an 11-12 conference loss to Maple River and the Rockets won 11 of their regular season games by 10+ runs. The Rockets were led by strong pitching from seniors Nathan Weckop (0.76 ERA), Will Baldus (1.47 ERA) and Jacob Weckop (0.372 ERA). Jacob Weckop led the offense with a .437 batting average and freshman, Brayden Olsen, batted .403.

2021 Player of the Year:

Name	Grade	School
Easton Fritcher	12	Hayfield

Summary: Easton wrapped up his stellar high school career by winning the Conference Player of the Year Award for the third time. The only year he didn't win the award from freshman-senior year was his sophomore season when Covid canceled the season. At the plate Easton batted .553 (42-76) including 12 doubles, 3 triples, and 6 home runs. He also had 34 RBI's and 52 runs scored (which ties the state single season record he set in 2021). On the mound, Easton was limited to appearances this year as he battled a groin injury early on. He ended up going 4-1 with 1 save. In 26.1 innings pitched, he gave up 8 hits, 6 runs, 2 earned runs, with 49 strikeouts, 15 walks, and an ERA of 0.532. He saved his best pitching performance for last, as he threw a complete game shutout 1-hitter with 14 strikeouts in the state semi-finals. Easton will be playing baseball at the University of Minnesota.



2022 GOPHER CONFERENCE BASEBALL



1st Team All-Conference

Name	Grade	School
Karver Heydt	Sr.	Hayfield
Nolan Klocke	Sr.	Hayfield
Boden Simon	Sr.	Maple River
Lucas Doering	Sr.	Maple River
Daxter Lee	So	NRHEG
Nathan Weckop	Sr.	Randolph
Will Baldus	Sr.	Randolph
Jacob Weckop	Sr.	Randolph

2nd Team All-Conference

Name	Grade	School
Isaac Watson	Sr.	Blooming Prairie
Gavin Sommer	Sr.	Kenyon-Wanamingo
Trevor Steberg	Sr.	Kenyon-Wanamingo
Ethan Evenson	Sr.	Maple River
Casey Chambers	Jr.	Medford
Andrew Phillips	Jr.	NRHEG
Mason Lorenzen	Sr.	Randolph
Drew Jenkins	Sr.	Randolph
Braxton Munnikhuysen	Sr.	Triton

3rd Team All-Conference

Name	Grade	School
Aidan Nelson	So.	Hayfield
Kelton Erler	Jr.	JWP
Will Van Epps	So.	Kenyon Wanamingo
Mason Frank	Sr.	Maple River
Reed Cumberland	Sr.	Medford
Clay Stenzel	Sr.	NRHEG
Brayden Olsen	Fr.	Randolph
Zale Bushlack	Jr.	United South Central
Jackson Spizzirri	Sr.	United South Central

Honorable Mention

Name	Grade	School
Colton Steberg	So.	Kenyon Wanamingo
Dillon Bartel	So.	Kenyon Wanamingo
Jaedin Johnson	Jr.	Kenyon Wanamingo
Noah Honsey	Sr.	Medford
Ethan Thompson	Jr.	NRHEG
Weston Thomas	Sr.	Triton
Taylor Conley	Jr.	United South Central
Konnor Harpestad	Sr.	United South Central



2022 GOPHER CONFERENCE BASEBALL



Sportsmanship Recipients

Name	Grade	School
Jesse Cardenas	Jr.	Blooming Prairie
Jackson Thoe	So.	Hayfield
Josh Bengtston	So.	JWP
Alex Vold	Sr.	Kenyon Wanamingo
Thayne Decker	Sr.	Maple River
Tate Hermes	Jr.	Medford
Alex Dobberstien	Sr.	NRHEG
Evan Bennerotte	Sr.	Randolph
Zack Bodenstab	Jr.	Triton
Blake Schroeder	Sr.	United South Central
Maverick Herrley	Sr.	WEM

Sportsmanship winners were a member of the varsity roster during the season or at the end of the regular season, they did not have to be on postseason roster. They are someone who exemplified good sportsmanship qualities.

CONGRATULATIONS TO ALL AWARD WINNERS!!!!



2022 GOPHER CONFERENCE SOFTBALL

FOR RELEASE on

The Gopher Conference is proud to announce the 2022 Softball award winners.

Team:

Standings:

NRHEG:	9-2
Randolph:	9-2
Bethlehem Academy	8-3
Blooming Prairie:	8-3
United South Central:	7-4
Hayfield:	7-3
WEM :	6-6
Kenyon Wanamingo	4-7
Maple River	3-8
Triton	3-8
Medford:	1-9
JWP	1-10

Co-Conference Champion: NRHEG

Summary: The WEM Buccaneer Softball Team captured their second consecutive Gopher Conference Championship! This season WEM amassed an overall season record of 19-5 and a 13-1 Gopher Conference record. WEM won the Sub-Section 1A-West championship by defeating Hayfield 1-0. WEM fell just short of the state tournament losing in the Section 1A championship game 2-4 to Wabasha-Kellogg. WEM had seven seniors on the team: Allison Rients (C), Autumn Taylor (3B), Brielle Bartelt (SS), Ella Michael (Mgr), Ellie Ready (LF), Kylie Pittmann (2B), and Lindsay Condon (1B). Head Coach: Crystal Lamont, Assistant Coach: Kelsey Bauer

Co-Conference Champion: Randolph

Summary: The Randolph Rocket Softball Team returned to the Gopher Conference returning only 2 starters from the 2021 Class A State Championship and turned in a 21-5 record that went 11-2 in conference play. The Rockets went on to win Section 4A for the 4th consecutive season and placed 3rd place in the 2022 MSHSL State Tournament. The Rockets were led by Carter Raymond (Freshman, 1st Team All State and All Conference), Carly Kimmes (Sophomore, 2nd Team All State, and 1st Team All Conference), Lindsay Sundby (Senior, 2nd Team All Conference), and Allie Gillette (8th Grader, 3rd Team All Conference). Seniors on the 2022 Rocket Softball Team are Sundby (1B), Kilyn Fredrickson (3B), and Hannah Betzold (2B). The Rockets were led by Dennis Trom and he was assisted by Mike Silk, Chelsi Marks, and Ashleigh Lindow.



2022 GOPHER CONFERENCE SOFTBALL



2022 Player of the Year:

Name	Grade	School
Sophie Stork	12	NRHEG

Summary: Sophie has been the starting pitcher for NRHEG since 8th grade. She is a big reason for NRHEG's successful 22-4 season as she pitched every single inning. Her numbers speak for themselves. She has struck out 197 batters and walked only 30 all season. Sophie's ERA is 1.3. Offensively she is hit .386, has 32 hits, scored 25 runs, and tallied a team best 31 RBI's. Sophie's natural athletic ability coupled with hard work and playing softball year round, has made her into a great softball player.

1st Team All-Conference

Name	Grade	School
Kate Trump	11	Bethlehem Academy
Bobbie Bruns	12	Blooming Prairie
Anna Bamlet	12	Hayfield
Sydney Schultz	11	NRHEG
Ava Kyo	12	NRHEG
Carter Raymond	9	Randolph
Carly Kimmes	10	Randolph
Mariah Anderson	8	USC

2nd Team All-Conference

Name	Grade	School
Morgan Wilson	9	Bethlehem Academy
Macy Lembke	10	Blooming Prairie
Nora Bamlet	9	Hayfield
Josie Flom	10	Kenyon Wanamingo
Sidney Majerus	11	Kenyon Wanamingo
Faith Nielsen	10	NRHEG
Lindsay Sundby	12	Randolph
Sydney Pluto	12	Triton
Jordan Green	11	WEM



2022 GOPHER CONFERENCE SOFTBALL



3rd Team All-Conference

Name	Grade	School
Reagan Kangas	11	Bethlehem Academy
Haven Carlson	11	Blooming Prairie
Shawntee Snider	10	Blooming Prairie
Jo Tempel	11	Hayfield
Ella Oliver	9	JWP
Elyse Steffen	12	Maple River
Allie Gillette	8	Randolph
Hannah Meyer	12	USC
Emma Woratschka	11	WEM

Honorable Mention

Name	Grade	School
Anna Tobin	9	Bethlehem Academy
Alivia Schneider	12	Blooming Prairie
Kenna Selk	9	Hayfield
Ivette Mendoza	10	Kenyon Wanamingo
Morgan Schendel	12	Maple River
Kylee Carey	9	Randolph
Sydnee Sawyer	12	Triton
Kendal Harpestad	10	USC
Gloria Cortez	12	WEM

Sportsmanship Recipients

Name	Grade	School
Mercedes Huerta.	12	Bethlehem Academy
Melanie Winzenburg	12	Blooming Prairie
Melody Walker	9	Hayfield
Isabelle Rider	11	JWP
Sophia Poquette	11	Kenyon Wanamingo
Julia Langworthy	12	Maple River
Tessa Underdahl	11	Medford
Preslie Nielsen	10	NRHEG
Anna Olsen	11	Randolph
Sydnee Sawyer	12	Triton
Erika Johannsen	12	United South Central
Rylee Pelant	12	WEM

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CONGRATULATIONS TO ALL AWARD WINNERS!!!!

2022 GOPHER CONFERENCE BOYS GOLF

FOR RELEASE.....

The Gopher Conference is proud to announce the 2022 Golf award winners.

Team:

In a tight Conference race, the Awesome Blossoms of Blooming Prairie edged JWP to win its second consecutive Gopher Conference Championship.

Conference Champion: Blooming Prairie

The Blooming Prairie HS boys golf team repeated as Gopher Conference Champions this year. The year-long competition included 8 conference tournaments and the conference final which was held May 19th at Waseca Lakeside Golf Club on May 19th. The BP boys started the day with a good lead and held off JWP and USC for the title. The Blossoms team consisted of 4 seniors and 2 8th graders that has been one of the most complete teams BP has had for quite some time. All six team members contributed with good scores regularly.

Golfer of the Year

Logan Thell - JWP

Logan Thell excelled throughout his Sophomore season through cold and wind on his way to winning the conference singles title in his first year in the Gopher. Logan finished with at least a piece of the lead in 7 of 9 events in conference this season, impressing with a scoring average of 37.66. Logan is looking to finish the season strong with a good outing in sections trying to improve on a 26th place finish at State as a freshman.

1st Team All-Conference

Name	School
Keegan Bronson	Hayfield
Kadyn Neubauer	USC
Colin Jordison	Blooming Prairie
Steven Dimmel	JWP
Blake Bullerman	USC
Garret Farr	Blooming Prairie

Honorable Mention

Name	School
Sam Tucker	Hayfield
Luke Pederson	USC
Ty Bronson	Hayfield
Colby Johnson	Blooming Prairie
Soren Kylo	Kenyon Wanamingo
David Kartes	Blooming Prairie

Sportsmanship Recipients

Tyler Archer

Sam Tucker

Carter Miller

Carson Roschen

Kyle Sohre

Maverick Bueltel

Riley Freiderich

Levi Hinkley

Blooming Prairie

Hayfield

JWP

Kenyon Wanamingo

Maple River

NRHEG

Triton

United South Central

Sportsmanship winners were a member of the varsity roster during the season or at the end of the regular season, they did not have to be on post season roster. They are someone who exemplified good sportsmanship qualities.

CONGRATULATIONS TO ALL AWARD WINNERS!!!!

2022 GOPHER CONFERENCE GIRLS GOLF

FOR RELEASE.....

The Gopher Conference is proud to announce the 2022 Golf award winners.

Team:

The Hayfield Vikings won the 2022 Gopher Conference Girls Golf Championship. The Vikings edged the runner up Rebels of USC.

Avery Towey – Hayfield

A real tough competitor who doesn't like to play bad and that's what motivates her to get better. Avery's best golf is still in front of her and I'm excited to see what she can do.

1st Team All-Conference

Name	School
Kristen Watson	Hayfield
Kirsten Thell	JWP
Carly Bronson	Hayfield
Emma Heggen	USC
Lydia Flotterud	Kenyon Wannamingo
Chelsea Christopherson	Hayfield

Honorable Mention

Name	School
Brooklyn Yokiel	USC
Tessa Tushaus	Triton
Ella Farr	Blooming Prairie
Elizabeth Romano	USC
Mackenzie Walters	Maple River
Caitlyn Stangle	Blooming Prairie

Sportsmanship Recipients

Aubry Alwes	Blooming Prairie
Chelsea Christopherson	Hayfield
Kirsten Thell	JWP
MacKenzie Walters	Maple River
Grace Wilkenson	NRHEG
Maddie Jarrett	Triton
Brooklyn Yokiel	United South Central

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CONGRATULATIONS TO ALL AWARD WINNERS!!!!

Section 1A Standings

Coaches Vote (FINAL)

Seed	Team	Section	Overall	For	Agst	QRF Value	QRF Rank	St
1	Rushford-Peterson	9-0	12-1	31.7	9.4	61.2	2	Lost
2	Fillmore Central	7-2	9-2	27.6	9.4	50.1	12	Lost
3	Bethlehem Academy	5-3	7-3	29.7	15.6	44.1	19	Lost
4	Randolph	4-4	6-4	31.8	21.3	38.2	26	Lost
5	Kenyon-Wanamingo	2-5	3-6	21.1	25.4	24.8	38	Lost
6	Hayfield	1-6	2-7	19.6	41.2	22.7	40	Lost
7	Kingsland	0-1	3-6	21.8	24.9	16.4	53	Lost
8	Wabasha-Kellogg	0-7	0-9	4.7	41.2	13.2	56	Lost

Section 2A Standings

QRF Seeded (FINAL)

Seed	Team	Section	Overall	For	Agst	QRF Value	QRF Rank	St
1	Mayer Lutheran	8-1	13-1	36.7	8.6	59.1	5	Won
2	Gibbon-Fairfax-Winthrop	5-1	8-3	32.2	20.7	49.2	14	Lost
3	Lester Prairie	5-2	6-4	24.0	14.1	36.0	27	Lost
4	United South Central	4-3	5-5	24.8	19.0	31.9	29	Lost
5	New Ulm Cathedral	0-1	4-5	25.9	24.3	25.2	37	Lost
6	Cleveland	2-5	3-6	11.8	22.8	20.0	44	Lost
7	Janesville-Waldorf-Pemberton	1-5	1-8	8.6	32.3	16.6	52	Lost
8	Alden-Conger/G-E	0-7	0-9	4.7	42.9	11.8	60	Lost

Section 1AA Standings

QRF Seeded (FINAL)

Seed	Team	Section	Overall	For	Agst	QRF Value	QRF Rank	Str
1	<u>Chatfield</u>	9-0	13-1	35.4	14.7	84.2	4	Won 1
2	<u>Goodhue</u>	6-3	7-4	31.9	29.3	55.8	18	Lost 1
3	<u>Caledonia</u>	3-4	4-5	21.4	19.9	47.1	23	Lost 1
4	<u>Triton</u>	4-4	6-4	23.9	27.6	54.4	19	Lost 1
5	<u>St. Charles</u>	3-4	4-5	23.6	26.7	44.7	24	Lost 1
6	<u>Lewiston-Altura</u>	2-6	4-6	27.3	25.9	36.0	30	Lost 1
7	<u>Dover-Eyota</u>	1-6	2-7	20.0	37.6	29.3	37	Lost 4
8	<u>Winona Cotter</u>	0-1	2-7	18.3	39.2	18.7	48	Lost 6

Section 2AA Standings

QRF Seeded (FINAL)

Seed	Team	Section	Overall	For	Agst	QRF Value	QRF Rank	S
1	<u>Blooming Prairie</u>	6-1	10-1	42.4	12.0	64.7	12	Lo8
2	<u>Maple River</u>	5-0	11-2	34.6	9.4	74.7	7	Lo8
3	<u>Blue Earth Area</u>	2-2	8-2	40.6	10.9	67.4	11	Lo8
4	<u>St. Clair/Loyola</u>	4-2	7-3	21.9	16.8	51.5	20	Lo8
5	<u>New Richland-H-E-G</u>	2-3	4-5	24.9	16.0	32.2	35	Lo8
6	<u>Waterville-Elysian-Morristown</u>	1-4	3-6	11.0	31.6	24.9	43	Lo8
7	<u>LeSueur-Henderson</u>	0-3	1-8	10.2	38.7	20.0	46	Lo8
8	<u>Medford</u>	0-5	0-9	5.1	37.0	17.0	52	Lo8

2022 GOPHER CONFERENCE BOYS & GIRLS TRACK & FIELD

FOR RELEASE.....

The Gopher Conference is proud to announce the 2022 Boys & Girls Track & Field award winners.

Team:

JWP won the Girls Championship scoring 150.5 pts as NRHEG was runner up scoring 124.166 pts. JWP only won 1 event. Their overall depth in all events helped the Bulldogs to the Championship.

Maple River won the Boys Championship in dominating fashion scoring 202 as Medford finished runner up with 147 pts. The Eagles only won 4 events. Their overall depth in all events helped the Eagles to the Championship.

Track & Field Athlete's of the Year

Owen Petersohn Triton

Owen was a 3-event champion at the Gopher Conference Championship meet in the 110 hurdles, 300 hurdles, and as a member of the 4x400 meter relay team. In the 300 hurdle race, he shattered a record that had stood since 1979, clocking a 40.15 (the record had been 40.9). He currently owns the 300 hurdle school record and is looking to lower that further before he is done with his final high school season. Owen is planning to compete at Minnesota State University Mankato next year.

Jackie Cole Medford

Jackie Cole is a sophomore who won three events at the Gopher Conference Track meet. She won the 100, 200 & long jump. She also set a new conference record in the long jump with a jump of 17' 9.75". Jackie was also a member of our 4th place 4x100 relay team.

Team Scores

BOYS

1) Maple River	202
2) Medford	147
3) Blooming Prairie	112.5
4) New Richland-H-E-G	107.5
5) Triton	101
6) Kenyon-Wanamingo-Goodhue*	75
7) Janesville-Waldorf-Pemberton	63
8) Waterville-Elysian-Morristown	60
9) United South Central	21
10) Hayfield	20

GIRLS

1) Janesville-Waldorf-Pemberton	150.5
2) New Richland-H-E-G	124.166
3) Waterville-Elysian-Morristown	119.666
4) Medford	114
5) Kenyon-Wanamingo-Goodhue*	93.1666
6) United South Central	74.5
7) Hayfield	64
8) Triton	61
8) Blooming Prairie	61
10) Maple River	51

2022 TRACK AND FIELD ATHLETES OF THE YEAR

Jackie Cole – Medford	Owen Petersohn - Triton
1 st place 100 meter dash 1 st place 200 meter dash 1 st place LJ (Conference Meet Record) 4 th place 4x100 meter relay	1 st place 110 hurdles 1 st place 300 hurdles (Conference Meet Record) 1 st place 4x400 meter relay

2022 ALL-CONFERENCE TRACK AND FIELD

GIRLS	BOYS
Gloria Hernandez – Blooming Prairie Annaka Forsberg – Blooming Prairie Amber Ziegler – Hayfield Calli Coolidge – Hayfield Breanna Subbert – Hayfield Claire Adams - JWP Kwynn Krause – JWP Madison Kunst - JWP Lilly Strauss - JWP Hayley Lentsch – K-W/G Rachel Nesseth – K-W/G Vanessa Schmidt – K-W/G Lauren Mutschler – Maple River Jackie Cole – Medford Abby Fitzgerald – Medford Mackenzie Kellen – Medford	Drew Kittelson – Blooming Prairie Owen Krueger – Blooming Prairie Xavier Rennie – Blooming Prairie Sam Smith – Blooming Prairie Jack Cahill – JWP Laden Nerison – K-W/G Josh Schmidt – K-W/G Bryce Ertman – Maple River Ethan Fischer – Maple River Brock Hansen – Maple River Cale Hansen – Maple River Mason Schirmer – Maple River Chad Schull – Maple River Cole Stencil – Maple River Will Trio – Maple River Henry Grayson – Medford

<p>Clara Kniefel - Medford Holly Bartness - NRHEG Evelyn Nydegger - NRHEG Gabby Schlaak - NRHEG Journey Utpadel - NRHEG Torri Vaale - NRHEG Quinn VanMaldeghem – NRHEG MacKenzie Geers – Triton Hanna Strom - Triton Melany Ehlert – USC/AC Addison Condon – WEM Ashlyn Pelant – WEM Riley Sammon – WEM Josie Volkmann – WEM Madison Zimbrich – WEM</p>	<p>Dylan Heiderscheidt – Medford George McCarthy – Medford Jesse Ortiz – Medford Cohen Stursa - Medford Sawyer Prigge - NRHEG Jaylin Raab - NRHEG Will Tuttle - NRHEG Peyton Bills – Triton Owen Petersohn – Triton Noah Thomas – Triton Jasper Morris – WEM Sam Rezac – WEM</p>
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2022 HONORABLE MENTION ALL-CONF

GIRLS	BOYS
<p>Chloe McCarthy – Blooming Prairie McKenna O'Connor – Hayfield Lauren White – JWP Martha Price – Maple River Payton Ristau - Medford Isabella Selthun - Triton Alyssa Samudio – USC/AC Tatum Richards – WEM</p>	<p>Bradley Simon – Blooming Prairie Karson Steele - Hayfield Landon Dimler – JWP Amarus Harris – Maple River Austin Erickson - Medford August Kozisek - Triton Gabe Schroeder – USC/AC Preston Grams – WEM</p>

2022 T&F SPORTSMANSHIP AWARDS

GIRLS	BOYS
<p>Madi Lea – Blooming Prairie McKenna O'Connor – Hayfield</p>	<p>Samuel Skillestad – Blooming Prairie Cohen Heins - Hayfield</p>

Elizabeth White – JWP MacKenzie Reuter – Maple River Peyton Snow - Medford Maddy Johannsen – NRHEG Ameryn Dostal – Triton Eleanor Kayser/Paige Diekmann – USC/AC Lydia Ell - WEM	Gable Adams – JWP Noah Lippert – Maple River Riley Babcock - Medford Matthew Mueller – NRHEG Scott Nolan - Triton Gabe Schroeder – USC/AC Charles Slayton – WEM
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Sportsmanship winners were a member of the varsity roster during the season or at the end of the regular season, they did not have to be on post season roster. They are someone who exemplified good sportsmanship qualities.

CONGRATULATIONS TO ALL AWARD WINNERS!!!!

**BOYS - GOPHER CONFERENCE TRACK AND FIELD RECORDS
ENDING 2022**

EVENT	NAME	SCHOOL	T/D/H	YEAR
SHOT PUT	TYLER VELZKE	WEM	54'6.25"	2005
DISCUS	ETHAN FISCHER	MAPLE RIVER	177'6.75"	2021
HIGH JUMP	CRAIG HERING	WEM	6' 4"	2000
LONG JUMP	CORY NEID	WEM	22' .5"	1990
TRIPLE JUMP	LADEN NERISON	K-W/G	44' 2"	2022
POLE VAULT	DAVID GEIRUT	LOYOLA	14'0"	2006
100 DASH	RYAN MORRIS	WEM	11.0	1994
200 DASH	ISIAH BROGDEN	BA	22.83	2014
400 DASH	JOHN SCHUSTER	USC/AC	49.9	2015
800 RUN	IAN CAMPBELL	BP	1:58.0	2007
1600 RUN	MIKE PROELL	WEM	4:33.5	1993
3200 RUN	TJ SCHILTZ	NRHEG	10:06.8	2014
110 HH	GEORGE JESSEN	NR	14.7	1979
300 IH	OWEN PETERSOHN	TRITON	40.15	2022
4 X 100 RELAY	JAYDEN TAYLOR TYLER HERMEL TANNER RANSLOW ISAAX PRATT	WEM	44.57	2019
4 X 200 RELAY	JACOB ELMER BRYAN HAUGE JORDAN HAROLDSON RILEY STENZEL	USC/AC	1:33.8	2008
4 X 400 RELAY	JACON ELMER BRYAN HAUGE PAUL LITTLE ORDAN HAROLDSON	USC/AC	3:30.7	2010
4 X 800 RELAY	LUKE NELSON ZACH FOGARTY MATT HAGEN IAN CAMPBELL	BP	8:31.3	2004

**GIRLS - GOPHER CONFERENCE TRACK AND FIELD RECORDS
ENDING 2022**

EVENT	NAME	SCHOOL	T/D/H	YEAR
SHOT PUT	NICOLE LONNING	NRHEG	41'7.5"	2003
DISCUS	HEIDI CRABTREE	NRHEG	137'0"	1998
HIGH JUMP	CARLIE WAGNER	NRHEG	5'6"	2012&14
LONG JUMP	JACKIE COLE	MEDFORD	17' 9.25"	2022
TRIPLE JUMP	BECCA BRYSON	USC	36'8-1/4"	2006
POLE VAULT	SAMANTHA PETRY	WEM	11'6"	2016
100 DASH	MAELEA HARMON	WEM	12.26	2018
200 DASH	MAELEA HARMON	WEM	25.72	2017
400 DASH	JEANNE KRUCKEBERG	BP	58.3	1984
800 RUN	JEANNE KRUCKEBERG	BP	2:13.1	1984
1600 RUN	JEANNE KRUCKEBERG	BP	4:57.9	1985
3200 RUN	SARAH PRICE	LOYOLA	11:30.0	2005
100 HH	AMY CHRISTIANSON	USC/AC	15.5	2003
300 IH	CLARA CHRISTENSON	USC/AC	46.2	2005
4 X 100 RELAY	MAELEA HARMON HATTIE PEACH SAMMIE PETRY ALEXIS MORSCHING	WEM WEM WEM WEM	50.72	2017
4 X 200 RELAY	BECCA BRYSON ANDREA ALLIS REBECCA LELAND CLARA CHRISTENSON	USC/AC USC/AC USC/AC USC/AC	1:48.1	2006
4 X 400 RELAY	BECCA BRYSON ANDREA ALLIS REBECCA LELAND CLARA CHRISTENSON	USC/AC USC/AC USC/AC USC/AC	4:04.3	2006
4 X 800 RELAY	TAYLOR ALLIS ABBY TRIO AMBER ERICKSON HANNAH GOEMANN	USC/AC USC/AC USC/AC USC/AC	10:12.84	2010