

# 2018-2019



**All coaching and  
Team records can be  
found on the Gopher  
Conference website  
under the  
Team/Coaching  
Records tab.**



## 2018 GOPHER CONFERENCE BOYS CROSS COUNTRY



**FOR RELEASE.....**

**The Gopher Conference is proud to announce the 2018 Boys Cross Country award winners.**

**Team:**

**Boys**

This is Medford's 1st Team Cross Country Conference Championship. Also the 1st time that a Medford runner has won the overall individual championship.

Team results: Medford – 33, WEM/JWP – 51, NRHEG – 80, Blooming Prairie – 80, Maple River - 111

Hayfield - INC

**All-Conference**

**Conference Champion**

Tyler Stursa	Medford	18:38
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**1<sup>st</sup> Team**

Isaac Ille	Blooming Prairie	18:52
Brett Johnson	Medford	19:11
Garrett Fitzgerald	Medford	19:23
Will Stencil	Maple River	19:26
John Mantor	USC/AC	19:30

**2<sup>nd</sup> Team**

Daniel Nydegger	NRHEG	19:33
Tucker Rients	WEM/JWP	19:39
Joshua Bengston	WEM/JWP	19:40.33
Ethan Slaathaug	Hayfield	19:40.72
Addison Deyle	NRHEG	19:41
Landon Dimler	WEM/JWP	19:48

**Honorable Mention**

Jarod Pavek	WEM/JWP	19:59
Ryan Hermanstorfer	Medford	20:06
Cohen Stursa	Medford	20:13
Caden Riewer	NRHEG	20:14
Nathan Grav	Hayfield	20:21
Brennan Hoehn	WEM/JWP	20:23
Alex Miller	Blooming Prairie	20:28

**Sportsmanship Recipients**

Adam Larson	Blooming Prairie
Jackson Struck	Hayfield
Will Stencil	Maple River
Ryan Hermanstorfer	Medford
Daniel Nydegger	NRHEG
Jarod Pavek	WEM/JWP
Samuel Schwartz	USC/AC

Sportsmanship winners were a member of the varsity roster during the season or at the end of the regular season, they did not have to be on postseason roster. They are someone who exemplified good sportsmanship qualities.

**CONGRATULATIONS TO ALL AWARD WINNERS!!!!**



## 2018 GOPHER CONFERENCE GIRLS CROSS COUNTRY



FOR RELEASE on .....

The Gopher Conference is proud to announce the 2018 Girls Cross Country award winners.

**Team:**

Girls WEM/JWP Grizzlies won the Girls Cross Country Conference Championship.

Team results: WEM/JWP – 23, USC/AC – 65, Maple River – 67, Blooming Prairie – 76,

Hayfield - INC, NRHEG - INC

**All-Conference**

**Conference Champion**

Addison Reed	WEM/JWP	21:14
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**1<sup>st</sup> Team**

Lauren Dimler	WEM/JWP	21:25
Trystan Servantez	USC/AC	21:27
Victoria Barkowsky	Maple River	21:47
Madison Zimbrich	WEM/JWP	21:54
Madison Kunst	WEM/JWP	22:09

**2<sup>nd</sup> Team**

Grace Walker	Hayfield	22:13
Briyanna Burkhardt	Maple River	22:46
Bobbie Bruns	Blooming Prairie	22:52
Ashlin Keyes	WEM/JWP	23:06
Lauren Thunstedt	USC/AC	23:13
Sarah Best	WEM/JWP	23:14

**Honorable Mention**

Faith Olson	WEM/JWP	23:47
Kelsey Walock	Medford	23:50
Natalie Wenner	Maple River	23:53
Jade Mely	NRHEG	23:54
Abby Smith	Blooming Prairie	24:54
Bryn Evans	USC/AC	24:55

**Sportsmanship Recipients**

Asha Lighthizer	Blooming Prairie
Grace Walker	Hayfield
Victoria Barkowsky	Maple River
Natalea De Alba	Medford
Mia Williams	NRHEG
Raegan Berndt	WEM/JWP
Trystan Servantez	USC/AC

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# 2018

## Section 1A Standings (Coaches Vote - FINAL)

QRF Rank	Seed	Team (QRF)	Section	Overall	For	Agst	Streak
<a href="#">No. 5</a>	1	<a href="#">Blooming Prairie</a> (65.4)	9-0	12-1	40.9	13.1	Lost 1
<a href="#">No. 9</a>	2	<a href="#">Goodhue</a> (49.3)	7-2	9-2	29.1	6.3	Lost 1
<a href="#">No. 20</a>	3	<a href="#">Rushford-Peterson</a> (40.8)	6-3	7-3	35.8	15.1	Lost 1
<a href="#">No. 26</a>	4	<a href="#">Southland</a> (32.6)	4-4	5-5	18.7	23.4	Lost 1
<a href="#">No. 33</a>	5	<a href="#">Fillmore Central</a> (27.6)	3-4	4-5	27.0	20.4	Lost 1
<a href="#">No. 40</a>	6	<a href="#">Hayfield</a> (22.5)	2-5	3-6	12.7	31.0	Lost 1
<a href="#">No. 44</a>	7	<a href="#">Wabasha-Kellogg</a> (19.4)	1-7	2-7	10.7	29.2	Lost 1
<a href="#">No. 51</a>	8	<a href="#">Kingsland</a> (16.1)	0-7	1-8	15.0	45.8	Lost 3

## Section 2A Standings (QRF Seeded - FINAL)

QRF Rank	Seed	Team (QRF)	Section	Overall	For	Agst	Streak
<a href="#">No. 4</a>	1	<a href="#">United South Central</a> (67.6)	4-0	10-1	33.6	14.5	Lost 1
<a href="#">No. 34</a>	2	<a href="#">Alden-Conger/G-E</a> (24.8)	0-1	5-4	25.3	29.4	Lost 1
<a href="#">No. 32</a>	3	<a href="#">Randolph</a> (29.4)	2-1	7-4	42.4	27.6	Lost 1
<a href="#">No. 49</a>	4	<a href="#">Heron Lake-Okabena/Fulda</a> (17.5)	0-1	3-6	21.8	41.8	Lost 2
<a href="#">No. 36</a>	5	<a href="#">Bethlehem Academy</a> (23.9)	2-2	3-7	19.9	27.9	Lost 1
<a href="#">No. 49</a>	6	<a href="#">Janesville-Waldorf-Pemberton</a> (17.5)	0-3	1-8	14.8	34.0	Lost 8

## Section 2AA Standings (QRF Seeded - FINAL)

QRF Rank	Seed	Team (QRF)	Section	Overall	For	Agst	Streak
<a href="#">No. 6</a>	1	<a href="#">Waterville-Elysian-Morristown</a> (72.0)	6-1	9-2	37.1	14.0	Lost 1
<a href="#">No. 7</a>	2	<a href="#">New Richland-H-E-G</a> (70.2)	6-1	9-3	30.8	19.3	Lost 1
<a href="#">No. 18</a>	3	<a href="#">Maple River</a> (54.3)	2-3	6-3	29.1	18.6	Lost 1
<a href="#">No. 20</a>	4	<a href="#">St. Clair/Loyola</a> (51.7)	2-1	8-2	27.4	17.7	Lost 1
<a href="#">No. 32</a>	5	<a href="#">Lake Crystal-Wellcome Memorial</a> (35.7)	1-4	3-6	18.0	36.6	Lost 2
<a href="#">No. 26</a>	6	<a href="#">LeSueur-Henderson</a> (42.5)	1-5	5-5	21.6	23.5	Lost 1
<a href="#">No. 38</a>	7	<a href="#">Medford</a> (33.6)	0-2	4-5	25.3	31.6	Lost 2
<a href="#">No. 36</a>	8	<a href="#">Blue Earth Area</a> (34.0)	0-1	3-6	18.3	25.9	Lost 1



## 2018 GOPHER CONFERENCE VOLLEYBALL



FOR RELEASE on .....

The Gopher Conference is proud to announce the 2018 Volleyball award winners.

**Team:**

**Standings:**

WEM:	7-0
Medford:	6-1
FBA:	5-2
Maple River:	4-3
Hayfield:	2-5
NRHEG:	2-5
Bl. P:	2-5
USC:	0-7

### Conference Champion:

The WEM Buccaneer Volleyball Team captured their second ever Gopher Conference Championship in 2018, unseating the Bethlehem Academy Cardinals 18 year reign of dominance in the Conference! WEM's only other volleyball conference championship came in 1998. This season WEM amassed a regular season record of 28-2 and a perfect 7-0 record in the Gopher Conference losing only 1 set all year in conference play. The Bucs ended the regular season ranked 2nd in the Class A poll and the QRF ranking. This year's team is led by seniors Alexis Morsching, MaeLea Harmon, Morgan Nusbaum, Shelby Hermel, Addie Atherton, Iszabella Kalis, Lisa Saemrow and Katie Gleason. This group of seniors has been a part of the past 3 Section 2A South Subsection Championship teams. The 2018 Lady Bucs are coached by Head Coach Crystal Lamont and Assistants Ken Trnka, Jill Strodtman and Kelsey Bauer.

### 2018 Co-Player of the Year:

Name	Grade	School
Madi Schirmer	12	Maple River

Madi Schirmer is a senior Outside Hitter for Maple River. She has been a very impactful player for our program, both on and off the court. As one of our team captains, Madi has taken on the role of being a selfless leader, setting a great example for our underclassmen. Madi has a total of 390 digs and 335 kills for the season. She averages 4.2 kills/set, and 4.9 digs/set. Madi also has 58 aces this season and a 90% serving percentage. She averages a 2.31 passing score and has a hitting percentage of .267 on the season.

Alexis Morsching	12	WEM
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Alexis Morsching is a senior, outside hitter for WEM. Alexis is a three-year letter-winner and two-year co-captain at WEM. She was named to the Gopher All-Conference volleyball team in 2016, 2017, and 2018. Alexis was named to the 2018 MNVBCA Class A All-State team. Alexis has accumulated over 1,000 digs, 800 kills, and 100 ace serves in her career. She holds the WEM school record for digs in a season and career digs. This season Alexis accumulated 229 kills, 442 digs, 49 ace serves, and passed at a 2.20 serve receive rating.

### 1<sup>st</sup> Team All-Conference

Name	Grade	School
Madi Schirmer	12	Maple River
Alexis Morsching	12	WEM
MaeLea Harmon	12	WEM
Emma Kniefel	11	Medford
Olivia Nass	12	BA
Olivia Christopherson	12	NRHEG
Toryn Richards	10	WEM





## 2018 GOPHER CONFERENCE VOLLEYBALL



### 2<sup>nd</sup> Team All-Conference

Name	Grade	School
Cela Carney	11	Hayfield
Morgan Langeslag	11	Medford
Chloe Kohl	12	BA
Haley Kuhns	12	Maple River
Maryx Young	10	Hayfield
Julia Worke	11	Blooming Prairie
Lizzy Baird	12	USC

### Honorable Mention

Name	Grade	School
Morgan Nusbaum	12	WEM
Kiley Nihart	11	Medford
Haley Lang	11	BA
Kaylee Klammer	12	Maple River
Elecia Brown	12	Hayfield
Sydney Schlinger	12	NRHEG
Heather Pirkl	11	Blooming Prairie
Kortney Harpestad	12	USC

### Sportsmanship Recipients

Name	Grade	School
Lisa Saemrow	12	WEM
Rachael Luebbe	12	Medford
Chloe Kohl	12	FBA
Morgan Sellers	12	Maple River
Jenna Jacobson	10	Hayfield
Lexi Ignaszewski	12	NRHEG
Rachael Oswald	12	Bl. P
Hailey Warmka	12	USC

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## **2019 Gopher Conference One-Act Play Festival:**

**Blooming Prairie** - “Exit” by Ron Dune, produced with special arrangement with Brooklyn Publishers.  
Directed by Ross Reishus.

***All-Conference - Cortney Espe & Rachel Oswald  
Honorable Mention - Kisha Aquino***

**Maple River** - “The Blue and the Grey” by RS Paulette, produced with special arrangement with Theatrefolk ([www.theatrefolk.com](http://www.theatrefolk.com)). Directed by Sue Johnson, assisted by Shellie Berndt.

***All-Conference - Anna Remes & Mallory Murphy  
Honorable mention - Tyler Garlow***

**Medford** - “It’s Just a Stage He is Going Through” by Pat Cook, produced with special arrangement with Dramatic Publishing. Directed by Randy Domstrand, assisted by Roberta Domstrand.

***All-Conference - Brandon Sissler & Garrett Fitzgerald  
Honorable Mention - Bailey Duchene***

**New Richland-Hartland-Ellendale-Geneva** - “The Struggles” by Kendra Thomas, produced with special arrangement with Pioneer Drama Services. Directed by Amanda Inouye.

***All-Conference - Mia Williams & Lexi Combs  
Honorable Mention - Madie Denherder***

**Waterville-Elysian-Morristown** - “Pickin” by Tyrone J. Butler, produced with special arrangement with Pioneer Drama Services. Directed by Andrew Velishek, assisted by Andrew Novack.

***All-Conference - Jarod Pavek & Sarah Best  
Honorable Mention - Megan Schmitz***







## 2019 GOPHER CONFERENCE SPEECH

**FOR RELEASE on .....**

**The Gopher Conference is proud to announce the 2019 Speech award winners.**

**Gopher Conference Speech Awards 2019**

Category	Name	School
Creative Expression	Anikka Bjornson	Hayfield
Discussion	Paetyn Stadler	Hayfield
Dramatic Interpretation	Moriah Lippert	Maple River
Duo Interpretation	Caitlin Jobe & Charles Benson IV	Maple River
Extemporaneous Reading	Noah Lippert	Maple River
Extemporaneous Speaking	Nathan Price	Maple River
Great Speeches	Alex Heuss	WEM
Humorous Interpretation	Anthony Manderfeld	Medford
Informative Speaking	Megan Schmitz	WEM
Original Oratory	Sarah Best	WEM
Poetry Reading	Jason Domstrand	Medford
Prose Reading	Kisha Aquino	Blooming Prairie
Storytelling	None	None

### **Team Placing**

1st	WEM
2nd	Maple River
3rd	Medford

# 2019

## *Honor Band*

### **Flute**

Madison Arndt (H)  
Anikka Bjornson (H)  
Lily Holl (USC)  
Grace Magnuson (BP)  
Matti Morris (H)  
Ruth Rodriguez (USC)  
Hailey Warmka (USC)  
Verity Wray-Rabolle (BA)

### **Oboe**

Greta Sunde (BP)

### **Clarinet**

Vanessa Barkosky (MR)  
Ben Cohen (BA)  
Jordyn Frechette (WEM)  
Caleb Grunzke (MR)  
Cora Harpel (NRHEG)  
Mckenzie Jensen (BP)  
Ella Kayser (USC)  
Maggie Maloney (NRHEG)  
Avery Pratt (WEM)  
Paetyn Stadler (H)  
Madison Tawney (WEM)

### **Bass Clarinet**

Karlie Beck (MR)  
Elizabeth Bramstedt (BP)

### **Alto Saxophone**

Hannah Knudson (H)  
Robyn Lynse (WEM)  
Elizabeth Romano (USC)  
DJ Stender (BP)  
Karennna Strom (NRHEG)  
Carter Vogel (H)

### **Tenor Saxophone**

Nathan Smisek (BA)

### **Bari. Saxophone**

Lawren Deml (NRHEG)  
Aidan Snesrud (WEM)

### **French Horn**

Jadyn Surat (NRHEG)

### **Trumpet**

Jayna Domeier (NRHEG)  
Jayna Finseth (NRHEG)  
Adam Garza-Simoni (USC)  
Alexander Passmore (MR)  
Emily Wilder (BA)

### **Trombone**

Max Gibson (WEM)  
Andrew Heggen (USC)  
John Hoelscher (NRHEG)  
Jaelynn Therring (H)

### **Euphonium**

Parker Smith (MR)  
Michiah VanSyckel (NRHEG)  
Isaac Kubicek-Manggaard (H)

### **Tuba**

Jason Bauer (WEM)  
Viridiana Villareal (BP)

### **Percussion**

Aubrey Fischer (NRHEG)  
Jacob Karsten (WEM)  
Brady Kylo (H)  
Carter Kylo (H)  
Trinity Seedorf (USC)

# 2019

## *Honor Choir*

### **Soprano**

Journey Anderst (M)  
Mikayla Bohner (BA)  
Brooke Bungum (H)  
Julia Burk (MR)  
Alexandra Combs (N)  
Payton Conover (MR)  
Raeann Grundmeier (BP)  
Karlie ueper (MR)  
Malia Hunt (BA)  
Jaclyn Hyland (BP)  
Aubrey Johnson (N)  
Minna Lim (N)  
Madison Lubbert (H)  
Rachel Luebbe (M)  
Sydney McCarthy (BP)  
Akalie Molitor (W)  
Payton O'Malley (H)  
Lily Roehrick (M)  
Elizabeth Romano (U)  
Megan Schmitz (W)  
Alyssa Schwartz (W)  
Hailey Stern (U)  
Raven Suhr (U)

### **Tenor**

Carson Anderson (H)  
Levi Bowman (W)  
Wyatt Bump (MR)  
Christopher Burke (BP)  
Aarin Clough (MR)  
Connor Ehlert (U)  
Nathan Grav (H)  
Ryan Hoisington (BA)  
Devan List (M)  
Dylan Loken (N)  
Brett Motl (BP)  
Jarod Pavak (W)  
Jake Risius (H)  
Mason Roemhildt (W)  
Jett Swenson (BP)  
Austin VonRuden (M)  
Tanner Wooldridge (MR)

### **Alto**

Adrianna Bermea (BP)  
Sarah Best (W)  
Franki Braasch-Turi (M)  
Hannah Breault (H)  
Bobbie Bruns (BP)  
Claire Buscho (W)  
Cortney Espe (BP)  
Lexi Hanson (MR)  
Amber Hassing (U)  
Ashley Hassing (U)  
Carly Hauschild (H)  
Greta Hillesheim (BA)  
Jesse Kegg (U)  
Alexis Morsching (W)  
Brianna Nellis (M)  
Kai-Mica Peterson (H)  
Madison Schletty (M)  
Gracie Seidel (BA)  
Ellie Wilde (MR)

### **Bass**

Collin Adank (W)  
Tanner Barbeau (M)  
Josh Berndt (MR)  
Carson Brennecke (BP)  
Ethan Ehlers (BP)  
Jordyn Hansen (M)  
Troy McBroom (W)  
Dylan Monahan (H)  
Mason Nitz (H)  
Josh Robinson (H)  
Hunter Russell (W)  
Riley Schock (MR)  
Joey Seidel (BA)  
Carson Sobrack (M)  
Zachary Van Thomme (BA)  
Francis Volkmuth (BA)  
Ian Wayne (BP)



## 2019 GOPHER CONFERENCE GIRLS BASKETBALL

FOR RELEASE on .....

The Gopher Conference is proud to announce the 2019 Girls Basketball award winners.

Team:

Standings:

Medford: 14-0  
WEM: 10-4  
Hayfield : 9-5  
Maple River: 8-6  
Blooming Prairie: 7-7  
NRHEG: 6-8  
United South Central: 2-12  
Bethlehem Academy: 0-14

### Conference Champion: **Medford Tigers**

The Medford Girls Basketball team won the Gopher Conference this year with a 14-0 record. This was the third conference championship for the Tigers and the first since 2003. The Tigers were led by conference player of the year Emma Kniefel and 1st team all-conference player Kiley Nihart. The Medford Tigers were coached by Head Coach Mark Kubat and Assistants Pat Heger & Jay Reuvers.

#### 2019 Player of the Year:

Name	Grade	School
Emma Kniefel	11	Medford

#### Summary:

Junior

Earned 4th Varsity letter this season

In conference play:

Shot 61% from the floor inside of the arc

Shot 38% outside the arc

274 points-19.6 average lead the conference

4 rebounds, 4 assists, and 4 steals per game

#### 1<sup>st</sup> Team All-Conference

Name	Grade	School
Madison Schirmer	12	Maple River
Shelby Hermel	12	WEM
Emma Holst	12	Hayfield
Megan Oswald	10	Blooming Prairie
Kiley Nihart	11	Medford

#### 2<sup>nd</sup> Team All-Conference

Name	Grade	School
Elecia Brown	12	Hayfield
Ally Bruegger	11	Maple River
Sophie Stork	9	NRHEG
Toryn Richards	10	WEM
Bobbie Bruns	9	Blooming Prairie
Abby Stasko	12	Hayfield



## 2019 GOPHER CONFERENCE GIRLS BASKETBALL

### Honorable Mention

Name	Grade	School
Mercedes Huerta	9	Bethlehem Academy
Julia Worke	11	Blooming Prairie
Payton Slaathaug	12	Hayfield
Abby Bruegger	11	Maple River
Izzy Reuvers	11	Medford
Sidney Schultz	8	NRHEG
Katie Dylla	10	USC
Paige Pittmann	12	WEM

### Sportsmanship Recipients

Name	Grade	School
Grace Ashley	11	Bethlehem Academy
Maggie Bruns	10	Blooming Prairie
Victoria Barkosky	12	Maple River
Jordyn Stadler	11	Medford
Kendall Johnson	10	NRHEG
Raven Suhr	12	USC
MaeLea Harmon	12	WEM

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CONGRATULATIONS TO ALL AWARD WINNERS!!!!



## 2019 GOPHER CONFERENCE BOYS BASKETBALL

FOR RELEASE on .....

The Gopher Conference is proud to announce the 2019 Boys Basketball award winners.

**Team:**

**Standings:**

WEM:	13-1
Hayfield :	13-1
Blooming Prairie:	9-5
United South Central:	6-8
NRHEG:	6-8
Bethlehem Academy:	5-9
Maple River:	3-11
Medford:	1-13

### Co-Conference Champion:

**WEM:** The Waterville-Elysian-Morristown Boys Basketball team just completed a 25 and 2 season. They reached the sub-section 2A finals eventually losing to Springfield. This team won the 13th boys basketball conference championship in 29 WEM seasons, with a 13-1 record. WEM shared the championship with conference new comer, Hayfield. This year's team was led by four seniors who all played major roles in achieving and creating a successful season. Seniors Bladyn Bartelt, Jayson Schneider, Tanner Ranslow, and Isaac Pratt were the heart of the team and will be greatly missed. They led a conference championship season and went from an unranked team to number 5 in the state. Their 25 - 2 record will go down as one of the very best in school history.

**Hayfield:** The Hayfield Vikings shared the conference title in their first season in the Gopher Conference. They finished 13-1 in conference play, with their only loss coming at fellow co-champion WEM. Conference Player-of-the-Year Mason Tapp was the only senior on the roster for the Vikings. Tapp averaged 21 points per game in conference play. Hayfield finished the season with an overall record of 24-5 and lost in the section 1A semifinals.

### 2019 Player of the Year: **Mason Tapp**

Name	Grade	School
	12	Hayfield

**Summary:** Mason was a 3-time letter winner. He was selected HVL All-Conference as a jr. He was one of 40 seniors to make the MBCA All-Star Series. Averaged 21 points per game in Gopher Conference action. He is an Academic All-State selection as well.

### 1<sup>st</sup> Team All-Conference

Name	Grade	School
Grant McBroom	11	WEM
Brady Agrimson	12	NRHEG
Mason Sohre	12	Maple River
Gabe Hagen	11	Blooming Prairie
Luke Dudycha	11	Hayfield

### 2<sup>nd</sup> Team All-Conference

Name	Grade	School
AJ Kloos	11	USC
Jacob Schuller	12	NRHEG
Kaden Thomas	11	Blooming Prairie
Bladyn Bartelt	12	WEM
Tanner Ranslow	12	WEM
Damon Trump	12	Bethlehem Academy





## 2019 GOPHER CONFERENCE BOYS BASKETBALL

### Honorable Mention

Name	Grade	School
Griffin Malecha	12	Bethlehem Academy
Karson Vigeland	11	Blooming Prairie
Patrick Towey	11	Hayfield
Teien Murphy	10	Maple River
AJ Vandereide	10	Medford
Sam Zebro	12	USC
Cole Kokoschke	11	WEM

### Sportsmanship Recipients

Name	Grade	School
Kyle Kohl	12	Bethlehem Academy
Zach Archer	11	Blooming Prairie
Brady Nelson	11	Hayfield
Tyler Maas	12	Maple River
Noak Pirkel	12	Medford
Blake Ihrke	11	NRHEG
Sean Doyle	12	USC
Jayson Schneider	11	WEM

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CONGRATULATIONS TO ALL AWARD WINNERS!!!!



## 2019 GOPHER CONFERENCE WRESTLING

FOR RELEASE on .....

The Gopher Conference is proud to announce the 2019 Boys Wrestling award winners.

### Team Standings:

Maple River	5-0
Medford	4-1
USC	3-2
NRHEG	3-2
WEM/JWP	1-4
Westfield	0-5

### Conference Champion: **Maple River**

Maple River won its 4th consecutive Conference Championship in a row and its 5<sup>th</sup> in the last 6 years since joining the conference. The Eagles were a perfect 5-0. Medford finished 4-1 gaining the runner up spot.

### 2019 Player of the Year: **Blake Legred**

Name	Grade	School
	12	USC

**Summary:** Blake Legred will be graduating as one of the most decorated athletes within their sport from USC. He is a State Champion and a 3-time finalist. Blake ends his USC career as the leader in Near Falls for a career and single season. He was also recognized as All Conference four consecutive years. Currently, he is 4th All-time in wins: 156-42. Finally, Blake is a 3-year captain who was voted as Most Valuable Wrestler for USC those three years as well.

All-Conference			
Name	Grade	School	WT
Tristan Rieken	12	Westfield	285
Dylan Nirk	11	Westfield	220
Colton Krell	11	Westfield	170
Blake Legred	12	USC	145
Bryce Sonnek	10	USC	113
Masyn Elvebak	11	USC	220
Quinten Arndt	12	NRHEG	285
Charley Elwood	8	Medford	113
Willie VonRuden	11	Medford	145
Tate Hermes	8	Medford	132
Boden Simon	9	Maple River	113
Trevor Pearson	11	Maple River	132
Ethan Evenson	9	Maple River	126
Wyatt Simon	11	Maple River	170



## 2019 GOPHER CONFERENCE WRESTLING



### Honorable Mention

Name	Grade	School	WT
Caden Ochsendorf	11	Maple River	152
Cooper Ochsendorf	8	Maple River	132
Nathan Trio	11	Maple River	182
Tucker Rients	11	WEM/JWP	132
Micah Hamson	10	USC	152
Tyler Jacobson	12	NRHEG	170

### Sportsmanship Recipients

Name	Grade	School
Wyatt Simon	11	Maple River
Zach Wetmore	11	Medford
Andrew Reich	11	NRHEG
Jacob Billings	11	USC
Dalton Klampe	12	WEM/JWP
Tristan Rieken	12	Westfield

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**CONGRATULATIONS TO ALL AWARD WINNERS!!!!**



## 2019 GOPHER CONFERENCE BASEBALL



FOR RELEASE on .....

The Gopher Conference is proud to announce the 2019 Baseball award winners.

### Team:

### Standings:

Hayfield:	12-2
WEM:	10-4
United South Central:	9-5
NRHEG:	6-8
Medford:	7-7
Maple River:	5-9
Blooming Prairie:	4-10
Bethlehem Academy:	3-11

### Conference Champion: Hayfield Vikings

**Summary:** Hayfield was new to the Gopher Conference this season and lost two of their first six conference games. From that point, the Vikings won eight consecutive conference games to finish with a 12-2 conference record. The Vikings had a strong 1-2 punch on the mound in junior Brady Nelson and freshman Easton Fritcher, who both went undefeated on the mound in the regular season.

### 2019 Player of the Year:

Name	Grade	School
Easton Fritcher	9	Hayfield

**Summary:** Easton may only be a freshman, but he is a player well beyond his years on the baseball field. On the mound Easton has an 8-0 record with a 0.729 ERA. He has 63 strikeouts in 48.0 innings pitched, while only yielding 16 hits across all those innings. During conference play he threw a no-hitter against Medford, a one-hitter vs Maple River, and a two-hitter vs Bethlehem Academy. At the plate, Easton is hitting .380 with a .482 on base percentage in the leadoff spot for the Vikings. He also leads Hayfield with 26 runs scored, 24 RBI, 12 stolen bases, and 2 home runs.

### 1<sup>st</sup> Team All-Conference

Name	Grade	School
Joe Bushlack	12	USC
Zach Niebuhr	11	USC
Sam Zebro	12	USC
Jake Tasker	11	NRHEG
Willie VonRuden	11	Medford
Brady Nelson	11	Hayfield

### 2<sup>nd</sup> Team All-Conference

Name	Grade	School
Grant McBroom	11	WEM
Nolan Wetzel	11	WEM
AJ Vandereide	10	Medford
Caden Ochsendorf	11	Maple River
Austin Yokiell	11	Maple River
Jake Risius	11	Hayfield
Mason Tapp	12	Hayfield
Luke Rennie	11	Blooming Prairie
Josh Oathoudt	11	Bethlehem Academy



## 2019 GOPHER CONFERENCE BASEBALL



### Honorable Mention

Name	Grade	School
Zach VanThomme	12	Bethlehem Academy
Karson Vigeland	11	Blooming Prairie
Kolby Tapp	11	Hayfield
Nathan Trio	11	Maple River
Jeremiah Sutcliffe	11	Medford
Isaac Meyer	11	USC
Cody Merritt	12	WEM

### Sportsmanship Recipients

Name	Grade	School
Kyle Kohl	12	Bethlehem Academy
Colin Lerum	12	Blooming Prairie
Mason Tapp	12	Hayfield
Tyler Maas	12	Maple River
Carson Sobrack	11	Medford
Graham Kylo	12	NRHEG
George Bias	12	USC
Parker Bahsen	12	WEM

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CONGRATULATIONS TO ALL AWARD WINNERS!!!!

## 2019 GOPHER CONFERENCE BOYS GOLF

**FOR RELEASE.....**

**The Gopher Conference is proud to announce the 2019 Golf award winners.**

**Team:**

Maple River Boys won the regular season Championship. The Eagles edged runner up USC. Eagles averaged 173.5 over the seven recorded meets to the Rebels 176.3. This is the Eagles 3rd consecutive Gopher Conference Championship.

### **Golfer of the Year**

#### **Andrew Hoppe – Maple River**

Andrew has earned 5 varsity golf letter, 4 all-conference awards and last year became only the second Eagle to participate in the State golf tournament. So far this year he has competed 13 events, placing first in 7 of them and second in 5. In addition to being a member of the conference championship team he is the individual conference champion with a scoring average of 1 over par 37. He is listed as a top 100 high school golfer in the state according to the Minnesota Golf Association, and has earned the Academic All State Golf award by virtue of a 4.0 GPA. He is ranked as a top 10 golfer in the state in class AA by the High School Coaches Association. Because of this ranking he becomes the first Maple River golfer to earn All-State honor.

Individual Standings		Team	Average	
1	Andrew Hoppe	MR	37.3	Conference Champ
2	Khrystjan Peterson	FBA	38.0	All Conference
3	Mason Sohre	MR	40.5	All Conference
4	Andrew Heggen	USC	41.3	All Conference
5	Nolan Magnuson	USC	42.2	All Conference
6	Keegan Bronson	H	42.5	All Conference
7	Colin Jordison	BP	44.2	All Conference
8	Ethan Koski	H	44.8	Honorable Mention
9	Carson Wegner	USC	45.0	Honorable Mention
10	Blake Legred	USC	45.0	Honorable Mention
11	Teien Murphy	MR	45.0	Honorable Mention
12	Brody Pavel	FBA	45.0	Honorable Mention



## Sportsmanship Recipients

Khrystjan Peterson  
David Kartes  
Jared Fields  
Chuck Pittman  
Adam Stenzel

Bethlehem Academy  
Blooming Prairie  
Maple River  
NRHEG  
United South Central

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CONGRATULATIONS TO ALL AWARD WINNERS!!!!

### 2019 Gopher Conference Golf Summary

		April 9 USC-Oakview	April 16 NRHEG Riverview	April 23 Hayfield - Oaks	April 29 BP - BPCC	May 6 MR - Riverview T&C	May 14 BA Faribault G&CC	May 16 Conf Final Waseca	Average team Score	Conference Place		
<b>Team Results 2019</b>	# Holes	9	9	9	9	9	9	18				
Maple River		180	188	164	170	162	176	348	173.5	Conference Team Champion		
United South Central		178	184	164	175	179	171	359	176.3	2nd		
Faribault BA		192	187	172	181	178	184	352	180.8	3rd		
Blooming Prairie		212	208	199	192	194	206	398	201.1	4th		
Hayfield		NA	202	198	202	206	211	408	203.9	5th		
New Richland Hartland Ellendal		225	218	225	267	221	216	439	226.4	6th		

## 2019 GOPHER CONFERENCE GIRLS GOLF

**FOR RELEASE.....**

**The Gopher Conference is proud to announce the 2019 Golf award winners.**

**Team:**

The Maple River Eagles won the 2019 Gopher Conference Girls golf Championship. The Eagles edging the runner up Rebels of USC with NRHEG coming in 3<sup>rd</sup>. This is the Eagles 2nd Conference Championship.

Conference Meet 18-hole score

Lowest 4 scores from regular season meets

Total of Regular Season and Conference Meet

Macy Holton	H	108	204	312	All-Conference
Ashley Rost	FBA	109	225	334	All-Conference
Halle Strunk	BP	114	232	346	All-Conference
Lauren Maas	MR	138	211	349	All-Conference
Elle Baker	NR	117	236	353	All-Conference
Ari Schaper	USC	118	237	355	All-Conference
Mackenzie Walters	MR	122	234	356	All-Conference
Paige Adams	USC	110	247	357	Honorable Mention
Isabella Nelson	MR	120	246	366	Honorable Mention
Grace Wilkinson	NR	116	254	370	Honorable Mention

## **Golfer of the Year**

### **Macy Holtan - Hayfield**

Macy Holtan is an 8th grader who works hard at her craft . I think her biggest attribute is her competitiveness. It's fun to know that I have her for four more years. It has been a pleasure to be here coach the last couple of years

## **Sportsmanship Recipients**

Ashley Rost  
Halle Strunk  
Macy Holtan  
Olivia Pfeffer  
Grace Wilkenson  
Ari Schaper

BA  
Blooming Prairie  
Hayfield  
Maple River  
NRHEG  
United South Central

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## 2019 GOPHER CONFERENCE SOFTBALL



**FOR RELEASE on .....**

**The Gopher Conference is proud to announce the 2019 Softball award winners.**

**Team:**

**Standings:**

WEM:	14-0
NRHEG:	12-2
Maple River:	9-5
Hayfield:	7-7
Blooming Prairie:	5-9
Bethlehem Academy:	4-10
United South Central:	3-11
Medford:	2-12

**Conference Champion:** Waterville-Elysian-Morristown (WEM)

**Summary:** WEM finished the Gopher Conference season undefeated with a 14-0 record. Trista Hering went 12-0 and Delaney Donahue went 2-0 on the mound in conference games. They limited the opponents to just 25 runs and our offense produced 116. The Buccaneers had 6 batters hit over .400 in the regular season led by Donahue, Lindsay Condon, Autumn Taylor, and Allison Rients. Makayla Paulson also hit over .400 in the regular season and is the lone senior on the team.

**2019 Player of the Year:**

<b>Name</b>	<b>Grade</b>	<b>School</b>
Trista Hering	11	WEM

**Summary:** Trista has been the starting pitcher for WEM the past 4 seasons. Trista has been commanding on the mound and gives her team a chance to win every time she pitches. She is currently 17-0 with a 0.45 ERA and has struck out 163 batters in 109 innings pitched. Trista also helps herself offensively. She is hitting .370 with 16 RBI. Trista still has one more season left for the Buccaneers and plans to continue her softball career in college after she graduates.

**1<sup>st</sup> Team All-Conference**

<b>Name</b>	<b>Grade</b>	<b>School</b>
Maya Lembke	11	Blooming Prairie
Jenna Jacobsen	10	Hayfield
Ella Sohre	11	Maple River
Isabel Reuvers	11	Medford
Sophie Stork	9	NRHEG
Ava Kylo	9	NRHEG
Lizzy Baird	12	USC
Delaney Donahue	11	WEM



## 2019 GOPHER CONFERENCE SOFTBALL



### 2<sup>nd</sup> Team All-Conference

Name	Grade	School
Maggie Viland	12	Bethlehem Academy
Julia Worke	11	Blooming Prairie
Caityn Hendrickson	10	Hayfield
Jaelynn Therring	12	Hayfield
Abby Bruegger	11	Maple River
Sidney Schultz	8	NRHEG
Autumn Taylor	10	WEM
Allison Rients	10	WEM
Makayla Paulson	12	WEM

### Honorable Mention

Name	Grade	School
Kate Janinski	11	Bethlehem Academy
Maggie Bruns	10	Blooming Prairie
Anna Bamlet	9	Hayfield
Cloie Arndt	10	NRHEG
Annabelle Birr	9	Maple River
Julia Niles	9	Medford
Josie Schuman	10	USC
Lindsay Condon	10	WEM

### Sportsmanship Recipients

Name	Grade	School
Kate Trump	8	Bethlehem Academy
Riauna Bishop	11	Blooming Prairie
Anna Bamlet	9	Hayfield
Sophie Christian	11	Maple River
Makenzie Paulson	11	Medford
Grace Tufte	9	NRHEG
Daylyn Huper	11	USC
Ellie Ready	10	WEM

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CONGRATULATIONS TO ALL AWARD WINNERS!!!!

## **2019 GOPHER CONFERENCE BOYS & GIRLS TRACK & FIELD**

**FOR RELEASE.....**

**The Gopher Conference is proud to announce the 2019 Boys & Girls Track & Field award winners.**

**Team:**

Hayfield won the Girls Championship scoring 117 pts as Maple River was runner up scoring 113 pts. NRHEG placed 3<sup>rd</sup> with 105 points and Medford scored 102 points finishing 4<sup>th</sup>. Hayfield only won 4 events, but their depth in all events helped the Vikings to their inaugural Championship.

NRHEG won the Boys Championship scoring 181. A distant second was Medford with 102 pts. The Panthers won 6 events securing their second consecutive Gopher Conference Championship.

### **Track & Field Athlete's of the Year**

**Brady Agrimson from NRHEG**

Brady competes in 4 events for the Panthers. 110m High Hurdles, 300m High Hurdles, High Jump and Triple Jump. Brady is undefeated this year in both hurdle races. He now owns school records in both hurdle races. He was Conference Champion in both hurdle races and the High Jump. He PR'd in the High Jump going 6'1". He is hoping to return to the State Meet where last year he placed 3<sup>rd</sup> in the 110mHH, and 5<sup>th</sup> in the 300m IH. Brady will be the All Time Leading Points Scorer in NRHEG Panther Track and Field History.

**Lila Gronseth from Hayfield**

Junior, Lila Gronseth, is a multisport athlete at Hayfield High School who strives to be the best. She is extremely dedicated on improving her times and distances in track and field. She competes in the shot put, discus, triple jump, and 300m hurdles. Her effort and dedication shows from practicing in her yard over the summer to seeing her in the weight room in the mornings. Everything she is putting into it, she's definitely getting out of it since she was the Conference Champion in the shot put and discus. Ms. Gronseth continues to improve year to year and is a very talented athlete and role model.



## Team Scores

### BOYS

1	<u>New Richland-H-E-G</u>	181
2	<u>Medford</u>	102
3	<u>Waterville-Elysian-Morristown</u>	94.5
4	<u>Blooming Prairie</u>	91
5	<u>Maple River</u>	90
6	<u>United South Central</u>	58
7	<u>Hayfield</u>	52.5
8	<u>Bethlehem Academy</u>	29

### • GIRLS

1	<u>Hayfield</u>	117
2	<u>Maple River</u>	113
3	<u>New Richland-H-E-G</u>	105
4	<u>Medford</u>	102
5	<u>Waterville-Elysian-Morristown</u>	88
6	<u>United South Central</u>	74
7	<u>Blooming Prairie</u>	57
8	<u>Bethlehem Academy</u>	43

## Honorable Mention

### Girls

Kennedy Tutak  
Rachael Oswald  
Abigail Stasko  
Sarah Smith  
MacKenzie Kellen  
Natalie Johnson  
Kyllah Curry  
Riley Sammon

Bethlehem Academy  
Blooming Prairie  
Hayfield  
Maple River  
Medford  
NRHEG  
United South Central  
Waterville-Elysian-Morristown

### Boys

Joseph Palan  
Isaac Ille  
Alexander Heins  
Ben Trio  
Jerone Chavis

Bethlehem Academy  
Blooming Prairie  
Hayfield  
Maple River  
Medford

Alex Buckmeier  
Riley Staloch  
Levi Wolter

NRHEG  
United South Central  
Waterville-Elysian-Morristown

## **Sportsmanship Recipients**

### **Girls**

Amelia Pemrick  
Viridiana Villarreal  
Lillie O'Connor  
Victoria Barkosky  
Kelsey Walock  
Olivia Christopherson  
Destiny Olson  
Savannah Wendel

Bethlehem Academy  
Blooming Prairie  
Hayfield  
Maple River  
Medford  
NRHEG  
United South Central  
Waterville-Elysian-Morristown

### **Boys**

William Kaderlik  
Jacob McHenry  
Spencer Phoenix  
Hunter Pederson  
Tanner Barbeau  
Michiah VanSyckel  
Santiago Mendoza  
Matt VanHoudt

Bethlehem Academy  
Blooming Prairie  
Hayfield  
Maple River  
Medford  
NRHEG  
United South Central  
Waterville-Elysian-Morristown

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# 2019 Gopher Conference

## Track & Field winners

All-Conference – winner of each event

### Relays

[Girls 4x800 Meter Relay](#)

[Hayfield](#)

11:08.57

[Boys 4x800 Meter Relay](#)

[Medford](#)

9:09.74

[Girls 4x200 Meter Relay](#)

[Medford](#)

1:53.47

[Boys 4x200 Meter Relay](#)

[Waterville-Elysian-Morristown](#)

1:34.12

[Girls 4x100 Meter Relay](#)

[Waterville-Elysian-Morristown](#)

51.47

[Boys 4x100 Meter Relay](#)

[Waterville-Elysian-Morristown](#)

44.57

[Girls 4x400 Meter Relay](#)

[New Richland-H-E-G](#)

4:30.46

[Boys 4x400 Meter Relay](#)

[New Richland-H-E-G](#)

3:37.47

### Individual

[Girls 100 Meter Hurdles](#)

[Brianna Radatz](#)

[Bethlehem Academy](#)

16.45

[Boys 110 Meter Hurdles](#)

[Brady Agrimson](#)

[New Richland-H-E-G](#)

15.25

[Girls 100 Meter Dash](#)

[MaeLea Harmon](#)

[Waterville-Elysian-Morristown](#)

12.57

[Boys 100 Meter Dash](#)

[Jaden Taylor](#)

[Waterville-Elysian-Morristown](#)

11.56

[Girls 400 Meter Dash](#)

[Caitlin Goette](#)

[New Richland-H-E-G](#)

1:03.90

[Boys 400 Meter Dash](#)

[Derek Christenson](#)

[United South Central](#)

52.45

[Girls 300 Meter Hurdles](#)

[Brianna Radatz](#)

[Bethlehem Academy](#)

48.57

[Boys 300 Meter Hurdles](#)

[Brady Agrimson](#)

[New Richland-H-E-G](#)

41.24

[Girls 200 Meter Dash](#)

[Madi Schirmer](#)

[Maple River](#)

26.94

[Boys 200 Meter Dash](#)

[Derek Christenson](#)

[United South Central](#)

23.28

[Girls 100 Meter Dash Wheelchair](#)

[Lilly Stiernagle](#)

[Maple River](#)

27.32

[Girls 200 Meter Dash Wheelchair](#)

[Lilly Stiernagle](#)

[Maple River](#)

57.89

[Girls 1600 Meter Run](#)

[Ryann Klammer](#)

[Maple River](#)

5:39.37

[Boys 1600 Meter Run](#)

[Daniel Nydegger](#)

[New Richland-H-E-G](#)

4:59.54

[Girls 800 Meter Run](#)

[Victoria Barkosky](#)

[Maple River](#)

2:28.71

[Boys 800 Meter Run](#)

[Daniel Nydegger](#)

[New Richland-H-E-G](#)

2:06.32

[Girls 3200 Meter Run](#)

[McKenna O'Connor](#)

[Hayfield](#)

13:41.23

[Boys 3200 Meter Run](#)

[Kole Wenner](#)

[Maple River](#)

11:52.08

[Girls Shot Put](#)

[Lila Gronseth](#)

[Hayfield](#)

35-00.5

[Boys Discus Throw](#)

[Ethan Fischer](#)

[Maple River](#)

151-05

[Boys Long Jump](#)

[Lonnie Wilson](#)

[New Richland-H-E-G](#)

19-03.50

[Girls Triple Jump](#)

[Rachael Luebbe](#)

[Medford](#)

33-06.75

[Girls High Jump](#)

[Rachael Luebbe](#)

[Medford](#)

5-05.00

[Boys High Jump](#)

[Brady Agrimson](#)

[New Richland-H-E-G](#)

6-00.00

[Girls Pole Vault](#)

[Toryn Richards](#)

[Waterville-Elysian-Morristown](#)

10-00.00

[Boys Shot Put](#)

[Gabe Hagen](#)

[Blooming Prairie](#)

45-07.50

[Girls Discus Throw](#)

[Lila Gronseth](#)

[Hayfield](#)

112-09



[Boys Triple Jump](#)

[Steele Tebay](#)

[Hayfield](#)

39-08.50

[Girls Long Jump](#)

[Kiley Nihart](#)

[Medford](#)

15-10.25

[Boys Pole Vault](#)

[Jaden Taylor](#)

[Waterville-Elysian-Morristown](#)

13-06.00

[Girls Shot Put Wheelchair](#)

[Lilly Stiernagle](#)

[Maple River](#)

11-11.50

[Boys Discus Throw Wheelchair](#)

[Luke Johnston](#)

[Medford](#)

52-05

[Boys Shot Put Wheelchair](#)

[Luke Johnston](#)

[Medford](#)

21-11.50

[Girls Discus Throw Wheelchair](#)

[Lilly Stiernagle](#)

[Maple River](#)

24-07